



Online Content:

Website:

www.sacredheartl.tas.edu.au

School Email

shsl@catholic.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

pnf@sacredheartl.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

School Swimming
Carnival
Tomorrow

Happy Hearts
Is Back!
See page 11

Andrew Chinn
Assembly
March 3rd

NIJSSA
Swimming Carnival
March 9th

Music Program
Info Session Tonight
5:00pm or 6:30pm
See Page 8

Lent

'God never tires of forgiving us; we are the ones who tire from seeking his mercy.' (Pope Francis)

The Lenten season began on Ash Wednesday. The children of Sacred Heart spent time in prayer reflecting on what contributions they would make this season. Lent originated from Jesus Christ spending 40 days and 40 nights in the desert fasting.

St. John Paul II says, "Lent is a season of intense prayer, fasting, and concern for those in need. It offers all Christians an opportunity to prepare for Easter by serious discernment about their lives, with particular attention to the word of God which enlightens the daily journey of all who believe."

Preparing for Lent could mean something different for each of us based on our season in life, daily struggles, current prayer life, vocation, and more.

Lent is an opportunity for all of us to reflect. As a child I only ever remember it as being an occasion where we put money in the mission box or gave up chocolate (which never lasted very long) or went more often to church services.

Lent for me now is an opportunity to stop and think about the way I live my life. How I treat the marginalised, consider how I can make changes to the way I do things and ultimately aspire to be the best version of myself. Each one of these requires more careful consideration than giving more dollars and I hope makes a bigger difference to both myself and the lives of others.

Consider what contributions your child may make this Lenten season. Perhaps

- Forgiving others
- Practising almsgiving by doing a good deed or three for others
- Spending extra time in prayer

Tips for settling back into school

We know the back-to-school routine can be tiring, no matter their age. It often takes a few weeks for them to settle back into a routine, and during this time they may be irritable, there might be some tears, mood swings or tantrums. These tips might help:

- Create a calm and relaxing space for them to chill out when they return home from school.
- Sleep, sleep, sleep. It's very important, make sure they are getting ample sleep. You might need to adjust their bedtime to a little earlier than normal.
- Show them unconditional love. Even when they are testing your patience. "I know it's been a very long day. I love you. Let's take a breath and start over."

Acknowledgement: "The Fathering Project" February 14, 2023

Parents and Friends and Welcome BBQ

Congratulations and thanks to Emily Pintarich for taking on the role of President of the Parents and Friends. Emily takes on the role in place of Suze Chapple who was required to stand down after being appointed as a teacher at Sacred Heart.

Thanks to our P and F for organising the Welcome Back BBQ on Friday. The night was a highly successful evening enjoyed by all.



Swimming Carnival

Children from Grade 3-6 will be participating in our school Swimming Carnival on Friday 24th February at the Riverside Pool. Children will travel by bus to and from school and will be leaving soon after 9am.

Please ensure your child has

- Bathers
- Underwear to change into
- School Hat
- Swimming Cap
- Sunblock applied before the carnival
- Lunch including ample water
- Towel
- Positive attitude

The canteen should not be accessed by children or for children. The canteen is for use by and for adults only.

If you intend to take your child after the carnival, please wait until all races are completed and speak to your child's teacher before departing.

Under our COVID plan it is required that

- Parents, visitors, staff and students with cold or flu symptoms are not to come to the carnival.
- Adults are required to maintain physical distancing to the best of their ability.

Principal's Meetings

Next week all Tasmanian Catholic School Principals will be meeting along with directors from the Catholic Education Office. I will be absent from school from Wednesday 1st March - Friday 3rd March.

Adele Murphy, Deputy Principal, will be available for questions.

Brent Wilson
Principal



February 2023						
	Monday	Tuesday	Wednesday	Thursday	Friday	
19th	20th	21st	22nd	23rd 3:15pm - 7:15pm Parent/Student/ Teacher Goal Setting Meetings (P-4 & Gr6)	24th Gr 3-6 Swimming Carnival No Assembly	25th
March 2023						
26th	27th	28th	1st	2nd Back up Swimming Carnival	3rd Andrew Chinn Concert 2-3pm	4th
5th	6th	7th	8th	9th Instrumental Band 11:30am-1pm Instrumental Strings 8:30am-9:30am NIJSSA Swimming Carnival	10th Upper Primary Assembly G3-6 2pm-3pm	11th
Grade 6 Camp						
12th	13th Public Holiday	14th P&F Meeting 7:30pm-9:00pm	15th	16th Instrumental Band 11:30am-1pm Instrumental Strings 8:30am-9:30am	17th Whole School Assembly 2pm-3pm	18th

