



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

[pnf@sacredheartl.tas.edu.au](mailto:pnf@sacredheartl.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning

### Athletics Carnival

September  
3rd

Please remember  
to log in when you  
visit the school.

CHECK IN  
TAS

MiniVinnies  
Winter  
Collection

## “Taking control of your mood...”

*“The people who succeed aren't the ones who avoid failure; they're the ones who learn to respond to failure with optimism.” (Darrin Donnelly)*

Recently I was drawn to the messages in this article...

‘Reading the newspaper, listening to the news on television or podcasts, or checking one’s social media feeds, is an exercise in strength – inner strength. “Real Estate Prices Rise Pricing Home Buyers Out of the Market.” “International Markets Wary.” “Country Polarized - Frustration Mounting.” Sometimes, the only way to keep a smile on your face is to quit listening, watching and reading!

Of course, shutting off all outside information is one way to control your mood. However, becoming un-informed about the world around us, on purpose, can be self-defeating. We need to understand this ever-changing dynamic, in order to prepare ourselves for the future.

So, what do we do? Well, we make choices. Sometimes, we have a few exceptionally good options, and the challenge becomes trying to pick the best one. Sometimes, there is a big difference between two options, and it is easy to pick one or the other. And sometimes, those choices aren’t everything we wish they would be, but we make them because the current alternative may be worse.

Ultimately, it is our choices that define us. They are reflections of what we believe to be true about ourselves and the world around us. We can decide to dwell on the negative, build scotomas (blind spots) to anything positive, and generally feel miserable all the time. Or we can look for the positive, find it because we are looking for it, and give ourselves the ability to meet each day with a smile and expectations that something wonderful will happen.

We all have this choice. We can either get bogged down in the negative, or look for the good. If we look for the good, more than likely, we will find it. Our minds are built to let in those things we feel are important to us, and we can use that built-in ability to find both the good and the bad. It’s up to us which one we choose.

So, in a world threatening to be overwhelmed by the negative, why not choose to look for the positive? It might just provide some perspective on the craziness.’ (Pacific Institute 2021)

## Children arriving to school early

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A small number of children have been arriving early to school, prior to 8.30am, and either are not supervised or not accessing Before School Care. Parents are reminded that our school provides supervision from 8.30am onwards. Families who require supervision prior to this time must either utilise Before School Care or wait with their children. Please contact Brent if you have any questions.

## Father's Day (Wednesday 1st September - Save the Date)

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Wednesday 1st September Sacred Heart will be celebrating Father's Day at Sacred Heart. Save the date to spend time with your children. COVID restrictions will need to be followed.

More details soon

## Father's Day Gifts

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Earlier this year we asked families to send in a gift or two for Mother's Day. Similarly we ask every family to provide a gift or two for Father's Day. We need 465 gifts for children to purchase. Thanks in anticipation.

More details soon

Brent Wilson  
PRINCIPAL



## Circle of Life - Our Blessed Journey

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In week 5 from Tuesday, 17th of August to Friday, 20th August students from K-6 will be participating in the Circle of Life program. This will be delivered differently from past years. Students **will not** need to attend any after school sessions, they will be delivered during regular classroom times. This program is a values-rich approach to Relationships and Sexuality Education and is endorsed by Catholic Education Tasmania. You would have received a pamphlet last week on Compass outlining more detail around the content of the program. There will also be a parent information session on Monday, 16th August from 6:30 - 8:00 pm. The program will be run by a qualified teacher, Monique Hall who works for Catholic Education Tasmania

## Surveys

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Families have been invited to complete 2 surveys. The first survey was sent late last that provides our school with feedback on what we are doing well at and areas we could look towards making growth in. as of Wednesday 259 parents had completed the survey, equating to 44% of our parent community. Thanks to the parents that have completed the survey. We would be grateful if all parents could complete the survey within the next 3 weeks. Check your inbox or junk mail for the link.

Thanks in anticipation.

A second survey was sent late last week. This survey was an opportunity for our school to provide a response to the Archbishop's Charter. This survey closes on Monday 9th August.

