



# NEWSLETTER

SACRED HEART  
CATHOLIC PRIMARY  
SCHOOL



## Online Content:

### Website:

[www.sacredheart.tas.edu.au](http://www.sacredheart.tas.edu.au)

### Facebook:

[facebook.com/sacredheart](https://facebook.com/sacredheart)

### Pinterest:

[pinterest.com.au/sacredheart](https://pinterest.com.au/sacredheart)

### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

<http://MyTerncity.com.au>

**Public Holiday**  
**Monday**  
**9th March**  
**8hr Day**

**NIJSSA**  
**Swimming Carnival**  
**12th March**

**School Fair**  
**Friday**  
**April 3rd**

**Brixhibition**  
**entries due**  
**Thursday**  
**March 19th**

## From the Principal:

### "Lent"

Do you want to fast this Lent? (In the words of Pope Francis)

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

### SETUP update

Catholic Education established Setup in 2018. SETUP is a teacher led program for Birth to 4 children.

The CET Vision Statement states "We remain focused on our Catholic mission, to offer outreach to our communities. Setup is not designed to attract enrolments to our school, although this may be a positive outcome if our programs connect well with members of our community."

A primary focus for SETUP is to support the development of children's ability to communicate, get along with others and control and adapt their behaviour, emotions and thinking. These skills and behaviours establish the foundation for future life skills and success and are further supported through each schools individual response to AEDC data.

Our school will be one of the last CET schools to come on board as we are waiting for the installation of new toilets outside Kinder. We have been advised these will be in place for the beginning of Term 2.

We are pleased to advise that Beth Rickerby has been appointed as the teacher that will lead SETUP at Sacred Heart. We are also pleased to advise that Rebecca Millwood has been appointed to support as Teacher Assistant.

### SHS Swimming Carnival

Last week was a fantastic example of all that is good in our school community.

- Exceptional sportsmanship
- Positive attitudes
- Wonderful parent and grandparent support, as helpers and spectators
- Excellent support from Staff

Thanks especially to John Anderson for organising a memorable carnival.

**Brent Wilson**  
**PRINCIPAL**

## March 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1st	2nd	3rd	4th	5th Dance Fever 11.30am Band/ Strings program	6th 2.10pm Assembly	7th
8th	9th Public Holiday	10th Gr 5 Glover Exhibition 6.30pm Board Meeting Grade 4 Camp to Hagley Farm School	11th Sushsi Day (NEW rice paper rolls)	12th Dance Fever 11.30am Band/ Strings program NIJSSA Swimming Carnival @ Riverside Pool	13th 2.10pm Assembly	14th
15th	16th	17th St Patrick's Day	18th Sushsi Day	19th Dance Fever 11.30am Band/ Strings program Brixhibition entries due today	20th 2.10pm Assembly	21st
22nd	23rd	24th 7.30pm P & F Meeting	25th Sushsi Day	26th Dance Fever 11.30am Band/ Strings program	27th 2.10pm Assembly	28th

## The Spirit of Jesus is Alive in:

Prep Hills	<b>Sophie Turner</b> for showing a positive attitude towards all school activities	<b>Louis Gul</b> For amazing work with number tasks
Prep Best/McHarg	<b>Charlotte Walsh</b> For always being a kind and caring friend.	<b>Jack Cowan</b> Always showing the '5 L's' of learning and being a respectful class member.
Grade 1 Underlin	<b>Grace Polley</b> for her improved writing! <b>Eamon Fletcher</b> for his excellent counting skills!	<b>Lucas Chapple</b> for his awesome work on number!
Grade 1 Foster	<b>Reuben Gul</b> For great participation and sharing of his number knowledge during the early numeracy interviews	<b>Bentley Sulzberger</b> for his enthusiasm for learning and sharing his knowledge about the Titanic
Grade 2 Crawford	<b>Lexi Johnston</b> for her excellent efforts in all areas of English	<b>Rupert Williams</b> for his great work in Maths.
Grade 2 Reid	<b>Eily Madden</b> For being a kind and caring class member	<b>Charlie Bennett</b> for being helpful