2023 Dates**February**

Swimming Carnival Gr3-6
Friday 24th

March

NIJSSA Swimming Carnival
Thursday 9th

2023 Term Dates**Term One:**

3 February - 6 April

Term Two:

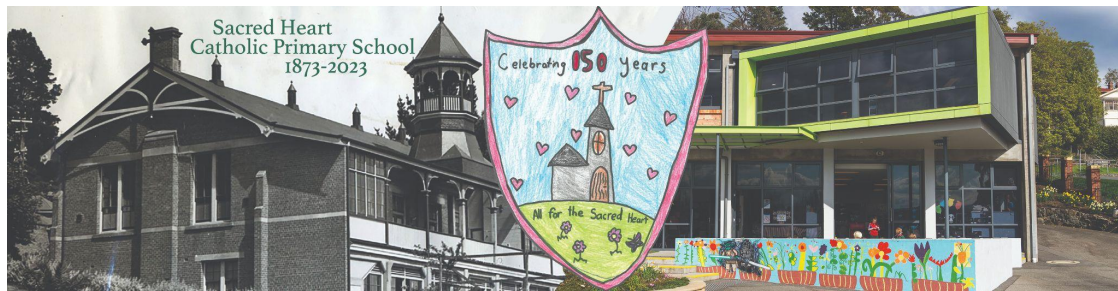
26 April - 7 July

Term Three:

25 July - 29 September

Term Four:

17 October - 13 December



Christian life at Sacred Heart is rich. Children have engaged in learning about Jesus through our Good News for Living curriculum. Classes are learning about the man Jesus, his characteristics and the endless LOVE He has for us.

We have celebrated our Welcome Mass, celebrated with Father Jessie, and our whole school community. Thank you to the parents who attended, it is always wonderful to have you attend our prayerful celebrations.



Father Jessie has visited and blessed all our Sacred Heart crosses. We have one large cross now erected in the Presentation Gymnasium, and shortly all classes will have a smaller version. Our crosses are unique to our school. They have our initials engraved, the Sacred Heart of Jesus in the centre and the red curves, symbolising the two rivers of Launceston where our school sits. How wonderful that we have these blessed and in our school on this the 150th year of Sacred Heart.

Yesterday, children and staff remembered the ultimate sacrifice Jesus made for us. Our Ash Wednesday liturgies gave us time to reflect on Jesus' Love for us, and how we can be more like Jesus, particularly as we embark on our Lenten journey. Children will shortly bring home Project Compassion boxes, to support the marginalised. As part of preparing for the coming of Christ, it can fill our hearts to help others less fortunate.



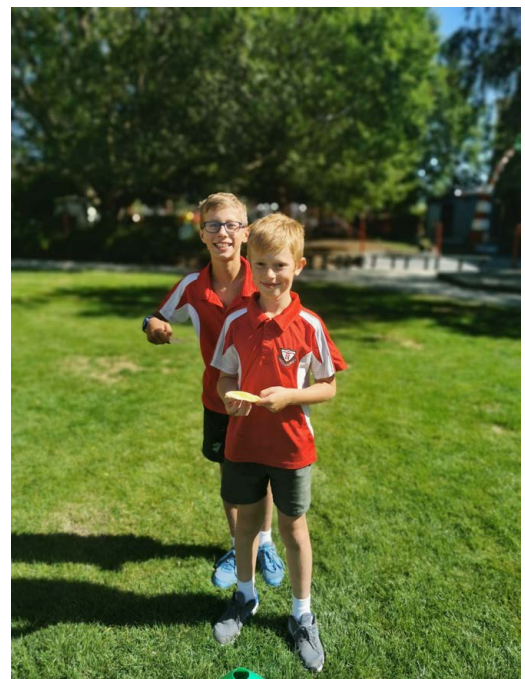
Children have been engaging in liturgical singing every Monday morning and during assembly. Prayer times in class and as a whole school community are also shared. We share our faith and each and every day grow in the knowledge that God loves us, absolutely.



On Tuesday, our Year 3 and 4 classes prepared for the coming of Lent by making pancakes for Shrove Tuesday. Whilst children learned about why people did this, they enjoyed some fun and of course pancakes. Pancake races were participated in with great enthusiasm!

