



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

pnf@sacredheartl.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

**Have you returned
your Payment
Arrangement Form?**

Happy Hearts

Welcome Back for

2022

Onsite sessions are planned to
begin on March 17th.



School Photos
Tuesday 31st May
Wednesday 1st June

Owning our own behaviours.....

'You can't go back and change the beginning, but you can start where you are and change the ending.' (Author unknown)

Hands up if you have ever behaved inappropriately...

Hands up if you've ever made a comment or judged someone else's behaviour....

I'd suggest as we are all human it's safe to say there were many hands in the air.

"You can't change other people; you can only change yourself" is one of those lessons I've had to learn over and over again. And then sometimes I forget it and have to learn it *again*.

Think about a sibling or one of your own children for a minute. Can you change even one of their possibly annoying behaviours? No. You can't. Siblings and children are who they are, and you can only change your own reaction, response, and behaviour.

Of course this truth applies to other relationships, as well. Sometimes no amount of effort to influence can create the change you want to see. In an intimate relationship, that can be heartbreaking. Whether it's something big or something little (is anything really "little" in a relationship?), it's the same: All you can do is change your own reaction, response, and behaviour. If you truly, genuinely express your heart and someone doesn't respond the way you'd like him or her to, and you try something different and it still doesn't work, you have to face the honest truth that the only thing you can change is yourself. Sometimes that means staying in the relationship in a different way. Other times, it means leaving it.

So how does this truth impact those of us who desire to "change the world for the better?" It occurs to me this is the deeper meaning of the famous quote from Gandhi: "Be the change you want to see in the world." All we can truly do is be change agents of ourselves, and act accordingly. There's another famous saying for that: "You can't help another who will not help him or herself."

I've often coached employees on this same type of situation. I've said a couple of times to people, "If beating your head against a brick wall over and over doesn't make a difference, at some point you have to realise you're only damaging your own head." What are the options? Try another tactic, go around the wall, or walk away from the wall. So all you can do is change your own reaction, response, and behaviour. Does all this mean we will never change the world? Does all this mean we will never change other people? No. It just means we can't really control it and therefore cannot be attached to the outcome. All we can really do is control what we decide to do.

That is why we need to do what makes us feel healthy, happy, and fulfilled--do what makes us open to change. No one else can do that for us, or can make us do it, either. We can only do it for ourselves. And hopefully, by being our true, fulfilled selves we make the world a better place just by being in it.

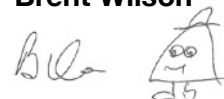
As we continue in this Lenten season to take a moment to reflect on Gandhi's words...*"Be the change you want to see in the world."*

COVID Update

This week we advised our community that our school was a 'School Cluster' after several classes had become 'Class Clusters'. It is reassuring to know that our community supported the expectations of testing all children to ensure our community remains the safest possible environment.

Parents are reminded that our school has RATs for children who are showing symptoms. Please contact the office if you need additional RATs

Brent Wilson



School Families - Kinder 2023

All school families who have a child who is 4 years of age as of the 1st January 2023 please complete an enrolment form from our school office ASAP.

Enrolments close on Friday 27th May 2022

RED DAY

8th April 2022

Celebrating our Co-founder Edmund Rice



Why are we celebrating RED DAY?

We are celebrating RED Day to raise awareness of, to give thanks for Edmund Rice and our school. To raise funds for those less fortunate.

How will we celebrate RED DAY?

- *We will have a liturgy in the morning.
- *We will work with our buddy class to learn more about Edmund Rice and his work.
- *We will raise funds with a **WEAR YOUR RED** clothes on this day.
- *We will hold a ZOOPER DOOPER stall at first and second lunch.
- *We will have lunch with our buddies too!



