



**PARISH OFFICE:** 44 Margaret Street, Launceston T250 **PHONE:** 6331 4377  
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**OFFICE HOURS:** 10.00AM - 3.00PM on MONDAY - FRIDAY; CLOSED ON WEDNESDAYS  
**PARISH TEAM:** Fr Ben Brooks, Fr Chathura Silva, Fr Jessie Banez  
Carolyn Gutteridge—**Parish Secretary**  
Rosie Caelli—**Sacramental Co-ordinator**  
**FACEBOOK:** @CatholicParishLaunceston

## **The Most Holy Body and Blood of Christ (YEAR A) - 11 JUNE 2023**

### **First Reading**

**Deuteronomy 8:2-3. 14-16**

Moses said to the people: 'Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord. 'Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.'



### **Gospel Acclamation**

**John 6:51-52**

**Alleluia, alleluia!**

***I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.***

**Alleluia!**

### **Responsorial Psalm Ps 147:12-15. 19-20. R. v.12**

#### **(R.) Praise the Lord, Jerusalem.**

1. O praise the Lord, Jerusalem!  
Zion, praise your God!  
He has strengthened the bars of your gates,  
he has blessed the children within you. (R.)
2. He has established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command. (R.)
3. He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees. (R.)

### **Gospel**

**John 6:51-58**

Jesus said to the Jews: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

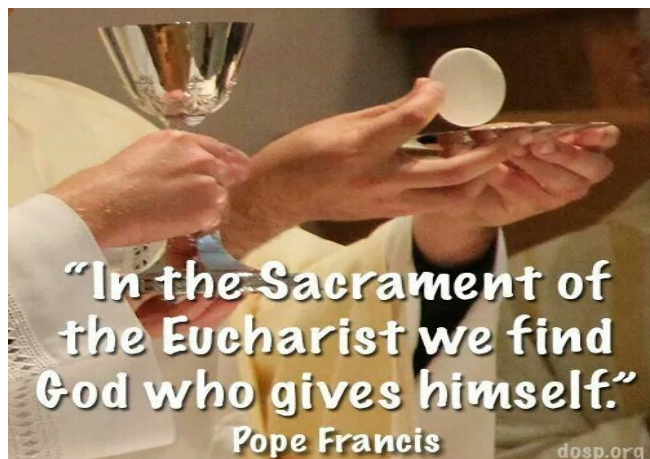
### **Second Reading**

**1 Corinthians 10:16-17**

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

#### **A VOCATION VIEW**

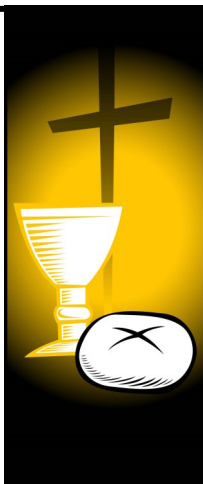
***That we can collaborate with God is a humbling truth. That God lives among us is startling. That we are the Body of Christ is our vocation.***



## ***Food for thought.....Reflection by Sr Dianne Bergant CSA***

This feast harkens back to the celebration of Holy Thursday. By way of the metaphors of food and drink, its readings provide us with a look at the mystery of divine presence. They first provide a picture of a God who feeds us. In the past God set a table in freedom, and then provided food that enabled our ancestors to survive. God fed those who were needy, not those who were worthy. Jesus offered sustenance to the crowds that gathered around him. It was not manna from heaven that he offered but his own flesh and blood as food and drink. This food and drink are the pledge of eternal life.

Those who eat this bread and drink this cup are caught up in a profound unity with God, a unity not envisioned in the wilderness experience. There is a new overlay of significance. Jesus' claim to give his flesh and blood was a bold one, Paul's seems even bolder. He states that partaking of the bread and the cup not only joins us with Christ, but actually makes us participants in the body and blood of Christ. Humanity and divinity are joined as one. The Eucharist is a sign of unity in another way. Joined to the body and blood of Christ, we are joined to each other. We are one body and that body is Christ. The Eucharist is truly a celebration of thanksgiving: thanksgiving for our transformation and thanksgiving for our unity.