Finally, we farewell Mrs Symons and thank her for all her input into our school over the last 14 years. I particularly value the faith filled time, energy she devoted to our Religious life of Sacred Heart during that time.

Anna Davie



The Spirit of Jesus is Alive in:

Prep Red	Wally Blazely-Wrankmore - for a wonderful start to Prep	Alessia Reid - for a wonderful start to Prep
Prep Green	Ruby Douglas - For always having a positive attitude and being a good friend to all.	Oscar Clark - For wonderful listening skills in whole class mat time.
Grade 1 Red	Caleb Knight for his amazing contributions to class discussions! Chloe McIntyre for her outstanding creativity!	Harry Polley for his persistence in English! Rachael Butt for being an excellent friend!
Grade 1 Green	Oliver Warren: for a great start to the year - great work in maths group tasks	Benjamin Polley: for an excellent start to the year - fantastic listening and engagement with tasks
Grade 2 Red	Florence Aram for her enthusiasm for class activities	Lucas Barrett for excellent contributions in class discussions
Grade 2 Green	Hazel Hyde - For always doing her best work.	Hudson Yole - Excellent focus during literacy time.
Grade 3 Red	Addison Russell for her positive and hard-working attitude in the classroom.	Cruz Robinson for always being prepared for learning.
Grade 3 Green	Charlotte Walsh - Her enthusiasm and leadership in reading at the Welcome Mass. Great job, Charlotte!	Beau Schulz - His enthusiasm and leadership in the Welcome Mass. Awesome work, Beau!
Grade 5 Red	Molly Jordan - For being an amazing friend and support to others.	Jonty Hodgetts - For your commitment to your learning. Well done.
Grade 5 Green	Hudson Jones for your fantastic resilience and effort both within and outside the classroom.	Campbell Woodgate for your constant participation in class discussions and strong work ethic in class.
Grade 6 Red	Cooper Bassett - for being a keen and enthusiastic member of our class. Halo Schulz - for enthusiastically embracing new learning experiences and relishing in challenges.	Caleb McMahon-Keys - for demonstrating his ability to work without any distractions. Great job Caleb!
Grade 6 Green	Heidi Newman - for her kind, caring and compassionate nature. Thank you Heidi Lily Champ - positive attitude and excellent work ethic	Izan Fahid - being so welcoming and sharing his love of learning with his new class.

LAUNCESTON CATHOLIC SCHOOLS INSTRUMENTAL MUSIC PROGRAM

YOU AND YOUR CHILD ARE INVITED TO OUR

INFORMATION SESSIONS

Thursday 23 February

5:00 pm **OR** 6:30 pm

Guilford Theatre, St Patrick's College
(no bookings required)

IMPORTANT LINKS

Guilford Theatre Map - <https://stpatricks.co/3RIQZe3>

Enrolments - <https://stpatricks.co/PrimaryInstrumental>



**SCAN THE QR CODE TO DISCOVER
THE 2023 MUSIC PROGRAM**

JOIN TODAY!



music@stpatricks.tas.edu.au

Swimming Carnival Gr 3-6 Friday 24th February @ The Riverside Pool

Children are reminded to wear sports uniform and bring the following

- Outstanding attitude and positive spirit
- Bathers and towel
- Goggles and Swimming cap (House coloured caps are available at the office for \$4)
- Plastic bag for wet clothes
- Sunscreen, coat, hat and medication (if needed)
- Morning Tea , Lunch and Water

Children will NOT be able to use the canteen at the carnival. Parents are asked not to purchase items from the canteen for the children.

Thanks to the parents who have offered to assist at the carnival.

The approximate times for events are as follows

- 9:30 - Grades 3-6 33m Freestyle
- 10:30 - Grades 4-6 66m Freestyle
- 11:15 - Grades 3-6 33m Backstroke
- 12:25 - Grades 3-6 33m Breaststroke
- 1:25 - House relays



Clothing Pool Info

Orders can be emailed to

shs.clothingpool@catholic.tas.edu.au

and will be left at the school office for collection.

A reminder of School Uniform for 2023

Kinder, Prep and Grade 1 wear sports uniform all year
Grade 2 to Grade 6 wear full school uniform - Summer and Winter



SACRAMENTAL DATES for RECONCILIATION

Information Parent Meeting

Tuesday 21st February @ Launceston Catholic Pastoral Centre

44 Margaret St, Launceston

Welcome and Commitment Masses

Candidates wishing to receive the Sacrament of Reconciliation need to attend one Mass on any of the dates below.



