Our P.B.S. VALUES ARE:
Respect for Ourselves
Respect for Others
Respect for our Learning

From the Principal:

BeAttitudes: Be Humble

Being aware of a single shortcoming within yourself is far more useful than being aware of a thousand in someone else.
Dalai Lama

“Folks are usually about as happy as they make their minds up to be.” — Abraham Lincoln

I love the idea of being a writer. I enjoy the act of writing in particular around things that I observe, see, analyse and reflect on in my personal and professional life. I think I write ok and can express my thoughts relatively well.

However having been privileged enough, with many of our staff to see a preview of the documentary ‘Overland Jack’ (Jack Duffy, brother of Xavier and Jaimie, son of Chris and Erin) I am struggling to convey my thoughts, feelings and emotions in words that would do justice to the experience.

I am wanting to try to express in words how humbling it is to see how people within our community respond to diversity that all of us would struggle with on a daily basis. Let alone in response, have such a positive outlook in seeing the blessing that Jack is in their lives.

I am wanting to try and express in words the sense of emotion of courage, not in trekking through 65km of the Overland Track with Jack (all 37kgs of him) on your back, but the honesty of the struggle they had in coming to terms with the reality of Jack’s challenges and the continuing challenges for Jack. Of not pretending they were always at the point they are now; embracing what he brings and offers rather than what is missing!

I am wanting to try and express in words the humility around my worries, burdens and concerns and the quote from one of the fireman who went on the trek with them. Something along the lines of ‘I used to feel sorry for them...and now I see how great a blessing Jack is and the positive impact he has on everyone...’

I am wanting to try and express in words how fantastic it is sometimes as a Principal to see all the good you do for students, families, staff and the community. But how sometimes you are just proud and thankful for the people that are in your community and what they do for it without even meaning too! This includes Rachel Williams for producing the documentary and the parents within SHS who were involved in big or small ways.
From the Principal:

I am wanting to try and express in words how we don’t need to try and walk the Overland Track or climb Mt Ossa, or do Running Jack or Kayak Jack. I want to try and express in words that we just need to try to be better people, kind people, more appreciative of what we have not what we are missing out on. To be people that see the roses not the thorns, be thankful and give thanks. That we think of others and do things for others for no other reason than that we should!

I am wanting to try and express this in words but cannot! I cannot with words express this with any sense of capturing the passion and impact that was this documentary.

So as my words fail me, all I can do is ask and beg you to watch it!

GR. 5 VINEY/SYDES TERM 4

As shared last week, Mrs. Sydes and her family will be relocating to Queensland at the end of this term. This is sad news for our school community. The reality is that we have to organise and fill the positions that Mrs. Sydes works in this year: Grade 1 Co Teacher and Grade 5VS teacher two days a week.

Mrs. Viney will continue working Wednesday to Friday in Term 4 and we will find a replacement teacher to fill the positions for Term 4. We will share information once finalised with parents.

FAMILY LIFE NIGHTS

These nights are a valuable opportunity to have Centacare, with trained facilitators provide information to parents and students (age appropriate) around their sexuality and the changes they are and will experience in moving into adulthood. These sessions really help open up the opportunity for conversation between parents and children, as much as we may prefer to avoid the topic, they really are worthwhile attending.

Dates and Times:
Monday 3rd Aug Grade 5/6 - 6:30pm in our Library
Tuesday 4th Aug Grade 3/4 - 6:30pm in our Library
Wednesday 5th Aug Grade 1/2 - 6:30pm in our Library

STAGE 2 BUILDING PROGRAM

I met with Facilities Management from Tasmanian Catholic Education Office and project management this week. The focus of the meeting was to get more information around where our Stage 2 building project is situated.

