



Online Content:

Website:

www.sacredheartl.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

pnf@sacredheartl.tas.edu.au

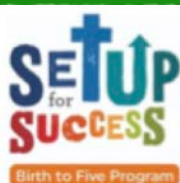
Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

**Sacred Heart
Feast Day
Tomorrow**

**Pupil Free Day
June 27th**

**Parent/Student/Teacher
Meetings
July 6th and 7th**



Thursdays

9:30am - 11:00am

or

1:00pm - 2:30pm

[View our Facebook Page](#)

See Page 6

An Attitude of Gratitude....

'Gratitude is not only the greatest of virtues but the parent of all others.' (Marcus Tullius Cicero)

Gratitude and attitude are not challenges, they are choices. One of the best things about thankfulness is the more you choose it, the easier it gets. The more you profess gratitude, the more you notice things to be grateful for. The gratitude muscles respond to exercise.

A few weeks ago Tasmanian Catholic Principals were invited to participate in a Professional Learning opportunity to assist us with our well being. Each one of us was asked to develop a range of strategies to support us in our work and home life. One of the ideas that resonated well with me was to take the focus off crafting 'to do' lists to developing 'to be' lists. What sort of people do we want to be rather than what 'tasks' do we need to do.

My list is not long but it is honest, honest with myself knowing I am the only one that ultimately lives what's on my list. High on my list is to be more grateful for what is in my life.

Reflecting on life at SHS in the past fortnight I didn't have to look far to see the following

- Innocent Kinder children playing in puddles, splashing, giggling, pushing boats and enjoying the company of others
- Grade 3 and 4 children participating in a Writer's Festival created by their teachers
- A group of Grade 5 boys who demonstrated exceptional empathy with our First Nations Artist in Residence
- Grade 6 children learning about 'tectonic plates' with the aid of a mars bar
- Reading in excess of 400 reports, knowing our teachers had poured hours and hours of their time into developing a document that illustrates how well they know the children they teach and how much they aspire to support them into the future.
- Gathering with our SHS Board as we work together to guide decision making for the future of SHS. Parents who so willingly give up their time for the betterment of the children of SHS.
- Support staff attending to children who need assistance with learning, a reassuring smile, a bandaid or three
- Office Staff assisting families, staff and children with their enquiries

Behind each one of these actions is a person or more. When I look at the myriad of faces in and around our school it will always be a wonderful reminder of how blessed I am. Blessed to be a part of the SHS community.

'I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds.' (Psalm 9:1)

SHS Feast Day

Tomorrow 24th June is our feast day. On this day we celebrate the Sacred Heart of Jesus. As a school we gather to celebrate Mass in the Church of the Apostles in the morning. As a Catholic School this is why our school was established almost 150 years ago, to celebrate that Christ is the heart of our faith and school.

After Mass children will spend time participating in activities that are designed to grow our appreciation for others. Some of the activities we will be providing for the children to share their love of others include, writing letters to old peoples homes, enjoying activities with buddies and singing and dancing with friends.

In the afternoon we will gather to watch the talent of SHS at SHS's Got Talent. Representatives from each class will participate in a talent show. Please note due to COVID protocols the show is only able to be watched by families who have their children in the show. Teachers will communicate with parents who have children participating.

Pupil Free Day

Families are reminded that Sacred Heart Staff will be participating in a Spirituality Day on Monday 27th June. As previously advertised this is a Pupil Free Day.

Our staff will be working with Dr Dan White exploring 'Seven Steps to Mystery, Ministry and Mission'.

Brent Wilson

Celebrating the Feast of the Sacred Heart of Jesus



Parents and families are invited to join us to celebrate Mass at 9.30am
Please wear a mask.



*24th of June, 2022
Church of the Apostles*



June 2022						
	Monday	Tuesday	Wednesday	Thursday	Friday	
19th	20th	21st	22nd	23rd Instrumental Band	24th 9:30am Mass Sacred Heart Feast Day	25th
26th	27th Student Free Day	28th P&F Meeting 7:30pm - 9:00pm	29th Instrumental Strings	30th Foundation Band & Foundation Strings Workshop St Ailbes	July 2022	
					1st No Assembly Reports Home Gala Day (5/6)	2nd
July 2022						
3rd	4th	5th	6th Instrumental Strings PST Meetings	7th Instrumental Band PST Meetings	8th Assembly 9:10am Last Day Term 2	9th
10th	11th	12th	13th	14th	15th	16th
Holidays						

2022 Dates**June**

Monday 27th - Student Free Day

September

Fri 9th - Athletics Carnival

November

Fri 4th - NIJSSA Athletics Carnival

Fri 25th Prep-Gr2 Cross Country

2022 Term Dates**Term One:**

3 February - 14 April

Term Two:

2 May - 8 July

Term Three:

25 July - 30 September

Term Four:

17 October 2022 - 14 December

2023 Term Dates**Term One:**

2 February - 6 April

Term Two:

26 April - 7 July

Term Three:

24 July - 29 September

Term Four:

16 October - 14 December

The Sacred Heart Parents and Friends

invite you to attend their **June meeting**, next
Tuesday 28th in the Sacred Heart Staffroom
at 7.30pm.

