

Sacred Heart School - Canteen Menu - 2019

<p>RECESS and LUNCH</p> <table style="width: 100%;"> <tr><td>Salada (Butter, Vegemite)</td><td style="text-align: right;">30c</td></tr> <tr><td>Biscuits and Cheese</td><td style="text-align: right;">50c</td></tr> <tr><td>Choc Chip Muffin 97% Fat Free</td><td style="text-align: right;">1.50</td></tr> <tr><td>Pikelet (Butter)</td><td style="text-align: right;">50c</td></tr> <tr><td>Popcorn</td><td style="text-align: right;">50c</td></tr> <tr><td>Vegie Chips</td><td style="text-align: right;">1.00</td></tr> <tr><td>Chicken Crackers</td><td style="text-align: right;">1.00</td></tr> <tr><td>Piece of Fruit</td><td style="text-align: right;">80c</td></tr> <tr><td>English Muffins (Butter) RECESS ONLY</td><td style="text-align: right;">30c</td></tr> <tr><td>Small Hot Cheese Roll (preorder for recess)</td><td style="text-align: right;">50c</td></tr> </table> <p>MUST PLACE AN ORDER IN THE MORNING BEFORE RECESS</p> <p>LUNCH</p> <table style="width: 100%;"> <tr><td>Toasted Sandwiches _____ (White or Wholemeal Bread)</td><td></td></tr> <tr><td>Ham</td><td style="text-align: right;">2.50</td></tr> <tr><td>Cheese</td><td style="text-align: right;">2.50</td></tr> <tr><td>Chicken</td><td style="text-align: right;">2.50</td></tr> <tr><td>Ham and Cheese</td><td style="text-align: right;">3.50</td></tr> <tr><td>Chicken and Cheese</td><td style="text-align: right;">3.50</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Hot Cheese Roll (large)</td><td style="text-align: right;">1.50</td></tr> <tr><td>Hot Cheese Roll (small)</td><td style="text-align: right;">50c</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Pasta (Fresh Daily)</td><td></td></tr> <tr><td>Spaghetti Bolognaise</td><td style="text-align: right;">5.50</td></tr> <tr><td>Lasagna</td><td style="text-align: right;">5.50</td></tr> </table> <p>HOT FOOD MENU ONLY AVAILABLE FRIDAYS</p> <table style="width: 100%;"> <tr><td>Sauce _____</td><td style="text-align: right;">20c</td></tr> <tr><td>Medium Pies _____</td><td style="text-align: right;">3.00</td></tr> <tr><td>Sausage Rolls</td><td style="text-align: right;">3.00</td></tr> <tr><td>Pizza</td><td style="text-align: right;">3.00</td></tr> <tr><td>Chicken Wing Things</td><td style="text-align: right;">1.20</td></tr> <tr><td>Chicken Nuggets (80% Breast Chicken)</td><td style="text-align: right;">90c</td></tr> </table>	Salada (Butter, Vegemite)	30c	Biscuits and Cheese	50c	Choc Chip Muffin 97% Fat Free	1.50	Pikelet (Butter)	50c	Popcorn	50c	Vegie Chips	1.00	Chicken Crackers	1.00	Piece of Fruit	80c	English Muffins (Butter) RECESS ONLY	30c	Small Hot Cheese Roll (preorder for recess)	50c	Toasted Sandwiches _____ (White or Wholemeal Bread)		Ham	2.50	Cheese	2.50	Chicken	2.50	Ham and Cheese	3.50	Chicken and Cheese	3.50			Hot Cheese Roll (large)	1.50	Hot Cheese Roll (small)	50c			Pasta (Fresh Daily)		Spaghetti Bolognaise	5.50	Lasagna	5.50	Sauce _____	20c	Medium Pies _____	3.00	Sausage Rolls	3.00	Pizza	3.00	Chicken Wing Things	1.20	Chicken Nuggets (80% Breast Chicken)	90c	<table style="width: 100%;"> <tr><td>Chicken Burger in Roll</td><td style="text-align: right;">3.50</td></tr> <tr><td>Chicken Burger in Roll with Salad</td><td style="text-align: right;">4.50</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Salad Sandwich (White or Wholemeal)</td><td></td></tr> <tr><td>Ham Salad</td><td style="text-align: right;">4.50</td></tr> <tr><td>Chicken Salad</td><td style="text-align: right;">4.50</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Salad Roll (White or Wholemeal)</td><td></td></tr> <tr><td>Ham Salad</td><td style="text-align: right;">4.00</td></tr> <tr><td>Chicken Salad</td><td style="text-align: right;">4.00</td></tr> </table> <p>DRINKS</p> <table style="width: 100%;"> <tr><td>Water</td><td style="text-align: right;">1.00</td></tr> <tr><td>Orange Juice</td><td style="text-align: right;">2.50</td></tr> <tr><td>Apple Juice</td><td style="text-align: right;">2.50</td></tr> <tr><td>Chocolate Milk</td><td style="text-align: right;">2.50</td></tr> <tr><td>Strawberry Milk</td><td style="text-align: right;">2.50</td></tr> <tr><td colspan="2"> </td></tr> <tr><td>Milkshakes (Choc/Vanilla) (only available at recess)</td><td style="text-align: right;">1.50</td></tr> </table> <p>ICE CREAMS</p> <table style="width: 100%;"> <tr><td>Icypole</td><td style="text-align: right;">70c</td></tr> <tr><td>Frozen Yoghurt</td><td style="text-align: right;">2.50</td></tr> </table> <p>EXTRAS (ONLY AVAILABLE LUNCH)</p> <table style="width: 100%;"> <tr><td>Sun Fruit Licorice (3 for 50c)</td><td style="text-align: right;">20c</td></tr> <tr><td>Sun Fruit Python _____</td><td style="text-align: right;">80c</td></tr> <tr><td>Yoghurt Babies</td><td style="text-align: right;">10c</td></tr> </table> <p>HAPPY PACK \$6.50 - FRIDAYS ONLY</p> <p>1 Medium Pie or 1 Sausage Roll, 1 Drink, 1 Pkt Popcorn or Vegie Chips, 1 Treat _____</p> <p>or</p> <p>Salad Roll or Salad Sandwich, 1 Drink, 1 pkt Popcorn, 1 piece of Fruit</p>	Chicken Burger in Roll	3.50	Chicken Burger in Roll with Salad	4.50			Salad Sandwich (White or Wholemeal)		Ham Salad	4.50	Chicken Salad	4.50			Salad Roll (White or Wholemeal)		Ham Salad	4.00	Chicken Salad	4.00	Water	1.00	Orange Juice	2.50	Apple Juice	2.50	Chocolate Milk	2.50	Strawberry Milk	2.50			Milkshakes (Choc/Vanilla) (only available at recess)	1.50	Icypole	70c	Frozen Yoghurt	2.50	Sun Fruit Licorice (3 for 50c)	20c	Sun Fruit Python _____	80c	Yoghurt Babies	10c
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Lunch Orders Available - Monday to Friday

1st and 4th TERM HOT FOOD WILL ONLY BE AVAILABLE ON FRIDAYS

2nd and 3rd TERM HOT FOOD MENU WILL BE AVAILABLE EVERY DAY

Help is needed in the School Canteen this year. Your help would be appreciated. If you can help could you fill out the slip below. The hours are 9.00 – 11.30am on Fridays

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Name: Contact Number:

Fridays 9.00-11.30am

Frequency: **Weekly** **Fortnightly** **Monthly** (please circle)