Let Your Light Shine

1873-2019 OUR 146TH YEAR

2019 Newsletter



Our P.B.S. Values are:

Respect for Ourselves Respect for Others Respect for our Learning <u>http://MyTerncity.com.au</u>

Online Content:

Website: www.sacredheartl.tas.edu.au Facebook: facebook.com/sacredheartl Pinterest: pinterest.com.au/sacredheartl P & F email shsl.pnf@catholic.tas.edu.au

Kinder Enrolments for 2020

Due by May 31st

Mother's Day Celebration 2019 Wednesday May 8 1:30- 3:00pm



From the Principal:

A time to reflect and give thanks....

"Learning without reflection is a waste. Reflection without learning is dangerous." (Confucius)

School holidays are different in my family nowadays. With both our adult children studying in Melbourne we find ourselves with more time for ourselves. Holidays have always been an opportunity to stop, slow down and reflect. The Term 1 holidays included both Holy Week and ANZAC Day. Both of these events enabled me to consider the question "Why do we recognise these events each and every year?"

Easter Sunday is the culmination of Holy Week. Holy Week is the most important week in the Church's year. Easter commemorates the resurrection of Jesus Christ. It is our most important Christian festival, and the one celebrated with the greatest joy. As Christians we believe that the resurrection of Jesus changed something fundamental about the world and humanity. It demonstrates that life triumphs over death and that love conquers evil.

Each and every time I reflect on on the importance of the Easter season I am drawn to considering my life. As a dad, husband, brother, friend, principal and member of Australian society I wonder how do I live my life? What am I grateful for? What am I proud of myself for? What can I do better? How can I help improve the lives of others? What needs changing in my life now?

After all I am the only person who can change myself and the way I live my life.

ANZAC Day has grown in significance with each passing year. I'm sure many of us wondered what would happen as some of the World War 1 veterans died. Would we still spend time honouring their legacy? Would the crowds still turn up to march and attend commemorations? Would children attend in school holidays?

- My big 'takeaways' from last Thursday included
- Australians are enormously proud and respectful of what servicemen and women have done, and continue to do, for our country.
- Our children understand why it is important to provide a visual presence on ANZAC Day.
- + Our families value the opportunity for the children of Sacred Heart to march, and give thanks, on one of Australia's most important days.
- + I was proud to march alongside the children, parents and children of our school community.

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A time to reflect and give thanks....continued

" As we commence Term 2 at Sacred Heart I know I am privileged to be working with and for the children of Sacred Heart. I know our school community is a remarkable community made of up of people who continue to work for the common good. This term when moments arise that challenge us, view them as opportunities for learning and growth, just as Jesus did 2019 years ago. Let's all be thankful that we live in a country where others have sacrificed their lives for others, let's all be grateful that we cohabit a school community that aspires to to support the children to live their lives as Jesus challenges us.

"Aspire not to have more, but to be more." (Oscar Romero)

"I have come so that you may have life and have it to the full." (John 10:10)

ANZAC Day

Thanks to the children, parents and staff who represented our school at the ANZAC Day ceremony last week.



Gala Day

Grade 5 and 6 are participating in their second Gala Day for 2019 on Friday 10th May. All children have the opportunity to choose from Netball, Soccer, Football and Tabloid Sports. We play against Launceston Catholic schools and some independent schools.

Our school prides itself on promoting exceptional sportsmanship, enjoying the company of team mates and opposing schools, learning new skills, improving previous skills, a healthy attitude and participating in competitive sport.

Good luck to all of our teams.

NO Assembly next week

There will be no assembly next Friday 10th May because of the Gala Day.

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Winter Uniform

Welcome back to Term 2. Thanks to the parents for ensuring children were beautifully dressed to start our term. Parents and children are reminded that ALL children are required to wear their school jumpers to and from school on Winter Uniform days. Thanks for your support.

"York St and Margaret St Pick up"

Parents and Grandparents are reminded that our school has significant challenges with parking and pickup after school. If you need to speak with a member of staff please park in the designated areas. If you are in a pick up zone after school please remain in your car and teachers will arrange for your child to be sent to your car.

Parents who arrive after 3.15pm will find pickup a far easier process.

