Our P.B.S. Values are:
Respect for Ourselves
Respect for Others
Respect for our Learning

“To the barefoot man, happiness is a pair of shoes.
To the man with old shoes, happiness is a pair of new shoes.
To the man with new shoes happiness is more stylish shoes.
And of course, the fellow with no feet – he’d be happy to be barefoot.”
Anon

Measure your life by what you have, not by what you don’t.

This year each week our students will be given at least one opportunity per week to write in their own Gratitude Journal. It is part of our focus in Religious Education this year. It is an opportunity to help foster an ‘Attitude of Gratitude’. To get more of our students to see things as half full rather than half empty. To appreciate what they have rather than what they don’t have.

There is a trend at the moment to label some things ‘First World Problems’. In a light hearted way it makes fun of things we see as problems that people in many other parts of the world never get the chance to appreciate as a problem, because their lives are so much more desperate than this. We want to encourage our students to learn to separate what is worth worrying about and what is worth ‘building a bridge and getting over.’ The Gratitude Journals, Circle Time and our focus on God moments (recognising moments in the day where other people have been positive) are all strategies we are using to support the social and emotional development of our students.
School speak:
Schools can at times, with language and phrases, have a vocabulary all of their own that, for parents, can seem like another language. Here are some phrases that you may hear or read about and what they are:

I.C.T.:
✓ Information Computer Technology. This is the word for computers, iPads, iPods, Apple TV and any other computer or digital technology we use.

P.B.S.:
✓ Positive Behaviour Schools. This is a program being rolled out across all Catholic Primary schools and in many other public and independent schools.
✓ Our school is in the second year of implementation.
✓ Each class will have a PBS lesson or focus each week. It takes the approach of explicitly naming and teaching the right behaviours in detail and makes the assumption that if a child does not know the right behaviour we need to teach it.
✓ This week we have been working with our students, naming in detail, the positive and right behaviours that we should see from our students when:
  – waiting for pick up on York Street
  – using our toilets
  – lining up at the canteen
  – sending messages to the office
  – waiting in the turning circle
  – walking around the school

M.J.R.:
✓ Making Jesus Real is a program that is run in Grade 6. Julian Davie runs the program in each of the Catholic Primary Schools across Launceston each Thursday. At our school we use the language of MJR across the school for example:
  – W.E.S.T. – Welcoming, Encouraging, Saying Sorry, Thanking
  – RTRP – Right Time Right Place
  – Givers and Takers
  – Billycarts and Go carts – Billycarts only do things when they are pushed while Go carts just get going and don't need to be pushed.

Communication:
This coming week parents have a fantastic opportunity to speak 1:1 to their child's teacher on the needs of their child. Any issues or concerns that may be happening at school usually are solved in the best and most efficient way when we make contact with the teacher or a member of the leadership team. I know as parents we want to support our children, however, I really encourage parents to let the school attempt to address the issue first.

Parent/Teacher/Student Goal setting:
This coming week we have our Parent/Teacher/Student goal setting. As mentioned in last week’s newsletter this is different from other years.

This is a chance for you and your child to talk to the teacher about how to help have a positive and productive year:

It is a chance for you to identify anything that is a priority for you and your child in their learning this year.

We place such an importance on these meetings and getting to know your child and their needs we are expecting all parents to attend. At the start of next week the school will contact parents if a time has not been organised to meet with the teacher, to find a time that will suit.

There will be no general Parent teacher information sessions this year as in other years in lieu of the goal setting sessions. Teachers will provide information to you at the meeting and through the Brochures that have been sent out.
Swimming carnival:
This coming Monday is our Swimming Carnival at Riverside Pool for students in Grades 3 - 6. Please if you are able to help in anyway contact John Anderson john.anderson@catholic.tas.edu.au or our Office. I look forward to a great day and celebration of the swimming talents of many of our students.

Car Parking:
Particularly for new families and Kinder families a reminder that at the start and end of the day we cannot park in the middle car parking area beside the swimming pool at the back of Kindergarten. At the start and end of the day this is a turning circle area where students are dropped off and collected. If cars park here it blocks the ability for cars to use this space as a turning circle. If it is at all possible to collect children 10 minutes or so later than this helps to lessen the congestion after school.
A reminder to all parents that the car park is only for SHS staff and Centacare employees.

