

Sacred Heart School Newsletter



Phone: 6331 1011

227 York Street, Launceston Tasmania. 7250

Email: shsl@catholic.tas.edu.au

Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

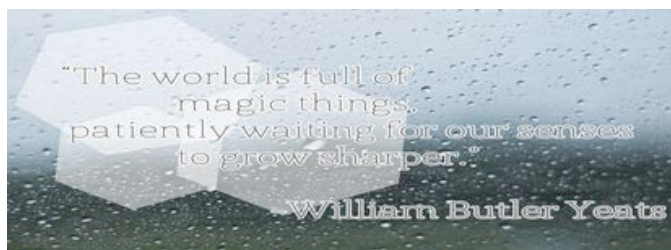
From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning



Our school communities are far from perfect. Nor should they be! Or people within them believe that they are! Rather how motivated and willing are we to improve the things that need improving? Often we become blind or unable to look at aspects within a school because we live with it day to day or become comfortable with the imperfection and accept it. Often it is only when someone new to your school or a visitor observes your school community and notices through 'objective eyes' can we really get a sense of what we actually do and provide.

As we end this Term and approach three quarter time of our year, I took the time last night to write down all the things I could think of that we provide, expose students to, experience, celebrate and teach. Divided into four key areas: physical, spiritual, academic and social/emotional/mental, it is a sobering reminder of all of the things we do offer.

However the picture is still not complete. Nowhere in the table below is resilience, kindness, patience, self control, social justice, organisation, independent work habits or social skills mentioned. These and a whole host of other values, qualities and dispositions are developed in our children through the support of the home and the work in the school. We can create this huge list of 'things' that are offered but only when we also recognise 'how we go about doing them', does the complete picture of what a school community is, and what S.H.C.S. truly is, begin to take shape!

We must continue to move our school into the future, to be the school that future students, families and staff want to be part of and see as meeting their needs. We must maintain what is fundamental to our school, our Catholicity, while meeting everyone at their starting point in their faith. We still have so much to be grateful and thankful for at S.H.C.S. I hope everyone has a fantastic, safe and relaxing Term 3 holidays!

Sacred Heart School Newsletter

From the Principal:

Co Teacher program, Family Life Nights, Cybersafety, UNSW Competitions, MultiLit –(make up for lost time in literacy), I.E.P. (Individual Educational Plans), Intensive Reading Program, Grammar Challenge, Maths Olympiad, Excursions, NAPLAN, Science Club, Coding Club, Chess Club, Band/Strings Program, Music, Science, Maths, Art, Geography, Handwriting, I.C.T. –computer technology, History, Religious Education, P.E., Health, ENI –Early Numeracy Interviews, PIPS –Prep literacy and numeracy assessment, 1:1 iPad program 3-6 classes.	Academic Wellbeing	Spiritual Faith Wellbeing	Grade 5/6 Camps, Mini Vinnies Program, House Team fundraising, Morning Prayer, Sacramental programs with Parish, Christian Meditation, Class Liturgies, Catholic Education Week, M.J.R. language - <i>W.E.S.T., God Moments, Attitude of Gratitude, Giver not a Taker, Blamers and Claimers, etc</i> Masses: parish, class, whole school, Gratitude Journals, Religious Education, Carols on the Oval, S.H.S. Feast Day, Grace before meals, House Spirituality Days – learning about the founders of our Houses, Staff prayers each Wednesday morning before school,
	Learner		
I.E.P.'s, Water bottles on desks/classrooms, 2 lunch breaks with allocated eating time, School Canteen, Friday sport 5/6, Swimming Program P-4- 2 weeks, Cross Country, Swimming and Athletics Programs, before school Cross Country Training, P.E. lessons, Health lessons P-6 classes each week, Primary School Basketball Tournament 3-6, Bike Safety, Fruit breaks, Daily fitness 3 mornings a week, Gross/Fine Motor skill programs, Dance Fever program (year on/year off), Art club and Book club.	Physical Wellbeing	Social Emotional Mental Wellbeing	I.E.P.'s, Trout Fishing Competition, B-4 program, Counselling support within the school, Mini Vinnies and fundraising for marginalised, Cybersafety, Welcome BBQ, S.H.S. Got Talent, Excursions, Camps 4-6, M.J.R. program, Circle time weekly, Loose parts trailer, loose parts playground, 1 / 2 loose parts play area, Music Program, Launceston Competitions-poetry, verse speaking, Afternoon Tea with the Principal, Rock N Roll Night, Parents and Friends, Good Decision Boards and Respect cards (<i>Respect others, respect learning and respect ourselves</i>), Art club and Book club, After school care, early morning from 8am supervision of students in the gymnasium, Buddies program, positive relationship building each day in classrooms and while on duty in the playground.