If you are unable to attend in person you
may join via zoom...

<https://catholictas.zoom.us/j/62048619656>

At the meeting we will be planning the
online auction (July) and trivia night(next
term).

The more the merrier!



Happy Hearts 2022

SETUP FOR SUCCESS

IS CATHOLIC EDUCATION TASMANIA'S EARLY YEARS PROGRAM
PROMOTING LEARNING FOR LIFE FOR BOTH YOUNG CHILDREN (BIRTH -5)
AND THEIR FAMILIES.

OUR PROGRAM AT SACRED HEART IS NAMED 'HAPPY HEARTS'. ALL CHILDREN AGED BIRTH - 5 YEARS OLD, INCLUDING KINDERGARTEN CHILDREN, ARE WELCOME TO JOIN US.

WE HAVE A CHOICE OF TWO SESSIONS ON THURSDAYS EITHER 9:30 - 11:00 OR 1:00 - 2:30, HELD IN THE KINDER GREEN ROOM.

BRING ALONG A HAT, WATER BOTTLE AND OWN INDIVIDUAL FRUIT.

ADULTS ARE REQUESTED TO WEAR A MASK IF THEY ARE INSIDE OUR KINDER BUILDING.

WEEKLY UPDATES CAN BE FOUND AT OUR 2022

['HAPPY HEARTS AT SACRED HEART LAUNCESTON \(SETUP BIRTH -5\)'](#)
FACEBOOK GROUP. IT IS A GREAT WAY TO STAY CONNECTED TO 'HAPPY HEARTS' AND WITH EACH OTHER.

PLEASE FEEL FREE TO EMAIL US TOO

BETH.RICKERBY@CATHOLIC.TAS.EDU.AU

We look forward to seeing you at Happy Hearts!

Beth & Rebecca



Nude Food Week - Plastic Free July

As a school, we have introduced a soft plastics bin in each of the classrooms from Grade 1 and above. This initiative was started by the student Green Team as they wanted to do more as a school to reduce the amount of waste going into landfill and into our beautiful oceans.

During Week 10 as part of Plastic Free July the Green Team would like to challenge the Sacred Heart community to limit the amount of soft plastic in their lunchbox. We are calling this Nude Food Week! Below are some examples of ideas for lunchboxes during this week. We would love your support for this initiative.



WASTE FREE LUNCH DAY CHECKLIST

It's waste free lunch day!

Remember:

- ✓ Reusable drink bottle
- ✓ Sandwich in a beeswax wrap
- ✓ Pasta or salad in an airtight container (glass jar or plastic Tupperware)
- ✓ Soup in a thermos
- ✓ Whole fruit
- ✓ Snacks portioned into a reusable wrap or small Tupperware
- ✓ Reusable cutlery

Leave out:

- ✗ Juice poppers or tetrapack drinks with single-use straws.
- ✗ Individually packaged single-serve snacks (eg. chips, fruit cups or cookies).
- ✗ Plastic cutlery



Morning Australian Rules Football sessions at Sacred Heart (Grades 3-6 students)

During weeks 8, 9 & 10 there will be football lessons run in the gym at school for any students in Grades 3-6 who are interested. The lessons are designed to work on fundamental football skills and get some quality coaching from an experienced football player.

The sessions will be held in the SHS gym between **7:30am - 8:30am** before school on the following dates:

- Session 1 - **Thursday 23rd June**
- Session 2 - **Tuesday 28th June**
- Session 3 - **Tuesday 30th June**
- Session 4 - **Tuesday 5th July**
- Session 5 - **Thursday 7th July**

- *Students do not need to attend all sessions.
- *No experience playing football is necessary.
- *There are no fees parents need to pay for these lessons.
- *This opportunity is possible thanks to Sporting Schools Club Connect funding.

