



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### School Email

[shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning

Gr6 Camp  
Mon-Wed Mar 3rd-5th

Shrove Tuesday  
March 4th

Ash Wednesday  
March 5th

Instrumental Band and  
Strings begins Thursday  
March 6th  
Band Students 8:30am  
start

P&F Colour Run  
March 14th

NIJSSA Swimming  
Carnival  
Thu Mar 27th

Gr5 Camp  
Mon-Wed Feb 24th-26th

## Integrity in Schools: Building Trust and Character

At the heart of every thriving school community lies the foundation of integrity. Integrity isn't just about telling the truth; it encompasses being honest, fair, responsible, and showing strong moral principles in everything we do. It's an essential trait that helps shape our character, build trust, and foster a positive environment for learning and growth.

In a school setting, integrity means more than just avoiding cheating or dishonesty—it's about making choices that reflect strong values, even when no one is watching. Whether it's in the classroom, on the sports field, or in our relationships with friends and teachers, integrity is at the core of everything we do.

When students act with integrity, they not only set an example for others but also create a culture of mutual respect. Teachers and staff members trust that their students are doing their best and making ethical decisions, and students know that they can rely on one another for honesty and support.

Promoting integrity in school can take many forms. It starts with simple actions, like completing your work on time, admitting mistakes, and owning up to your actions. It's also reflected in how we treat others—whether it's being respectful, showing kindness, or standing up for what's right, even when it's difficult.

Our school is committed to fostering an environment where integrity thrives. Whether through classroom lessons, group projects, or school-wide initiatives, we aim to help every student understand that integrity isn't just about following rules—it's about becoming someone who others can trust, respect, and rely on.

As we continue our journey this school year, let's remember that integrity is a trait that doesn't just benefit us in school, but one that will serve us throughout our lives. By practicing integrity daily, we are building a strong foundation for our futures—one based on trust, respect, and honesty.

How can we expect our school community to thrive if we don't hold ourselves to the highest standards of honesty? How can we trust each other if we're not truthful in our words and actions? Wouldn't it be easier for everyone to succeed if we all committed to doing the right thing, even when no one is looking?

Isn't it up to each of us to create an environment where integrity is not just expected, but celebrated? Let's work together to create a school community where integrity shines in every classroom, hallway, and corner of our school.

*'Listen with curiosity. Speak with honesty. Act with integrity.'* (Roy Bennett)

## Camps

---

Congratulations to Grade 5 for an exceptional camp this week. It was a pleasure to spend time with the children as they enjoyed a broad range of activities designed to build class spirit, resilience, enjoy new experiences and have fun with friends. Sincere thanks to Mrs Cramer, Mrs Mason, Mrs Viney, Mr Crawford, Mr Mannion, Mitch, Kylie and Mrs Butler for leading and supporting the children on camp.

We wish our Grade 6 children best wishes for their camp to Wineglass Bay and Spring Beach next week.

## Brent next week

---

Next week commencing Monday March 3rd I will be attending the Grade 6 Camp for Monday and Tuesday. From Wednesday to Friday I will be in Hobart at Principal meetings. Paul Mannion and Anita Mercer will be available for any questions.

---

BW  
JB

**Brent Wilson**  
Principal



## Deputy Principal's News

Hello everyone!

Firstly, thank you to everyone for the very warm welcome. I have thoroughly enjoyed my first few weeks at Sacred Heart Catholic School and I have found our school community to be very welcoming and friendly. Our students are awesome and always greet us with a smile and "hello". I have been working hard trying to get to know the names of all our students, and they are enjoying testing my knowledge each day. The facilities and grounds at Sacred Heart are fantastic and our students are so lucky to have such large learning spaces and well-managed grounds with a variety of activities to keep them engaged during break times. The staff are a bunch of true professionals, who are committed and dedicated to the learning journey of your children and always willing to learn new ways of doing things based on research and the latest pedagogy. We are committed to Catholic Education Tasmania's initiative [Insight](#), which is based on the science of learning and reading, to help students grow in knowledge, wisdom and service.

A little about myself...