FAREWELL

We wish Linda, Matthew, Hannah and Eboni Sydes all the best as they move to Queensland at the end of this term. We hope that this change brings all that they hope for and we look forward to hearing of the new adventure that awaits.

KINDER 2016 ORIENTATION SESSIONS

On Tuesday 10th and 17th November the B-4 sessions from 12:45-2:45 pm will be for our 2016 Kinder students only. The Kinder team, along with Beth, will be in attendance at these sessions to meet and talk with parents and our new Kinder students. The B-4 afternoon sessions on these two days will not be open to other children apart from those attending our Kinder in 2016.

Sacred Heart School Newsletter

From the Principal:

CYBERSAFETY: SUPPORT FOR PARENTS & STUDENTS

Yesterday a letter was sent home to all students in Grade 3-6 around issues of cyber safety. Where the school sees its role in addressing issues and where we see our role in supporting families to themselves address the issues that are impacting on their children. Below is a fantastic website that provides fact sheets, resources, information to two groups: one for parents and one for students. I would strongly encourage everyone to spend 10-15 minutes navigating the site and seeing if there is anything that can help you as the parent, in parenting your children around being cybersafe.

www.thinkuknow.org.au

TERM 4 FOCUS

There are a variety of areas that will make up the core focus for Term 4 these include:

- finalising staffing for 2016
- planning and preparation of Stage 2 building program beginning in 2016.
- End of Year Report Writing
- Allocation of classes for 2016 based on clear and explicit criteria
- Preparation of Annual Plan for 2016

SKOOLBAG SHS APP

Coming soon Sacred Heart has our own App. Features to benefit parents and students will include

- Push Notifications – Get Important School News instantly
- Choose only the alerts and information relevant to you
- Read the Newsletter – All the latest newsletters are available inside the app.
- Keep up with our Twitter Feed – All Mr.Jones' Twitter Posts are located in the app.
- Report Absences – You can send an email directly to the school using a handy form built into the app. Report your child's illness using a custom made form within the app.
- Important School Information – Keep up with school policies, P&F news, Uniform and Canteen pricing, Photos
- Phone the school straight from the app.

ENROLMENT VACANCIES IN 2016

As shared in last week's newsletter, there are some vacancies on some of our classes. In the coming weeks we will be advertising on radio, along with several other catholic primary schools, around vacancies on some classes for 2016. If you know any families or friends who were looking for enrolments on the following grades please ask them to contact the school as soon as possible.

We have vacancies at this stage in Kinder and Grade 4

SWIMMING PROGRAM: PREP – GRADE 4

S.H.S. has secured their Swimming program at the Launceston Aquatic Centre.

Grades 2-4

The cost of the Swimming Program will be
\$40 per student for 10 sessions.

Prep and Grade 1

The cost of the Swimming Program will be \$20 for 5 sessions.

Sacred Heart School Newsletter

I Am An Australian Citizen!

Last Thursday I became an Australian citizen.

