What communication does a school need from parents to help it run smoothly and for a school to provide the best care and access to these and use these options effectively. You can have all the tools, options and avenues for effective communication but it still relies on human beings to enhance communication within a school will always be an ongoing process, never reaching a point of perfection. We have sent out a calendar of key events for this Term and the other three terms in paper form. We hope that this helps parents in planning for some of the key events. We have Twitter @shslton that provides photos and comments of what our students are doing each day at school that many parents would not be aware of or knew was happening.

We are organizing to have a community Facebook page that parents can then access information and news feeds relating to the S.H.S. As a community Facebook page it will not have the option of leaving comments. This is not its purpose. Its purpose is to share information with parents in a way that parents can access this in mobile form.

Some grades have a class blog, parent emails for class news, brochures being sent out providing key information. Parents have access to teachers before school and after school in their classrooms. There is the option of phone calls and appointments booked. We have diaries for most classes and options with iPad to communicate with our school.

Enhancing communication within a school will always be an ongoing process, never reaching a point of perfection. You can have all the tools, options and avenues for effective communication but it still relies on human beings to access these and use these options effectively.

What communication does a school need from parents to help it run smoothly and for a school to provide the best care it can? Some of these in no particular order are:

- If students (on occasion not as a regular option) cannot be collected by parents before 3:30 p.m. that our school office is contacted so as a matter of providing care and supervision for your child, as well as a matter of courtesy.
- If a child is walking home from school daily that a note is provided so we are comfortable in letting the student leave the school grounds. If on a once off occasion a child is going to walk from school – it is even more important that we have communication, as this is not the usual form of transport for that child.
- If students are sick to contact our office and let them know.
- If there is a reason that a child cannot wear the correct school uniform a note is provided, or an email etc as a matter of courtesy.
- If there is something that you are not sure of ask the school. There is no such thing as a ‘silly question. It is sometimes better to go to the source and ask, getting the right information than asking other parents who may or may not give the right advice.

Facebook is now live, to find our correct page you must search for Sacred Heart Catholic School Launceston.
Sacred Heart School Newsletter

From the Principal:

**B-4 Program**
Our Birth to 4 year old program will continue this year. This year the program will run on a Tuesday. It will begin in week 4, Tuesday 24th February. There is a B-4 flyer attached as part of this newsletter.

**Co-Teachers 2015**
A notice regarding co-teachers was emailed to parents yesterday. If you have any queries around the role of the co-teachers please speak to your class teacher or the office staff.

**School Expectations before 8.30am**
The school does not have staff on duty before 8:30am – the school is not officially open before 8:30am. If students need to be dropped off on occasion before 8:20a.m. they currently need to wait in the area outside the Grade 3 /4 classrooms.

We are currently revising and reviewing our before school policy and will share changes in next week’s newsletter.

**School Wide Positive Behaviour Support - P.B.S**
P.B.S. – Positive Behaviour Schools is an approach our school has been implementing for the last two years. It is a framework that includes a variety of strategies and approaches that helps support students in their social and emotional development, through explicit instruction and positive recognition of choices. I have outlined below the key elements and components of the broad approach that is P.B.S.

<table>
<thead>
<tr>
<th>Each class has a PBS focus each term and time is given in class to explicitly teach this. - our teachers have linked these areas of focus with the personal and social capabilities that are part of the Australian Curriculum (self awareness, recognising emotions, personal qualities and understanding themselves as learners)</th>
<th>At the start of each year students have ‘Orientation’ where the class walks around key areas and – staff talk with students around what is expected and what it would look like eg. Walking in and out of Assembly, use of toilets, lining up for buses, eating times, use of school resources etc</th>
<th>M.J.R. Language helps support students about the right behaviours and actions through the vocabulary we use and that Mr. Davie discusses with classes when he visits e.g. attitude of gratitude, W.E.S.T., defusers and escalators</th>
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<tr>
<td>When there are behaviour choices</td>
<td>3 core values of RESPECT OTHERS, RESPECT OURSELVES AND RESPECT OUR LEARNING</td>
<td>Coloured cards different for each of the 3 Respect values are given to students when they model these – students add these to their House Team with a winning House announced for the school each week at Assembly.</td>
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<tr>
<td>With the new polo tops we can further support the Respect cards easily identifying which House students are from</td>
<td>Good Decision Boards</td>
<td>Afternoon tea with the Principal</td>
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</tbody>
</table>

We hope that parents can see that there is a clear and distinct connection to this approach not just a variety of strategies and ideas that through luck rather than planning work together.
Sacred Heart School Newsletter

Parent / Student / Teacher Goal Setting
Next week we will conduct our Parent/Student/Teacher meetings. The focus will be on parents identifying and naming what you hope and aspire for you child to achieve in the 2015 year. Where comfortable, we would encourage you to bring your child along.
We strongly encourage all parents to organise a time and our school office will contact parents if we have not received a reply and meeting time request.
Parents of students in Prep to Grade 2 will also have opportunities for meeting with the grade teachers around more general grade information.

