



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

[pinterest.com.au/
sacredheartl](https://pinterest.com.au/sacredheartl)

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

Athletics Carnival
Tomorrow

New Compass
Parent Portal
App
Coming Soon
More details in next
week's newsletter

The last day of
school this year is
Wednesday the
16th of December,
2020.

Searching for the good in one another

"Tolerance and celebration of individual differences is the fire that fuels lasting love." (Tom Hannah)

On Saturday evening Fr Mark reflected on the gospel reading in his homily. He challenged us all to look for the good in one another. More especially he reminded us that it is incumbent on all of us to build one another up, to look for the good in other people rather than isolating the mistakes that they make.

I reflected back to the previous Friday night at the Strings Soiree. Sacred Heart children had played several pieces of music along with our Launceston Catholic Primary schools. The night was another opportunity to showcase the talents of children with family, friends and teachers. Amongst the many performers there were some musical 'mistakes'. Yet the children continued performing to the audience, seemingly proud of their efforts. On nights like these they remind me of the importance of the people that have contributed to the children's efforts, parents who consistently encourage the children to practise, musical tutors who assist by teaching and encouraging and family and friends who also support the children. Just imagine for a moment if one of these performers, instead of positive encouragement, was provided with words of derision and negativity. It is safe to say that the children are less likely to be standing on stage feeling confident or even bothering to stand on stage at all.

Each week at school there are examples of children having disagreements. Sometimes inappropriate words or physical actions are exchanged. Sacred Heart Catholic School always works with children regardless of whether they have done something wrong or whether something has been done to them. Most importantly we discuss with each child, appropriate choices and what they could do better for the future. Sometimes children will repeat poor behaviours several times. Just as when children are learning to read they may need several opportunities to sound words correctly they may also need to practise how to play appropriately on multiple occasions. As parents and teachers it is critical that we continue to encourage children to support children in their learning journey regardless of whether it is learning to read or learning to play.

Take a moment to reflect this week on how you respond to your child and how you respond about other children. As adults we should never lose sight of the fact that our children, and others, are looking and listening to us to set the example for them to follow.

What example will we set?

"There is nothing more important in life than giving. Tolerance is forged when people look beyond their own desires." (Nelson Mandela)

BW

Brent Wilson page 1
PRINCIPAL

Term 4 Finishing Day

We have rechecked the school calendar for 2020 and discovered that children should be finishing the school year on Wednesday 16th December. Please re adjust your own calendars. Apologies for any inconvenience this may have caused families.



Grade 3-6 Athletics Carnival

Friday 11th September Grade 3-6 children will participate in the annual Athletics Carnival. The prime purpose of this carnival is always:

Have fun

Enjoy the spirit of competition

Try new events

Support classmates and house teams

Challenge yourself to perform at your best



On these days there will always be children who finish first and last. Regardless of each child's placing our school believes that to participate is to win.

The school expectations for the carnival are:

No canteen on the day. Bring your own lunch and lots of water.

No running across the track when races are on.

Be aware of your surroundings.

Do not walk across the middle of the oval (there could be a discus / javelin flying through the air or a swooping plover).

Encourage everyone, even children not in your house.

Lots of bucket filling and no put-downs. The day is all about doing your personal best and having fun!



• Remember Covid restrictions means no adults may attend as spectators

Wellbeing Update

As parents, much to our distress, we can't always control what happens in our children's worlds. We can do our best to safeguard our children, however, we can't protect them 24hrs a day! Nor is it actually helpful for us to do so because our kids need to develop their own resilience which only comes from growing through challenges. As well as setting limits and boundaries, particularly around their safe use of technology, we can also support our children in their wellbeing by teaching them skills and strategies that they can use to stand up to mean-on-purpose behaviour. This will enable them to keep themselves safe when they feel disrespected or encounter things in the world that make them feel uncomfortable or unsafe.

When faced with mean-on-purpose behaviour, we are teaching our students to use [URSTRONG's](#) empowering three step approach:

Step 1: Use a quick comeback, (A quick comeback is a short phrase, that won't get them into trouble, that tells the person who is being mean that what they did or said was NOT ok!) A quick comeback could be "Stop it", "Not Cool", "Just stop" "Not fair". When delivering a quick comeback they need to use strong, calm body language, good eye contact, no smiles, and they must say it like they mean it.