The Spirit of Jesus is Alive in:

Prep Prosser	Giselle Arnold - for always trying her best and taking pride in her work	Harvey Fletcher - for his wonderful participation during mat time
Grade 1 Underlin	Hazel Hyde for her constant creativity.	Oscar Barney for his persistence with learning!
Grade 1 Cramer Best	Lara Coert - For your infectious love of learning and sharing your ideas with others.	Stan Roszcyk - For your amazing writing this week. Well done!
Grade 2 Reid	Jackson Hayes : for his great effort in STEM this week.	Logan Ray : for his outstanding manners
Grade 3 Johns	Jacob Blyth - For his awesome story writing and engagement this week.	Lillian Greenwood - For showing the Spirit of Jesus in GTS this week.
Grade 3 Bailey	Jasper Stagoll - his impressive detail and care in presenting his classwork. Outstanding efforts!	Thomas Bishop - His enthusiasm and positive attitude to develop his knowledge, skills and understandings in all learning areas. Well done, Tom!
Grade 4 Mason	Isobel Zegveld - Respecting learning by staying focused and contributing to discussions.	Logan Bradford - Doing his best every day and being a caring member of the class.
Grade 4 Davie	Lenny Hardinge - for his amazing, creative story writing.	Zara Cearley - having a "Yes I can" attitude.
Grade 5 Davie	Macie Roberts - always giving 100 % effort and for her excellent listening and questioning skills.	Johaam Alex - for his positive with ethic and willingness to apply new skills to his tasks.
Grade 5 Williams	Byron Digney for your participation in class discussion particularly during HASS. Your knowledge is incredible.	Remi Quarrell for the awesome effort you have made to have a positive attitude towards your schoolwork. You have worked extremely hard this week.
Grade 6 Viney Halley	Seb Hardinge - Your fantastic participation and helpful attitude on camp	Jackson Quill - The outstanding attitude and level of effort you give to all learning tasks

SACRAMENTAL DATES for RECONCILIATION

Welcome and Commitment Masses

Candidates wishing to receive the Sacrament of Reconciliation need to attend one Mass on any of the dates below.

DATE : 12th or 13th March

Or

19th or 20th March



Candidates may attend any Mass. These are listed below

Sacred Heart Church, Newstead – Saturday Vigil 6pm

St Finn Barr's Church, Invermay – Sunday 9am

St Patrick's College Chapel, Prospect – Sunday 10am

Church of the Apostles, L'ton – Sunday 10:30 am or 6:30pm

FAITH SHARING @ Church of Apostles

Candidates wishing to receive the Sacrament of Reconciliation need to attend these three faith sharing sessions. Each session may take approximately 30 minutes, but the Church is open for the times listed below.

WHEN: Session ONE: 14th or 15th March 3:30pm – 7pm
 Or 21st or 22nd March 3:30pm – 7pm
 Session TWO: 28th or 29th March 3:30pm – 7pm
 Session THREE: 9th or 10th May 3:30pm – 7pm

SACRAMENT of RECONCILIATION

Sacred Heart Church, Newstead 17th May 7pm



For further information please contact
 Rosie Caelli
pltn-sacraments@AOHTAS.ORG.AU

March 2022						
	Monday	Tuesday	Wednesday	Thursday	Friday	
13th	14th	15th	16th	17th Instrumental Band St Patrick's Day	18th Assembly 2:10pm	19th
20th	21st	22nd P&F Meeting 7:30-9:00 pm	23rd Instrumental Strings Allocation	24th Instrumental Band	25th Assembly 2:10pm	26th
April 2022						
27th	28th	29th	30th Instrumental Strings	31st Instrumental Band	1st Assembly 2:10pm	2nd
April 2022						
3rd	4th Grade 4 Camp	5th Grade 4 Camp	6th Instrumental Strings	7th Instrumental Band	8th Assembly 2:10pm	9th
10th		11th	12th Instrumental Strings	13th Instrumental Band	14th Good Friday	15th

2022 Dates**May**

Fri 13th - Prep-2 Cross Country

Fri 27th - Gr 3-6 Cross Country

June

Wed 8th NIJSSA Cross Country

Monday 27th - Student Free Day

September

Fri 9th - Athletics Carnival

November

Fri 4th - NIJSSA Athletics Carnival

Fri 25th Prep-Gr2 Cross Country

2022 Term Dates**Term One:**

3 February - 14 April

Term Two:

2 May - 8 July

Term Three:

25 July - 30 September

Term Four:

17 October 2022 - 14 December

Uniform Shop News

- Orders can be left at the office or emailed to shs.clothingpool@catholic.tas.edu.au The Uniform Shop is fully stocked with all your uniform requirements
- For enquiries please contact Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

School fee invoices have now been sent out. The family discount will be given to all families who have notified the school of their children in other Catholic schools or colleges.