Structure of the School Day

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:45am</td>
<td>Mon- Wed Daily Fitness – run in House teams.</td>
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<tr>
<td>9-10:50am</td>
<td>1st session – primarily literacy focus during this time</td>
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<tr>
<td>10:50am</td>
<td>Eating time 1st Lunch</td>
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<tr>
<td>11:30-1:20</td>
<td>2nd session – primarily numeracy focus along with specialist classes on some days</td>
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<tr>
<td>1:20pm</td>
<td>Eating time 2nd lunch</td>
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<tr>
<td>2pm</td>
<td>3rd session of the day – specialist lessons and other learning areas primarily during this time.</td>
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Lunch orders will be eaten at first lunch 11am starting next week. If students are ordering their lunch they will need to either bring a snack for 2nd lunch or purchase a snack from the canteen at 2nd lunch.

Please Note:
Help will now be required in the canteen on a Friday from 9-11.30am instead of the traditional 11am-1.15pm. Please let the office know if you are able to assist.

New Polo tops a hit in the warmer weather

Student Updates & Terms and Conditions forms need to be returned to the office as soon as possible. Only pages 7 & 8 of the Terms & Conditions forms need to be signed and returned, pages 1-6 are for your information.
Fair preparations are well underway. Thank you to those parents and businesses who have sponsored stalls, made donations or committed to convene a stall on the night. There are still some stalls available if you would like to oversee (convene) a stall on fair night, with helpers from your child's grade rostered to assist you. If you can help please contact Kelly asap.

We are seeking donations/prizes for the Fair raffle and Chocolate Wheel if you have any suggestions or able to assist with prizes please contact us or donations can be left at the school office.

For any enquiries or suggestions about the SHS Fair please contact
Kelly Cox
Phone: 0400 128200
Email: coxk13@gmail.com
What is the Tuning In To Kids program?

Tuning in to Kids™ is a parenting program that helps children learn to understand and regulate their emotions. Previous research has found that parenting styles can influence a child’s emotional intelligence. Emotional intelligence is the ability to understand and control your emotions, as well as being able to communicate to others about how you feel. Children with good emotional intelligence often have better emotional, social, and physical functioning, as well as fewer behavioural difficulties.

Tuning in to Kids™ is a parenting program that aims to give you helpful ways of teaching your child the skills of emotional intelligence. The program teaches you about how you, as a parent, can help your child develop good emotional skills. It teaches parents:

- awareness and regulation of their own emotions
- awareness of their children’s emotions
- to use children’s emotional experiences as an opportunity for closeness and teaching
- skills in assisting children to verbally label and manage their emotions
- skills in assisting children in problem solving
- to guide children’s behaviour with appropriate limits

Tuning in to KidsTM involves watching video material, group discussions and exercises, role plays, reading information, and home activities where you try out different ways of responding to your child’s emotions. Parents are encouraged to share experiences and ideas within the group and group leaders may use these as examples to explain and teach the skills of emotion coaching.

The Tuning In Program is here at Sacred Heart!

Who : Parents of Kinder’s to Grade 3
When : Wednesdays the 11th, 18th, 25th March and 1st April *
Time : 9am – 11 am.
Where : School Library (tbc)
Lead by : Fiona Labuschagne from the CEO
* Please note : you need to attend all sessions.
RSVP or further information : helen.halley@catholic.tas.edu.au
by 6th March
**Sacred Heart School Newsletter**

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<tr>
<th>Sun</th>
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<td>• SHS Gr 3-6 Swimming Carnival</td>
<td>• ASH WEDNESDAY beginning of Lent</td>
<td>• 9am Assembly</td>
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- **Parent / Student / Teacher Interviews**

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<td></td>
<td>• 10am Strings program</td>
<td>• 9am Assembly</td>
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</table>
- School banking is every Wednesday, please hand bankbooks to your class teacher.
- Application forms are available at the office.