DATE : 4th or 5th March

Candidates may attend any Mass. These are listed below

Sacred Heart Church, Newstead – Saturday Vigil 6pm

St Finn Barr's Church, Invermay – Sunday 9am

St Patrick's College Chapel, Prospect – Sunday 10am

Church of the Apostles, L'ton – Sunday 10:30 am or 6:30pm

FAITH SHARING @ Church of Apostles

Candidates wishing to receive the Sacrament of Reconciliation need to attend these three faith sharing sessions. Each session may take approximately 30 minutes, but the Church is open for the times listed below.

WHEN: Session ONE: 6th or 7th March 3:30pm – 7pm

Session TWO: 3rd or 4th April 3:30pm – 7pm

Session THREE: 1st or 2nd May 3:30pm – 7pm

SACRAMENT of RECONCILIATION

Sacred Heart Church, Newstead 16th May



For further information please contact

Rosie Caelli

pltn-sacraments@AOHTAS.ORG.AU



Happy Hearts 2023

Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'. Children aged Birth - 5 years old, including Kindergarten children, are welcome to join us in the Kinder Green room.

We have a choice of two sessions each Thursday:

10:00 - 11:30 or 12:30 - 2:00

Bring along a hat, water bottle and own individual fruit.

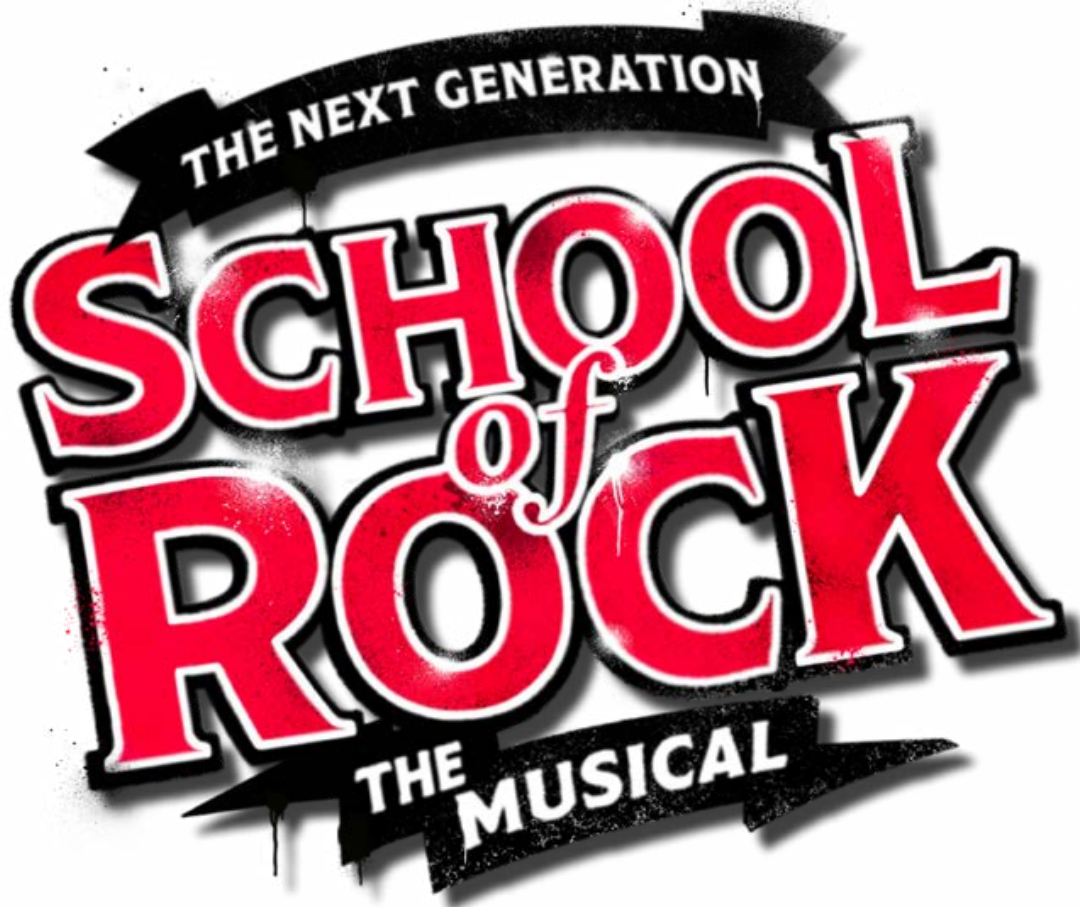
Weekly updates can be found at our '[2023 Happy Hearts SETUP for Success @ Sacred Heart Launceston](#)' Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

We look forward to seeing you at Happy Hearts!



