



NEWSLETTER

SACRED HEART
CATHOLIC PRIMARY
SCHOOL



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

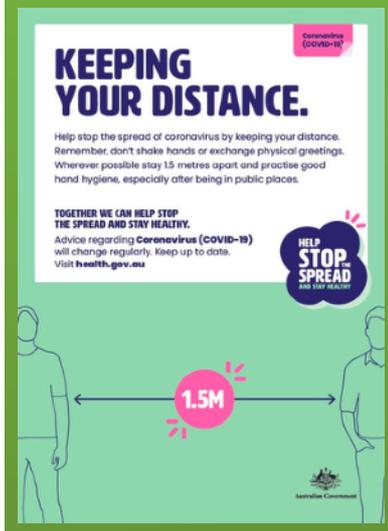
P & F email

pnf@sacredheartl.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

**Last day uniform
shop for 2020 -
Thursday 26th
November**



Carols on the Oval

Sacred Heart has an outstanding tradition of gathering to share and celebrate Christmas Carols. This year our celebration will be held on Wednesday 2nd December at 6.30pm. We recently shared with families the importance of complying with the COVID restrictions under our SHS COVID Plan. Families are reminded of the following.

End of Year Carols - SHS Oval (Wednesday 2nd December @ 6.30pm)

- Each family grouping may be accompanied by 2 adults
- Siblings may attend
- All adults must complete the relevant COVID forms at the two entrances (York Street and Margaret Street)
- All visitors must use hand sanitiser (provided)
- Social distancing applies for adults

Our school is fortunate to be able to provide this occasion for the community. It is important that we all comply with the expectations of the event.

This week we will be reminding children of the importance of remaining with their family groupings for the evening. It is not an occasion where children should be running around and playing any sort of games. All playgrounds are closed for the evening. We expect families will be responsible for the behaviour of their children.

Thanks in anticipation to all of our community for your support and understanding.

2021 Classes

I recently had this article sent to me regarding classing arrangements for 2021.

Worried about your child's class placement in 2021? It's perfectly natural to have a preference for a particular teacher and normal to feel worried or disappointed if they don't get them.

A child's emotional adjustment to leaving this year's teacher and preparing for next year's teacher is interconnected with your feelings about it.

Here are loads of ways you can help make the transition smoother for your child if you or they didn't get the news you were hoping for.

2021 Classes (Con't)

- Hear out your child's feelings but try and avoid fixing their feelings by adding your own feelings, judgements and solutions. Feelings need to come out, be present and move through. They don't have to be excited about the teacher they got, to learn from that teacher in the long run. The feelings you see in that initial moment aren't necessarily reflective of how they will feel long term - especially if you don't react with them. Humans need time to process change. When news is fresh, we can go through many feelings of resistance and uncertainty. That doesn't mean that what's coming is necessarily bad. You can gently say something like, 'you really wanted X , so of course you're disappointed. I understand. We can talk more after a cuddle/ play/ hot chocolate. (Basically, you want to avoid talking while their logical brain is switched off and emotions are high). Listening calmly and quietly is golden.
- Avoid looking upset about the placement in front of your child. If they are upset, they will naturally look to you to help them feel better. This doesn't mean you have to fake being excited if you're not (they'll see through that) but it does mean you do your very best to be calm, confident and if you can't be hopeful, try and be neutral. Children need us as an emotional compass when they experience uncomfortable feelings.
- Before you go in to pick them up on the day they receive their placement, remind yourself to try and trust the process. There are multiple layers to how class placements are allocated that couldn't possibly be explained completely. School leaders and staff put in huge amounts of thought into student personalities, learning styles, teaching styles, class size, who asked to have who in their class and much more that is happening behind the scenes we're not aware of.
- Schools genuinely do their best with this decision. If you're upset, it's possible they are too but when weighing everything up, had no other direction to turn. Supporting your child's teachers and school is a crucial part of your child's psychological and academic success there.
- Your reaction to next year's teacher news is hugely important to your child. Your confidence, hopefulness and regulated emotion is crucial. If you're not happy, try and keep these feelings in the background and discuss them privately with another adult. Children are too young to take on their parent's worries. If there is a genuine problem, take logical action without involving your child in the stress associated with it.
- Your child's emotional connection to and respect for their teacher and school is deeply connected with your connection to and respect for their teacher and school.
- Children learn, grow and strengthen in resilience by being with a broad range of personalities and communication styles. When things are unrealistically perfect and easy, they can get stuck in their comfort zone. To build confidence for later on in life, you need to experience a broad range of peers and situations and discover that through talking about feelings, asking for help, establishing boundaries and building your social emotional skills, you can handle a lot of what life has in store. Be there to hear their thoughts and feelings out, but above all show you have confidence in your child to get through. If situations are dangerous, toxic or damaging your child's learning and psychological health, always talk to school staff and if necessary, other experts to ask for and seek help. Seek out the support of a health professional too if necessary. On the surface, do your best as your child's most important adult and leader to show your confidence that your child will be safe and cared for, always.
- Do something heartwarming and compassionate for yourself. If you're upset and stressed it's not because you're weak or incapable. It's because our children hold our hearts and when they hurt, we hurt. You need to look after yourself first and foremost.