Zane Fagan Gr.6



When I walked into the Albert Hall with Mum, I had to sign in at the registration desk. Some of our friends came to watch and support us. When I looked around I noticed many people from 21 different countries including the USA, Thailand, Nepal, Syria and we were from Ireland. We were seated in rows that had our names on them and we were called up a row at a time to say an affirmation for our citizenship in Australia. We shook Albert van Zetten's hand, he is the mayor of Launceston. He was wearing a big gold chain around his neck and chest. After that we sat down with our certificate and waited for all the other rows to have their turn. Then the Mayor said a few words and we took some pictures with him. We joined a massive line where we were presented with gifts. We received a bible, a tree plant, and a teddy and a lot of other things. At the end of the ceremony we enjoyed some morning tea with my parents and friends. I had a hot chocolate and a sausage role. It was delicious! It was really special to become an Australian citizen.

Band Soiree-15th September



Sacred Heart School Newsletter

From the Principal:

~ October 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
11th	12th Term 4 begins Full summer uniform	13th 6.30pm Board Meeting	14th	15th 10am Strings program 1.30pm Band program 1.30pm Science Club	16th 2.15pm Assembly	17th
18th	19th	20th 3.10pm Art club	21st	22nd Foundation Band & Strings Workshop 2 @ St Ailbes 1.30pm Science Club	23rd 2.15pm Assembly	24th

Please click on the link below to watch our most recent movies!!

<http://www.sacredheartl.tas.edu.au/news-events/video-gallery/>

Including Book Buddies reading and Keep on Moving

Reminder: This Friday 25/9 is a BBQ & Footy Colours/Plain Clothes day



Please note: New Date

Prep - Grade 2 Athletics Carnival
Thursday 12th November.

Lost Property

As the term ends this is a reminder to check our lost property basket at school if you are missing anything and also if you have ended up with any items that aren't your child's then please return it to school

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15
TERM 2 Monday 20.4.15 to Friday 3.7.15
TERM 3 Monday 20.7.15 to Friday 25.9.15
TERM 4 Monday 12.10.15 to Wednesday 16.12.15

CATHOLIC SCHOOLS 2016

TERM 1 Thursday 4.2.16 to Friday 8.4.16
TERM 2 Tuesday 26.4.16 to Friday 1.7.16
TERM 3 Monday 18.7.16 to Friday 23.9.16
TERM 4 Monday 10.10.16 to Thursday 15.12.16

Webpage: www.sacredheartl.tas.edu.au

Twitter: @shslton

Facebook: www.facebook.com/sacredheartl

Pinterest: Sacred Heart Catholic Primary School

S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au

Sacred Heart School Newsletter

2015 Australian Schools Trout Fishing Championship

On Monday two Sacred Heart fishing teams went to Brumby's Creek for the fishing competition. Our teams competed against 240 students from other schools. Our team caught 3 fish altogether and we won two prizes for the smallest and heaviest fish. Jackson won the prize for the heaviest fish which was 3.86kg gutted (an amazing size). Thomas won the prize for smallest fish (mystery weight).

We all had a fantastic time. thanks to Mr Van Ryn for taking us!

By Jackson & Kara



Tasmanian Short Course Swimming Championships in Hobart

Congratulations to the following students who qualified and represented their respective swimming clubs at the recent State Short Course Championships in Hobart



Jonte Adams, Harrison Mills, Hannah Sydes,
Jade Nichols, Mia Baldock & Lucy Petrack

Lucy Petrack Gold Medal Under 11 Medley Relay
Gold Medal Under 11 Freestyle Relay
Gold Medal Under 11 50m Breaststroke
Bronze Medal Under 11 50m Freestyle
Bronze Medal Under 11 50m Backstroke

Mia Baldock Gold Medal Under 11 Medley Relay
Bronze Medal Under 11 100m IM
Bronze Medal Under 11 50m Butterfly

Jade Nichols Gold Medal Under 14 Freestyle Relay

Jonte Adams Bronze Medal Under 14 Freestyle Relay

Harrison Mills Silver Medal Under 11 Medley Relay
Silver Medal Under 11 Freestyle Relay

Sacred Heart School Newsletter

The Spirit of Jesus is Alive in:

