

# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



T:(03) 63 311 011

Year of Youth

shsl@catholic.tas.edu.au

## From the Principal:

### Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

## WE STRIVE TO DEVELOP CHILDREN OF GOOD CHARACTER

*“We need intellect, and there is no reason why we should not have it together with character; but if we must choose between the two we choose character without a moment’s hesitation.”* (Theodore Roosevelt)

Interviews for Kindergarten 2019 commenced at the end of Term 1. They are an opportunity for prospective families to consider whether Sacred Heart is the school they want for their child. Equally we see these interviews as a way of finding out about children and their families.

We spend time discovering the needs of each child and what our school offers. One of the questions we explore is what would you want from SHS for your child? The consistent responses include

- A Catholic education
- A chance to attend the school my family did
- A quality academic education
- A place where my child will discover/develop their talents
- A school that supports the same values we do
- A community that will challenge and support our child
- A school that meets all my child’s emotional needs

One of the most noticeable changes in education, from when I attended school in the 1970’s and 1980’s, is that schools are expected to be more than a place that provides for the children’s academic needs. Our school consistently strives to make provision for children’s social, emotional, physical and spiritual well-being. Our school wants our children to be ready for high school when they leave us in Grade 6. Our school wants to support and challenge children to be good people. This means children need to be prepared for the academic requirements of high school and all the other demands of secondary schooling.

The modern workforce looks beyond “scores on a report card” or “academic transcript”. We need people of great character, people who are able to work positively with others, make good decisions, people who can be trusted and people of integrity.

How does one develop character? Just as we need to teach and support children to read we should be expected to assist children in developing good character traits. Just as we, parents and teachers, need to model reading strategies and to nourish children’s literary habits, equally we should also be modelling to our children what it means to be of good character. Our children are always looking to us as adults “to set the tone” in how we behave and in particular how we treat others.

## From the Principal:

An outstanding example of children thinking of others, and demonstrating great character, was on display at last weeks ANZAC Day ceremony. ANZAC Day is a day where we pay homage to our forefathers. Thankfully our school, along with thousands of others Australia wide, are able to march as a way of honouring the legacy of those who have helped make our country the safe, peaceful and beautiful country that it is.

The example provided by our school community on ANZAC Day is replicated in our school each and every day. They are in your own homes and in the wider community. Sometimes it helps to stop, look back and reflect on those times. Then we can all appreciate that we truly are the lucky country surrounded by many examples of the "Risen Christ". Ask your child this week where was Jesus in their life? Last week was after all more than a march it's a part of the traditions of our school. A tradition that we should all be proud of.

Consider this week... What character traits do you admire in others? How can we grow our own good character traits? What parts of my character need developing?

*Your true character is most accurately measured by how you treat those who can do nothing for you.* (Anonymous)

BW  
25



**Brent Wilson**  
PRINCIPAL

## ANZAC DAY MARCH

Sincere thanks to the children who marched for our school last week. Thanks to the parents and teachers who supported the children. We should be very proud of families who gave up their time to represent our school.



## STAFFING

I'm pleased to advise that Rebecca Bailey has been appointed to the three day position as TA in Kinder Halley.

We also welcome Yvette Harmey who has been appointed as the new TA in Kinder Halley for two days.

## WINTER UNIFORM

Welcome back to all members of our school community. Thanks to parents for helping organising children to be ready for classes on Monday. It was fantastic to see the children so beautifully dressed in Winter Uniforms this week.

## PLAYGROUND UPDATE

Last Term the Playground Team referred their recommendations to our SHS Board. The Board agreed with the ideas presented. Miriam Sheveland, our Playground Master Planner from Playstreet, has recently commissioned a "site survey" of the targeted space (between Block E - Kinder/Prep) and Block G (Co Teacher rooms).

The survey will be used to develop a plan for this space. When this is complete it will be shared with our community for comment.

## DANCE FEVER

Prep - Grade 6 children began a 10 week block of Dancing with Dance Fever today. Yesterday we advised parents that children should wear Sports Uniform every Thursday this term.

## KINDER 2019 INFORMATION EVENING

Families who are considering Kindergarten at Sacred Heart for 2019 are invited to attend an Information Evening on Tuesday 8th May at 7pm in the Staffroom. The meeting is targeted at our families that may wish to join the SHS community but current families are welcome to attend.

