

TOGETHER; bound by faith, in Jesus' image.



# **Online Content:**

Website: www.sacredheartl.tas.edu.au Facebook: facebook.com/sacredheartl Pinterest: pinterest.com.au/sacredheartl P & F email pnf@sacredheartl.tas.edu.au

# **Our P.B.S. Values are:**

**Respect for Ourselves Respect for Others** Respect for our Learning



# **Reflecting on last week....**

People may forget what you say to them but they will never forget how you made them feel."

Our school shares with the children of Sacred Heart the importance of Making Jesus Real (MJR). The language we share is designed to highlight the boundless gifts we all have in our lives. We challenge the children each and every day at Sacred Heart to consider the goodness around them and how they can contribute to making others' lives even better.

We sometimes spend too much time sweating the small stuff; worrying, complaining, gossiping, comparing, wishing, wanting and waiting for something bigger and better instead of focusing on all of the simple blessings that surround us everyday.

Last Friday I wondered what this year's Cross Country Carnival would bring?

Knowing there was no carnival last year we were all excited at the prospect of gathering for a community event that is an opportunity to watch and enjoy the children of SHS participate. Just as in years past there were highlights of exceptional running talents, close finishes and personal bests, again this year there were also examples of people going over and above for others.

A few examples include

- Parents and grandparents taking time out of their day to come and support
- Children encouraging others by words and actions
- Staff encouraging children
- Exceptional 'house' and school spirit
- Parents and staff assisting as officials
- Teachers administering first aid, taking photos, running laps in support of children
- Staff keeping a close eve and ear on children who were nervous

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Each one of these may seem like a little thing, each one we do because that's what we do at Sacred Heart. Don't underestimate the value of each one of these selfless acts. Imagine what our school would look like if....

- Parents and grandparents didn't come and watch
- · Community members made fun of children when they ran or walked
- No one assisted at a carnival
- Staff didn't care about the children

In 2021 our school theme, 'Together; bound by faith, in Jesus image' was alive and well last Friday. Working together in the school community each and every day I see countless selfless acts carried out by members of our community. Each one of these goes towards making up the fabric of Sacred Heart. Being a part of our amazing community reminds me how fortunate we are.

Ask yourself, what are you grateful for this week?

'In between goals is this thing called life, that has to be lived and enjoyed.' (Anonymous)

Brent Wilson PRINCIPAL



Last week we sent home a QR code log in sheet for parents to sign up to Seesaw, our online feedback platform, where you can see what the students have been doing in class. Thank you to all the parents who have signed up already. If you are experiencing any difficulties in signing up please contact the school so we can assist you.

# **Reading Inquiry Cycles**

This term our teachers have been involved in Inquiry Cycles around reading. This process involves scanning and assessing data, prioritising an area of focus and making pedagogical research based changes in order to improve student outcomes. The focus for cohorts is different depending upon the story the data tells and include areas such as phonics and comprehension. Teachers monitor students through assessment opportunities in order to see how their teaching practice has influenced student outcomes. As a staff we have regular meetings in our teams dedicated to this process as well as opportunities to meet as a whole staff to share our inquiry cycles and celebrate the successes.



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Maggie Innes, William House, Hunter Allan, Paige Illingworth, Zachary Davis, Addison Russell, Billie Kedey, Logan Ray, Rose Mercer, Lachlan Jeffrey, Arlie Reeve, Eamon Fletcher, Roman Calabro, Logan Bradford, Eliza Davie, Eli Heathorn, Charu Sivadass, Clancy Richmond, Leah Butler, Lola Gonzy, Sophie Macri, Tim Innes, Molly Worsley, Harrison Millwood, Ivy McCullagh, Ben Berlese, **Daisy Johnston** 