# MINI VINNIES



## WINTER COLLECTION DRIVE 2021

Vinnies have let us know they are in desperate need of **blankets** at the moment to give to those in need. Warm **childrens' clothes and pyjamas** are also a need - in new or near new condition, please.

We are also collecting **non-perishable ingredients** to donate to Vinnies to make soup for their soup van and also to the Launceston Benevolent Society CanDrive.

### Please bring in:

- ✓ Blankets, new/near new children's warm clothes and pyjamas
- ✓ Canned and non-perishable foods:
  - Soups
  - Baked beans
  - Vegetables
  - Tuna
  - Pasta
  - Cereal etc
- ✓ Soup ingredients:
  - Packet dried soup mixes
  - Diced tomatoes
  - Jars of Garlic
  - Stock powder
  - Canned lentils, chickpeas and four bean mix
  - Tinned corn and other tinned veg
  - Herbs and spices such as salt, pepper, spices, curry powder, parsley



**Please place items in the baskets in each Grade area  
by Tuesday August 10**

Please help us help others.  
The Mini Vinnies Team

August 2021						
	Monday	Tuesday	Wednesday	Thursday	Friday	
1st	2nd	3rd	4th School Banking	5th 11.30am Strings Program 1.50pm Band Program	6th 2.10pm Assembly (Whole School)	7th
8th	9th Catholic Education Week	10th Terrapin Puppet Show School Board Meeting (6:30pm - 8:30pm)	11th School Banking CEW Mass - Grade 6	12th 11.30am Strings Program 1.50pm Band Program	13th 2.10pm Assembly (Split)	14th
15th	16th	17th	18th School Banking	19th 11.30am Strings Program 1.50pm Band Program	20th 200 Year CathEd Celebration	21st
22nd	23rd	24th	25th School Banking	26th 11.30am Strings Program 1.50pm Band Program	27th 2.10pm Assembly (Split)	28th

2021 Dates
<b>September</b> Friday 3rd : Gr 3-6 Athletics Carnival
<b>October</b> Friday 29th : NIJSSA Athletics Carnival
<b>November</b> Friday 12th : P-2 Athletics Carnival

2022 Dates
<b>Term One:</b> 3 February - 14 April
<b>Term Two:</b> 2 May - 8 July
<b>Term Three:</b> 25 July - 30 September
<b>Term Four:</b> 17 October 2022 - 15 December



# AMELIE MILLAR

**I have been selected in the State U14 Girls Soccer Squad. The National Youth Championship was supposed to be held in Canberra in October but unfortunately it has been cancelled due to COVID. Hopefully we'll get to play interstate later in the year. I feel very fortunate to be selected as I'm two years too young but I love being a Goalie. I've been playing soccer since I was U7 and had a lot of fun. My dream is to play in the Matildas one day.**

## The Spirit of Jesus is Alive in:

<b>Prep Hills</b>	<b>Evie Schipper</b> - Being focused and attentive on all her learning tasks	<b>Mikayla Brimble</b> - Excellent engagement in learning this term
<b>Prep Foster</b>	<b>Hunter Allan</b> - For making a great start to Term 3	<b>Eloise Osborne</b> - For being a kind and helpful member of our class
<b>Grade 1 Underlin</b>	<b>Archer McCauley</b> for his persistence with his reading!	<b>Eva Miller</b> for her genuine commitment to challenging her learning!
<b>Grade 1 Izzard/Best</b>	<b>Kalen Bassett</b> - For being a kind and considerate member of our class.	<b>Violet Appleby</b> - For your efforts in Maths tasks this week.
<b>Grade 2 Symons</b>	<b>Caitlyn Jones</b> for terrific reading to the class	<b>Lachlan Jeffrey</b> for being an amazing learner at school this week
<b>Grade 2 Reid</b>	<b>Mason Lionetti</b> : for showing kindness and thinking of others	<b>Callum Pilgrim</b> : for his enthusiastic approach to all maths tasks this week
<b>Grade 4 van Ryn</b>	<b>Layla Wesley</b> : Trying hard to be a kind and loyal friend	<b>Lily Champ</b> : Fantastic progress in multiplication and division
<b>Grade 4 Davie</b>	<b>Oliver Bishop</b> for being a Go Kart with his school work.	<b>Heidi Newman</b> for her wonderful work in Maths.
<b>Grade 5 Hegarty</b>	<b>Sophie Macri</b> - For your outstanding efforts in the Area and Perimeter unit in Maths.	<b>Riley Bradford</b> - For your fantastic application and attitude in all areas of learning.
<b>Grade 5 Lee</b>	<b>Murphy Widdowson</b> for seeking assistance when you need it and persisting with challenging tasks.	<b>Angus Brock</b> for working hard this week to stay on task and complete your work.
<b>Grade 6 Viney/Davie</b>	<b>Chase Jago</b> for contributing to our PBS discussions so well.	<b>Daisy Johnston</b> for running the PBS sessions brilliantly.