Step 2: Walk away (When you walk away you take your power with you!)

Step 3: Report it to a Teacher/Adult (This step is REALLY important, because we can only support our children to navigate the things we know about).

We teach other people how to treat us and we want them to treat us with respect! We need to reinforce with our children that they must follow through on **all three steps** for their efforts to be successful in stopping mean-on-purpose behaviour in its tracks. Also, if we are all using the same language and approach and supporting our children to practice and use these skills, both at school and at home they will be much more effective too.

Megan Booth - Wellbeing Teacher SHS, Thurs/Fri
megan.booth@catholic.tas.edu.au

September 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
6th	7th	8th Basketball tryouts + All photo orders must ordered online by 4pm TODAY	9th	10th 9am - 2.30pm Foundation Band Workshop	11th Athletics Carnival Gr3-6	12th
			SCHOOL PHOTOS Full winter uniform.			
13th	14th	15th 6pm Board Dinner & Meeting	16th	17th 11.30 am Band & Strings program	18th 2.10pm Assembly	19th
20th	21st	22nd 7pm Maggie Dent webinar	23rd	24th 11.30 am Band & Strings program	25th Last Day Term 3 DANCE FROM THE HEART	26th
27th	28th SCHOOL HOLIDAYS	29th	30th	1st Oct	2nd Oct	3rd Oct

October 2020

4th	5th SCHOOL HOLIDAYS	6th	7th	8th	9th	10th
11th	12th	13th 6pm Board Meeting	14th	15th 11.30 am Band & Strings program	16th	17th

Sports Uniform returns to normal days

Prep - Thursday and Friday
 Grade 1 - Thursday and Friday
 Grade 2 - Thursday and Friday
 Grade 3 - Wednesday and Friday
 Grade 4 - Monday and Friday
 Grade 5 - Monday, and Friday
 Grade 6 - Wednesday and Friday

2020 Term Dates Sacred Heart School

Term 3 Wednesday 22.7.20 to Friday 25.9.20
Term 4 Monday 12.10.20 to Wednesday 16.12.20

2021 Term Dates Sacred Heart School

Term 1 Monday 1.2.21 to Thursday 1.4.21
 (Term 1 holidays includes easter break)
Term 2 Monday 26.4.21 to Friday 2.7.21
Term 3 Monday 19.7.21 to Friday 24.9.21
Term 4 Monday 11.10.21 to Thursday 16.12.21

Webpage: www.sacredheartl.tas.edu.au

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S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

S.H.S. Clothing Pool email

sbs.clothingpool@catholic.tas.edu.au

Uniform Shop

Thank you to our school families for your support and understanding in these challenging times and thank you for placing uniform orders with us.

We are pleased to say that we can now help you with the following:

- If your child needs to try on an uniform item one family at a time is now welcome to come into the uniform shop. Please sanitise upon entering.
- Uniform orders can be left at the school office for payment and collection.
- EFTPOS payments are encouraged
- Uniform shop hours are 2pm-4pm, every Thursday during school term
- Continue to place your uniform order via the email: shs.clothingpool@catholic.tas.edu.au

Please note that transition to summer uniform can occur from the last week of term 3.

Any enquiries please contact

Rebecca Millwood (0418 721 952) or Kelly Cox on 0400 128 200



ALL SCHOOLS RACE WALKING CHAMPIONSHIP

On Saturday the 29th of August, Athletics Tasmania held the All Schools Race Walking Championship at Tunbridge. Approximately 12 schools participated in races from 2km to 5km. I took part in the under 14 2km race taking silver with a PB of 11.18. - Sam Lindsay