## **FROM THE PARISH PASTORAL COUNCIL**

### ***Feedback from the PPC***

- *We are writing an Acknowledgement of Country to be used in our parish and are seeking involvement from parishioners, including our First Nations people. If you are interested, please provide your name and contact details to the Parish office before June 18.*
- *Thank you to everyone who came along to the Pentecost Fire Pot and Soup night. Your support, through contributions and attendance, was fantastic.*
- *Please save the date for our upcoming Parish Dinner on 25 August. More details will be provided over coming weeks.*

## **CARMELITE MONASTERY NOTICES**

**SOLEMNITY OF CORPUS CHRISTI:** *This Sunday 11<sup>th</sup> June at the Carmelite Monastery.* You are welcome to join the Carmelite nuns in spending some time in prayer before the Blessed Sacrament: 2.00pm Office of None (afternoon prayer of the Church); 2.15- 4.30pm Silent Prayer before the Blessed Sacrament; 4.30pm Office of Vespers; 5.00 - 5.45pm Silent Prayer **5.45pm Benediction**

**75<sup>TH</sup> ANNIVERSARY OF DISCALCED CARMELITE NUNS IN TASMANIA** All are warmly invited to join the Carmelite nuns for a ***Jubilee Mass of Thanksgiving*** to celebrate the 75<sup>th</sup> anniversary of the Foundation of Carmel in Tasmania on ***Saturday 17<sup>th</sup> June at 9.30am***, at the Carmelite Monastery, 7 Cambridge St., West Launceston. Archbishop Julian will be Principal Celebrant and preacher, and Mass will be followed by morning tea.

**HOLY HOUR FOR VOCATIONS**—As part of the 75<sup>th</sup> anniversary celebrations for the Carmelite nuns, there will be an afternoon of prayer for Vocations to the priesthood for our Archdiocese and for the Carmelites on ***Thursday 15<sup>th</sup> June at the Carmelite Monastery***. The programme will include: **4.30pm – First Vespers (Evening Prayer) of the Feast of the Sacred Heart; 5pm Silent Eucharistic Holy Hour; 5.45pm Benediction of the Blessed Sacrament.** All are welcome.

**FEAST OF THE SACRED HEART – Friday 16th June**—All are welcome to join the Carmelite nuns in prayer on this Feast which is also the World Day of Prayer for the Sanctification of Priests. There will be Exposition of the Blessed Sacrament following the Sung Mass at 7.30am concluding with Benediction at 3pm. Come along and support our local priests in gratitude and prayer for all they do for us.

## **YOU ARE ASKED TO PRAY**

**FOR THOSE WHO ARE SICK:** Deacon Vinco Muriyaden, Fr Martin Aye Ngwe, Fr Terry Yard, Tina La Palombara, Greg Hopwood, Noelene Bye, Peter Brumby, Rod Badcock, Maria Holton, Myra Conway, Kathy Aldred, Teresa McMahon, Kim Izard, Danielle Evans, Louisa Buttazzoni, Lalla Smethurst, Sally Griffin (Smethurst), Patsy Heath, Alex Thrower, Marie Cousins, Alida Moolenschot, Archivaldo Pechon, Sharon Manzone, Suzy Fenton, Elizabeth Nettlefold, Shirley Ambrose, Qian Zhang-Allchin, Carole Cleary, Bev Callahan, Elizabeth Howell, Ellen O'Dea, Helen Wright, Alfred Weeding, Maureen Saunders, Mary Morgan, Mary Carter, Scott Bailey, Ralf Roston, Tony Long, Kristel Latham, Joan Keefe, Jennifer Dowell, Andrew Campbell, Bill Lewis, Vincent Burke, Eduardo Bilanes, Brian Hudson, Brian Beardwood, Jane Gillard, Joel Wilkinson, Jesse Moore, Elaine Blake, John Walsh, Clare Maddox, William Siegrist, Anne Harris, Jane Savaro, Amelia Eckert, Allison Thambugala, Ava Woolley, David Lewis, Christian Barrett, Xavier Banks, George Donovan, Max Jamieson, Jan McClean and Peter Marshall.

**FOR THOSE WHO HAVE DIED:** Lawrie Griffin, Judith Hollingsworth and Penelope Carswell who have died recently, Yvonne Brooks, Kazimierz Soroka, Raymond Andreola, Mona Sexton, Marilyn Lodge, Katherine Quill, Purification Tubb, Graham Salter, Maria Pel, Geraldine Coogan, we remember all victims of the COVID-19 virus and all whose anniversaries occur at this time and for the Holy souls in Purgatory.

**FOR OUR PARISH FAMILY AND THE WIDER COMMUNITY:** As the COVID virus continues to affect our lives, we pray in a special way for all those involved in frontline services. We pray for the gift of healing and peace for all who contract the virus, especially for those who are in hospital, and for their families.

## PARISH ACTIVITIES, INFORMATION AND NEWS

**MONDAY NIGHT ROSARY** is being held each Monday night in Church of the Apostles at 7.30pm. Come along and offer your thanks to "Our Blessed Mother Mary" for the Blessings she bestows on us each day. **All Welcome.**

**MORNING MEDITATION** at the **Emmanuel Centre Tuesdays at 11am**. Newcomers are welcome. Enquiries: ph: 6334 1082

**FRIDAY HOLY HOUR** Adoration and Exposition of the Blessed Sacrament will take place for one hour every Friday after the 12noon Mass at the Church of the Apostles.

**THE CARMEL SHOP:** 7 Cambridge Street, West Launceston is open on Wednesdays between 11.00am - 4.00pm

**Copies of the latest edition of The Catholic Standard are available in the Church and the foyer of the Pastoral Centre or look for the online version on the Archdiocese of Hobart website.**

## CATECHESIS OF THE GOOD SHEPHERD

**Call for volunteers to become catechists for the Catechesis of the Good Shepherd** for 3-6 year old children: Catechist formation for scriptural and liturgical formation of children based on Montessori educational principles.

**Where:** Kingston Parish. **When:** July 12-14<sup>th</sup> for Level 1, Part 1, and July 9-11<sup>th</sup> for Level 1 Part 2. Beginners can register only for Level 1, Part 1. Volunteers are required at Kingston, Launceston, and Hobart, so if you live nearby and are interested please register. **Information:** <https://youtu.be/RJZyqsjEjwU> **Register:** Christine Wood 6208-6236 or [christine.wood@aohtas.org.au](mailto:christine.wood@aohtas.org.au) **Information flyers are in the Church**

## SACRED HEART CATHOLIC PRIMARY SCHOOL

### 150th Year Anniversary, Sunday 18th June 2023

Mass at 10.30am at Church of the Apostles will be followed with refreshments and a tour of the school. Enquiries: [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)/ 63311011



## PARISH GROCERY DRIVE FOR St Vincent de Paul Society

Parishioners are welcome to donate a food item to help St Vincent de Paul Society, Launceston assist many people in need.

The grocery drive will be held during June and donations can be left in the church or the Parish Office. Food items such as pasta, rice, sugar, coffee, tinned food, cereal etc are all welcome and must be well within 'Use By' dates.

*Thank you for your support*

## POPE FRANCIS' PRAYER INTENTION FOR JUNE:

*For the abolition of torture*

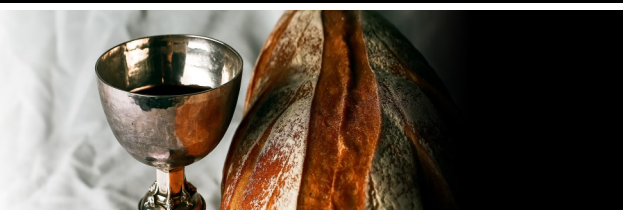
We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

## ST VINCENT DE PAUL SOCIETY - WINTER APPEAL

The Winter Appeal supports some of the most vulnerable in our community during the cold months of winter in Tasmania. The Appeal helps provide for immediate necessities, and offers support and advocacy for hope, peace and justice. If you are able, please take an envelope from the back of the church, all donations no matter how small are appreciated.

## Bank details for direct debit donations to support the financial needs of your Parish:

**Account Name:** Launceston Catholic Parish  
**BSB:** 067 000; **Account No:** 1031 6153.  
**Reference:** "your surname"



## MASS LIVE-STREAMED

**Each and every Sunday at 9am**

On Facebook @catholicparishlaunceston

if you don't have a Facebook account go to:

<https://www.facebook.com/pg/CatholicParishLaunceston/videos/>

**Sunday Mass is also televised every Sunday Morning on WIN and WIN HD, 6.00am - 6.30am.**

## WEEKEND MASS TIMES

<b>Saturday</b>	<b>6.00pm Vigil</b>	Sacred Heart, Newstead
<b>Sunday</b>	<b>7.30am</b>	Carmel
<b>9.00am</b>	St Finn Barr's	Invermay
<b>9.00am</b>	St Patrick's Chapel	Prospect
<b>10.30am</b>	Apostles	
<b>5.30pm</b>	Apostles (April—September)	

## WEEKDAY MASSES 12th—17th June

### 7.30am Monday to Saturday at Carmel

<b>Tuesday:</b>	<b>12noon</b>	<b>Newstead</b>
<b>Wednesday:</b>	<b>5.30pm</b>	<b>Apostles</b>
<b>Thursday:</b>	<b>12noon</b>	<b>Invermay</b>
<b>Friday:</b>	<b>12noon</b>	<b>Apostles</b>
<b>Saturday:</b>	<b>9.30am</b>	<b>Carmel</b>

## RECONCILIATION

<b>Saturday:</b>	<b>9.30am -10.30am</b>	Apostles
	<b>5.15pm -5.45pm</b>	Newstead



## PRAYER FOR SPIRITUAL COMMUNION



My Jesus,  
I believe that You  
are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there and unite myself wholly to You.

## Children's Corner

Dear Lord,

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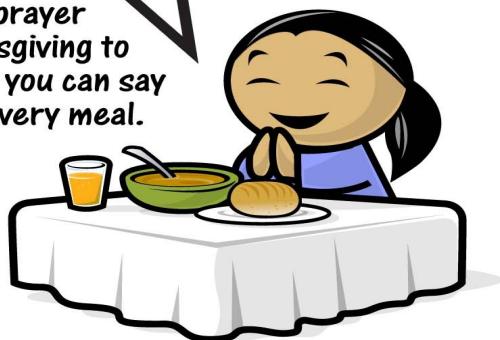
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Amen.

Write a prayer  
of thanksgiving to  
God that you can say  
before every meal.



During Mass we share in a sacred meal called the Eucharist, which means 'to give thanks'. In the chalice, write down some things which we can be thankful for. In the bread, draw a picture of your family sharing a special meal.



### GOSPELS FOR THE COMING WEEK:

Monday 12th: Matthew 5:1-12  
Tuesday 13th: Matthew 5:13-16  
Wednesday 14th: Matthew 5:17-19  
Thursday 15th: Matthew 5:20-26  
Friday 16th: Matthew 11:25-30  
Saturday 17th: Luke 2:41-51

### NEXT SUNDAYS READINGS: 11th Sunday in Ordinary Time

Exodus 19:2-6  
Psalm 99:2-3,5  
Romans 5:6-11  
Matthew 9:36



*Ponder and pray the living Word of God*

### LAUNCESTON PARISH YOUTH GROUP NEWS

Enquires: please contact Fr Chatty 0469 661 578



**YOUTH GROUP** for young people from grades 5 to 12 - Music, Sport, Adventures, Social Work, Faith **meets on the 2nd and 4th Thursdays, 6.00pm - 7.30pm St Ailbe's Hall.**

Next meeting 22nd June

Young Adults Group: 2nd and 4th Sundays  
12noon @ the Pastoral Centre

**ROME PILGRIMAGE—14th—24th January 2024**  
**with Fr Mike Delaney.** Flyers are in the Church and bookings are required by Friday 29th September 2023. Cost—from \$3050 per person, twin share. Further details: Rome Pilgrimages 1800753959 or email [pilgrimage@sydneycatholic.org](mailto:pilgrimage@sydneycatholic.org)

**The Sisters of Saint Joseph** have prepared an Australian Pilgrimage, "**In the Footsteps of Mary MacKillop**" commencing in Melbourne on 17 October, journeying through Victoria and South Australia, and ending at Mary MacKillop Place, North Sydney on 28 October 2023. Many places associated with Mary MacKillop's life and ministry are visited during the pilgrimage. Enquiries: Sr Annie Bond [national.pilgrimage@mmp.org.au](mailto:national.pilgrimage@mmp.org.au) or on 02- 89124818.



**safe  
communities**  
Archdiocese of Hobart

The Catholic Parish of Launceston embraces and whole-heartedly supports the Archdiocese of Hobart Safe Communities Policy and Framework.  
Enquiries: Parish Office 63314377 or email: [launceston@aohtas.org.au](mailto:launceston@aohtas.org.au)