Last Friday our students in Grades 3-6 participated at the annual swimming carnival. Everyone is to be congratulated for the excellent team spirit and sportsmanship displayed. Congratulations to Rice for winning the swimming carnival again. Rice has dominated this particular carnival in recent years. Thank you to all the families who came to the pool to cheer on our swimmers and a big thank you to the following parents who volunteered on the day: Olivia Bailey, Leah Page, Shontelle Reeve, Stacey Howard, Lynelle Freeman, Angela Hartley, Simone Lee, Megan Soper, Sarah Berlese, Shaun Smith, Tahnee Hodgetts, Sarah Axman-Friend, Agnes Kostecka, Alex Clear, Elise Hart, Mandy Jones, Ian Lee, Nicole de Sousa, Grahame Maddy, Cadice Gale, Shananne Leake, June Raminez, Hannah Oliver, Jason Stone and Natasha Millar. Without your support school sports carnivals could not happen.

We now look forward to the NIJSSA Swimming Carnival on Thursday 12<sup>th</sup> March. Congratulations to the students below who will represent our school next week.

# SWIMMING CARNIVAL

GRADE 3 BOYS	GRADE 3 GIRLS	GRADE 5 BOYS	GRADE 5 GIRLS
Josef Raminez	Addison Frerk	Ben Berlese	Ruby Jones
Archie Matthews	Imogen Lee	Daniel Wojcik	Lily Matthews
Thomas Hartley	Liliana Hodgetts	Oliver Hodgetts	Molly Dick
Koby Broadhurst	Grace Matthews	Tahj Jones	Ivy McCullagh
	Mia Manshanden	Colby Crawford	
GRADE 4 BOYS	GRADE 4 GIRLS	GRADE 6 BOYS	GRADE 6 GIRLS
Seb Hardinge	Emmerson Lowry	Max Matthews	Eloise Frerk
Tim Innes	Georgia Freeman	Mitchell Campbell	Hollie Jones
Ethan Chapple	Phoebe Shea	Cooper van Emmerik	Alice Fox
Solomon Boyle	Ebony Harper	Will Bevis	Maggie Dick
			Orla Kelly



# SWIMMING GARNIVAL





*Carry the Lantern  
with  
Dignity, Courage  
and Compassion.*

Last week our classes participated in Liturgies marking the start of Lent, Ash Wednesday. The children received a symbolic marking of Ashes upon their foreheads, reminding them of Jesus' ultimate sacrifice and what we can do to make our world a better place.