Brent Wilson PRINCIPAL

Bla 1

School Families - Kinder 2020

All school families who have a child who is 4 years of age as of the 1st January 2020, please complete an enrolment form from our school office ASAP. I would also encourage you to make contact with families and friends who you know are looking at enrolling their children at S.H.S. to also make contact with the school as soon as possible.

Enrolments close on Friday 31st May 2019

Sacred Heart B-4 2019

Tuesday

Come along to enjoy a variety of play based, indoor/outdoor experiences and explore the age/ stage appropriate activities such as music/movement, fine/gross motor play, creative, dramatic, literacy and sensory activities

Morning session- 9.00am-11.00am

Afternoon session-12.30-2.30pm

Bring along a hat, water bottle and a





piece of fruit to share for Morning/afternoon tea. Please email <u>Rebecca.millwood@catholic.tas.edu.au</u> for more 2ND MAY 2019

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April 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				2nd	3rd	4th
				No Band or Strings	10:30am Gr3,4,5,6 "Suessical the Musical" at the Princess Theatre	
					G2 Agfest Excursion	
					2pm Assembly	
5th	6th	7th	8th	9th	10th	11th
	Cross Country Training		Cross Country Training	10am Band Program	No Assembly	
			1.30 -3pm Mothers Day Celebration	11.30am Strings Program	Gr 5/6 Gala Day	
				7pm Kinder 2020 Information Evening		
12th	13th	14th	15th	16th	17th	18th
	Cross Country Training	Naplan Testing	Naplan Testing	10am Band Program	9:00am Assembly	
		3pm Art Club	Cross Country Training	11.30am Strings Program	Naplan Testing	
	3.30pm Faith Sharing Session	3.30pm Faith Sharing Session		Naplan Testing		
19th	20th	21st	22nd	23rd	24th	25th
	Naplan Testing	Naplan Testing	Naplan Testing	10am Band Program	Naplan Testing	
	Cross Country Training	3pm Art Club	Cross Country Last Training	11.30am Strings Program	2pm Assembly	
		6.30pm Board Room		Naplan Testing		
				Gr 3-6 Cross Country		

2019 Carnivals

Friday 17th May SHS Prep - 2 Cross Country

Thursday 23rd May SHS Gr 3-6 Cross Country

Monday 9th September SHS Gr 3-6 Athletics

Thursday 14th November SHS Prep-2 Athletics

TERM 2 GR 3-6 CROSS COUNTRY TRAINING

This coming Monday 6th May and each Monday and Wednesday after this (last training Wednesday 22nd May) we begin Cross Country training for any students in Grade 3-6 who would like to do some early morning training for our upcoming School Cross Country. Each Monday and Wednesday morning from 8am students can gather at Brickfields for a 20 minute training session with Mr. Anderson and other staff. Students can wear their sports uniform on these days if training for Cross Country.

2019 Term Dates Catholic Schools

Term 2 Monday 29.4.19 to Friday 5.7.19 Term 3 Tuesday 23.7.19 to Friday 27.9.19 Term 4 Monday 14.10.19 to Tues 17.12.19

22nd July 2018 - Pupil Free Day

Webpage: <u>www.sacredheartl.tas.edu.au</u>

Facebook: www.facebook.com/sacredheartl Pinterest: www.pinterest.com.au/sacredheartl/ S.H.S. Parents and Friends email shsl.pnf@catholic.tas.edu.au S.H.S. Clothing Pool email shs.clothingpool@catholic.tas.edu.au

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Emergency Practice

Within the next 8 weeks we will hold an unannounced emergency practice with staff & students, to test our response to a potential scenario that staff identify a threat warranting the school go into lockdown (opposite to evacuation).

Like for fire evacuation drills, we recognised the worth to test this process.

We have plans in place to make this practice as least disruptive as able.

Note for the practice we will have some police officers and other visitors attending to observe.

If you have queries you are welcome to call our Safety Officer Simon Natoli on 0400 105 476

Many of our students and classes will be competing in the

Launceston Competitions

which begin this Sunday.

The following information you may find useful for those wishing to be part of the audience.

Door Prices: Adults \$10, Concession \$5.00 Children 16 & Under \$5.00 (no EFTPOS facility so it is necessary for patrons to have cash to pay the admission fee.)

Arrival: It is important to arrive at the theatre in time to purchase tickets and enter the theatre. If there is a choir or item on the stage patrons will not be admitted until the entrant has completed the item. It is disappointing for parents to have just missed their child performing, so please ensure they arrive in plenty of time.