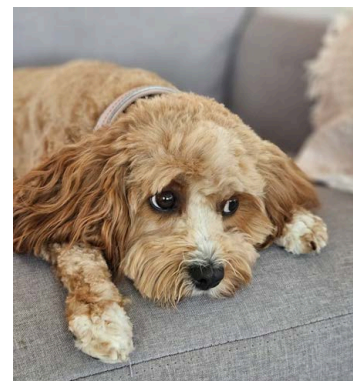
I have been teaching in Catholic Education Tasmania for 25 years in addition to a few years teaching on the Gold Coast. Most recently I was Deputy Principal at St Anthony's Catholic School (Riverside), and prior to that I was at Our Lady of Mercy Catholic School (Deloraine). Prior to that I was at St Patrick's College, Launceston, for over 20 years where I had the privilege of meeting many of you as either parents, colleagues or students! I was in the final cohort of students from St Patrick's Preparatory College, which was the all boys school originally located in our Kinder / Grade 6 building. This also means I was privileged to be in the first cohort of students to attend Sacred Heart Catholic School as the co-educational school that we have today. I have many fond memories of my time at Sacred Heart and look forward to working with the school community to help our young people grow and flourish.

I am married to Janelle and we have 3 children and a 3 year old Cavoodle, Maisy. We are a busy family, with our children involved in drama, basketball, athletics and soccer. I am involved in voluntary community work in our Parish, local theatre and sporting clubs. In our (limited) spare time we enjoy spending time at our shack, travelling and eating out!

Although I've met a number of you already either before school, at parent pick up or around the school, I am very much looking forward to meeting you all at some stage, and please don't hesitate to introduce yourself and say hello.

Warm regards,

Paul Mannion  
**Deputy Principal**





# Safety at drop off / pick up - York Street



## DROP-OFF AND PICK UP AT YORK STREET

The School has convenient **drop-off/pick up zone** located at the York Street entrance. Please note: these are **no parking zones**. This means that you shouldn't leave your car, other than to assist young children in and out of the vehicle.

If you need to come into the school please park in the dedicated parking bays on the opposite side of the road, crossing the road safely.

The school day ends at 2:55 pm, and students will be ready for pick-up from 3:00pm. Leaving pick up a little later, certainly eases congestion and helps maintain traffic flow. Staff are on duty at the side gate until 3:30 pm, after which time students will need to wait in the office and be collected by a parent/carer.

We kindly ask parents to follow these friendly guidelines:

- Please plan to arrive after 3:00 pm
- To keep traffic moving, as spaces become available, please move forward up the hill
- Refrain from double parking on the street
- Feel free to use the parking bays opposite the school if you need to come into the school for any reason.

Soon, we will be sending home a laminated sign to each family to place in the front window of your vehicle to assist staff and improve efficiency at school pick up times.

Let's work together to ensure safe and efficient traffic flow during school pick-up and drop-off times!



# KINDER ENROLMENTS 2026 Now Open

Enrolments close 6th June 2025.



**Sacred Heart  
Catholic  
Primary School**



IGA are kindly donating fresh fruit weekly for students.  
Please support your local IGA store.



## Emergency Practice

Within the next few weeks we will hold an unannounced emergency practice with staff and students to test our response to a potential fire scenario.

We have plans in place to make this practice as least disruptive as possible.

### Webinars for Parents and Carers:

[Webinars for parents and carers | eSafety Commissioner](#)

### Parent Resources:

[Resources for communities and families | eSafety Commissioner](#)