**S.H.S. Parents and Friends email**

shsl.pnf@catholic.tas.edu.au

**SHS School Fair - Friday 20th March**

**catholic Schools 2015**

- **TERM 1** Thursday 5.2.15 to Thursday 2.4.15
- **TERM 2** Monday 20.4.15 to Friday 3.7.15
- **TERM 3** Monday 20.7.15 to Friday 25.9.15
- **TERM 4** Monday 12.10.15 to Wednesday 16.12.15

**Student absences**

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.
Traffic & students safety

The school urges all parents to support road safety by obeying signage displayed and also ask you remind your child/ren to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to children watching of appropriate behaviour.
12th February 2015  “BE-ATTITUDES” (THE BEATITUDES) 1873-2015 OUR 142ND YEAR

Sacred Heart School Newsletter

Tennis Coaching Term 1
Coach - Mathew Carswell Tennis Australia Club
Professional and Talent Development Coach
School, Group, Semi Private and Private lessons available.
Wilson pee Wee (4-7 yrs) and ANZ Hotshots Provider
Enquiries/Enrolments phone Carswell Coaching 63261020 or 0417390261 or e matcarswell@yahoo.com.au

Hook in2 Hockey
2015

Hook in2 Hockey

➢ When: Thursday 5th March – 26th March
➢ Time: 5 - 6pm
➢ Suitable for children age 5 -12 years
➢ Learn the hockey skills, play modified games and have fun.
➢ Cost: $20 for four week program
➢ Free bbq on the last session

For more information and to register, please contact:
helen@hookinhockey.com.au or 0448 808 985

Learn all the skills and play games in a fun and safe environment.

Basketball Skills Sessions

Burnie, Devonport, Hobart, Launceston

Open to all juniors. Every player must bring a ball.

Once a week in school terms for all juniors wanting to improve their game with skill development and fun.

Highly experienced TAS regional coaches and other guest coaches in attendance.

2 x 1 hour sessions categories:
5, 6, 7, 8 and 9 years of age
Boys and Girls
Saturdays 9am - 10am
10, 11, 12 and 13 years of age
Boys and Girls
Saturdays 10am - 11am

All session details, costs and registration forms can be found on the BASS website
www.tas.basketball.net.au

PCYC

NEXT WEEK
Check out a DANCE “Try It” session for Free @ PCYC!
Hip Hop | Commercial Jazz | Broadway Jazz | Jazz Intro | KinderDance

Phone 6344 2411 to book*

*Spaces are limited

Hip Hop

Jazz

KinderDance
Workshop: 2015TASPC1  Location: Launceston

Like all school-age students, children with autism spectrum disorder benefit from strong, positive relationships between the home and school. Positive Partnerships uses evidence based materials and practical resources to help support these relationships by facilitating workshops for parents and carers.

What will you learn?

When you come along to a Positive Partnerships workshop, you will:
- Develop a greater understanding of the impact of autism on your child, both at school and at home
- Understand how to develop effective parent, school and teacher partnerships
- Learn specific strategies that will help you:
  - advocate for your child
  - support your child’s participation at school
  - develop an awareness of ongoing learning needs
- Receive information about your local school system’s processes
- Have the opportunity to network and share strategies with other parents/carers and key community members
- Have the opportunity to discuss a range of topics relevant to students with ASD and their families

People who work to support families living with autism in your community will also be invited to take part with the goal that there is an ongoing community focus beyond the workshop.

Workshop details

Venue: The Tramsheds Function Centre
4 Invermay Road, Inveresk TAS 7248

When: Two day workshop – Wednesday 11 & Thursday 12 March 2015
Day 1: 9.00 am - 4.30 pm (Registration from 8.15 am)
Day 2: 9.00 am - 3.30 pm

Registration available from Wednesday 28 January 2015 and closes two days prior.
We strongly recommend you register as soon as possible to secure your place. You will receive confirmation of your registration.

Online registrations are preferred directly through our secure website www.positivepartnerships.com.au

Only complete the following form if you do not have access to the Internet. Return the completed form to:
Email: parentnarr@autismspectrum.org.au
Mail: Positive Partnerships, ASPECT, PO Box 361, Forestville NSW 2087
Fax: 02 9451 9881

Phone the Positive Partnerships Infoline if you have any enquiries: 1300 881 971