For a variety of reasons beyond the school’s control the project will not start - in terms of actual building until 2016. Starting this week I will be meeting on a regular basis with the project manager and architect to get finalised as soon as possible; concept plans into tender orientated drawings, timelines from design to tender to builders to start date of building. I will keep parents updated as things develop.
MESSAGES TO STUDENTS AND CATCHING BUSES
Please, if you need to get an Urgent Message to your child ring the office. If messages can be rung through before 2:00pm this is most helpful. On a Friday, we have an assembly at 2:00pm and office staff may not be able to get to your child or their teacher to pass on any messages. Especially for our younger students who catch buses, a suggestion has been made to us, that parents write an emergency mobile number onto their child’s metro card so if needed contact can be made with the parent easily. It is a good idea to have conversations with your child/children around what to do if they are unsure about how to get home, where to go or if something does not feel right to them. Having these conversations regularly helps to build resilience in our children.

LIBRARY
As we started this year we haven’t had a set timetable in place for the use of the library. We were expecting the building program to start sooner and with some other reasons left the visits more informally to teachers to organise. With our building program confirmed not to start this year we will have a more set timetable for accessing and using our library for the remainder of the year.

PARENTS & FRIENDS MEETING UPDATE
Key outcomes/discussion from the meeting held earlier this week:
• P & F committed to the purchasing of a Defibrillator that would be held at school
• Entertainment books -sold over 50 memberships at $600 profit to P & F.
• Market on the Green will continue this year. Date to be confirmed shortly.
• Levies
• Basketball tops - purchasing new tops to create one complete set of tops that can be used for basketball, inter-school Athletics and Cross Country and other sporting events. Discussion of design and cost.

SHS UMBRELLAS
LAST CHANCE TO PURCHASE A SHS UMBRELLA AS WE ARE ABOUT TO PLACE AN ORDER.

NETWORK MEETINGS
This coming week all teachers in Catholic Schools in Launceston gather in grade groups for networking and professional learning days. The focus of these days is moderation in Religious Education and Mathematics along with computational thinking.

STUDENT/PARENT/TEACHER INTERVIEWS
I hope that families have taken up the opportunity to meet with teachers, including specialist and co-teachers to keep you involved and informed in the learning journey of your children.
WORKING WITH CHILDREN CHECKS

The feedback from parents who have completed the process is that it is quite quick to complete. It is more just a matter of getting into Service Tasmania to process the application. As stated in many of the newsletters it is important to have this addressed if wanting to coach teams in basketball in October.

How to apply for a WWCC and Number

2. Print the “Application Receipt” which is generated when the application has been completed in full
3. Take the “Application Receipt” to a Service Tasmania shop, pay the fee ($17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWCC card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.
Sacred Heart School Newsletter

From the Principal:

Assembly 2pm Term 3 & 4:
With Grade 5 /6 Friday Sport finished for this year, we now have our Assembly at 2pm on a Friday.

Schools photo were distributed this week.

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>~ August 2015</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd</td>
<td>3rd</td>
<td>4th</td>
<td>6.30pm Centacare Family Life Parent / Child Evening Gr 5/6</td>
<td>5th</td>
<td>6th</td>
<td>7th</td>
</tr>
<tr>
<td>9th</td>
<td>10th</td>
<td>11th</td>
<td>6.30pm Board Meeting</td>
<td>12th</td>
<td>13th</td>
<td>14th</td>
</tr>
</tbody>
</table>

**catholic Schools 2015**

**TERM 1** Thursday 5.2.15 to Thursday 2.4.15
**TERM 2** Monday 20.4.15 to Friday 3.7.15
**TERM 3** Monday 20.7.15 to Friday 25.9.15
**TERM 4** Monday 12.10.15 to Wednesday 16.12.15

**catholic Schools 2016**

**TERM 1** Thursday 4.2.16 to Friday 8.4.16
**TERM 2** Monday 26.4.16 to Friday 1.7.16
**TERM 3** Monday 18.7.16 to Friday 23.9.16
**TERM 4** Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredhearl.tas.edu.au
Twitter: @shslton
Facebook: www.facebook.com/sacredhearl
Pinterest: Sacred Heart Catholic Primary School
S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au
PLEASE KEEP SICK CHILDREN AT HOME

Due to the nature of the season cold and flu viruses are naturally circulating within our community. Some of our students have specific medical conditions which puts them at much greater risk of significant health issues if exposed to such viruses. For the health of all students we request that children who are unwell are kept at home.