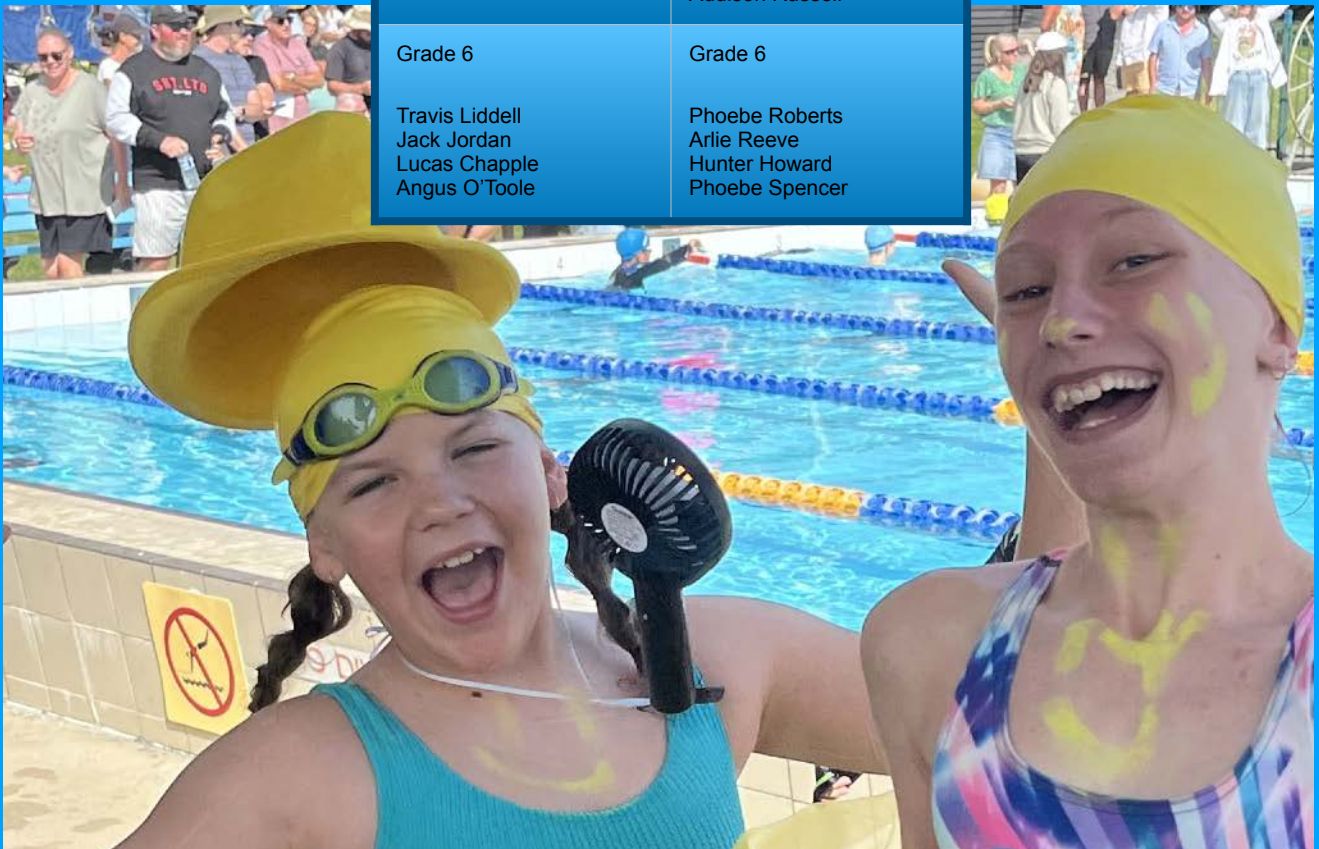
[Parent resources | eSafety Commissioner](#)



## 2025 SHS Swimming Carnival

Last Friday the students in Grades 3, 4, 5 & 6 swam at the Sacred Heart Swimming Carnival. It was a memorable day with some outstanding individual and team performances. A big thank you to the following parents who volunteered on the day: Stacey Pendrey, Jess Whitmore, Kim Brown, Megan Brown, Anne Jordan, Lauren Innes, Megan Soper, Alison Johnson, Lauren Liddell, Kayla Robinson, Leticia Woodward, Charlotte Souter, Lacey Walsh, Tarnya Frost, David Allchin, Chris Barrett, Rosalie Bernacki and Jane Gamble. Congratulations to Nagle who narrowly finished first overall. Congratulations also to the students below who will now represent the school at the NIJSSA Swimming Carnival on Thursday 27th March.

