Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: @shslton (96 families following)

From the Principal:
Please visit our website for more detailed information, video and photo galleries of our school: www.sacredheartl.tas.edu.au

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

**OUR P.B.S. VALUES ARE:**
- Respect for Ourselves
- Respect for Others
- Respect for our Learning

Catholic – Definition:
ˈkaθ(ə)lɪk/
“including a wide variety of things; all-embracing.”

One of the aspects of my role I find challenging is having to allocate Kindergarten enrolments in our school for the following year. Demand for positions often far exceeds available places. With baptised Catholic children and any children of S.H.S. families getting first preference, there are often not many places left once these have been allocated.

We are a Catholic School not an Independent School. Often this is a forgotten or an ignored reality. We are about inclusion, embracing of difference and supporting students and families who are marginalised. Yet at the same time we can be perceived as ‘exclusive’ as it is difficult to get into our school for many families.

For families, students, staff and all who are proud members of the S.H.S. Community it is timely to be reminded of what our Vision Statement says:

“God loves you absolutely, just as you are. At Sacred Heart we love each other as God loves us. To love and to be loved allows all of us to flourish and become the best that we can be: in ourselves, in our relationships and in our learning.”

What does this mean in reality? It means we have high expectations, however we start from where you are at! Whether that is in spelling, mathematics, socially or in terms of behaviour. We know that mistakes will be made and we hope that all see these mistakes as opportunities to learn and improve the next time (whether that is in spelling, mathematics, socially or in terms of behaviour). It means that some or many won’t succeed the first time, or the second time or even the third time. This is ok as long as you are trying (whether that is in spelling, mathematics, socially or in terms of behaviour).
Sacred Heart School Newsletter

From the Principal:

If we support and embrace the philosophy of educating the whole child, then this means the whole child. It doesn't mean just the parts that are convenient or warm and fuzzy. It means the warts, faults, mistakes that happen often and with regularity. Why? Because we care and we want to be part of a community that forgives, supports, challenges and encourages. Consequences will sometimes follow but high expectations will remain, not giving up on people unless they are unprepared to support the values that are core to our school and all interactions within it.

The true test of being supportive of our Catholic values rather than just a school that is Independent or 'Private' is how willing we are to forgive, develop greater tolerance and empathy of others who we may not like, in fact may strongly dislike. This is very difficult but as a Catholic school it is fundamental to who and what we stand for!

Loose Parts Play

Please if you have any of the following items we would really appreciate you donating them to our school to use as part of our playground time. You can drop them near the bottom of the stairs in the administration area and we will start organising them to use with our students.

- Rope
- Tarp material
- Plastic tubing - e.g. plumbing

Catholic Education Week

This coming week across Tasmania, Catholic schools will celebrate Catholic Education Week. Our Grade 6 students along with Gr. 6 students from other schools in Launceston will come together to celebrate a Mass at S.T.M. with the Archbishop. Staff will be part of Recognition Award ceremonies on Wednesday after school, recognizing colleagues who have made significant contributions to Catholic Education in Tasmania.

Disability Parking Spaces

Please be respectful of allowing people who need these car spaces to be able to access them. We all know the challenges around car parking and collection of our children. We are all in the same situation, however, it is not appropriate and results in fines for parking in a disability parking space without displaying the permit.

Enterprise Bargaining: Industrial Action

Today, across the Catholic sector, many staff took part in organised industrial action. In our school it is a credit to the staff we have that this is a respectful and supportive process for those that have chosen to take part, along with those staff that have not. I am unsure what will happen going forward and like all people hope for a reasonable and agreed resolution as soon as possible.
From the Principal:

Parent/Teacher/Student mid year conversations

Some cancellations were necessary due to the extreme weather last Thursday. Our school, through Karen Cettolin, will be contacting parents to reschedule these conversations. We realise that this may be difficult to coordinate, however, we think conversations about the development of your children to be worth it.