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May 2021						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
23rd	24th	25th	26th	27th 11.30am Strings Program 1.50pm Band Program Dance Fever	28th 2.10pm Assembly Kinder 2022 Applications close	29th
			June 2021			
30th	31st Cross Country Training Gr 3-6	1st Soiree Instrumental Band	2nd Cross Country Training Gr 3-6 School Banking	3rd 11.30am Strings Program 1.50pm Band Program Dance Fever	4th 2.10pm Assembly	5th
6th	7th Cross Country Training Gr 3-6	8th	9th NIJSSA Cross Country School Banking	10th 11.30am Strings Program 1.50pm Band Program Dance Fever	11th Feast of the Sacred Heart	12th
13th	14th Public Holiday	15th	16th School Banking	17th 11.30am Strings Program 1.50pm Band Program Dance Fever	18th 2.10pm Assembly Gr 5/6 Gala Day Soiree Instrumental Strings	19th
20th	21st	22nd	23rd School Banking	24th 11.30am Strings Program 1.50pm Band Program Dance Fever	25th 2.10pm Assembly	26th

## 2021 Dates

June Wednesday 9th : NIJSSA Cross Country

**September** Friday 3rd : Gr 3-6 Athletics Carnival

October

Friday 29th : NIJSSA Athletics Carnival

November

Friday 12th : P-2 Athletics Carnival

runner received.

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After missing out on the school cross country last year, it was great to be back at Royal Park last Friday for this event. We were also blessed with a beautiful sunny late autumn afternoon. All of the students who participated are to be congratulated for the outstanding sportsmanship and determination displayed. One of the most pleasing aspects of the day was seeing the encouragement and support every

Thank you to Tracey Matthews, Lynelle Freeman, Megan Martin, Shaun Smith, Phil Gale, Angela Hawley, Sean Vinar, Hali Mahar and Matt Zegveld for volunteering. Thank you also to the staff and families who supported the runners.

Congratulations to Rice for winning the carnival in 2021. We now look forward to the NIJSSA Cross Country on Wednesday 9th June and wish the students below the best of luck.

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Grade 3GirlsBoysPoppy EbbelaarRupert Williams

Eliza Davie	Campbell Woodgate
Zara Cearley	Stuart Innes
Ella Jones	Charlie Bennett
Harper Smith	Hudson Jones
Lillian Frappell	Will Schipper
Olive Marshall (reserve)	Dane Furlonge (reserve)

# Grade 4

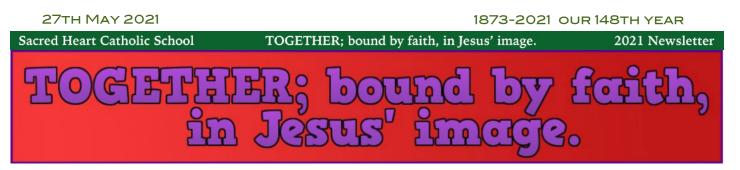
Girls	Boys
Grace Matthews	Thomas Hartley
Addison Frerk	Archie Matthews
Remi Quarrell	David Joseph
Macie Roberts	Koby Broadhurst
Imogen Lee	Santino Ramirez
Emma Shelton	Clancy Richmond
Poppi Reynolds (reserve)	Nathaniel Jephcott (reserve)

# Grade 5

	i
Girls	Boys
Georgia Freeman	Ethan Chapple
Bella Rose Marquis- Lopes	Hamish Williams
Stella Hogarth	Phoenix Howard
Shae Anderson	Thomas Davie
Emmerson Lowry	Tim Innes
Fiadh McCormack	Seb Hardinge
Stephanie Gardner	Solomon Bramich
(reserve)	(reserve)
	CONTRACTOR OF THE PARTY OF

# Grade 6

Gruue v		
Girls	Boys	
Ruby Jones	Xavier Davie	
Payton Heyward	Ben Berlese	
Lily Matthews	Daniel Wojcik	
Jasmine Hartley	Harrison Millwood	
Keira Jephcott	Tahj Jones	
Daisy Johnston	Caleb McKenzie	
Emily Davern (reserve)	Miles Gale (reserve)	



Our children at Sacred Heart have always shown thoughtfulness and compassion to those in need, in our local society and around the world. This is certainly evident with the current number of Grade 6 students who have signed up and are working in the Mini Vinnies team this year. These students are eager and willing to give up their time to help make others lives better and our other students are so generous and supportive in their work. Thank you for supporting us, as we support others. So far this year we have raised more than \$1000 for CARITAS, with our Project Compassion boxes, our Zooper Dooper day and our Subway orders.