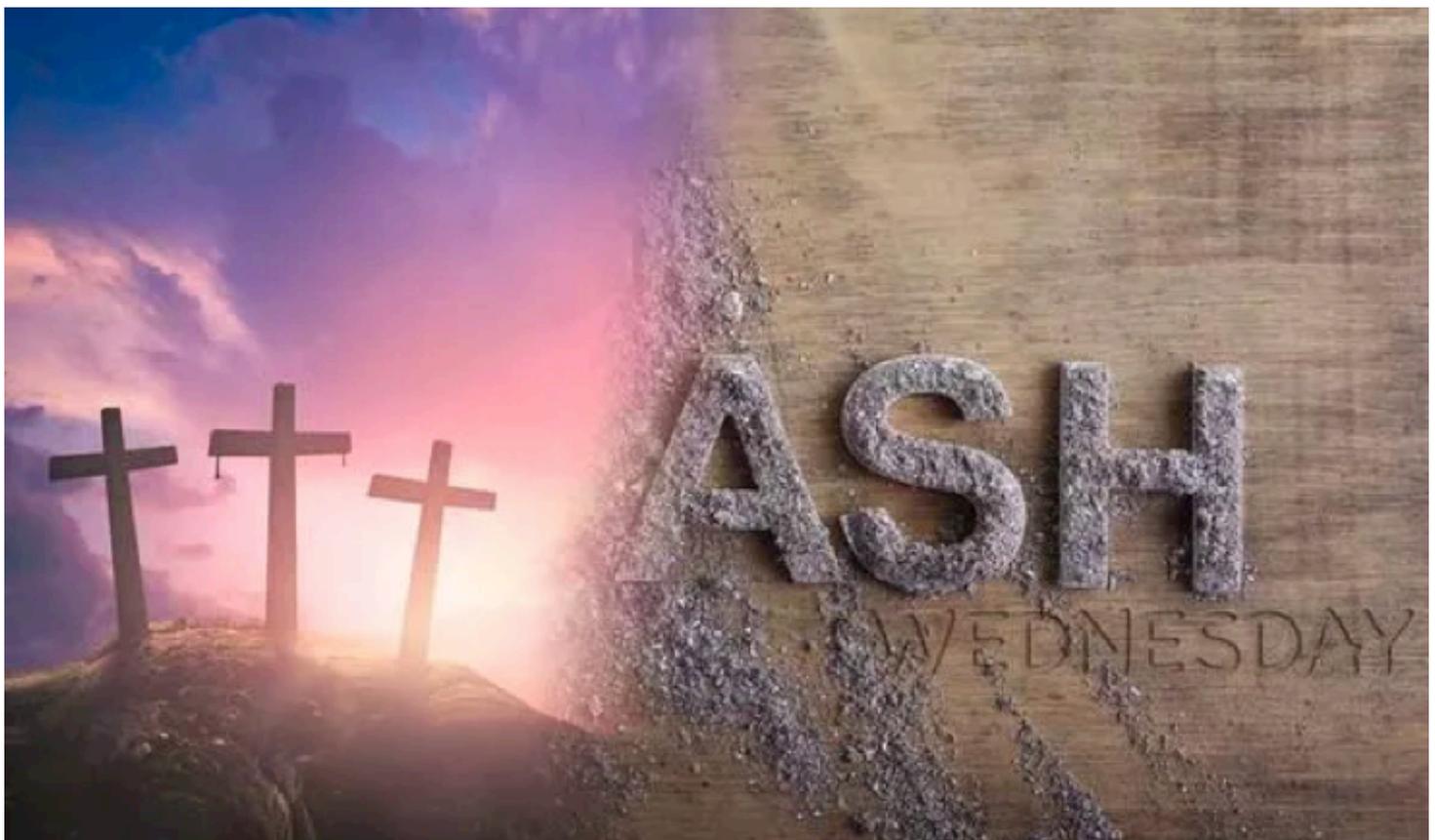
The forty days of preparation, hope and repenting (Lent) allow us the focused opportunity to do a little more, to give more of ourselves, to reflect on what we have.

All classes now have a CAFOD Project Compassion Box and families should have one at home. I implore you to use these this Lent, to return them and empty them in your class boxes to help those in need. This will also educate our children on those who are less fortunate. Our children are compassionate and caring souls and they will be comforted to know the money we raise will provide water, farming, schooling to people in many, many countries.

Peace, love and happiness,

Anna Davie

REC



## PARENTS AND FRIENDS NEWS

### SHS 2020 Twilight Fair-Friday 3<sup>rd</sup> April

Fair Planning has begun and we would love your help!

#### Sponsors/ Donations

If you have a business or your workplace would like to contribute to the Sacred Heart Twilight Fair and provide goods or monetary donations it would be greatly appreciated and assist with the fair planning.

Suggestions of donations include:

- a prize for the Treasure Chest
- Prizes for the Chocolate Wheel
  - o Vouchers, movie cards, gift cards, restaurant vouchers, toys, games, home wares, gift hampers
  - o Garden/Produce donations-plants, homemade wares, jams, preserves, relishes.

#### Stall Convenors Wanted

Convenors are required for the following stalls:

Face Painting	Chocolate Wheel
Cake Stall	Fair Bags
Ice cream/Drinks	Hoopla

Being a stall convenor is a great way to meet new families and assist with the school's major fundraiser. A stall convenor will receive help from fair coordinators to organise the stall during fair planning, set up and supervise during the night. Rostered parent help is supplied on the night so you won't be asked to stay on the stall all night.

#### Stall Rosters

Stall rosters will become available in the coming weeks and parent help is essential for the Fair to operate smoothly on the night. Please register your help by filling in a slot on the roster.