The Tasmanian Catholic Education Office want to hear from you about how best to keep you informed about the Catholic education community in Tasmania including using social media and networking sites. If you would like to participate, please complete this short online survey by Friday 22 August 2014:

bit.ly/communications_survey

School Captains for Term 3 & 4

Kiarna Strauss, Sophie Petrack, Bethany Vidler, Bailey Gillow, Elijah McCullagh

The “Mr.Nas dance” in daily fitness

An Invitation for the whole Family

Hope to see you all at the ever popular

ROCK AND ROLL NIGHT

Come and join the fun and do the Macarena or get your Grease Lightening moves going.

Friday 15th August

Doors open 5.45pm till 8pm

St Ailbes Hall

$10.00 per family

BYO Takeaway Tea/Snacks and Drinks

Your children have been practising their dance moves for weeks and are ready to ROCK the night away with Mr Nas’s great music.

Parent/Guardian supervision is essential, not the responsibility of staff or P &F.
St Mary Mackillop’s Feast Day falls on 8th August. As Australian’s first and only saint her life speaks volumes about goodness and faith.

Mary Mackillop’s motto was:

Never see an evil without trying to find a remedy.

In the past I have asked students to think about what this means to them and how they could use this motto in their daily lives. But it is equally as good a question for us adults.

Mary Mackillop said, in 1909,

“Do not be afraid.
Love one another and bear with one another and let love guide you in all your life”.

♥ May this beautiful message help and encourage you as you set about living out her message of love, care and compassion for all.
### Sacred Heart School Newsletter

#### ~ August 2014

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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**7th August 2014**
- **No Band Program Today**
- **Gr 3-6 attending the PCYC performance of CATS at the Princess Theatre**
- **9.30am Strings Program**
- **2.20pm Assembly**
- **6pm SHS Rock’n’Roll night**

#### Book Week
- **Buddy reading Time**
- **The Great Book Swap**
- **Book Week Parade**

### Reminder: School Photos 26th & 27th August

All basketball forms for the Primary Schools Basketball Tournament MUST be returned to Mr Davie by Wednesday 13th August

### Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

### 2014 Term Dates

**TERM 1** Thursday 06.02.14 to Thursday 17.04.14
**TERM 2** Monday 05.05.14 to Friday 04.07.14
**TERM 3** Monday 20.07.14 to Friday 26.09.14
**TERM 4** Monday 13.10.14 to Wednesday 17.12.14

**EASTER** Good Friday 18.04.14 to Monday 21.04.14

### Catholic Schools 2015

**TERM 1** Thursday 5.2.15 to Thursday 2.4.15
**TERM 2** Monday 20.4.15 to Friday 3.7.15
**TERM 3** Monday 20.7.15 to Friday 25.9.15
**TERM 4** Monday 12.10.15 to Wednesday 17.12.15

### Uniform Shop News

**shs.clothingpool@catholic.tas.edu.au**

### 2014 Opening Days

Thursday’s 2.00pm - 4.00pm
### Recent students of the week

<table>
<thead>
<tr>
<th>Grade</th>
<th>Name</th>
<th>Reason</th>
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<tbody>
<tr>
<td>Prep Hills</td>
<td>Ethan Ercole</td>
<td>For working hard to learn his sight words</td>
</tr>
<tr>
<td>Prep Best</td>
<td>Alec Jeong</td>
<td>For working hard to learn his sight words</td>
</tr>
<tr>
<td>Prep Best</td>
<td>Luwanna Beeton</td>
<td>For fantastic sounding out of words in her writing</td>
</tr>
<tr>
<td>Prep Best</td>
<td>Lily Smith</td>
<td>For great sounding out of words in her writing</td>
</tr>
<tr>
<td>Grade 1</td>
<td>Layla Brown</td>
<td>For being a wonderful friend</td>
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<tr>
<td>Grade 1</td>
<td>Gidget O'Connell</td>
<td>For amazing reading this week</td>
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<tr>
<td>Grade 1</td>
<td>Georgia Millwood</td>
<td>For challenging her thinking!</td>
</tr>
<tr>
<td>Grade 1</td>
<td>Leo Bailey</td>
<td>For always giving 100%</td>
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<tr>
<td>Grade 2</td>
<td>Anaiya Madden</td>
<td>For for improvement in her writing</td>
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<tr>
<td>Grade 2</td>
<td>Isla Cooper</td>
<td>For a great effort in English</td>
</tr>
<tr>
<td>Grade 2</td>
<td>Kate Rigby</td>
<td>For a positive attitude and all work completed to a very high standard</td>
</tr>
<tr>
<td>Grade 2</td>
<td>Lucas Powell</td>
<td>For a positive attitude and all work completed to a very high standard</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Ruby Howe</td>
<td>For working hard to achieve your maths goal</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Ella Feely</td>
<td>For always having a positive attitude to everyone in class</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Jorja Rayner</td>
<td>For kindness to others</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Xavier Barker</td>
<td>For an improved attitude during Circle Time</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Amelia Duffy</td>
<td>For consistent and diligent application</td>
</tr>
<tr>
<td>Grade 3</td>
<td>Cooper Warren</td>
<td>For social and work skills A+</td>
</tr>
<tr>
<td>Grade 4</td>
<td>Campbell Newman</td>
<td>For being a Go Kart in Term 3</td>
</tr>
<tr>
<td>Grade 4</td>
<td>Thomas McLellan</td>
<td>For interest and enthusiasm in Geography</td>
</tr>
<tr>
<td>Grade 5</td>
<td>Jesse Madden</td>
<td>For actively participating in class discussions and taking more risks</td>
</tr>
<tr>
<td>Grade 5</td>
<td>Esmae Morrow</td>
<td>For her dedication towards challenging herself in areas of both strength and weakness</td>
</tr>
<tr>
<td>Grade 6</td>
<td>Harrison Blyth</td>
<td>For making such a positive &amp; determined start to the term</td>
</tr>
<tr>
<td>Grade 6</td>
<td>Ela Iezzi</td>
<td>For an easy going approach to life and a light hearted sense of humour</td>
</tr>
<tr>
<td>Grade 6</td>
<td>Amy Pereira</td>
<td>For reflecting sunshine throughout the class and her lovely approach to life</td>
</tr>
<tr>
<td>Grade 6</td>
<td>Kiarna Strauss</td>
<td>For working diligently in all tasks, producing some great work</td>
</tr>
<tr>
<td>Grade 6</td>
<td>Chloe Heather</td>
<td>For being a consistently hard worker, striving to improve</td>
</tr>
</tbody>
</table>
Guess What?
Exciting News!

Did you know that Sacred Heart Parents and Friends are having a

[Image of a market sign]

MARKET
On the Green

Sunday 9th November 2014
9.30am to 1.30pm
On the School Oval

Markets are fun! You can always grab a bargain and it is a great way to sell all your preloved, unwanted items.

You may have new products to promote and sell? Come to the Market and show off your wares.

Trestle table sites are selling for $20 (minimum of two tables required)

Don’t miss out. Book your table today!

For enquiries and table bookings email shpf@catholic.tas.edu.au

Terrapin Puppet Show

Another Sacred Heart Parents and Friends event, supporting our school and promoting community spirit.

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Move Well Eat Well

Beware of food advertising

Many TV ads promote ‘occasional’ food and drinks that are high in salt, fat and sugar.

What families can do:

- Limit your child’s TV viewing to less than 2 hours each day.
- Talk to your child about why food advertisements are made.
- Discuss why you are choosing not to buy the foods or drinks advertised.
- Discuss some ‘everyday’ foods that are better choices than the ‘occasional’ foods seen on TV.

For more information and for family ideas on healthy eating and physical activity visit:

www.movewelleatwell.tas.gov.au

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Move Well Eat Well

How to pack a rubbish-free lunch

Focus on fresh ‘everyday’ foods
- many types of fruit and vegetables don’t need packaging, the scraps can then be added to the compost

Don’t buy single serve packaged items
- reduce waste and save money

Use reusable containers
- (don’t forget to name them!!)

Get your kids involved
- this can save you time and children enjoy taking responsibility

For more rubbish-free lunchbox ideas visit:

www.movewelleatwell.tas.gov.au/families
**Sacred Heart School Newsletter**

**P & F News**

**Mid Year Raffle Books**

The P & F Mid-Year raffle has begun and raffle books were sent home last week. If you haven’t received your book yet, spare books are available from the office. The raffle will be drawn at the Rock’n’roll night and Thankyou for supporting this fundraiser.