The following discount rate is:

3 children - 10% discount on tuition fees for each child

4 children - 20% discount on tuition fees for each child

School Fee's

Reminder: 5% discount on the fee component will be applied for full payment made by 31st March 2022

1 Child family early payment discount	\$105.00
2 Child family early payment discount	\$210.00
3 Child family early payment discount	\$315.00
4 Child family early payment discount	\$420.00

YEAR 7, 2023

ENROLMENT INFORMATION EVENINGS & TOURS

St Patrick's College Chapel
282 Westbury Road, Prospect

WEDNESDAY, 23 MARCH, 2022 4:30 PM
WEDNESDAY, 23 MARCH, 2022 6:45 PM
THURSDAY, 7 APRIL, 2022 5:30 PM

REGISTER FOR YOUR PREFERRED SESSION AT
<https://stpatricks.co/Enrolment23>

Applications for Year 7, 2023 enrolments are now being accepted and close on Friday, 22 April 2022. For further information, please contact the Enrolment Registrar at registrar@stpatricks.tas.edu.au or 03 6341 9988.

<https://www.stpatricks.tas.edu.au/enrolments>



St Patrick's College
LAUNCESTON

SHAPE YOUR
tomorrow

CATHOLIC SCHOOLS INSTRUMENTAL MUSIC PROGRAM LAUNCESTON

**THIS MUSIC PROGRAM IS AVAILABLE
AT YOUR SCHOOL!**

**Why join another program when you can learn to
PLAY WITH YOUR SCHOOL FRIENDS?**



**Would you like more information?
Would you like an enrolment form?**

Please visit

<https://www.stpatricks.tas.edu.au/our-community/catholic-primary-school-music-program>

JOIN TODAY!

ENROLMENTS ARE CLOSING SOON

LAUNCESTON CATHOLIC SCHOOLS INSTRUMENTAL MUSIC PROGRAM



**SCAN THE QR CODE TO DISCOVER
THE 2022 MUSIC PROGRAM**

JOIN TODAY!

IMPORTANT LINKS

Google Meet Invitation - <https://stpatricks.co/LCSIMPMmeet>
(Tuesday 8 March, 2022 - 7:00 pm - 8:00 pm)

Enrolments - <https://stpatricks.co/PrimaryInstrumental>

St Patrick's College Music Email - music@stpatricks.tas.edu.au



PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test

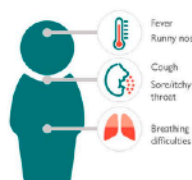
You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit www.coronavirus.tas.gov.au

Tasmanian Government



Coronavirus (COVID-19)

KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.


TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY

1.5M

Australian Government




Happy Hearts

Welcome Back for 2022



Thank you for your understanding in waiting for our program to recommence this year. Our onsite sessions are planned to begin on March 17th. We kindly ask that you continue to support us in offering Happy Hearts to our community by following our COVID safe guidelines.

*Adults are to wear a mask

*Please be conscious of social distancing

*We will offer opportunities for families in our wonderful outside space and encourage you to enjoy this space.

Our session times will be on Thursdays either 9:30 - 11:00 or 1:00 - 2:30, held in the Kinder Green room.

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

Weekly updates can be found at [‘Happy Hearts at Sacred Heart Launceston \(SETUP Birth -5\)’](#) Facebook group. It is a great way to stay connected to ‘Happy Hearts’ and with each other.

We look forward to seeing you at Happy Hearts!
Beth & Rebecca

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Days

Kinder - Sports Uniform Wed/Fri

Prep - Sports Uniform All Year

Grade 1 (Sports Uniform Wed and Fri)

Grade 2 (Sports Uniform Thur and Fri)

Grades 3 and 4(Sports Uniform Monday and Friday)

Grades 5 and 6 (Sports Uniform Tuesday and Friday)

School Times

8.45am - 2.55pm

Canteen

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

Pinterest:

www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2022 Term Dates
Sacred Heart School

Term 1 Thursday 3.2.22 to Thursday 14.4.22

(Term 1 holidays includes Easter break)

Term 2 Monday 2.5.22 to Friday 8.7.22

Term 3 Monday 25.7.22 to Friday 30.9.22

Term 4 Monday 17.10.22 to Wed 14.12.22

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.