# TOGETHER; bound by faith, in Jesus' image.

At the commencement of term our community was saddened by the sudden passing of one of Sacred Heart's all time favourites. Mr. Nas contributed so much to our school, over many many years. In my childhood home he was a household name with celebrity status. But whether Mr Nas knew it or not his contribution to our Catholic community was immense. Weekly the children raced to the Presentation Hall for liturgical singing. He livened our Masses and made them places of familiarity and celebration. Our school is a faithfilled community, largely part to the connections Mr Nas made for all of us.

This was no more evident than when our staff returned to school. Gathering for our much anticipated Spirituality Day, we were strengthened by each other, by our deep love and appreciation for our colleague. When our children arrived at school, they too were quickly able to see the goodness, passion and love that Mr Nas provided.



Mr Nas will never know the lasting legacy which he has cast upon us. His students from 30 plus years ago attribute their love of music and even their careers to him. Sacred Heart is a better place because of this wonderful charismatic teacher, musician and friend.



Next week our Grade 6's will celebrate Mass at Sacred Heart Church, St Thomas Mores for Catholic Education Week. This year marks 200 years of education in Australia. All our children will be celebrating this significant occasion in the coming weeks. This term classes will also celebrate a liturgy with their buddies, focusing on 'God our Father'. Fundraising has

commenced for the collection of blankets and the can drive to help those in

need. Our staff also contributed time preparing soup for the soup van and supporting the wonderful work of the Salvation Army. Thank you all for the contributions you have made and continue to make.

The Olympics have provided wonderful, feel good stories of dedication, resilience and support. The 2020 Tokyo Olympics have also provided greater insight into the families of our country's greatest athletes. The support teams behind them, the sacrifices they make, the positive influence they have had shown on our television screens remind me of all the behind the scenes work our school families put in to allow their children the best opportunities. We may not yet be Olympians, but we are well on the way to becoming wonderful contributors to our communities.



In Peace, Love and Happiness,

Anna Davie  
REC



*The Primary Schools Basketball Tournament  
will be held this year on:*

*October 16-17 (Term 4 Week 1) for Gr 5/6 Tournament  
October 23-24 (Term 4 Week 2) for Gr 3/4 Tournament*

*All basketball forms must be returned by  
Monday 9th August*

*Payment for the tournament is due by  
Friday 27th August*

*Forms are available at the office.*

## Kinder to Grade 3 Parents



On Monday 16th August

Parent session 8:45am

Student sessions at 9.15am and 10.00am,

**Bravehearts**

will present

**“Ditto’s Keep Safe Adventure Education Program”  
for Kinder to Grade 3 students.**

Your child will have the opportunity to experience Bravehearts’ personal safety education program *Ditto’s Keep Safe Adventure Show*. Ditto’s Keep Safe Adventure show has been educating Australian children since 2006, providing them with personal safety tools and strategies while supporting positive self-esteem and resilience-building.

If you would like to learn more about how to talk to your child about personal safety, download Bravehearts’ FREE PERSONAL SAFETY PARENTS AND CARERS GUIDE from the Bravehearts’ website.

Please go to: [bravehearts.org.au/personalsafety](https://bravehearts.org.au/personalsafety)

If you do not wish your child to attend the Ditto show please notify the school. Should you have any questions about the Ditto program or the work of Bravehearts, please do not hesitate to get in touch with Bravehearts on 07 5552 3000 or go to [bravehearts.org.au](https://bravehearts.org.au).

