Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: @shsLton (we currently have 72 families following)

Living a Thankful Life
This week I am thankful for:
Barry Nas playing live music as part of our Welcome Mass
Helen Halley organizing the Mass
Students behaviour at our Mass
The near 100% attendance of parents to the parent teacher interviews this week

Our P.B.S. Values are:
Respect for Ourselves
Respect for Others
Respect for our Learning

It’s your life. Live it with people who are alive. It tends to be contagious.
~Peter McWilliams

There are always going to be moments in our lives that drain, flatten or even disappoint us. There are always moments that surprise and energise us giving us a surge of pride. On Monday, for me, it was the latter and being privileged to see the positive spirit of our students at play.

Across the day of our School Swimming Carnival, students were generally excited, encouraging and positive. At the same time this went to another level in one event. One of our students needs additional support for their specific needs. Our students all know this and accept this as it should be. The student is not a great swimmer, however, we included them in one of the lanes in one of the swimming events for their grade. There was no way that they were ever going to finish the race anywhere near the same time as the other competitors.

Half way down the pool, without prompting from teachers, the students in one House started chanting his name, this spread across each House down the length of the pool as he tried to finish the race. By the end the noise was extremely loud including a huge cheer when he finished the race!

There was genuineness in this response. There was no ulterior motive at play. No benefit or recognition sought from doing it. Our students were living out what we aspire of them continually, to be W.E.S.T. people. (Welcoming, Encouraging, Saying Sorry with Sincerity and Thanking).

At times we learn more from students than what we possibly can offer them. What we see through adult eyes as concerns, points of difference or problems are not seen the same way as students. They were cheering for someone because they were proud of them and wanted them to succeed.

Our students, by and large, embrace difference as exactly what it is, not better or worse but different. They certainly have a greater appreciation and understanding of empathy and tolerance than I can remember I ever had or the majority of my classmates at primary school. It was a small moment that said a great deal about our students!
**B-4 Program:**
This coming Monday is our first B-4 session for 2014. We welcome Jade Vecchione who will facilitate the program and Jodie Beardwood will continue in being part of the program as well. We have created a flyer that provides a background to the program and why we see it as a critical element to our school. This can be mailed or emailed out to parents if needed.

![Jade Vecchione](image1)
![Jodie Beardwood](image2)

**Tuesday Book Club 5/6:**
Starting next week is Tuesday Book Club. Only students in Grade 5 and 6 are invited. It is a great opportunity to share and foster a love of reading along with some nibbles on the night and great company.

**House Captains:**
Congratulations to the following students who were elected as House Captains. This year we are electing House Captains for the entire year rather than new leaders for each Carnival. The focus is on leadership not necessarily sporting ability.

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<tr>
<th>House</th>
<th>RICE</th>
<th>MACKILLOP</th>
<th>NAGLE</th>
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<td></td>
<td>Meg Jones</td>
<td>Ben Hyatt</td>
<td>Alessia Kirk</td>
<td>Ryan Conway</td>
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<td>Amelia Hoyland</td>
<td>Antonina Visentin</td>
<td>Patrick Donald</td>
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<td>Mason Gardner</td>
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This year we will elect a Boy and Girl Captain for each Interschool Team (Swimming, Cross Country and Athletics). The captain will be someone who shows positive sportsmanship and ability in the chosen field.

**ANZAC Day March:**
Each year we invite our students to represent the School in taking part in the ANZAC Day March. As it was last year, the March, this year, falls in the School Holidays at the end of Term 1. If you know you will be available during the holidays and your child would like to take part please contact our School Office. We will create a list and send information out towards the end of Term with specific details once they are provided to the school.

**Launceston Cup:**
Particularly for new families it is important to note that our school (staff) do not have a half day holiday for Launceston Cup. It is a normal school day like any other.
Primary Tennis:
David and Matthew Carswell will continue to offer tennis lessons to students each Thursday lunchtime. If interested you can contact David on 0428 836 647

Prep – Grade 2 Building Completion:
We are very close to completion and should begin the transitions to classrooms during next week. We will send out information to specific classes when exact details are confirmed.

School captains for 2014

Ava Drew, Eboni Sydes, Lachlan Mudge, Lachlan Dalton

This year:
Below is information around specialist timetables to help parents in organisation of each week:

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Traffic & Students safety

The school urges all parents to support road safety by obeying signage displayed and also ask you remind your child/ren to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to children watching of appropriate behaviour.
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<td>• 3.15pm Tuesday Bookclub</td>
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<td>• PUBLIC HOLIDAY</td>
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<td>• 6.00pm Board Meeting</td>
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<td>• NIUSSA Swimming Carnival</td>
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<td>• 7.30pm P &amp; F Meeting</td>
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Welcome to the new school year and a special welcome to all our new students and families. We thank God for the blessings of the summer holidays and for bringing us safely to this place, our school community, at this time. Our 2014 School Theme is “Living a Thankful Life”

This year we are focusing on being grateful in our lives. The children are keeping Gratitude Journals, recording things they are thankful for. All staff have been encouraged to do this too. From personal experience, it is amazing how perspective in life changes to such positivity when keeping a Gratitude Journal. I encourage you too to keep one or at least start or finish the day thinking about 5 things you are grateful for. Perhaps you may like to do this by sharing around your dinner table, even if once a week – you could make Thursdays “Thankful Thursdays”!

Throughout the year I will be adding snippets about Living a Grateful Life in our newsletters. For this week’s newsletter these are …

Gratitude is the heart’s memory. – French Proverb

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of out past, brings peace for today, and creates a vision for tomorrow.

– Melody Beattie

Gratitude is absolutely the way to bring more into your life.