This year:
Below is information around specialist timetables to help parents in organisation of each week:

<table>
<thead>
<tr>
<th>KINDER</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>GR.1</td>
<td>Computers</td>
<td>L.O.T.E</td>
<td>Music / PE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GR.2</td>
<td>Computers / L.O.T.E</td>
<td>Music / PE</td>
<td>Music / PE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GR.3</td>
<td>Music / PE / 3H Computers</td>
<td>3S Computers / L.O.T.E</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GR.4</td>
<td>Music / PE / 4W Computers</td>
<td>L.O.T.E</td>
<td>4S Computers</td>
<td>Computers</td>
<td></td>
</tr>
<tr>
<td>GR.5</td>
<td>Computers</td>
<td>Music / PE / L.O.T.E</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GR.6</td>
<td>Music / PE / 6D Computers</td>
<td>6 C/T Computers / L.O.T.E</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Prep – Grade 2 Building Completion:
We had the most recent site meeting Tuesday of this week. The completion date is still on track. Classes will begin to start to move into the new spaces in the week of February 24th. In future newsletters we will keep you up to date with more detailed information around when and how we transition into the new rooms.

S.H.S. Welcome BBQ Friday 14th:
I invite all families to come along to the P & F welcome to the start of the new year BBQ on our School Oval. As was the case last year there will be a movie shown in our Presentation Hall for students. It is a great opportunity to come together and welcome a new school year in for families. Information is attached as part of this newsletter

Traffic & Students safety
The school urges all parents to support road safety by obeying signage displayed and also ask you remind your child/ren to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to children watching of appropriate behaviour.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td>10th</td>
<td>11th</td>
<td>12th</td>
<td>13th</td>
<td>14th</td>
<td>15th</td>
</tr>
<tr>
<td></td>
<td>• SHS Swimming trials Gr 3-6</td>
<td></td>
<td>• SHS Swimming trials Gr 3-6</td>
<td></td>
<td>• 9am Assembly</td>
<td></td>
</tr>
<tr>
<td>16th</td>
<td>17th</td>
<td>18th</td>
<td>19th</td>
<td>20th</td>
<td>21st</td>
<td>22nd</td>
</tr>
<tr>
<td></td>
<td>• SHS Swimming Carnival Gr 3-6</td>
<td></td>
<td></td>
<td>• 10am Welcome Mass</td>
<td>• 9am Assembly</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Parent/Teacher/Student interviews this week</td>
<td></td>
<td></td>
<td></td>
<td>• 12.30pm Gr 5/6 Friday sport</td>
<td></td>
</tr>
<tr>
<td>23rd</td>
<td>24th</td>
<td>25th</td>
<td>26th</td>
<td>27th</td>
<td>28th</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 3.15pm Tuesday Bookclub</td>
<td></td>
<td>• 11.30am Band/Strings Program</td>
<td>• 9am Assembly</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 7.30pm P &amp; F Meeting</td>
<td></td>
<td></td>
<td>• 12.30pm Gr 5/6 Friday sport</td>
<td></td>
</tr>
<tr>
<td>2nd</td>
<td>3rd</td>
<td>4th</td>
<td>5th</td>
<td>6th</td>
<td>7th</td>
<td>8th</td>
</tr>
<tr>
<td>9th</td>
<td>10th</td>
<td>11th</td>
<td>12th</td>
<td>13th</td>
<td>14th</td>
<td>15th</td>
</tr>
<tr>
<td></td>
<td>• PUBLIC HOLIDAY</td>
<td></td>
<td>• 11.30am Band/Strings Program</td>
<td>• 9am Assembly</td>
<td>• 12.30pm Gr 5/6 Friday sport</td>
<td></td>
</tr>
<tr>
<td>16th</td>
<td>17th</td>
<td>18th</td>
<td>19th</td>
<td>20th</td>
<td>21st</td>
<td>22nd</td>
</tr>
<tr>
<td></td>
<td>• Gr.5 Camp</td>
<td>• Gr.5 Camp</td>
<td>• Gr.5 Camp</td>
<td>• NUSSA Swimming Carnival</td>
<td>• 9am Assembly</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Gr.6D Camp</td>
<td>• Gr.6D Camp</td>
<td>• Gr.6D Camp</td>
<td>• 11.30am Band/Strings Program</td>
<td>• 12.30pm Gr 5/6 Friday sport</td>
<td></td>
</tr>
<tr>
<td>23rd</td>
<td>24th</td>
<td>25th</td>
<td>26th</td>
<td>27th</td>
<td>28th</td>
<td>29th</td>
</tr>
<tr>
<td></td>
<td>• Gr.6C Camp</td>
<td>• Gr.6C Camp</td>
<td>• Gr.6C Camp</td>
<td>• 11.30am Band/Strings Program</td>
<td>• 9am Assembly</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 7.30pm P &amp; F Meeting</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
OUR WEEK IN PHOTOS