Merit Certificates: The Adjudicator of each section will set a standard indicated by the marks awarded, which will be announced prior to the commencement of each section. If a competitor reaches or passes this standard, a Certificate of Merit can be purchased as a permanent record of that achievement. The cost per certificate is \$1.00 and there is no limit on the number that can be bought. Enquiries may be made at the Secretary's office.

Photography: For the safety and protection of competitors photography or recording of any kind is strictly prohibited in the theatre. No performance is to be videoed, photographed, recorded or uploaded to social media.

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Sacred Heart Mother's Day Celebration 2019

Wednesday May 8 1.30-3.00pm

Each class will perform a poem or song in the Gym at the following times:

1.40pm -	Kinder/Prep
1.55pm -	Grades 1/2
2.10pm -	Grades 3/4
2.25pm -	Grades 5/6



Before and after the performances, kids can spend some time with their Mums and special people in their classrooms or playing outside





CatholicCare

QMS

ISO 9001

REGISTERED

TASMANIA

Power of



Power of Possibilities is a 4 week women's group which explores individuals emotions through expressive therapies. The group aims to help women look at underlying feelings from anger, anxiety and sadness and engage with a range of approaches to help process Expressions of Interest these feelings so there can be awareness for possibilities of change.

Wednesdays <u>10:00a.m.</u> to <u>12:00p.m.</u> No cost involved

Week 1:	8th May	The power of the self
Week 2:	15th May	The power of anger
Week 3:	22nd May	The power of anxiety
Week 4:	29th May	The power of sadness

VENUE: CATHOLICCARE **201 YORK STREET, LAUNCESTON**

PLEASE CALL 6332 0600 TO REGISTER

FUNDED BY DSS

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Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email shsl@catholic.tas.edu.au
- use the Skoolbag app, fill out an eForm
- advise their teacher

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

It is a legal requirement that parents are expected to advise the school as to why their child is absent.

Signing students out during the day

-You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.

-Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form <u>www.justice.tas.gov.au/working_with_children</u>

- 2. Print the "Application Receipt" which is generated when the application has been completed in full
- Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.

Fire Alarm

A reminder that if in the instance a fire alarm is sounded whilst parents are on the school site, you are required to assemble on the oval. Students remain with teachers as part of the process is for the staff to ensure all students are accounted for. If parked on York when the fire engine arrives it is vital that you vacate the area to allow the fire engine access.



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Over the holidays Wilfred McKibben (from Grade 1 Foster) attended the Australian Scooter Association National Championships in Brisbane. The competition was held at the indoor skate park, Ramp Attack. On Friday 26th April Wilfred was one of 11 boys from around Australia to compete in the under 7's. Each competition has x2 45 second runs, where they are scored on style, consistency, diversity, difficulty and use of park. Wilfred is 5th in Australia under 7's and number 1 in Tasmania under 7's.

Congratulations on your wonderful achievement Wilfred.

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Grade 2 visited the Launceston cenotaph on Tuesday to conclude our work on ANZAC Day and significant places. A huge thanks to the parents who joined us and especially to Luke Cameron who spoke about his time in the Air Force and showed us some very interesting medals and war memorabilia.



Our school has over recent years offered Rainbows as a program to support children dealing with Grief and Loss in their lives. For the last two years we have been working with CatholicCare and are able to offer a similar program called Seasons for Growth, where young people may benefit from learning how to manage these changes effectively. This program is facilitated in small groups and is based on research which highlights the importance of social support and the need to practise new skills to cope effectively with change and loss. The program focuses on issues such as selfesteem, managing feelings, problem-solving, decision-making, effective communication and support networks.

We are pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those who attend.

The Seasons for Growth Program runs for eight weeks and each weekly session is 40 – 50 minutes. The program concludes with a 'Celebration' session. Later in the year each group will have the opportunity to meet for two further session to build on their learning.

We are offering sessions for all age groups and the different levels will be offered throughout the year beginning soon.

If interested for your child, please contact me so I can pass on the CatholicCare forms to you for you to complete or pick up from office. Once received, I forward these forms directly to the CatholicCare facilitator Chloe Bayly.

If you require any further information please do not hesitate to contact me.

Kind regards, Helen Halley

helen.halley@catholic.tas.edu.au