STUDENT MEDICAL DETAIL CHANGES?

Please now consider for your child if since the last advice to the school, medical information has changed & hasn’t yet been advised to the school office; or previously supplied an epi-pen; other medication; or similar …. which may have since expired, so a replacement is required?

SCHOOL BANKING

Reminder - School Banking every Thursday

Interest is now payable on CDF bank accounts, please send your child’s bankbook in next Thursday if you wish to have it updated.
### Sacred Heart School Newsletter

**The Spirit of Jesus is Alive in:**

<table>
<thead>
<tr>
<th>Grade 1 Crawfurd</th>
<th>Prep Hills</th>
<th>Prep Best</th>
<th>Grade 1 Underlin</th>
<th>Grade 2 Reid</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ashton Mahar</strong></td>
<td><strong>Ashton Mahar</strong></td>
<td><strong>Thomas Cameron</strong></td>
<td>For being an amazing reader</td>
<td>For a fantastic effort at blending sounds together to create words</td>
</tr>
<tr>
<td><strong>Lucinda Stone</strong></td>
<td><strong>Lucinda Stone</strong></td>
<td><strong>Amelia Buchanan</strong></td>
<td>For great listening and using sounds in her writing</td>
<td>For amazing effort and progress with her reading</td>
</tr>
<tr>
<td><strong>Stella Freeman</strong></td>
<td><strong>Stella Freeman</strong></td>
<td><strong>Geordie Kotynia</strong></td>
<td>For making a wonderful start at SHS</td>
<td>For showing an amazing attitude towards school this week</td>
</tr>
<tr>
<td><strong>Cooper Kedey</strong></td>
<td><strong>Cooper Kedey</strong></td>
<td><strong>Meg Kotynia</strong></td>
<td>For an excellent first week of Term 2</td>
<td>For her excellent work in Drama</td>
</tr>
<tr>
<td><strong>Geordie Kotynia</strong></td>
<td><strong>Geordie Kotynia</strong></td>
<td><strong>William Zhu</strong></td>
<td>For making a wonderful start at SHS</td>
<td>For his improved reading</td>
</tr>
<tr>
<td><strong>Jackson Radley</strong></td>
<td><strong>Jackson Radley</strong></td>
<td><strong>Fletcher Crosswell</strong></td>
<td>For excellent work in spelling</td>
<td>For being WEST and a super friend</td>
</tr>
<tr>
<td><strong>Alice Mathers</strong></td>
<td><strong>Alice Mathers</strong></td>
<td><strong>Rhona Spencer</strong></td>
<td>For always making good decisions</td>
<td>For always having a positive attitude</td>
</tr>
<tr>
<td><strong>Torie Mansell</strong></td>
<td><strong>Torie Mansell</strong></td>
<td><strong>Ethan Jeong</strong></td>
<td>For great work in Literacy</td>
<td>For excellent narrative writing</td>
</tr>
<tr>
<td><strong>Max Marsden</strong></td>
<td><strong>Max Marsden</strong></td>
<td><strong>Fletcher Tyson</strong></td>
<td>For the excellent presentation of your written work</td>
<td>For great game design using Gamestar Mechanic</td>
</tr>
<tr>
<td><strong>Alice Jones</strong></td>
<td><strong>Alice Jones</strong></td>
<td><strong>Tito Brown</strong></td>
<td>For her problem solving achievements in Co-teacher Maths</td>
<td>For always having a positive attitude</td>
</tr>
<tr>
<td><strong>Quinn Hardy</strong></td>
<td><strong>Quinn Hardy</strong></td>
<td><strong>Will Symons</strong></td>
<td>For outstanding start to Term 3, Keep up the good work</td>
<td>For an enthusiastic start to Term 3</td>
</tr>
<tr>
<td><strong>Cooper Warren</strong></td>
<td><strong>Cooper Warren</strong></td>
<td><strong>Amelia Duffy</strong></td>
<td>For the genuinely positive and WEST way he treats his classmates</td>
<td>For the way she goes above and beyond to help others</td>
</tr>
<tr>
<td><strong>Stefan Tantari</strong></td>
<td><strong>Stefan Tantari</strong></td>
<td><strong>Nieve Halley</strong></td>
<td>For the effort he is making in and out of the classroom</td>
<td>For her willingness to pursue all tasks with effort and enthusiasm</td>
</tr>
<tr>
<td><strong>Jacob Zupan</strong></td>
<td><strong>Jacob Zupan</strong></td>
<td><strong>Ella Millwood</strong></td>
<td>For great effort in prayers</td>
<td>For willingness to help others</td>
</tr>
</tbody>
</table>
Family Life Program