### **School Families - Kinder 2019**

All school families who have a child who is 4 years of age as of the 1<sup>st</sup> January 2018, please complete an enrolment form from our school office ASAP. I would also encourage you to make contact with families and friends who you know are looking at enrolling their children at S.H.S. to also make contact with the school as soon as possible.

**Enrolments close on Friday 1st June 2018**

## SHS BOARD

The Sacred Heart School Board is made up of a representative group of parents.

The TCEO (Tasmanian Catholic Education Office) recently appointed two new Board members following the retirement of Brynne Tanton and Anthony Wright from the SHS Board.

Sacred Heart Catholic School Board assist the Principal in providing the best possible strategic direction in Catholic Education. We especially ensure our facilities are well looked after, WHS matters are monitored and plan for the future.

We congratulate and thank Larissa Murray and Casimir Douglas for joining our school Board.

### The SHS Board for 2018 is

<b>Chairman -</b>	Shayne Rickerby
<b>Vice - Chair -</b>	Kylie Boyle
<b>Treasurer -</b>	Angela Hartley
<b>Secretary -</b>	Katrina Spencer
<b>Board Members -</b>	Ty Turner
-	Susie Lehner
-	Jo Widdowson
-	Joe Luttrell
-	Larissa Murray
-	Casimir Douglas
-	Fr Mark Freeman (Parish Priest)
-	Brent Wilson (Principal)

## MOTHERS DAY CELEBRATION

Next Wednesday 9th May all our lovely Mums are invited to join their child/children at school for a very special celebration. Please join us from 1.30 pm until 3 o'clock for an afternoon filled with fun activities with your children.

Please note that this is a celebration for Mums. We understand that not all Mums can make this and are happy if you want to send someone else to take the place of Mum on the day.

Children will not be permitted to go around the activities with another child's mother unless prior arrangements have been made with the teacher beforehand.



### 2018 Term Dates Catholic Schools

**Term 1 Thursday 8.2.18 to Friday 13.4.18**

**Term 2 Monday 30.4.18 to Thursday 5.7.18**

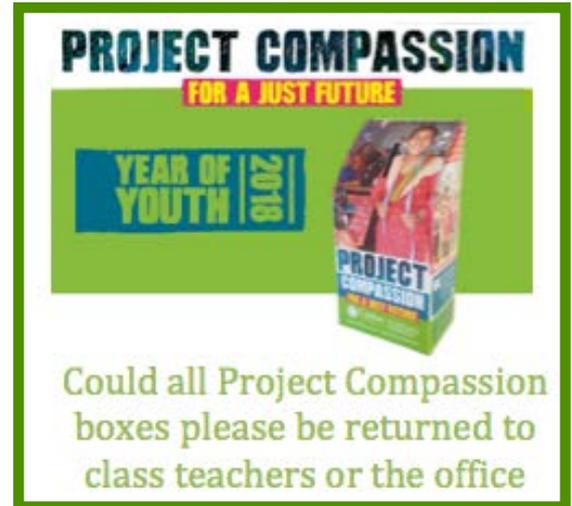
**Term 3 Tuesday 24.7.18 to Friday 28.9.18**

**Term 4 Tuesday 16.10.18 to Thursday 20.12.18**

**6th July 2018 - Pupil Free Day**

**23rd July 2018 - Pupil Free Day**

**15 October 2018 - Pupil Free Day**



### Winter Uniform

All students must be in full winter uniform at the start of Term 2, Monday 30th April

### SCHOOL STARTS AT 8.50AM

Reminder that the start of school day is at 8:50am, children regularly arriving late has an impact on their learning as well as interruptions to classes. An example is if a student is 15 minutes late to school each day this adds up to over an hour each week and approximately 9 days a year. Please consider the impact on your child's learning

***Please return your Payment Plans to the office ASAP***

### Emergency Practice

During this term we will hold an unannounced emergency practice with staff & students, to test our response to a potential scenario that staff identify a threat warranting the school go into lockdown (opposite to evacuation).

Like for fire evacuation drills, we recognised the worth to test this process.

We have plans in place to make this practice as least disruptive as able.