The advice above is general and based on general child development, resilience and confidence research. It is written with the very best intention to help you. Without knowing your individual circumstances it's not intended to replace your expertise as a parent or the expertise of educators and health professionals. Always seek tailored expert advice if you feel your child's physical or psychological health is at risk in any way.

Wishing you all the very best with class placement news if you live in the Southern Hemisphere. Hang in there beautiful parents.

xx Madhavi Nawana Parker

Free resources: <https://positivemindsaustralia.com.au/free-resources/>



Brent Wilson
PRINCIPAL Page 2

Leadership Appointments

We are pleased to advise that the following leadership positions have been made for Sacred Heart for 2021. Team Leaders 2021:

- Kindergarten/Prep - Jane Hills
- Grade 1/2 - Kerri Best
- Grade 3/4 - Phil van Ryn
- Grade 5/6 - Sarah Viney

Learning Support Staff 2021

Kinder - Jodie Beardwood, Ros Johnson, Rebecca Millwood, Simone Ross

Prep - Melissa Bunton & Jen Murfett

Grade 1 - Janine Bushby & Lisa Barrett

Grade 2 - Bev Colbeck & Vera Hull

Grade 3 - Adriano daRos, Kylie Crerar & Melissa deWit

Grade 4 - Deb Scott

Grade 5 - Helen Butler & Adrienne McIntee

Grade 6 - Dee Gillan

Canteen and Uniform Survey

Our School Board are seeking feedback on our school canteen and uniform.

In 2020 we have used the St Patrick's College canteen.

To assist our Board understand the future needs of our community we are seeking feedback on the uniform.

Our survey will be open until Friday 11th December. Please complete one survey per family grouping.

<https://forms.gle/jWTBikGV3cmm8skV6>

LAUNCESTON CATHOLIC SCHOOLS END OF YEAR CONCERT (LIVE RECORDING)

Link for the Concert this Thursday afternoon:

https://www.youtube.com/watch?v=WYh4_-IBPZM&feature=youtu.be

Whilst the stream starts at 4pm - please be assured that this can be viewed any time after and will be available for weeks afterwards.



November 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
22nd	23rd	24th 7.30pm P & F Meeting	25th School Banking	26th Band & Strings Concert @ SPC (being recorded) Last day Uniform Shop for 2020	27th 2.10pm Assembly	28th
Gr 1 & 2 Swimming lessons at the Aquatic Centre						

December 2020

29th	30th November	1st Kinder Red, Hagley excursion	2nd Last day School Banking for 2020 6.30pm Carols on the Oval 	3rd Gr 6 to SPC for Orientation Day SHS Orientation Day Last lunch orders for 2020	4th 2.10pm Assembly	5th
6th	7th Gr 4 Excursion to SPC	8th Grade 6 Pilgrimage 12.00 Kinder Red Nativity Play	9th Gr 1 Excursion to Village Cinema	10th 12.00 Kinder Green Nativity Play	11th 1.30pm End of Year Assembly & Grade 6 Awards	12th
13th	14th 6pm Leavers Dinner & Liturgy	15th 6.30pm End of Year Mass, Thanksgiving & Gr.6 Graduation Presentation Hall	16th Last day students Subway Lunch	17th	18th	19th