The program is run free of charge, however a gold coin donation will be appreciated and can be given to your child’s class teacher.

PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

**COVID-19 testing for all Tasmanian residents**

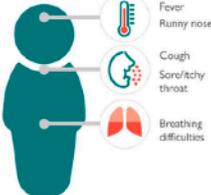
**Do you have any cold or flu-like symptoms?**

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test

You must have a referral to be tested.  
If there is no testing clinic in your local area, you can travel outside your municipality to have a test.  
After being tested, you must self-isolate at home until you receive your results.

For more information visit [www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)



Fever  
Runny nose

Cough  
Sore/itchy throat

Breathing difficulties

Tasmanian Government

Coronavirus (COVID-19)

**KEEPING YOUR DISTANCE.**

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**  
Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit [health.gov.au](http://health.gov.au)

HELP STOP THE SPREAD AND STAY HEALTHY

1.5M

Australian Government




## Happy Hearts



Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'.

All children aged Birth - 5 years old, including Kindergarten children, are welcome to join us. We have a choice of two sessions on Thursdays either 9:30 - 11:00 or 1:00 - 2:30, held in the Kinder Green room.

Bring along a hat, water bottle and own individual fruit.

Weekly updates can be found at ['Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)'](#) Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too [beth.rickerby@catholic.tas.edu.au](mailto:beth.rickerby@catholic.tas.edu.au)

We look forward to seeing you at Happy Hearts!

Beth & Rebecca

**Absentees**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Days**

Prep , Grade 1 and 2 (Sports Uniform Thursday / Friday )

Grade 3 (Sports Uniform Monday and Friday)

Grades 4,5 and 6 (Sports Uniform Wednesday and Friday)

**School Times**

8.45am - 3pm

**School Banking**

Every Wednesday

**Canteen**

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:**

[www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

**Pinterest:**

[www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

**S.H.S. Parents and Friends email**

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**2021 Term Dates**  
**Sacred Heart School**

**Term 1 Monday 1.2.21 to Thursday 1.4.21**

(Term 1 holidays includes Easter break)

**Term 2 Monday 26.4.21 to Friday 2.7.21**

**Term 3 Tuesday 20.7.21 to Friday 24.9.21**

**Term 4 Monday 11.10.21 to Wednesday  
15.12.21**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded**



Catholic  
Education  
Tasmania

5 August 2021

To: Catholic Education Tasmania Community

Dear Colleagues and Friends of Catholic Education Tasmania

As you know, National Census Day is approaching.

The Federal and State Governments use collected census data to help them provide financial support for many services provided to our community.

Tasmania's Catholic sector provides wide-ranging services, including education, childcare, mental health, aged care and hospitals, social and affordable housing, disability and therapeutic residential care, counselling, emergency and crisis assistance, and parish communities comprising churches, cemeteries, and more.

Accurate census data will help governments to decide how much support will be provided for these many services provided by the Catholic Church and other religions in Australia.

We suggest that families of baptised Catholics and people of all religions, please make sure that you list your religion accurately on the census form.

Even if you are not deeply active in your religion, it is important that you declare your religious affiliation so that your religious organisation will be sufficiently funded in the future to be able to support you and your family.

Yours in Christ

A handwritten signature in blue ink, appearing to read 'Gerard Gaskin'. The signature is fluid and cursive, with a long horizontal stroke at the end.

Gerard Gaskin  
Dip T Prim, B Ed, M Ed, Grad Cert App Sc, Ph D  
Executive Director

**NDSP** | PLAN MANAGERS

*Your*Plan Management Specialist



# NDIS Q&A for Parents

Join us on Zoom from the comfort of your own home



NDSP Plan Managers is hosting an informal information session for parents who are thinking about NDIS supports for their child/children.

Learning about the NDIS early can make a big difference to the success of your journey!

The discussion will include:

- What is the NDIS and how does it work?
- How to work with your local NDIS Office and providers



RSVP to Jane Farrelly  
 Email: [jfarrelly@ndsp.com.au](mailto:jfarrelly@ndsp.com.au)  
 10am - 11:30am