If you have queries you are welcome to call our Safety Officer Simon Natoli on 0400 105 476

April 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>29th</b>	<b>30th</b> First Day Term 2  <b>All students to be in full winter uniform</b>	<b>1st May</b> 3pm Gr 5/6 Book Club 3.10pm Gr 3/4 Art Club 6.30pm Board Meeting	<b>2nd May</b> School Banking Gr 2 War Memorial Excursion	<b>3rd May</b> 8.30am Band Program 11.30am Strings Program <b>Dance Fever</b>  Grade 4 Camp - Hagley Farm School	<b>4th May</b> Gr 2 Agfest Excursion 2.10pm Assembly	<b>5th</b>

May 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>6th</b>	<b>7th</b> 8am Cross Country Training	<b>8th</b> 3.10pm Gr 3/4 Art Club 7pm SHS Kinder 2019 Information Evening	<b>9th</b> 8am Cross Country Training School Banking <b>Mothers Day Celebration 1.30-3pm</b>	<b>10th</b> 8.30am Band Program 11.30am Strings Program	<b>11th</b> 2.10pm Assembly	<b>12th</b>
<b>13th</b>	<b>14th</b> 8am Cross Country Training 3.30pm Faith Sharing Sessions at Church of Apostles	<b>15th</b> 3.10pm Gr 3/4 Art Club 3.30pm Faith Sharing Sessions at Church of Apostles	<b>16th</b> 8am Cross Country Training School Banking	<b>17th</b> 8.30am Band Program 11.30am Strings Program	<b>18th</b> <b>1pm Prep - Gr.2 Cross Country @ Royal Park</b>	<b>19th</b>
<b>20th</b>	<b>21st</b> 8am Cross Country Training	<b>22nd</b> 3.10pm Gr 3/4 Art Club 7.30pm P & F Meeting	<b>23rd</b> 8am Cross Country Training School Banking 7pm Sacrament of Reconciliation, Newstead	<b>24th</b> 8.30am Band Program 11.30am Strings Program <b>12-3pm Gr 3-6 Cross Country</b>	<b>25th</b> 2.10pm Assembly Gr 5/6 Gala day	<b>26th</b>

### TERM 2 GR 3-6 CROSS COUNTRY TRAINING

This coming Monday 7th May and each Monday and Wednesday after this (last training Wednesday 23rd May) we begin Cross Country training for any students in Grade 3-6 who would like to do some early morning training for our upcoming School Cross Country. Each Monday and Wednesday morning from 8am students can gather at Brickfields for a 20 minute training session with Mr. Anderson and other staff.



**Students can wear their sports uniform on these days if training for Cross Country.**

### 2018 Carnivals

**Monday 10th September**  
Gr 3-6 Athletics Carnival

**Thursday 8th November**  
Prep - Gr.2 Athletics Carnival

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Twitter:** @shslton

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** Sacred Heart Catholic Primary School

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Entertainment Books Fundraiser for 2018

Dear School Families,

Due to popular demand and a successful fundraising event last year the Entertainment Membership fundraiser will commence once again.

By purchasing the Entertainment book/digital membership you'll receive valuable money saving items and services and in return raise funds for classroom resources. The Entertainment book/digital membership has many new additions of restaurants, attractions and services.

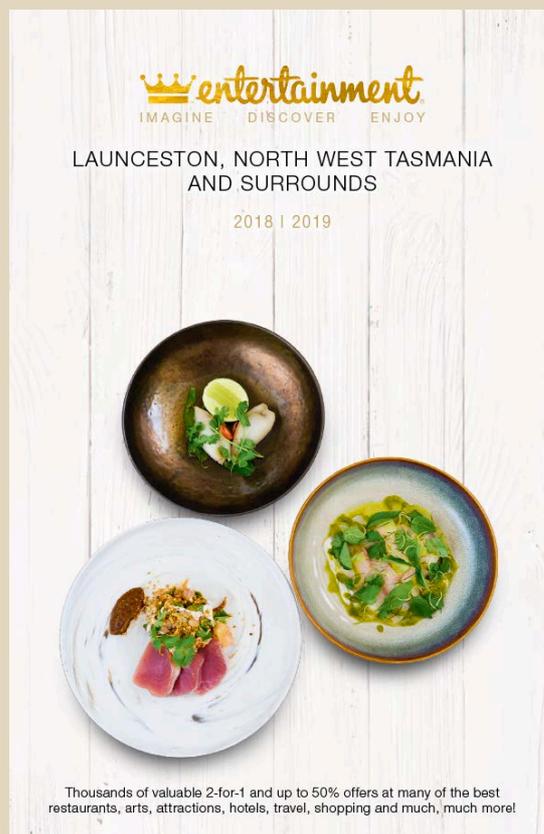
The memberships are \$65.00 each and the school receives \$13.00 from each membership sold in book or digital form. Memberships can be purchased online and then collected from the school office. Cash sales to be made at the office.