A Grade Volunteer Competition prize is offered for the first grade who completes their roster

#### Sacred Heart's Major Fundraiser

There are many ways in which you can become involved in the Fair, which raises important funds for the future Playground Developments of SHS. Watch out in the coming weeks for further information or contact a Fair Committee member:

Cate Pel:	0406 769 553
Louise Madden:	0400 367 337
Kim Barrett:	0447 771 893
Rebecca Millwood:	0418 721 952

If you are available to convene a stall or assist with donations please email

[rebecca.millwood@catholic.tas.edu.au](mailto:rebecca.millwood@catholic.tas.edu.au)

# School Canteen

WEEKLY LUNCH

Wednesday @ SHS

# SUSHI TO GO

A healthy & easy alternative for your canteen

## RICE PAPER ROLLS

- rice noodles, capsicum, cabbage, lettuce, carrot, cucumber

crispy chicken **\$4.00**  
vegetarian

## SUSHI

chicken teriyaki  
crispy chicken  
tuna & avocado  
californian  
vegetarian

**\$4.00**



**Friday Help  
Still Needed!  
For Canteen**

Dance Fever starts  
Thursday 13<sup>th</sup> Feb until  
Thursday 9<sup>th</sup> April  
All students in Prep - Gr 6  
wear sports uniform every  
Thursday

PHYSICAL EDUCATION PROGRAMS FOR SCHOOLS

# DANCE FEVER MultiSport

**2020 Term Dates Catholic Schools**  
**Term 1 Thursday 6.2.20 to Thursday 9.4.20**  
**Easter 10.4.20 to Tuesday 14.4.20**  
**Term 2 Monday 27.4.20 to Friday 3.7.20**  
**Term 3 Monday 20.7.20 to Friday 25.9.20**  
**Term 4 Monday 12.10.20 to Thursday 17.12.20**

**Sacred Heart's Pupil Free Day for 2020 is Monday 20th July**

**School Fair Friday 3rd April**

**2021 Term Dates Catholic Schools**  
**Term 1 Monday 1.2.21 to Thursday 1.4.21**  
 (Term 1 holidays includes easter break)  
**Term 2 Monday 26.4.21 to Friday 2.7.21**  
**Term 3 Monday 19.7.21 to Friday 24.9.21**  
**Term 4 Monday 11.10.21 to Wednesday 15.12.21**

**Please note changes for 2021:**

- Term 1 will commence on the Monday
- Term 1 Holidays/Easter break is for 3 weeks

**2020 Carnivals**

Friday 8th May - Prep - 2 Cross Country  
 Friday 22nd May - Gr 3-6 Cross Country  
 Friday 11th September - Gr 3-6 Athletics Carnival (date to be confirmed)  
 Friday 13th November - Prep - 2 Athletics Carnival

**Camps 2020**  
 Grade 4 10th -11th March

**Uniform Shop**  
**Thursdays**  
**2 - 4pm**  
 Email:  
[sbs.clothingpool@catholic.tas.edu](mailto:sbs.clothingpool@catholic.tas.edu)



**St Patrick's College**  
 LAUNCESTON

ST PATRICK'S COLLEGE  
**YEAR 7, 2021 ENROLMENT INFORMATION EVENING**  
**WEDNESDAY, 18 MARCH, 2020; 7.00 PM**  
 ST PATRICK'S COLLEGE CHAPEL  
[www.stpatricks.tas.edu.au/enrolments](http://www.stpatricks.tas.edu.au/enrolments)

282 Westbury Road, Prospect TAS 7250 | T: 03 6341 9988 | E: [contact@stpatricks.tas.edu.au](mailto:contact@stpatricks.tas.edu.au)

## Student absences

If your child will be absent from school please remember to either:

- call the School office on 63311011
- email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)
- use the Skoolbag app, fill out an eForm
- advise their teacher

It is a legal requirement that parents are expected to

If you arrive at school after 9am your child must be walked into the office via the York Street gate and report to the school office to update our records and avoid unnecessary absentee text messages.

### Signing students out during the day

- You must sign your child out if you need to pick them up from school for an appointment or for your child to leave early.
- Please pre-arrange this with your child's class teacher and the teacher will send your child to the office at the required time so you can collect them from the office and sign them out.

## WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

### How to apply for a WWVP and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

## Fire Alarm

A reminder that if in the instance a fire alarm is sounded whilst parents are on the school site, you are required to assemble on the oval. Students remain with teachers as part of the process is for the staff to ensure all students are accounted for. If parked on York when the fire engine arrives it is vital that you vacate the area to allow the fire engine access.