Prep Hills	Giarna Acquarola For her great descriptive writing about "The Witch"	Cameron Nicholas For always contributing wonderful ideas to class discussions
Grade 1 Crawford	Maggie Dick For excellent work on place value this week	Stella Tyson For a wonderful poem about summer
Grade 1 Underlin	Bailey Marquis-Lopes For his excellent work in reading	Isobelle Beety For her fantastic work in Maths
Grade 2 Reid	Isabella Spencer For being a consistently polite and helpful class member	Zane Headland For excellent work in all subjects this week
Grade 2 van Ryn	Lucy Van Zetten For using great organisation strategies in problem solving	Fletcher Howe For using great strategies in Maths
Grade 3 Hood	Max Roney For always having a positive attitude and giving new things a try	Alice Mathers For great improvement on your reading
Grade 3 Symons	Isla Cooper For working well in our unit on the Sacraments	Sam Dick For great thinking in Maths
Grade 4 Hegarty	Harry Ross For being a kind and helpful class member	Barnaby Jones For improved spelling results
Grade 4 Wood	Ioan Hardy For his great work on Fractions	Lily Scolyer For her great efforts and motivation on our descriptive writing task
Grade 5 McLeod	Quinn Hardy For being her best self this week	Nick Reid For playing a beautiful music piece with confidence
Grade 5 Viney/Sydes	Jayden Jones For the thorough and well-considered effort he puts into his learning	Ebonie Agostini For the enthusiasm and dedication she shows towards everything she does
Grade 6 Davie	Harry Tsakirellis For his dedicated approach to his maths work. Fantastic effort!	Tom Boric For his considered and thoughtful responses to our class novel
Grade 6 Claessens	Campbell Newman For working hard on his Geography assignment and showing very good research skills	Thomas Feely For working hard on his self- editing skills and putting detail and expression into his written work

Sacred Heart School Newsletter



Parents and Friends Association Annual General Meeting

The P & F Assoc AGM is on

Tuesday 20th October

7.30pm in the staffroom

All positions are vacant and need to be filled at the AGM. Positions are President, Vice President, Secretary, Treasurer and 5 committee member positions.

Now is the time to become involved. If you've been thinking of joining P&F, have ideas and are committed to planning and helping at events, now is a great time to jump on board.

If positions are not filled this means:

* No P&F events will occur. No important funds being raised resulting in no new resources/equipment in our children's classrooms. No financial support will be delivered to school projects.

For more information please contact any of your P&F Assoc Executive Committee Members



Planning is underway for the Parents and Friends Market on the Green with 5 stalls already booked. This is a great day for discovering a bargain or two from new and used stalls.



Sunday 15th November on the School Oval from 12 noon.

Stall bookings now available

\$25.00 per trestle table

\$15.00 if own trestle table supplied

To secure your stall booking contact Tracy on 0419 568 598 or email

shsl.pnf@catholic.tas.edu.au

If you would like to support the Market on the Green by sponsoring the BBQ, donating a raffle prize, providing refreshments/entertainment, help on Market day then contact Rebecca on 0418 721 952.

A Sacred Heart Parents and Friends event, supporting our school and promoting community spirit.

Sacred Heart School Newsletter



23 & 26 September @
Upper Burnie Sports
Centre

30 September & 3
October @ Elphin
Sports Centre

7 & 10 October @
Clarence Sports Centre

Wednesday session
6pm—9pm & Saturday
session 9am—4pm
Saturdays

CLUB COACHING COURSE



A NATIONAL COACHING ACCREDITATION SCHEME COURSE
SUITABLE FOR COACHES WITH A LEVEL OF BASKETBALL
KNOWLEDGE WHO WANT TO GAIN FORMAL QUALIFICATIONS.
TOPICS COVERED INCLUDE TEAM OFFENSE, TEAM DEFENSE,
INDIVIDUAL SKILL DEVELOPMENT, STRENGTH AND
CONDITIONING AND GAME COACHING



Basketball
Tasmania

MORE INFORMATION OR TO RSVP?
DAVID MUNNS
0417 361 377
DAVID.MUNNS@BASKETBALLTAS.COM.AU

Carswell Coaching Holiday Tennis Clinic
Mon 28th September to Wed 30th September
9am to 11 am each day
Newstead Tennis and Squash Centre,
Olive Street Newstead
enquiries or enrolments phone Mat 63261020 /
[0417390261](tel:0417390261) or email matcarswell@yahoo.com.au