In term 3, Centacare will be running their Family Life Program in our school. The Family Life Program was developed to assist parents:

- To encourage the development of positive attitudes towards growth and development of sexuality in children
- To promote discussion between parents and children
- To provide accurate and up to date information
- To help children to develop positive relationships

There will be Parent/Child Evenings on the following days:

Monday August 3rd for Parents and children of Grade 5 and 6.
Tuesday August 4th for Parents and children of Grade 3 and 4.
Wednesday August 5th for Parents and children of Grade 1 and 2.

The Parent/Child Evenings will be followed up by in class sessions for students in Grade 6 on Tuesday 4th August and students in Grade 4 on Wednesday 5th August.

All Centacare programs are designed to be age appropriate.

We strongly encourage you to take part in these Parent Child sessions with your child. Centacare ask for a $10 donation per family to cover costs (only one payment required if you attend more than one session).

When: Monday August 3rd Grade 5 and 6
      Tuesday August 4th Grade 3 and 4
      Wednesday August 5th Grade 1 and 2

Where: School Library, 6:30-8:00

It’s simple to participate. From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There’ll be one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box, at the school office.
Proposed changes to the location of CBD Metro buses

The City of Launceston has for the last three weeks been asking the Launceston community to have a say on changes to the CBD that the Council is considering. These changes include relocating some Metro bus stops and changing the traffic flow in some streets, from one way to two way.

Anyone who catches a bus near Tatler Parade will be affected by the bus stop location changes. And anyone who catches a bus from outside Allgoods in York Street will also be affected. That includes ALL SCHOOL CHILDREN. We need to hear from YOU! Please have your say. You can do so at www.yourvoiceyourlaunceston.com.au where you will find information and a survey and quick polls to complete. If you prefer, you can pick up a hard copy of the survey at the Council’s Customer Service Centre or send us an email at council@launceston.tas.gov.au for the attention of Launceston City Heart Project. Consultation closes on Monday 3 August 2015.

Change is always challenging, and we want to ensure that Metro’s considerable customer-base of travellers is well informed and understands how these changes can benefit them!

Getting a Greencard is easy and we’ll make it even easier as we bring in these changes by waiving the $5 issue fee for a new card between 2 August and 30 September 2015. We will also remove the $5 minimum top up when recharging your Greencard.

Apply for your FREE Greencard online at metrotas.com.au, or in person at a Metro Shop or depot. Other Greencard agents can only issue unregistered Adult cards, however they can provide information and application forms for other card types. We can even send you out an application form when you call us on 13 22 01. Keep an eye on our website for details of when the Metro team will be in your area to distribute Greencards.

We’re all short on time and the Greencard makes it easier and quicker to board a bus – you won’t need to worry about finding the right change, demonstrating a concession, or knowing which kind of ticket to ask for. Greencard also saves you 20% on any fare, any time, as well as capping the amount your travel will cost each day.

Once you’ve got your free Greencard, you can easily top up your credit:

- At a Greencard agent (using cash, credit card or EFTPOS)
- On a bus (giving cash to the driver)
- Online (using your credit card) – for registered Greencard holders only
- On the Metro Tas App (free download from the App Store for iOS users).

With free Greencards between 2 August and 30 September 2015, low daily caps and discounted fares, there’s never been a better time to get on-board.

For more information on these changes get in touch with our customer service team by emailing correspondence@metrotas.com.au or calling 13 22 01.