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:** [www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

**Pinterest:** [www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**S.H.S. Clothing Pool email**

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

## Wellbeing Support

At Sacred Heart School we offer different types of Wellbeing support for the students and families. My role at SHS is one of support - for your child to know that I am someone they can chat to and be supported by in working towards their own wellbeing goals. Sessions are held in my new space (old hall area), in a confidential environment on a regular or semi-regular basis depending on the needs and goals of your child or the needs of your family.

I feel very fortunate to have SHS designate two days a week for me to offer this in my capacity as an experienced teacher as well as my recent studies in Counselling, play and sand play therapy, creative therapies, Peaceful Kids, mindfulness, Tuning In, supporting anxious children, grief and loss, trauma and MY TERN and RULER training.

If this is something you want for your child, I am very happy to meet with you if you wish to touch base with me about your child or your current situation - just email me to make an appointment. Alternatively, we can communicate via phone by calling the school or you can email me at [helen.halley@catholic.tas.edu.au](mailto:helen.halley@catholic.tas.edu.au)

Kind regards,  
Helen Halley



## JOIN US AT THE LAUNCESTON FOOTBALL CLUB!



*If you are aged 8 or 9 - boy or girl, we would love to have you along to our first training session for our Under 9s team at Windsor Park on the 5th of March 2020 starting at 4.00pm.*

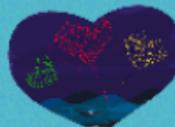
*Any enquiries, please email the General Manager on [generalmanager@launcestonfc.com.au](mailto:generalmanager@launcestonfc.com.au) or via Facebook Messenger <https://www.facebook.com/launcestonfootballclub>*



Project Compassion is Caritas Australia's annual Lenten fundraising and awareness-raising appeal. Millions of Australians come together in solidarity with the world's poor to help end poverty, promote justice and uphold dignity.

**PROJECT  
COMPASSION**  
GO FURTHER TOGETHER

Each family will get a Project Compassion box, please try to fill them up, then bring them back to school!  
- Thank you



PIC-COLLAGE

## Sacred Heart B-4 Program is back for 2020

Are you looking for a play based program that gives your child the opportunity to learn, discover, investigate and most of all have FUN!!!!

Would you like to meet new families?

Bring along a friend.

Do you want time out to sit and play with your child?

If your child is aged 0-4 then come along to the Birth to 4 program each Tuesday during school term. We will paint, sing, dance, make and create, share stories, dress up and explore the outdoors.

It's FREE!!!

Two sessions available: Morning- from 9am-11am

Afternoon-from 12.30pm-2.30pm

Bring along a hat, water bottle and a piece of fruit to share at eating time

Kinder Green room will host the B-4 program each Tuesday

For further information please email:

[rebecca.millwood@catholic.tas.edu.au](mailto:rebecca.millwood@catholic.tas.edu.au)





## Brixhibition Kids Comp 2020

The Tasmanian Brick Enthusiasts Inc. and Brixhibition invite all Primary School students in the Northern Tasmania area, to compete in an individual Lego Competition running in the first term of 2020.

- Each student to have their Lego creation completed and ready for judging by your school on **Thursday 19th March 2020**
- Medallions and Prizes to win
- Each overall winner is invited to display their winning Lego creations, at Brixhibition Albert Hall, Tamar Street, Launceston on Sat 25th and Sun 26<sup>th</sup> April 2020.
- Entry Forms and Conditions or Entry are available from your school.
- All Brixhibition Kids Comp winners displayed at Brixhibition will be judged by Tasmanian Brick Enthusiasts Inc. members (approx. 30 judges)
- **Brixhibition Grand Prize Winners to be awarded at Albert Hall**
  - 1<sup>st</sup> Place: Trophy and \$300 Gamesworld Plus Voucher
  - 2<sup>nd</sup> Place Trophy and \$200 Gamesworld Plus Voucher
  - 3<sup>rd</sup> Place Trophy and \$100 Gamesworld Plus Voucher
  - 4<sup>th</sup> Place Trophy and a Lego Set
- Winners announced at **3pm, Sun 26th April 2020** at Brixhibition

**Brixhibition Kids Comp** 

Saturday 25th – Sunday 26th April 2020

9:30am – 4:00pm

Albert Hall, Tamar Street, Launceston