The team will now focus on other charities close to our hearts at Sacred Heart, including supporting the work of the Presentation Sisters, the Epilepsy foundation, the Samaritan projects and St Vincent de Paul. We will again be hosting another Zooper Dooper day and our team will be creating other opportunities where we can support others.



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did I see many great performances, I was privileged to witness outstanding camaraderie, thoughtfulness, teamwork and genuine support. I had more than one tear in my eye, as I stood witnessing these beautiful acts. I was so very proud of our children. The Spirit of Jesus was certainly at our carnival. - Anna Davie

# The Spirit of Jesus is Alive in:

Prep Hills	William House - Being focused and ready to learn every day	<b>Charlie Donnellan</b> - sharing his ideas with the class	
Prep Foster	Hudson Yole - for his wonderful Math work	Eloise Osbourne - for her welcoming smile every morning	
Grade 1 Underlin	<b>Levi Digney</b> for his awesome contributions to class discussions. <b>Noah Spencer</b> for his constant enthusiasm and for being a role model.	<b>Jiyanna Alex</b> for the outstanding attitude she displays in everything she does!	
Grade 1 Izard/Best	<b>Lidia Coppe</b> - For the big improvement in your confidence and your ability to share with an audience. Well done.	<b>Cruz Robinson</b> - For the amazing work you are doing on your phonemic awareness. Keep it up!	
Grade 2 Symons	Addison Muller for excellent concentration and focus on her work.	<b>Caleb Leake</b> for terrific work in his journal writing.	
Grade 2 Reid	Bridie Heyward - Wishing her well in her new school	Alexis Brimble: for very neat and accurate work in Geography Page 8	

DR KRISTY

GOODWIN

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# **Raising Screenagers** *Realistic strategies to navigate the online*

world with your adolescent.

I arm parents with research-based information and realistic solutions (that don't involve phone bans or digitally disconnecting your teens) so that your teen can thrive online & offline

This presentation will help confused and concerned parents navigate the digital world with their 'screenagers', without suggesting that they 'digitally amputate' them. Dr Kristy will arm parents with research-based yet realistic advice to help parents feel confident about how they can best support their adolescent's physical health, mental wellbeing and learning online.

Kristy will explore:

// Why young people are susceptible to POTENTIAL PITFALLS ONLINE given their BRAIN DEVELOPMENT;

// Why the online world is APPEALING to adolescents (there's science to explain your teen's digital infatuation);

// A simple (& realistic) formula to determine healthy SCREEN TIME limits for teens of various ages (based on their BASIC NEEDS);

// Why parents need to be the CO-PILOT of the DIGITAL PLANE and establish 5 BOUNDARIES to ensure their teen's time online supports her PHYSICAL HEALTH and MENTAL WELLBEING; // How to support their teen's 'DIGITAL DNA' especially when using social media or playing multiplayer video games;

// Why DIGITAL DISCONNECTION is critical for your teen's PHYSICAL HEALTH and MENTAL WELLBEING.

AUDIENCE - Parents, guardians & educators of students in Years 7-12, 4-6 DURATION - 2 hours, Wednesday 2 June at 7.00pm LOCATION - St Patrick's College Chapel or online (via *livestream*)

BOOKINGS ESSENTIAL via https://stpatricks.co/21DKGRS

# **About Kristy**

Dr Kristy Goodwin is one of Australia's leading digital wellbeing researchers, speakers, authors & media commentators. She provides brain-based solutions to help children and teens thrive in a digital age. Kristy arms parents with science-backed, yet simple solutions to help their 'screenagers' develop healthy and sustainable digital behaviours. Kristy's former clients include the NSW Department of Education, the Reserve Bank of Australia, Westpac, Optus, Apple, Macquarie Bank, Randstad, DLA Piper and public and private schools across Australia.