HELEN HALLEY – FAITH, MISSION and WELLBEING
Sacred Heart Catholic Primary School

**Birth to 4 Program**

Come along to discover, learn and investigate with your child each Monday at our Birth to 4 Program.

Our first morning session will commence on **Monday 24th February 2014**, from 9.30am to 11.30am, and our afternoon session will be from 12.30pm to 2.30pm in the Kinder area.

Please bring along a hat, a spare set of clothes (so we can have lots of fun), and a piece of fruit to share at snack time.

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**OUR WEEK IN PHOTOS**

**WELCOME BBQ**
OUR WEEK IN PHOTOS

Congratulations to all SHS students who took part in our annual Swimming Carnival on Monday 17th February. All students should be congratulated for their efforts in the pool and the terrific encouragement of others. Congratulations to Rice House who are the 2014 champions. A big thank you to all the parents and staff for their hard work on the day. This year we had a record number of parent volunteers. This parent support really does help the carnival run efficiently. We now look forward to the NJSSA Swimming Carnival on the 20th March at the Riverside Pool.

John Anderson
Reminder to return your STUDENT INFORMATION VALIDATION forms to the office or your Class Teacher as soon as possible

Tuesday Book Club

The first meeting will be Tuesday 25th February 3.15pm - 4.30pm in the staff room

Bring along your favourite holiday read

If you are interested in joining see Mrs. Illingworth or Mrs. McLeod

Everyone welcome

2014 TERM DATES

TERM 1 Thursday 06.02.14 to Thursday 17.04.14
TERM 2 Monday 05.05.14 to Friday 04.07.14
TERM 3 Monday 21.07.14 to Friday 26.09.14
TERM 4 Monday 13.10.14 to Wednesday 17.12.14
EASTER Good Friday 18.04.14 to Monday 21.04.14

SCHOOL CANTEEN

Help is desperately needed in the School Canteen this year. Your help would be appreciated. If you can help could you contact the school office or email: debbie.scott@catholic.tas.edu.au.

The hours are Friday 9:00 - 11:00am or 9:00 - 1:10pm.
You can help weekly, fortnightly or monthly.

UNIFORM SHOP NEWS

shs.clothingpool@catholic.tas.edu.au

2014 Opening Days

Thursday’s 2.00pm - 4.00pm

Parents and Friends News

Welcome BBQ and Movie Night

The sun shone, sausages sizzled and SHS families enjoyed an evening on the oval catching up with friends and meeting new families. One of the Parents and Friends aims is to “foster a true spirit of community” and the Welcome BBQ and Movie Night is one of the events that we hold throughout the year that achieves this.

P&F Meeting

The first meeting for the year will be next Tuesday night, 25th February, 7.30pm in the staff room. These meetings are small, informal and welcome everyone. Our principal Matt Jones attends these meetings and is a great opportunity to hear first-hand the schools developments. At this meeting we will begin discussions of ideas for events/activities to hold throughout the year in place of the Twilight Fair. Hope to see you.
**COMMUNITY NEWS**

**Newstead Scout Group** have vacancies for Joeys (6 & 7 year olds), Cubs (8-11) and Scouts (11-15). New members are welcome to come for 6 sessions to out the program with no obligation. The Scout program encourages leadership and skills building using hall based and outdoor activities, hikes and camps. Joeys meet 5.30 - 6.30 pm, Cubs 6.45 - 8.15 pm on Thursday night and Scouts on Monday evening at 6.00 - 8.30 pm. The group meets in the Newstead Baptist Church Hall on the corner of Wentworth and Douglas Streets in Newstead. Enquiries can be directed to Group Leader Mary Landers on 0419 545 237 or mary.landers@internode.on.net

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**tennis4all @ RIVERSIDE TENNIS CLUB with new full-time coach**

**MARTY HOWELL**

Tennis programs and experiences for all from the young to old or the beginner to advanced.

**New in 2014**

- TennisExpress – adult beginner
- Junior Fixtures – junior weekly competition
- Junior Development Squads – tournament development
- Challenges and Tournaments – for all abilities

**Continuing in 2014**

- Cardio Tennis – fun fitness for adults.
- MLC Tennis Hot Shots – development tennis
- TiToTe – for the 5 and unders

Most programs above offer free trials.

**Contact**

Marty Howell 0418 788 369  martyhowell@bigpond.com

www.facebook.com/tennis4all.launceston

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**A MILO in2CRICKET Centre is opening up at the NTCA Complex!!!**

Give your 5-10 yr old child a fun and unforgettable experience playing cricket! Learn from an experienced Cricket Tas staff member – Alex Guy, along with local parents/volunteers at the Cricket Tasmania – North in2CRICKET Centre.

**Cricket Tasmania – North MILO in2CRICKET Centre Program Details**

**Where:** NTCA Complex

**Cost:** $65 provides 6 weeks x 1 hr sessions of exciting, skill/age appropriate, action filled cricket activities and games. Your child also receives a cool backpack with a bat, ball, top, hat and much more!

**Time/Dates:** Thursdays 4pm – 5pm, February 27th (Registrations/payments due by 1st session) – April 3rd

**How to register and secure your child's spot:** Go to in2cricket.com.au and follow the prompts (preferred) or alternatively you can register on the first day of the program.

For any more info on the CT – North MILO in2CRICKET Centre, contact Alex Guy on 63367020 or via email on aguy@crickettas.com.au

**Spread the word!**

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**2014 AUSTRALIA POST AFL COMMUNITY CAMP**

**HAWKS TOUR TASSIE**

Don't miss the Hawks when they're in your area.

**FAMILY MEALS**

Always 2014

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**20TH FEBRUARY 2014 LIVING A THANKFUL LIFE 1873 - 2014 OUR 141ST YEAR**