Boys	Girls
Grade 3  Max Richards Logan Dow Oscar Wheeler Caleb Knight	Grade 3  Claudia Medwin Maya Harmon Olivia Harney Skyla Zeeman
Grade 4  Rupert O'Toole Lucas Barrett Finn Price Hudson Price Toby Johnson	Grade 4  Maggie Innes Layla Betts Florence Aram Evie Schipper
Grade 5  Carter Medwin Nate Reeve Jackson Hayes Miller Pendrey Lachie Brown	Grade 5  Daisy Cooper Zoe Gamble Alexis Geltston Alice Cleaver Sophie Turner Addison Russell
Grade 6  Travis Liddell Jack Jordan Lucas Chapple Angus O'Toole	Grade 6  Phoebe Roberts Arlie Reeve Hunter Howard Phoebe Spencer



**March 2025**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
23rd	24th Assembly 2:05pm	25th	26th	27th	28th	1st
2nd	3rd Pastoral Care 2:05pm	4th Shrove Tuesday	5th Ash Wednesday	6th Music Program Starts	7th	8th
Grade 6 Camp						
9th	10th Public Holiday 8 Hours Day	11th	12th	13th Instrumental Band & Strings 8:30am-1pm	14th Colour Run 5-7pm	15th
16th	17th	18th	19th	20th Instrumental Band & Strings 8:30am-1pm	21st	22nd

**2025 Dates**

**February**

Gr5 Camp Mon 24th- Wed 26th

**March**

Shrove Tuesday 4th  
 Ash Wednesday 5th  
 Gr6 Camp Mon 3rd- Wed 5th  
 Instrumental Band & Strings Start - Thu 6th  
 Public Holiday - Mon 10th - 8 Hours Day  
 P & F Colour Run Fri 14th 5-7pm  
 Harmony Day Fri 21st  
 Gala Day Fri 21st  
 NIJSSA Swimming Carnival Thu 27th

**2025 Dates**

**April**

Last Day Term 1 Thu 10th  
 Student Free Day Fri 11th  
 First Day Term 2 Mon 28th

**2025 Term Dates**

Term 1 Friday 7.2.25 to Thursday 10.4.25  
 Easter - Fri 18th April - Tue 22nd April  
 Term 2 Monday 28.4.25 to Friday 4.7.25  
 Mid Term Pupil Free Day June 6th  
 Term 3 Tuesday 22.7.25 to Friday 26.9.25  
 Term 4 Tuesday 14.10.25 to Wed 17.12.25

# Wellbeing Lessons



## TALKING IT OUT

At Sacred Heart, we follow the UR Strong Program, Friendology. The lessons of the program are designed to support children in maintaining healthy friendships.

Part of this is empowering children to resolve friendship issues, if and when they arise. We call these '**Friendship Fires**'. In Friendology, the process for putting out a Friendship Fire is called '**Talking it Out**'.

Firstly, students need to be brave and confront friendship issues by finding a time to talk. Through role play, we practise discussing what happened, by starting with "**Remember when...**". This is a chance to share your side of the story.

The next important statement is "**I felt...**". Telling someone how the issue made you feel is an important step towards finding a solution.

Now is time to **listen** to the other person's point of view and potentially give them a chance to apologise.

Finally, we need to put our Friendship Fires out by using a "**Maybe next time...**" statement. The goal is always to ensure that the same issue doesn't happen again.

While staff at Sacred Heart are always actively supporting students in navigating challenges, it is important to empower our students in resolving minor issues effectively. This involves using 'I' statements and talking a problem out, until you can come up with a win-win solution.