2020 Term Dates Sacred Heart School

Term 3 Wednesday 22.7.20 to Friday 25.9.20
Term 4 Monday 12.10.20 to Wednesday 16.12.20

2021 Term Dates Sacred Heart School

Term 1 Monday 1.2.21 to Thursday 1.4.21
 (Term 1 holidays includes easter break)
Term 2 Monday 26.4.21 to Friday 2.7.21
Term 3 Tuesday 20.7.21 to Friday 24.9.21
Term 4 Monday 11.10.21 to Wednesday 15.12.21

Sports Uniform returns to normal days

Prep - Thursday and Friday
 Grade 1 - Thursday and Friday
 Grade 2 - Thursday and Friday
 Grade 3 - Wednesday and Friday
 Grade 4 - Monday and Friday
 Grade 5 - Monday, and Friday
 Grade 6 - Wednesday and Friday

Webpage: www.sacredheartl.tas.edu.au

Facebook: www.facebook.com/sacredheartl

Pinterest: www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

S.H.S. Clothing Pool email

shs.clothingpool@catholic.tas.edu.au

Compass App

To receive the End of Year Reports this year you will need the Compass App. An email will go out this morning to all parents who have not signed up yet. Please use the login details to access Compass. It is great for communications!

**Canteen:
last lunch orders for
2020 will be Thursday
3rd December**

**2nd December 2020
Last day School Banking**



Please remember **“No right turn”** into Margaret St at peak times, as it causes traffic congestion.

ANY FAMILIES INTENDING TO LEAVE SHS

Could any families intending to leave SHS at the end of 2020 for work purposes, moving interstate or any other reason, please notify the school as soon as possible

End of Year Reports

Parents will be provided with their End of Year Reports on Friday 11th December. The reports will be issued via the COMPASS app. Parents will only receive reports in 2020 via this app.

Parents who don't have access to the app will need to contact the office to arrange a hard copy. These will be provided to parents on Monday 14th December if they have been requested.

Please download COMPASS today.



Compass

The Compass Parent's Portal is here!

**HAVE YOU DOWNLOADED
THE NEW SCHOOL APP?**

This App helps you to...

- See class news
- Receive important notifications
- Report your child's absences
- View your child's reports
- Communicate with teachers

A letter has been sent home containing your login code and temporary password to access the new Compass Parent's Portal.

You have also received an email containing your login details.

Take a look at this document for a guide on what you can do with Compass and how to get started.....

https://www.sacredheartl.tas.edu.au/files/7816/0083/7867/Compass_Parent_Guide_A.pdf

<https://www.sacredheartl.tas.edu.au/files/8016/0081/2660/CompassParentsGuide.pdf>

You can also watch this movie guide....

<https://register.gotowebinar.com/recording/6138608992902429698>

If you have lost your password or need some help please contact the office.

Pro-tip : When searching for our school, just type in "Launceston"

Carols on the Oval



Please install a
QR Reader
on your phone to
help with COVID
registration.



Carols on the Sacred Heart School oval will be held on

Wednesday 2nd December 2020 commencing at 6.30pm

Bring a blanket to sit on (chairs to be located towards the back)

BYO food and drinks

Flameless Candles will be available for purchase on the night for \$2 each or 3 for \$5
(please have correct change)

*There will be some COVID restrictions in place.

*Family groupings will be able to have two adults attend.



The Spirit of Jesus is Alive in:

Prep Hills	Addison Russell For creating some thoughtful 'Questions of the Day'	Eleanor Hampton For taking care in looking after the Prep garden
Prep Best/McHarg	Prep Green For outstanding listening, effort and behaviour at swimming	
Grade 2 Crawford	Lennox Hardinge For fully participating in all events at the Athletics carnival independently	Olive Marshall For being a caring student and a great friend
Grade 2 Reid	Zara Cearley For greatly improved spelling	Oscar Digney For encouraging others at learn to Swim



Mini Vinnies

All items will be 50 cents, with a maximum purchase of 2 items per child.