Mr Anderson will supervise the sessions. Students who attend can wear PE uniform on these days. Please bring a drink bottle with water to the sessions and be aware that younger siblings in Prep - Grade 2 will not be able to participate or be supervised. **Please email Mr Anderson if your child is in Grades 3-6 and interested in this opportunity (john.anderson@catholic.tas.edu.au).**

First Nations - Artist in Residence



The Spirit of Jesus is Alive in:

Prep Red	Keira Mayne - for a fantastic effort with reading. Well done!	Piper Russell - for her ongoing persistence with challenging tasks.
Prep Green	Harry Polley - for working independently in class.	Heath White - for always displaying the 'Spirit of Jesus'.
Grade 1 Red	Eddie Hart for his determination in English!	Bethany Bowen for always looking out for those around her!
Grade 2 Red	Annabelle Ebbellar for her thoughtfulness and helpful attitude towards others	Jack Cowan for being a reliable and responsible class member
Grade 2 Green	Isla Palmer: for her enthusiastic approach to all tasks this week	Zoe Christie-Johnson for great work on our STEM project
Grade 3 Red	Lillian Greenwood- For always leading by example and following all classroom rules and expectations brilliantly	Mason Lionetti- For his hard work ethic this week and for his creative App design poster.
Grade 3 Green	Grace Polley - Approaching her learning with a 'can-do' attitude. Keep up the great work, Grace!	Oliver Soper - A fantastic week. Ollie has engaged in class activities with enthusiasm and a positive attitude. Keep up the amazing work, Ollie!
Grade 4 Red	Harry Durkin - for thoughtful contributions to class discussions.	Tyler Barrett - for enthusiastic and cooperative teamwork in maths.
Grade 4 Green	Bayani Beeton - for his problem-solving skills in Maths. Well done!	Lexi Johnston - creative writing pieces throughout the term.
Grade 5 Red	Ava Leake - for her positive and caring attitude with her peers.	Kye Robinson - for his positive approach to learning tasks.
Grade 5 Green	Lucas Austen for listening to feedback and improving your work in class, fantastic effort this week!	Charu Sivadass for your positivity and work ethic in class. You are a joy to teach!
Grade 6 Red	Max Robinson - For Respect: His genuine and thoughtful attitude towards everyone he encounters	Sophie Bevis - For her Calmness, Getting in and having a go approach to all areas of learning.
Grade 6 Green	Bella Marquis-Lopes - For being a positive Grade 6 team member who helps spread joy	Chace Weber - For your fantastic persistence, focus and attitude towards your learning

ALL SCHOOLS CROSS COUNTRY



23RD JUNE 2022

1873-2022 OUR 149TH YEAR

Sacred Heart Catholic School

Jesus Our Shepherd, fills us with Love, Goodness and Mercy.

2022 Newsletter



ALL SCHOOLS CROSS COUNTRY

On Tuesday a group of Grade 3-6 students went to Symmons Plains for the 2022 All Schools Cross Country Carnival. Sacred Heart once again performed exceptionally well at this event. Well done to all the students who represented our school so well and congratulations to the following students who finished in the top 15 in Tasmania:

9 yo boys - Jack Jordan 9th

9 yo girls - Phoebe Roberts 12th

10 yo boys - Rupert Williams 1st & Stuart Innes 13th

11 yo girls - Grace Matthews 6th

12 yo boys - Hamish Williams 10th

12 yo girls - Georgia Freeman 3rd



Emergency Practice

Within the next few weeks, whilst at recess or lunch we will hold an unannounced emergency practice with staff & students, to test our response to a potential scenario that staff identify a threat warranting the school go into lockdown (opposite to evacuation).

Like for fire evacuation drills, we recognised the worth to test this process.

We have plans in place to make this practice as least disruptive as able.

If you have queries please call our Safety Officer, Simon Natoli on 0400 105 476

Coronavirus
(COVID-19)

KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit [health.gov.au](https://www.health.gov.au)

HELP
STOP
THE
SPREAD
AND STAY HEALTHY

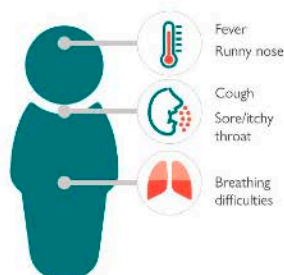
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit
www.coronavirus.tas.gov.au



1.5M



Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Days

Kinder - Sports Uniform Wed/Fri

Prep - Sports Uniform All Year

Grade 1 (Sports Uniform Wed and Fri)

Grade 2 (Sports Uniform Thur and Fri)

Grades 3 and 4(Sports Uniform Monday and Friday)

Grades 5 and 6 (Sports Uniform Tuesday and Friday)

Canteen

Lunch orders are available Tuesdays & Thursdays. Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

School Times

8.45am - 2.55pm

2022 Term Dates

Term 2 Monday 2.5.22 to Friday 8.7.22

Term 3 Monday 25.7.22 to Friday 30.9.22

Term 4 Monday 17.10.22 to Wed 14.12.22

2023 Term Dates

Term 1 Thursday 2.2.23 to Friday 6.4.23

Term 2 Wednesday 26.4.23 to Friday 7.7.23

Term 3 Monday 24.7.23 to Friday 29.9.23

Term 4 Monday 16.10.23 to Thursday 14.12.23

Webpage:

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Pinterest:

www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.