For further information <https://urstrong.com/friendology/>

Suze Chapple  
Wellbeing Teacher





## The Spirit of Jesus is Alive in:

<b>Prep Red</b>	<b>Lance Holloway</b> - Welcome to Sacred Heart!	<b>Sam Williams</b> - for a wonderful start to Prep!
<b>Prep Green</b>	<b>Leo Vialle</b> - For a fantastic start to his Prep journey	<b>Nina Trow</b> - For being a good friend to everyone in her class
<b>Grade 1 Red</b>	<b>Riley Campbell</b> - For always approaching each day with a smile and a positive attitude towards your learning. <b>Will Stewart</b> - Congratulations on your great start to Grade One. Keep up the great work.	<b>Oxley Harmon</b> - For always approaching new challenges with a smile. Your positive attitude makes our classroom a brighter place. <b>Will Stewart</b> - Congratulations on your great start to Grade One. Keep up the great work.
<b>Grade 1 Green</b>	<b>Lucas Coppe</b> : for great listening and working quietly at his tasks <b>Ira Stretton</b> : for great listening	<b>Laura Sauerwald</b> : for her thoughtful contributions in our Science lesson <b>Olivia Marriner</b> : for showing kindness to others
<b>Grade 3 Red</b>	<b>Harry Polley</b> - for being an active and engaged learner.	<b>Olivia Harmey</b> - for being a Go-Kart. Olivia is always ready to learn and is a great role model to her peers.
<b>Grade 3 Green</b>	<b>Bella Counsel</b> - For her initiative and perseverance in Maths	<b>Lewis Hills</b> - For his engagement in reading and maths
<b>Grade 4 Red</b>	<b>Ryan Gulati</b> for a fantastic start to Sacred Heart. We're very excited to have you as a part of Grade 4 Red. Welcome! <b>Esther Jones</b> - Demonstrating determination and perseverance in the Swimming Carnival. Well done!	<b>Abel Lijo Matthew</b> for a fantastic start to Sacred Heart. We're very excited to have you as a part of Grade 4 Red. Welcome! <b>Imogen Pilgrim</b> - Demonstrating determination and perseverance in the Swimming Carnival. Well done!
<b>Grade 4 Green</b>	Nicolaas van den Bosch for your maturity, attentiveness and determination during the swimming carnival.	Imogen Hazelwood for the school and house pride you showed during your first Sacred Heart swimming carnival.
<b>Grade 6 Red</b>	<b>Lachlan Jeffrey</b> - For a fantastic start to Grade 6.	<b>Caitlyn Jones</b> - For her unwavering positive attitude.
<b>Grade 6 Green</b>	<b>Lincoln Hailey</b> for your fantastic attitude and positivity. Your huge smile and friendly nature are a joy to have in the classroom.	<b>Jasper Stagoll</b> for your kindness and constant willingness to lend a hand to both your peers and teachers alike. Well done.

# CATHOLIC PRIMARY SCHOOLS MUSIC PROGRAM Grades 3 - 6



## ENROL NOW!

Scan the QR code  
or visit [https://stpatricks.co/primary\\_music\\_enrolments](https://stpatricks.co/primary_music_enrolments)

Lessons start 3 March 2025.  
Students wishing to continue, don't forget to re-enrol!

Enrolments close 26 February 2025.



## *Happy Hearts 2025*

We have a choice of two sessions each Thursday

**10:00 - 11:30**

OR

**12:30 - 2:00**

[2025 Happy Hearts Setup for Success. SHCS Launceston](#)

Please feel free to email us too [beth.rickerby@catholic.tas.edu.au](mailto:beth.rickerby@catholic.tas.edu.au)

We look forward to seeing you at Happy Hearts in 2025!  
Beth & Rebecca

# LAUNCESTON CATHOLIC SCHOOLS INSTRUMENTAL MUSIC PROGRAM

(GRADES 3 - 6)

YOU AND YOUR CHILD ARE INVITED TO OUR

## INFORMATION SESSIONS

Tuesday 18 February  
5:00pm - 6:00pm **OR** 6:30pm - 7.30pm  
Guilford Theatre, St Patrick's College  
(no bookings required)

## IMPORTANT LINKS

**Guilford Theatre Map** - <https://stpatricks.co/3RIQZe3>

**Enrolments** - [https://stpatricks.co\\_3Sy6zdD](https://stpatricks.co_3Sy6zdD)



**SCAN THE QR CODE TO DISCOVER  
THE 2025 MUSIC PROGRAM**

JOIN TODAY!





## Brixhibition Kids Comp 2025

The Tasmanian Brick Enthusiasts Inc. and Brixhibition invite all Primary School aged students in the Northern Tasmania area, to compete in an individual Lego Competition.