Please bring only \$1 coins and 50c pieces if possible



MINI VINNIES

CHRISTMAS HAMPERS 2020

In Term 4 the Mini Vinnies team will be focusing on Christmas Hampers for the Vinnies Christmas Appeal.

Each grade has been given a basket to fill. Vinnies have asked us to make up Basic and Treat bags with specific items in them so we are asking each Grade to collect different things to allow us to fill the bags

All items must be non-perishable and in-date

Grade	DONATION ITEMS
Kinder	Tinned Fruit Salad (800g), Medium boxes of cereal, Sweet Christmas treats
Prep	Tinned Peas, 1L Carton Juice, Christmas Puddings or Cakes
Grade 1	Tinned Beans, 1L Long life milk (full cream), Fruit mince pies
Grade 2	Tinned Corn, Savoury biscuits, Instant Gravy mix
Grade 3	Tinned Tomatoes, Sweet biscuits, Custard (Longlife 1L)
Grade 4	Pasta, Tea Bags (boxes of 50 bags), Sweet Christmas treats
Grade 5	Pasta sauce, Coffee (small), Tinned Ham (450g)
Grade 6	Tinned fish (400g), Savoury Christmas treats
Other donations appreciated by all Grades	<ul style="list-style-type: none"> • Woolworths Gift cards (\$10-20) • Gifts for children • Kmart/Target Gift cards (for families to purchase gifts for their children)

Please bring in all items by **Monday November 30.**

The items need to quarantine for two weeks before they can be donated to families in need.

Thanks for your help and support,

The Mini Vinnies 2020 Team

2020 U/14 Virtual State Athletics Team

In October, several Sacred Heart students tried out for the virtual U/14 State Athletics Team. This team is to acknowledge the athletes who didn't get to go away yet made the athletics team.

Two Sacred Heart students were acknowledged for the team, Samuel Lindsay and Lily Smith.

"It was a great experience, and I'm really happy that I was able to make the U/14 Girls state team. It's a bit devastating that we don't get to go away, but I'm really excited to be in the virtual team." - Lily

"I was very happy about making the virtual team. I am disappointed that sadly it won't go ahead though." - Sam

2020 U/14 Boys virtual state team
3000m Walks - Samuel Lindsay

2020 U14 Girls State Team
80m Hurdles - Lily Smith

Former Sacred Heart Students who also made the team

Asha Lowe (SPC) – U16G 90m hurdles, 200m hurdles, Long Jump & Triple Jump

Isabella Davie (SPC) – U16G 400m, 90m hurdles, 200m hurdles, High Jump & Triple Jump

Ava Jones (LCGS) – U16G 400m

Abbey Berlese (SOC) – U14G 100m, 400m & Triple Jump

Leo Bailey (SPC) – U14B 800m



Uniform Shop News

- Thursday 26th November will be the last day for 2020. Shop closed for stocktake. Orders can be left at the office or emailed to shs.clothingpool@catholic.tas.edu.au after this date
- The Uniform Shop is fully stocked with all your uniform requirements
- Orders can be collected from the school office in Dec or Jan
- For enquiries please contact Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)
- **Uniform Shop Open Days for 2021**
January Wednesday 20th 10am-3pm and Thursday 21st, 10am-2pm



For the remainder of this year **Happy Hearts**

will continue to be on Tuesdays
in the morning at 9:30 - 11:00 or in
the afternoon at 1:00 - 2:00.

In **2021** we will move both the morning
and afternoon sessions to **Thursdays**.

Save the day!

More information can be found
on the Happy Hearts Facebook
group page

[‘Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)’](#)

or by contacting us via email

(beth.rickerby@catholic.tas.edu.au)

We look forward to seeing you at one of our sessions.

Beth & Rebecca

PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 INFO

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test

You must have a referral to be tested.
If there is no testing clinic in your local area, you can travel outside your municipality to have a test.
After being tested, you must self-isolate at home until you receive your results.