ST PATRICK'S COLLEGE PRESENTS



BASED ON THE PARAMOUNT MOVIE WRITTEN BY MIKE WHITE

MUSIC BY ANDREW LLOYD WEBBER LYRICS BY GLENN SLATER SCRIPT BY JULIAN FELLOWES

WEDNESDAY 3 MAY TO FRIDAY 5 MAY | 7:00PM
FRIDAY 5 MAY | MATINEE 11.00AM

GET YOUR **TICKETS** TODAY!
WWW.THEATRENORTH.COM.AU

P: 6331 0052

YEAR 7, 2024

APPLICATIONS CLOSE 21 APRIL 2023

ENROLMENT FORM

<https://stpatricks.co/enrolmentform>

Applications for Year 7, 2024
enrolments are now being accepted.

For further information, please contact the
Enrolment Registrar on 6341 9988 or
registrar@stpatricks.tas.edu.au

www.stpatricks.tas.edu.au



St Patrick's College
LAUNCESTON

SHAPE YOUR *tomorrow*

YEAR 7, 2024

ENROLMENT INFORMATION EVENING & TOURS

St Patrick's College Chapel
282 Westbury Road, Prospect

WEDNESDAY, 29 MARCH, 2023 5:00 PM

WEDNESDAY, 29 MARCH, 2023 6:30 PM

BOOKINGS REQUIRED - REGISTER AT
<https://stpatricks.co/Enrolment24>

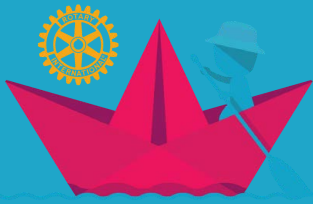
Applications for Year 7, 2024 enrolments are now being accepted and close on Friday, 21 April 2023. For further information, please contact the Enrolment Registrar at registrar@stpatricks.tas.edu.au or 03 6341 9988.

www.stpatricks.tas.edu.au/enrolments



St Patrick's College
LAUNCESTON

SHAPE YOUR
tomorrow



Rotary Club of Youngtown presents

Soggy Bottom Cardboard Box Boat Regatta

Family Fun Day



Proudly raising funds for young people living with challenges through JCP Youth & Diabetes Tasmania.

Sunday 5th March
Waverley Lake

www.soggybottomregatta.com.au



The Bakery
Films & Photography



diabetes
tasmania



**Register
TODAY**



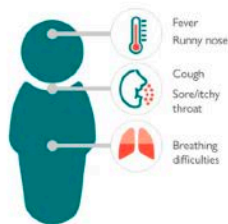
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough,
sore/itchy throat or shortness of breath.

Call your GP or the Public
Health Hotline 1800 671 738
to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you
can travel outside your municipality to have a test.

After being tested, you must self-isolate at home
until you receive your results.

For more information visit
www.coronavirus.tas.gov.au



KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance.
Remember, don't shake hands or exchange physical greetings.
Wherever possible stay 1.5 metres apart and practise good
hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP
THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)**
will change regularly. Keep up to date.
Visit health.gov.au

Coronavirus
(COVID-19)

HELP
STOP
THE
SPREAD
AND STAY HEALTHY



Australian Government



Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Days

Kinder, Prep Grade 1 - Sports Uniform All Year

Grade 2 and 3 (Sports Uniform Thur and Fri)

Grades 4 (Sports Uniform Tuesday and Friday)

Grades 5 (Sports Uniform Wednesday and Friday)

Grades 6 (Sports Uniform Tuesday and Friday)

School Times

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

Canteen

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

2023 - Lunch Orders will not be available for at least the first 5 weeks of Term 1.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

Pinterest:

www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2023 Term Dates

Term 1 Friday 3.2.23 to Thursday 6.4.23

Term 2 Wednesday 26.4.23 to Friday 7.7.23

Term 3 Tuesday 25.7.23 to Friday 29.9.23

Term 4 Tuesday 17.10.23 to Wed 13.12.23

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.