Due to the lack of available space to safely store the Lego creations because of our building works, we will need to run our school competition a little differently this year.

### **Tuesday March 11 will be our SHS Brixhibition Lego Display Day.**

Students wanting to submit an entry will bring it to their classroom, with the completed entry form, on this day. Classmates will be able to see the creations and vote for their favourite. Judges will take photos and check each creation follows the rules.

Lego then must go home that afternoon, please.

Winners will then be announced the following week.

We will have a winner in each of the following:

***Kinder-Prep: winner to receive an age group winner's medallion***

***Grades 1-2: winner to receive an age group winner's medallion***

***Grades 3-4: winner to receive an age group winner's medallion***

***Grades 5-6: winner to receive an age group winner's medallion***

There will also be an overall school winner who will receive an Overall winners' medallion, plus a prize pack.

The overall winner will also be invited to showcase their winning Lego Model at the Brixhibition event on Sat 26th & Sun 27th April at the Launceston Conference Centre (Door of Hope Complex)

Entry Forms and Conditions are available at the [school website](#).

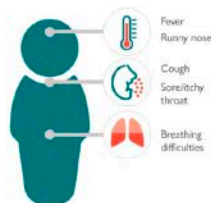
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

## COVID-19 testing for all Tasmanian residents

### Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough,  
sore/itchy throat or shortness of breath.

Call your GP or the Public  
Health Hotline 1800 671 738  
to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you  
can travel outside your municipality to have a test.

After being tested, you must self-isolate at home  
until you receive your results.

For more information visit  
[www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)



## KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance.  
Remember, don't shake hands or exchange physical greetings.  
Wherever possible stay 1.5 metres apart and practise good  
hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP  
THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)**  
will change regularly. Keep up to date.  
Visit [health.gov.au](http://health.gov.au)

Coronavirus  
(COVID-19)

HELP  
STOP  
THE  
SPREAD  
AND STAY HEALTHY



### Clothing Pool Info

Orders can be emailed to

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

and will be left at the school office for collection.

### A reminder of School Uniform for 2025

Kinder to Grade 2 wear sports uniform all year

Grade 3 to Grade 6 wear full school uniform - Summer and Winter

### Uniform Shop News

Soft Shell SHS Jackets

Size 4-8 \$75.00

Size 10-16 \$80.00

This is a soft shell style jacket containing the SHS logo. The current green raincoat style jacket is still available to purchase. Both jackets are an optional item and will not replace the current woollen and rugby jumpers

Please see the Uniform Policy for further information.

- The uniform shop is fully stocked for all your uniform needs.
- Thank you for the second hand uniform donations which are passed onto families or available to purchase in the preloved section of the shop.
  - *Please note that we can only use formal uniform items from size 8 upwards.*
- The updated [SHS Uniform Policy](#) is now available to view on the schools website.
- School hats can be purchased from the office at \$13.00 each.
- Thank you for your continued support throughout 2025

Orders can be emailed or left at the school office.

Email- [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

For further enquiries please contact

Kelly Cox 0400 128 200 or Rebecca Millwood 0418 721 952

**Absentees**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Uniform Days (2025)**

Kinder to Grade 2 - Sports Uniform All Year

Grades 3&4 (Sports Uniform Wed and Fri)

Grade 5 (Sports Uniform Wednesday and Friday)

Grade 6 (Sports Uniform Tuesday and Friday)

**School Times**

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

**2025 Term Dates**

**Term 1 Friday 7.2.25 to Thursday 10.4.25**

**Easter - Fri 18th April - Tue 22nd April**

**Term 2 Monday 28.4.25 to Friday 4.7.25**

**Mid Term Pupil Free Day June 6th**

**Term 3 Tuesday 22.7.25 to Friday 26.9.25**

**Term 4 Tuesday 14.10.25 to Wed 17.12.25**

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:**

[www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**Canteen**

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**Tuesday February 18th - First Day**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au](http://www.justice.tas.gov.au)
2. Print the "Application Receipt" or write down you reference number.
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**