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**Term 3 Indoor Cricket Roster**

**Boys and Girls aged 10-12yrs**

Become the next cricket legend like Michael Clarke by playing Indoor Cricket in winter!

Get a team of 6 from school together or come along to be placed in a team. A ½ hr clinic on the first afternoon will get everyone up to speed with skills and rules of the game.

- **When:** Mondays from 28th July
  3:30pm-5:00pm (Games 4-5pm)
- **Where:** Launceston Indoor Sports Arena, Racecourse Cres (behind Kmart)
- **Cost:** $5 per game (per week)
- **Bring bat & gloves (if you wish), but supplied otherwise, also bring box if you have one.
- **Any enquiries- Troy 0457064490**

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**Can Drive 2014**

Allows the people of Launceston to help the needy through winter

**and you can help...**

If you are able to donate any cans of food or non-perishable food items, please bring them into school and leave them at the bottom of the stairs under the office

Get involved and support this great cause and the Launceston Benevolent Society.
Book Week 2014: Saturday 16 August - Friday 22 August

Connect to reading ~ Reading to connect

Connect to reading is about enjoying the experience of exploring story, and travelling to other worlds.

The reflected slogan. Reading to connect, has a broader social meaning, suggesting that reading assists in creating a bond with others. Within the world of the contemporary child, this is also relevant as they read books and they read to connect through a variety of media.

Book Week is an exciting time at Sacred Heart School. We are going to have 3 exciting events occur during Book Week this year.

Wednesday August 20th
Buddy Reading Time: On Wednesday, each student brings in their favourite Book from home. After lunch, we will go the Gym and meet with our Buddies to share our favourite book. Big Buddies can bring a book they can share with their little Buddy.

Thursday August 21st
The Great Book Swap, we are asking students to bring in a Book form home and a Gold coin. Students can swap their Book and donate a gold coin which supports the Indigenous Literacy Foundation. You can read more about the Indigenous Literacy Foundation at: http://www.indigenousliteracyfoundation.org.au/

In our school, Esmae Morrow from Grade 5 is our Indigenous Literacy Ambassador.

Friday August 22nd
We will hold a Book Week Parade on Friday at 9:00am in the School Gym. Students can dress up as their favourite Book Character. It doesn’t have to be fancy, just fun.
Catholic Education Cyber Awareness Week August 24 – 30.

During this week all classes in our schools will have a focus on Cyber Awareness as it is an important issue in today’s world. Mobiles, ipads and the internet have certainly changed our world, becoming an essential part of our lives. But how do we balance all the great things that come from our digital and online world with the potential risks? Keeping children safe online, aware of what to do and how to behave online will be a focus of the Cyber Awareness Week. In the next three weeks there will a focus on what you, as parents and guardians, can do to help your children be safe online at home for 5-7 years, 8-10 years and 11 – 13 years. Also a brochure published by the Australian Communications and Media Authority (ACMA) called “Cybersmart Parents’ Guide to online safety” will be sent home to each family.

5 – 7 years olds

For this age group the internet and mobile devices are mainly for fun. They might enjoy catching up with their favourite TV characters or websites like ABC for Kids, CBeebies or The Wiggles. On mobile devices they will play games like The Wheels on the Bus, Cookie Doodle, Fun Phonics games and drawing activities. All of these can help children with hand and eye coordination and how to read better but because they’re young they need you, as parents and guardians, to be involved and engaged, offering guidance and supervision – Just as you would in the real world. They may want to spend hours on end on a particular website or they may have trouble working out the difference between reality and fantasy or what is advertising and what is editorial and because they’re young they may trust anyone. It is crucial that ground rules are put in place as early as possible.

Something to think about:

- Sit with your child and get involved and make them use computers/devices in a shared space
- Set up Parental controls and Safe Searching on devices
- Don’t assume your child is only assessing age appropriate websites
- Start teaching them why it is important to keep personal information to themselves
- Encourage them to come to you if they do come across anything that makes them uncomfortable
- Set rules about the time spent on digital devices and remember children should have an hour before sleep time free of using digital devices.