For more information visit www.coronavirus.tas.gov.au

Tasmanian Government

BACK TO SCHOOL



2021



Petrarch's are supplying textbooks and stationery for **Sacred Heart School**

**EARLY ORDERS
ARE MOST
WELCOME!**

**ORDER BEFORE
31ST
DECEMBER
2020 FOR YOUR
CHANCE TO
WIN A \$250
BOOK VOUCHER**

Order online via
www.petrarchs.com.au

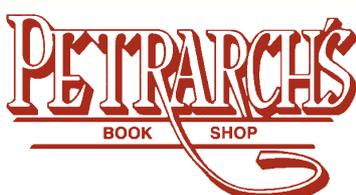
Order collection, individual textbook & stationery sales will be available from:

Petrarch's Back to School Centre
77 Elizabeth Street, Launceston

**Monday 11th January 2021 to
Friday 12th February 2021**

**Payment for orders available when ordering or on collection*

**Delivery options available*



If you require a physical form or assistance to complete your order please call **Petrarch's Back to School team** on **0418 233 297** or email school@petrarchs.com.au



New Canteen Ordering System

Canteen lunches are available Tuesdays and Thursdays for second lunch.

The school canteen will not be available any other days.

- The menus operate on a fortnightly rotation
- Pantry List - items always available
Week A - lunch specials
Week B - lunch specials
- The App will only allow orders to be placed for the correct week. Orders cut off at 9:00am on Tuesday and Thursday mornings.
- **Please note: a confirmation email will be sent when your order is complete**
- **IMPORTANT - When entering your details, make sure you scroll down and click on Sacred Heart Catholic Primary School 227 York Street Launceston TAS.**

Price lists are available on our website... <https://sacredheartl.tas.edu.au/parents/price-lists/>

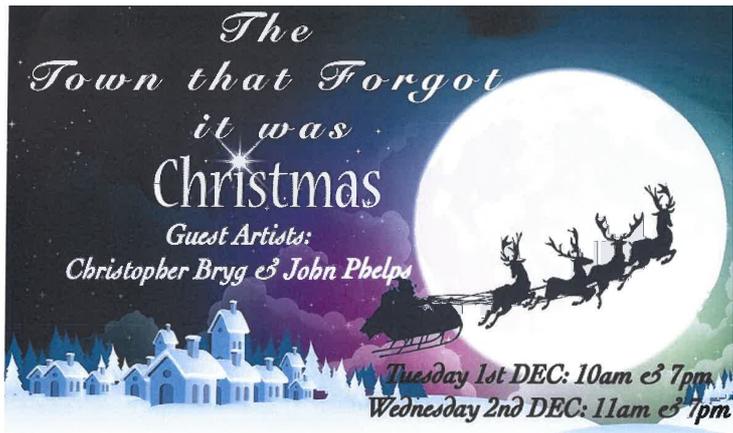
WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.



30TH ANNIVERSARY DOUBLE BILL



SCHEDULE OF FEES 2021

Invoices will be issued to you early in the new year.
 Payment plans for 2021 will be sent home next week

Tuition Fees (Kinder to Gr 6)	\$2007.00 per student per year
Capital Levy	\$260.00 per family per year
P&F Fees	\$63.00 per family per year
TOTAL	\$2330.00

5% discount on the fee component will be given for full payment made by
 30th March 2021.

1 Child family early payment discount	\$100.00
2 Child family early payment discount	\$200.00
3 Child family early payment discount	\$300.00
4 Child family early payment discount	\$400.00

Family Discount can be claimed by families with multiple children at Tasmanian Catholic schools or colleges in accordance with Catholic Education Commission School Fee Assistance Policy. The discount rate is 3 children 10%, 4 children 20%, 5+ children 30% on tuition fee only. We will apply this discount once the payment plan form is returned and completed.

Music program will be invoiced in April and added to your school fees.
 \$560 per year with instrument hire or \$330 if you have your own instrument.

Financial hardship forms are available from the office.