Bookings Essential
Ph: 6344 2411
or email: fitness@pcyclaunceston.org.au

ON OFFER:
Daily Rock Wall Sessions
Kindergym (1-4 years)
Weights Gym (14+ years)
Power Lifting (14 yrs +)
Kinder Dance (1-4 years)
Daily Boot-A-Bounce
GymFun (5-12 years)
Dance (5-12 years)
Taiko Drumming (6 yrs +)
Mobile Activity Centre (MAC)
Kinder Trampoline (1-4 years)
Tramp Fun (5-12 years)
Olympic Weight Lifting (10 yrs +)

SESSIONS DAILY FROM \$10 per session **Limited Places BOOK EARLY!**

Child Care and Group Bookings Welcome

So these holidays, come and try some of these activities...
and So much More... 

Sacred Heart Little Athletics



Do you like having fun, spending time as a family and getting fit at the same time? Little Athletics might be the perfect match for you!

The 2015/2016 season begins on September 26th and we at the **Sacred Heart Little Athletics Club** would love to welcome any new members/families.

Registrations:

All new athletes are welcome to attend two meets before they have to register. It's a great opportunity to come and try before committing.

Training:

Will begins today (Sept 24th) from 4.30-6pm at Royal Park (please note the change in venue). The club will be putting on a sausage sizzle and invite anyone interested to come along. Regular training at South Launceston will begin on Thursday 15th October from 5-6pm.

Find us on Facebook - <https://www.facebook.com/SacredHeartAthletics>

Sacred Heart School Newsletter

New Members
New members always welcome to come try a session and meet the coaches. For bookings/enquiries call or email Head Coach Andrew Goetz between 9am & 3pm: 0417311519 / alg@laci.net.au

Club Enquiries
For all other LAC club enquiries please contact Club President Kevin French: 0438660709 Kevin.french@dpac.tas.gov.au or Club Secretary Rachel Jeffrey: launcestonaquaticclub@gmail.com

LAC
LAC trains at Launceston Aquatic Centre, Windmill Hill, Launceston
<http://www.launcestonswimming.org.au/>
Facebook for LAC members: Launceston Aquatic Club



Whether your goal be fitness, fun and friends or a full commitment to competitive swimming success at the top level, Launceston Aquatic Club has the expertise and team spirit to help you be your very best.

COACHES & 'TEAM LAC'

LAC is the only swimming club in Launceston to employ a full time professional Head Coach who is on deck every session; we believe this translates into an exceptional standard of individualised programming for juniors right through to elite. LAC limits swimmer numbers in lanes and employs two fantastic assistant coaches, Trent and Pen, to ensure every swimmer is coached, every session. This quality coaching and learning environment together with a huge emphasis on team means that LAC swimmers are never, ever just numbers in the water.

HEAD COACH - ANDREW GOETZ
Andrew Goetz Goetz has recently joined LAC as our Head Coach. Andrew has 19 years experience as a competitor and coach and has coached beginners through to National Age swimmers in all strokes. Andrew is a Silver License Swim Coach, has Strength & Conditioning accreditation and is currently completing a Bachelor of Education; his passion for swimming and his innate ability to unite our swimmers as Team LAC is matched by his experience and expertise.

Assistant Coaches
Trent and Pen

LAC SWIM SQUADS

READY TO RACE SQUAD - Up to 2' pre-squad 30 minute sessions per week to develop basic squad skills, technique and endurance for young swimmers.


REGIONAL SQUAD - A stimulating and fun-filled program; swimmers compete at local time trials and Regional comps. Up to 5 flexible on-water sessions p/w.

STATE DEVELOPMENT SQUAD - This is a challenging program for swimmers not quite ready for State Squad but who are committed to competitive swimming at Regional and State levels. Up to 8 on-water sessions plus land sessions p/w.