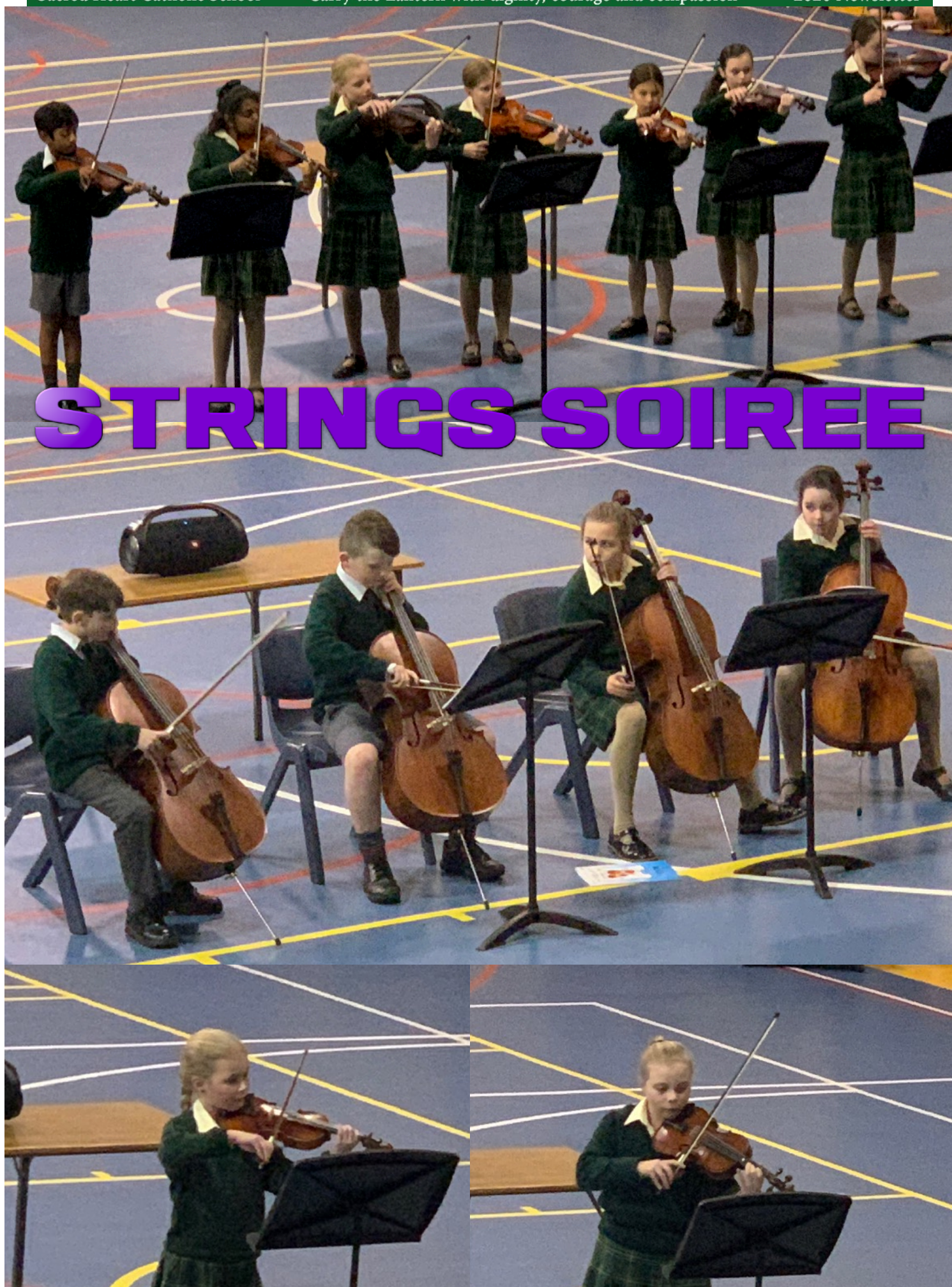
The Spirit of Jesus is Alive in:

Prep Hills	Yeona Kim for showing confidence in our Drama	Sage Parker for showing an excellent improvement in her listening skills
Prep Best/McHarg	Annie Jordan for demonstrating excellent skills of listening and co-operation in her 'STEM'	Violet Appleby for excellent focus and progress in the areas of reading and writing
Grade 1 Underlin	Caleb Leake for always remaining calm and positive Tahlia Knight for her excellent procedure writing	Grady Redman for his huge effort in English
Grade 1 Foster	Ruby Adams for always being a welcoming and caring friend	Reuben Gul for excellent sentence writing
Grade 2 Crawford	Lennox Hardinge for doing his writing jobs all by himself this week	Isaac Milner for working so hard to get better at his writing
Grade 2 Reid	Charlie Hall for being a kind and caring friend	William Schipper for his positive attitude towards his learning
Grade 3 Wood	Charu Sivadass for your eternal enthusiasm and motivation towards all your schoolwork	Max Miller for excellence in writing and your awesome sense of humour.
Grade 3 Symons	Ava Woolley for being a happy chappy	Flynn Cowan for having a positive attitude
Grade 4 van Ryn	Justin Calabro For amazing sewing skills and being a great support in the Father's Day craft	Trae Walker For amazing work in Review writing
Grade 4 Davie	Sebastian Hardinge for outstanding effort in Maths	Finlay Jamieson for great contribution to class discussions
Grade 5 Hegarty	Colby Crawford for always having a positive attitude towards your learning	Gus Pedersen for working hard to achieve your goals this term
Grade 5 Lee	Emily Johns for working hard to focus in class and complete her work to a higher standard	Ben Berlese for always positively contributing to class discussions and sharing his ideas
Grade 6 Steven	Hamish Gardner for his concerted effort in Mathematic	Hollie Jones for her selfless acts and being a positive role model in the school community
Grade 6 Viney/Izard	Meg Kotynia-Soley for her engagement and enthusiasm in extending herself in Maths this week	Oscar Marsden for being super engaged, persistent and keen to learn



STRINGS SOIREE







STRINGS SOIREE





STICKER AND TEXTA DRIVE!

Please bring a packet of **STICKERS** or **TEXTAS** on the last day of Term 3 (25/09/20) to donate to **Inside Out 4 Kids**

♥The IO4K team thank you for your kindness and support♥



Happy Hearts

Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Sacred Heart's Setup program is named 'Happy Hearts!' We meet in the Kindergarten space every Tuesday with the option of two sessions:

9:30 - 11:00 OR 1:00 - 2:30

Further information can be found at
['Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)'](#)
[Facebook group.](#)

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

Beth & Rebecca

Maggie Dent Webinar

‘9 things: A back to basics guide to calm, common sense, connected parenting Birth-8’

TUESDAY 22nd September, 7.00pm

This is a Zoom webinar presentation

Be sure not to miss this unique opportunity to hear from the “queen of common sense”. Maggie Dent is one of Australia’s favourite parenting authors and educators, who has a particular interest in the early years, adolescence and resilience.

Maggie’s experience includes teaching, counselling, and working in palliative care/funeral services and suicide prevention. Maggie is an advocate for the healthy, common-sense raising of children in order to strengthen families and communities. She is a passionate, positive voice for children of all ages. Maggie is the author of six major books with her best seller being, “Mothering Our Boys - A Guide for Mums of Sons (2018)

It is essential to register for this event by the 14th September.

Please click on the link below to register your interest:

<https://forms.gle/F9WjgaP8kMTgTEz67>

For further enquiries please contact

rebecca.millwood@catholic.tas.edu.au

This event has been kindly sponsored by:

Tasmanian Catholic Schools Parent Council And

Sacred Heart School Parents and Friend’s Association





New Canteen Ordering System

Sacred Heart will be utilising St Patrick's College canteen for lunches for Prep to Grade 6, two days a week.

Our school will have lunches delivered for second lunch only (1:30pm) on Tuesdays and Thursdays. If ordering lunch (on these days) parents need to consider this lunchtime will be later than the students are used to, so additional food for 11:00am first lunch may be required.

The school canteen will not be available any other days.

- The menus operate on a fortnightly rotation and we will be starting on WEEK A.
- Pantry List - items always available
Week A - lunch specials
Week B - lunch specials
- The App will only allow orders to be placed for the correct week. Orders cut off at 9:00am on Tuesday and Thursday mornings.
- **IMPORTANT - When entering your details, make sure you scroll down and click on Sacred Heart Catholic Primary School 227 York Street Launceston TAS.**

Price lists are available on our website... <https://sacredheartl.tas.edu.au/parents/price-lists/>

Please see details below to order lunches via the Flexischools online App:

- Go to the App store or Google play and download the Flexischools App.
Follow the prompts.

<https://vimeo.com/388149878/8de421ed83>

[Flexi School App for IOS](#)

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.