BUILDING WORKS
SCHOOL NOTICES

Reminder to return your STUDENT INFORMATION VALIDATION forms to the office or your Class Teacher as soon as possible

Tuesday Book Club
The first meeting will be Tuesday 25th February 3.15pm - 4.30pm in the staff room
Bring along your favourite holiday read
If you are interested in joining see Mrs. Illingworth or Mrs. McLeod
Everyone welcome

2014 TERM DATES
TERM 1 Thursday 06.02.14 to Thursday 17.04.14
TERM 2 Monday 05.05.14 to Friday 04.07.14
TERM 3 Monday 21.07.14 to Friday 26.09.14
TERM 4 Monday 13.10.14 to Wednesday 17.12.14
EASTER Good Friday 18.04.14 to Monday 21.04.14

UNIFORM SHOP NEWS
shs.clothingpool@catholic.tas.edu.au

2014 Opening Days
Thursday’s 2.00pm - 4.00pm

SCHOOL CANTEEN
Help is desperately needed in the School Canteen this year. Your help would be appreciated. If you can help could you contact the school office or email: debbie.scott@catholic.tas.edu.au.
The hours are Friday 9:00 - 11:00am or 9:00 - 1:10pm.
You can help weekly, fortnightly or monthly.

Sacred Heart Family BBQ & Movie Night
Come along and welcome in the New School Year for 2014
Come & join all school families to enjoy a BBQ tea, games and a children’s Movie session featuring DESPICABLE ME 2
on Friday 14th February 2014
BBQ from 6.00pm on the oval
Sausage Sizzle Tea provided
Movie showing from approx. 6.30pm in the Presentation Hall
BYO Drinks
Proudly Supported by School Board and Parents & Friends
Newstead Scout Group have vacancies for Joeys (6 & 7 year olds), Cubs (8-11) and Scouts (11-15). New members are welcome to come for 6 sessions to out the program with no obligation. The Scout program encourages leadership and skills building using hall based and outdoor activities, hikes and camps. Joeys meet 5.30 - 6.30 pm, Cubs 6.45 - 8.15 pm on Thursday night and Scouts on Monday evening at 6.00 - 8.30 pm.

The group meets in the Newstead Baptist Church Hall on the corner of Wentworth and Douglas Streets in Newstead. Enquiries can be directed to Group Leader Mary Landers on 0419 545 237 or mary.landers@internode.on.net

---

tennis4all @ RIVERSIDE TENNIS CLUB with new full-time coach

MARTY HOWELL

Tennis programs and experiences for all from the young to old or the beginner to advanced.

**New in 2014**

- TennisExpress – adult beginner
- Junior Fixtures – junior weekly competition
- Junior Development Squads – tournament development
- Challenges and Tournaments – for all abilities

**Continuing in 2014**

- Cardio Tennis – fun fitness for adults.
- MLC Tennis Hot Shots – development tennis
- TiToTe – for the 5 and unders

Most programs above offer free trials.

**Contact**

Marty Howell 0418 788 369  martyhowell@bigpond.com
www.facebook.com/tennis4all.launceston

---

Launceston City Devils Skill Acquisition Program

**Calling all talented soccer players - Boys & Girls aged 9yrs to 12 yrs!!**

Do you want to represent the North in SAP Festivals??
Do you want to represent Tasmania as a Skillaroo??
Are you going to be the next Socceroo or Matilda??

**Launceston City Devils Skill Acquisition Program**

*Start on the pathway to achieve your Soccer goals by joining our Skill Acquisition Program.*

Come along and be coached by Mark Egan C Licence Coach, Technical Director for Launceston City FC & Westside Devils JSC and former FFT Development Officer.

Training will be Tuesday’s and Thursday’s 6pm - 7.15pm.

- Tuesdays 11th, 18th and 25th February will be held at Royal Park, Seaport end.
- Thursdays 13th, 20th and 27th February will be held at Churchill Park, Invermay.

Training 4th & 6th March and following weeks will be at Mitsubishi Park, 416 Westbury Rd, Prospect.

SAP Festivals will be held 5th & 2nd March and 6th April in Launceston, 6th July in Devonport, 21st September and 14th December in Hobart - put them on your calendar now!

**We welcome players from all Launceston & Regional Soccer Clubs & Schools - You don't have to play for Westside Devils JSC to be in the Launceston City Devils Skill Acquisition Program!**

Want to know more? Come along Tuesday 11th February at Royal Park or go to www.launcestoncity.com or call Mark Egan 0407 119 564 or email Mark wdlmm@bigpond.net.au

---

13TH FEBRUARY 2014  LIVING A THANKFUL LIFE  1873 - 2014  OUR 141ST YEAR

COMMUNITY NEWS