STATE SQUAD - For swimmers committed to achieving their best and targeting future National Age qualifying times. B/w 6 and 7 on-water, plus land sessions p/w.

NATIONAL SQUAD - The pinnacle of swimming at LAC and Tasmania for athletes committed to achieving National Age competitions and success. There are between 7 and 9 on-water sessions p/w, plus land sessions.

FITNESS SQUAD - Swimmers wishing to swim purely for fun and fitness and not compete will be slotted into the squad best suited to their ability and age group and may attend up to 3 sessions p/w.



SCHOOL HOLIDAY BASKETBALL CAMPS


COMPLETE PLAYER CAMP

ELPHIN SPORTS CENTRE, LAUNCESTON - FRIDAY 9 OCTOBER 9AM TO 3PM.
12-15 YEARS OF AGE \$40 PER PARTICIPANT. IDEAL FOR REP PLAYERS.
COACHES INCLUDE MARK RADFORD, BEN RUSH AND MIKE CASSIDY.

FUN AND FUNDAMENTALS CAMPS

DEVONPORT RECREATION CENTRE - THURSDAY 1 OCTOBER AND FRIDAY 2 OCTOBER
ELPHIN SPORTS CENTRE, LAUNCESTON - WEDNESDAY 7 OCTOBER AND THURSDAY 8 OCTOBER
MARIST COLLEGE, BURNIE - WEDNESDAY 7 OCTOBER AND THURSDAY 8 OCTOBER
KINGBOROUGH SPORTS CENTRE, HOBART - THURSDAY 8 OCTOBER AND FRIDAY 9 OCTOBER

WITHIN EACH CAMP - CAMP A: 6-9 YEARS, CAMP B: 10-13 YEARS. 9AM TO 3PM ALL CAMPS.
COST IS \$40 PER PERSON PER DAY (\$70 FOR THE TWO DAYS).
OPEN TO ALL LEVELS - FOCUS ON FUN AND FUNDAMENTALS.
BRING YOUR OWN LUNCH AND BALL.
GREAT COACHING LINE UP WITH BTAS HEAD COACHES IN ATTENDANCE AND SERIES OF GUEST COACHES.



CLOSING DATE FOR REGISTRATIONS IS WEDNESDAY 30TH SEPTEMBER
NUMBERS ARE LIMITED DUE TO COURT SPACE SO REGISTER NOW.
ALL PARTICIPANTS MUST REGISTER ONLINE - WWW.TAS.BASKETBALL.NET.AU



SCHOOL HOLIDAY PROGRAM STARTING SEPT 28

LOOKING FOR SOMETHING EXCITING FOR YOUR KIDS TO DO THESE SCHOOL HOLIDAYS? WELL COME AND JOIN US FOR 2 BIG WEEKS OF CIRCUS FUN. WHERE THEY CAN LEARN SOME GREAT SKILLS INCLUDING:

HULA HOOPS - DIABOLO - ROLLA BOLLA - AERIAL SILKS AND MUCH MORE!

VISIT OUR WEBSITE FOR ALL THE DETAILS
WWW.CIRCUSTAS.COM.AU

 /CIRCSCHOOL | 03 6334 0002

45-55 FREDRICK STREET, LAUNCESTON | CIRCSCHOOL@HOTMAIL.COM



SCHOOL HOLIDAY HOURS STARTING SEPT 28

LOOKING FOR SOMETHING EXCITING FOR YOUR KIDS TO DO THESE SCHOOL HOLIDAYS?

OUR NEWLY UPGRADED FACILITY INCLUDES: BOULDERING, CAVING, KIDS CLIMING WALL AND 10 AUTO BELAY SYSTEMS, SO THERE REALLY IS SOMETHING FOR EVERYONE!

VISIT OUR FACEBOOK PAGE FOR ALL THE DETAILS
 /LAUNCESTONINDOORROCKCLIMBING

WWW.LIRC.COM.AU | 03 6334 0002

45-55 FREDRICK STREET, LAUNCESTON | CIRCSCHOOL@HOTMAIL.COM