To order your Book or your Digital Membership online visit:

[www.entbook.com.au/24037x7](http://www.entbook.com.au/24037x7)

***Pre-Purchase a membership before 30<sup>th</sup> April to receive the Early Bird Offers you can use straight away.***

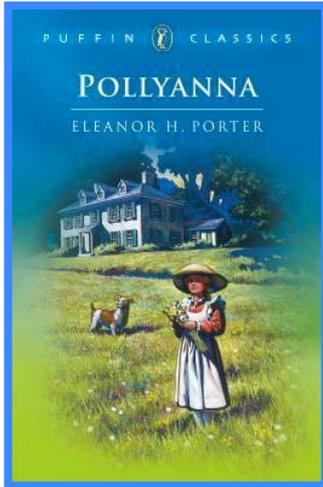
For any enquires please email Rebecca on [rebecca.millwood@catholic.tas.edu.au](mailto:rebecca.millwood@catholic.tas.edu.au)



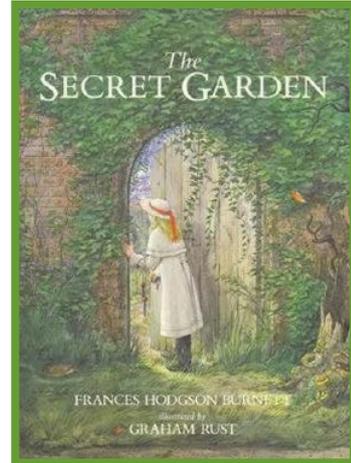
<http://www.entbook.com.au/24037x7>

Gr 5/6  
Tuesday Book Club  
2018

**POLLYANNA**  
Eleanor H Porter



**THE SECRET GARDEN**  
Frances Hodgson Burnett



The next meeting is  
Tuesday 29th May  
Tuesday 26th June  
3:00pm - 4:00pm.

## InterSchool Chess Tournaments



Held in Launceston at Prospect High School and Hobart Friends School on 21st and 22nd of March.

Mitchell Campbell 1st (Zone champion) Luwanna Beeton 2nd (plus Top girl) both winning all 6 rounds. Also They won 1st place team. Bayani Beeton added to the medal tally when they all won 2nd place (Team standings) in Hobart.



**In Grade 6 Steven we have been working on Persuasive texts. I would like to say that the students have researched and produced outstanding pieces of work that may not be supported by the classroom teacher.**

Dear Mr. Wilson,

Too much homework is bad for kids. Piling on the homework doesn't help kids do better in school. In fact, it can lower their test scores. Inundating children with mindless hours of homework each night is detrimental. The research suggests an hour or two per week usually doesn't impact test scores one way or another other. So why do it if it is not making children smarter?

When kids enter High School they are given way too much homework. This is a time when teenagers need to be fit and socially educated. Wouldn't it be better for them to be playing sports with friends and adult instructors instead of being locked up in an airless room tied to a desk or computer screen.

Sometimes students don't get enough time to do all the homework that has been set. Often they have other commitments like sport, jobs or they have to travel long distances. It would be unnecessary for these tired students to be faced with homework tasks when they should be getting a good night's sleep.

In summary, homework doesn't improve students results in tests, it stops them from engaging with healthy pastimes and doesn't provide them with a balance, healthy lifestyle.

From Oliver Hughes.

## School Should Start 1 Hour Later

This is a huge issue in our schools. Schools should start an hour later and finish an hour later. Our Children are being exhausted by piles of homework and aren't getting enough sleep. It is absurd that children are not able to eat breakfast because of lack of sleep. Then they will not get the nutrients they need. And to top it all off, Scientists say waking a teenager up at 7 o'clock in the morning is equivalent to waking an adult up at 4 o'clock. Action needs to happen very soon or the consequences will be obvious.

Teenagers are the people mainly affected by an early start. As I said, scientists say waking a teenager at 7 is equivalent to waking them up at 4. It is just not right for them in these important years of their life. Especially when they have late nights stressing over homework and school. In America, a former vice principal said, "At one point, we asked teachers not to turn off lights or show movies, because we didn't want students to fall back to sleep," After hearing this statement you might think something would of changed, but no, these schools have ignored the facts and now need to review the early starting time.

Breakfast is known as the most important meal of the day. It fuels us up with energy to get us through the day. But when you don't have breakfast you feel exhausted and aren't as switched on as usual. This is what's happening with people that have to leave for school very early and don't have time to eat breakfast. Sometimes breakfast is not one of the priorities for us in a busy morning when you wake up late. You're probably rushing around finding clothes and finishing homework, then heading to school without energy. Studies say that eating a healthy breakfast improves your academic results, overall happiness and energy for the day. So these students need more time to have to eat the most important meal of the day.

One of the big issues to address is how much homework students need to do. They spend hours finishing and stressing over homework when they really should be catching up on sleep. The combination of an early start time and piles of homework is a combination for disaster. No students should be getting barely any sleep and be forced to leave for school at 7 o'clock in the morning, without breakfast, without sleep and without time to finish homework. It is honestly ludicrous!

In conclusion, action must be taken immediately so kids around the world can get some rest and have energy for the day. Just this 1 simple change will have many huge benefits for everyone.

By Max Symons

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

Government legislation now requires all people working or volunteering with vulnerable people to be registered. It is an expectation placed on our schools that any person who is on an excursion, helping in the classroom, helping out with students getting changed after swimming, attending camps etc must have this registration.

**If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event.** This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

## Reminder - Before School expectations

Even though it is a parent responsibility to make arrangements for the supervision of your children before 8:30 a.m., S.H.S. offer an arrangement for families who need their children to be arriving at school earlier.

- ❖ Mrs. Deb Scott will be at school from **8:00am** each school day for any students.
- ❖ **Students are not to arrive before 8am**
- ❖ If a student is here before 8:30 a.m. they need to go to the Gym. **The cost will be \$2 per child per day, which needs to be paid as the student arrives at the Presentation Gym.**
- ❖ The child's name will also be recorded on an attendance sheet on a daily basis.

## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm

**Please note that children arriving late to school need to enter the school via the York St entrance and report to the school office to update our records and avoid unnecessary absentee text messages.**

**Reminder that dogs are not permitted on the school grounds without prior permission from**



## TOILET ACCESS AFTER HOURS

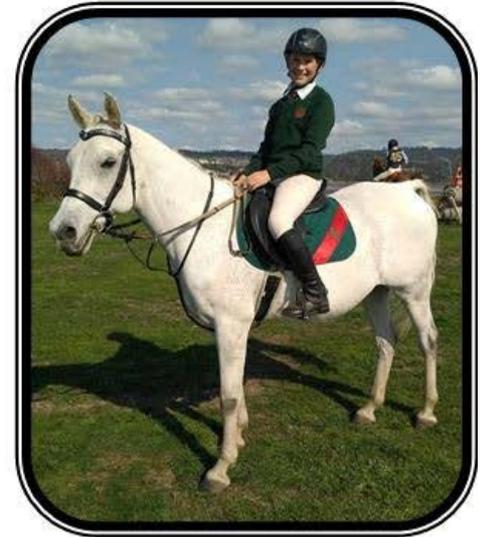
Student toilets are locked daily at approximately 3:15pm-3:30pm. There is a toilet located in the administration building, which is opened until 4:00pm daily.

William Andrews (Grade 6 Davie) has been having fun competing in equestrian events this year on his horse "Kinavale Brilliant" (better known as "Prince")

### SCHOOLS EQUESTRIAN EVENT 2018

During the April school holidays, he competed in the Tasmanian Schools Equestrian Event 2018, representing Sacred Heart Catholic Primary School. He proudly wore his school uniform and came second in his division.

William was the only rider for Sacred Heart, so he formed a team with 3 other riders from St Finn Barr's and Larmenier and they were the overall winning Junior Team at the end of the day.



### STATE DRESSAGE CHAMPIONSHIPS 2018

In April, William competed in Pony Club Tasmania's State Dressage Championships in Hobart, riding for Lilydale District Pony Club. He achieved personal bests for his individual dressage tests.

At the State Dressage Championships, William was also part of the club's musical dressage team and in the lead-up they worked hard to perfect a ride with "Star Wars" themed costumes and music. William was Darth Vader! His team won the event, becoming the 2018 State Musical Dressage Champions!



# NAPLAN on paper – information for parents and carers



## 2018

### Why do students do NAPLAN tests?

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life.

Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN tests are just one aspect of a school's assessment and reporting process; they do not replace ongoing assessments made by teachers about student performance.

NAPLAN tests also provide schools, education authorities and governments with information about how education programs are working and whether young Australians are meeting important educational outcomes in literacy and numeracy.

### What will be tested?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. All government and non-government education authorities have contributed to the development of NAPLAN materials.

To give you an idea of what the tests look like, see example questions at [nap.edu.au/naplanexample](http://nap.edu.au/naplanexample)

### How can I help my child prepare for NAPLAN?

Help your child prepare for NAPLAN by reassuring them that the tests are just one part of their school program, and by reminding them on the day to simply try their best. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

ACARA does not recommend the use of services by coaching providers or excessive preparation. NAPLAN is not about passing or failing, but about assessing learning progress.

### Participation in NAPLAN

All students in Years 3, 5, 7 and 9 are expected to participate in the annual NAPLAN tests.

Students with disability may qualify for adjustments that reflect the support normally provided for classroom assessments. A formal exemption may be granted for a student with significant intellectual disability and/or significant coexisting conditions, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your local test administration authority can give you more information on special provisions or the process required to gain a formal exemption.

### Will my child sit NAPLAN on paper or online?

Your child will sit the NAPLAN paper tests in 2018.

However, children in some other schools across Australia may sit the NAPLAN online tests this year. Federal, state and territory education ministers have agreed that NAPLAN will move online over the next two to three years. State and territory education authorities will determine when their schools move online.

As students are presented with questions that test the same range of difficulty, regardless of whether they complete the test online or on paper, results for both formats will be reported on the same NAPLAN assessment scale.

To find out more about NAPLAN Online, visit [nap.edu.au/online-assessment](http://nap.edu.au/online-assessment)

## What if my child is absent from school on test days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the testing week. Individual students are not permitted to sit tests after Friday 18 May 2018.

## NAPLAN 2018 tests timetable

	Tuesday 15 May	Wednesday 16 May	Thursday 17 May
Year 3	language conventions 40 minutes ..... writing 40 minutes	reading 45 minutes	numeracy 45 minutes
Year 5	language conventions 40 minutes ..... writing 40 minutes	reading 50 minutes	numeracy 50 minutes
Year 7	language conventions 45 minutes ..... writing 40 minutes	reading 65 minutes	numeracy 60 minutes
Year 9	language conventions 45 minutes ..... writing 40 minutes	reading 65 minutes	numeracy 60 minutes

## How is my child's performance measured?

Individual student performance is shown on a national achievement scale for each test. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level. The performance of individual students can be compared to the average performance of all students in Australia.

A NAPLAN report will be issued by your school later in the year. If you do not receive a report, you should contact your school.

## How are NAPLAN test results used?

- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to help them better identify students who require greater challenges or additional support.
- Schools use results to identify strengths and weaknesses in teaching programs and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see average school NAPLAN results at [myschool.edu.au](http://myschool.edu.au)

## Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at [nap.edu.au/TAA](http://nap.edu.au/TAA)
- visit [nap.edu.au](http://nap.edu.au)

For information about how personal information for NAPLAN will be handled by ACARA, please visit [nap.edu.au/naplanprivacy](http://nap.edu.au/naplanprivacy)



## Seasons for Growth Grief Program

### Learning to live with change and loss

Our school has over recent years offered Rainbows as a program to support children dealing with Grief and Loss in their lives. Last year and this year we are working with CatholicCare and are able to offer a similar program called Seasons for Growth, where young people may benefit from learning how to manage these changes effectively. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as self-esteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

We are pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who attend.

The Seasons for Growth Program runs for eight weeks and each weekly session is 40 – 50 minutes. The program concludes with a 'Celebration' session. Later in the year each group will have the opportunity to meet for two further session to build on their learning.

**Our next sessions will be held for Grades 2, 3 and 4 students  
and will begin in Term 2.**

If interested for your child, please contact me so I can pass on the CatholicCare forms to you for you to complete. Once received I forward these forms directly to the CatholicCare facilitator Anne Marie Simms.

If you require any further information please do not hesitate to contact me.

Kind regards, Helen Halley

[helen.halley@catholic.tas.edu.au](mailto:helen.halley@catholic.tas.edu.au)



**OLD PHONE BOOKS NEEDED  
LOTS AND LOTS OF THEM.  
Please leave at office.**

A poster for Family Mass with a background of a sunset over mountains. The text is in a blue, cursive font.

*Family Mass*  
*Sunday 9am*  
*St Patrick's College Chapel*  
*All welcome!*

- 18<sup>th</sup> March*
- 15<sup>th</sup> April*
- 20<sup>th</sup> May*
- 17<sup>th</sup> June*
- 15<sup>th</sup> July*
- 19<sup>th</sup> August*
- 16<sup>th</sup> September*
- 21<sup>st</sup> October*
- 18<sup>th</sup> November*