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This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

## Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit www.coronavirus.tas.gov.au

# (COVID-19)

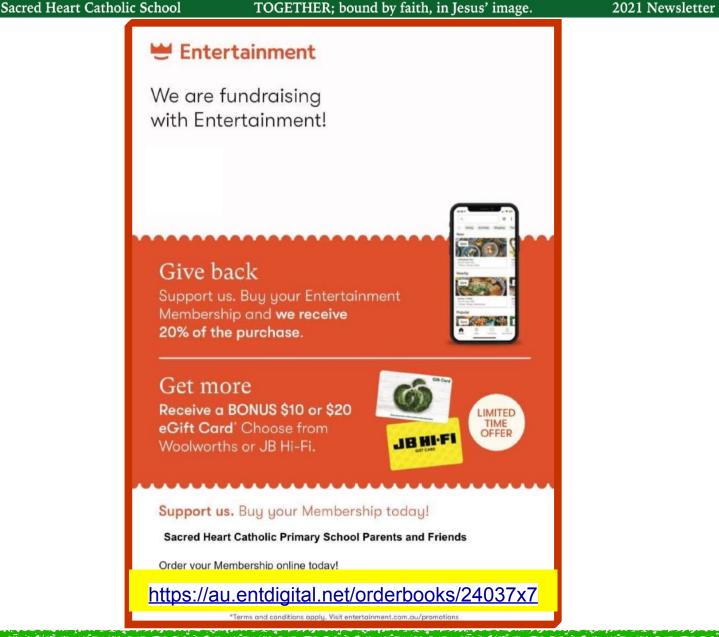
Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good

# THE SPREAD AND STAY HEALTHY.

Advice regarding Coronavirus (COVID-19) will change regularly. Keep up to date. Visit health.gov.au



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# **NEW Columbine Girls Tights are IN STOCK**

# Columbine Cotton Girls Tights \$15.00

Warmer, thicker option, 2-way stretch, hard wearing. Available in sizes to suit from 5 to 14 years of age

# New Columbine Lycra Tights \$15.00

Fawn colour, 70 Denier, premium quality

Colour is very similar to the no longer manufactured Kaiser school tights and same thickness/strength

Sizes: small, average, tall

# Available to purchase at the uniform shop Thursday 2 to 4pm

or contact Kelly or Rebecca to arrange collection from the office at other times



Email: shs.clothingpool@catholic.tas.edu.au

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# Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

### Uniform shop open Thursdays 2-4pm

Orders can be emailed to <u>shs.clothingpool@catholic.tas.edu.au</u>, and then collected from the school office once you are notified your order has been completed.

For enquiries please contact Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

## **Sports Days**

Prep , Grade 1 and 2 (Sports Uniform Thursday / Friday ) Grade 3 (Sports Uniform Monday and Friday) Grades 4,5 and 6 (Sports Uniform Wednesday and Friday) **School Times** 8.45am - 3pm

**School Banking** Every Wednesday

## Canteen

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app. If you have used the Flexischools app before you will need to update your child's grade.

### Webpage:

www.sacredheartl.tas.edu.au

*Facebook*: www.facebook.com/sacredheartl *Pinterest*:

www.pinterest.com.au/ sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

### 2021 Term Dates Sacred Heart School

Term 1 Monday 1.2.21 to Thursday 1.4.21 (Term 1 holidays includes Easter break) Term 2 Monday 26.4.21 to Friday 2.7.21 Term 3 Tuesday 20.7.21 to Friday 24.9.21 Term 4 Monday 11.10.21 to Wednesday 15.12.21

## **WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

## How to apply for a WWVP and Number

1.Complete the online application form <u>www.justice.tas.gov.au/working with children</u>

- 2. Print the "Application Receipt" which is generated when the application has been completed in full
- 3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded