



Online Content:

Website:

www.sacredheartl.tas.edu.au

School Email

shsl@catholic.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

Circle of Life
Parent Session
Tonight
6:30pm-7:30pm

Circle of Life
August 17-25

Green and Gold Day
Friday, August 18th
Go Matildas!

Father's Day Celebration
Wednesday
August 30th

Instrumental Band
Soiree, Tue Sept 5th
5pm-6pm

Nude Food Day
Wed, September 6th

Save the Date
Colour Run
Friday, October 27th

Professional Learning.....

When we visit our doctor we hope and expect that they are current in their understanding of what is best practice. We need them to understand and be familiar with our current needs. We would expect the same when we employ plumbers or electricians to work around our homes or work spaces. We all know our children need ongoing support with their own learning in order to continue to flourish as learners.

This is no different in what we need of our teachers and staff at Sacred Heart. We need our teachers to be current in their understanding of what is best for the children of Sacred Heart.

Our Catholic schools in Tasmania began an initiative in 2022 that is grounded on research of the 'Science of Learning'. Entitled 'Insight', most Catholic schools have 'signed on' for Professional Learning that enables staff to spend time reflecting on and adapting their pedagogy.

This week our school staff were engaged in two significant Professional Learning experiences.

Firstly.....All of our teachers spent time with Matt Cavanough, our coach. Our teachers observed and discussed the lessons led by Matt. He worked with us on teaching methods and approaches that reflect the Science of Learning way of teaching and learning. The Science of Learning, being evidence-based, has a number of teaching practices that promote student learning in the most efficient and effective way. Explicit teaching is where the teacher works directly with the students in a very purposeful way to help them to learn knowledge and skills. The classroom environment plays an important part and you might have noticed that some of the classrooms have already adopted the model where the desks are in rows facing the teacher. I look forward to being able to share with you more about the teaching practices of the Science of Learning as well as the student achievements we are seeing as a result of its implementation.

Our school has 4 Instructional Teacher Coaches, Katelyn, Tegan, Lilia and Penelope who are supported by our Leadership Team by coaching our teachers.

Secondly.....Our Leadership Team was shadowed by Corpus Christi Catholic School leaders. Corpus Christi observed our leaders on Wednesday. The goal Corpus Christi has is to support and build their own growth as leaders. One of the great benefits of working with other leaders is that we learn from one another. Listening to the way they lead at Corpus Christi provided our leaders with an opportunity to reflect on what we do at SHS. In the next few weeks there are two other principals who I will be working with to support leadership in both our schools.

Teachers, support staff and principals engage in a broad range of Professional Learning. Each time we consider whether we should take on PL we ask ourselves will the children of SHS derive any benefit from us participating in this PL? Our goal is to use our new learnings to improve upon what we do in our practice with the ultimate benefit to improve student learning and our own practice.

Green and Gold Day

Tomorrow, 18th August, SHS are providing children with an opportunity to celebrate the holding of the Women's World Cup Soccer in Australia and New Zealand by dressing in Green and Gold. Many of us have enjoyed the success of our women's team, the Matildas. Children are welcome to come dressed in their green and gold to demonstrate their passion for the 'Tillies'. There is no cost for this event.

SHS Disco

Last Friday was a resounding success as our school community gathered to enjoy the Inaugural SHS Disco. We can safely say this will be the first of many discos for SHS because the feedback and feeling from the night was overwhelmingly positive. Thanks to parents, staff and children for the energy and enthusiasm you all had for the night.

A SUPER big thanks to our Parents and Friends for organising a wonderful evening.

Father's Day

SHS gathers on Wednesday 30th August to celebrate Father's Day. Dads or significant males are welcome to join us at 8.45 - 10am or 2 - 3pm to enjoy time with their children engaging in a range of activities.

On the Monday after Father's Day our P and F are providing a coffee van for Dads to enjoy a coffee and join us at Liturgical Singing. Coffee available from 8.30am and Liturgical Singing with Dan in the Presentation Gym from 8.45am.

Principal Meetings

In the next few weeks I am committed to a number of meetings away from school. Adele Murphy will be available for questions.

Monday 21st August - Northern Principals meeting - Devonport

Wed. 23rd - Fri. 25th August inclusive at Tasmanian Catholic Principal meetings. This is the third of our statewide meetings for 2023.

Monday 28th August - Principal meeting Devonport



Brent Wilson
Principal



When: Wednesday, 30TH August

Time: 9-10am or 2-3pm

Where: All classrooms and other areas around the school



FATHER'S DAY STALL

SHS P&F AND GRADE 5 WILL BE RUNNING
A FATHER'S DAY STALL ON

WED 30th AUGUST & THURS 31ST AUGUST

WE WOULD ASK ALL CHILDREN TO DONATE AN ITEM/GIFT
TO THE VALUE OF APPROX \$5.

WE WILL BE SELLING THESE FOR \$2 EACH.

ITEMS COULD INCLUDE KEY-RINGS, TOOLS, SOCKS, HATS,
SEEDS, PLANTS, POTS, COFFEE/TRAVELLER MUGS,
LOLLIES OR CHOCOLATES (WRAPPED PLEASE)

ITEMS CAN BE TAKEN TO YOUR CHILD'S CLASSROOM.

CAN ALL GIFTS PLEASE BE SENT IN BY FRIDAY AUG 25TH

August 2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
13th	14th Dance Fit Gr3-6	15th Board Dinner Meeting 5:45pm - 9pm	16th	17th Instrumental Band 8:30am-9:30am Instrumental Strings 11:30am-1pm Parent Session Circle of Life	18th Assembly 2:00pm Grade 5/6 Circle of Life	19th
20th	21st Circle of Life Dance Fit Gr3-6	22nd Circle of Life	23rd Circle of Life	24th Circle of Life Instrumental Band 8:30am-9:30am Instrumental Strings 11:30am-1pm	25th Circle of Life Assembly 2:00pm	26th
27th	28th Dance Fit Gr3-6	29th	30th Father's Day Celebration and Stall.	31st Instrumental Band 8:30am-9:30am Instrumental Strings 11:30am-1pm Father's Day Stall	1st Assembly 2:00pm	2nd
September 2023						
3rd	4th Dance Fit Gr3-6	5th Instrumental Band Soiree 5pm-6pm	6th Maths Olympiad 12:30pm-1:30pm	7th Instrumental Band 8:30am-9:30am Instrumental Strings 11:30am-1pm	8th No Assembly Gala Day	9th

2023 Dates**August**

Father's Day
Wednesday 30th

September

Gala Day
Friday 8th
Green Day
Thursday 14th
Grade 3-6 Athletics Carnival
Friday 15th
Subway Lunch
Friday 29th

October

Colour Run
Friday 27th

2023 Term Dates**Term Three:**

25 July - 29 September

Term Four:

17 October - 13 December

2024 Term Dates**Term One:**

Wed 7 February - Thur 11 April

Easter Break

Fri 29 March - Tue 2 April

Term Two:

Mon 29 April - Fri 5 July

Term Three:

Tue 23 July - Fri 27 September

Term Four:

Tue 15 October - Tue 17 December

Wellbeing Lessons



EMOTIONAL WELLBEING

This week during our Primary Wellbeing Lessons, we have been learning about our Emotional Intelligence. Using the Emotional Resilience Program, we have used the metaphor of roads and driving to understand that emotions aren't good or bad nor are they right or wrong. Replacing these words with 'rough' and 'smooth' allows us to recognise that all emotions are valid and in fact, help us to become healthy, resilient individuals.

Students have been challenged to identify the triggers (TEPs) that influence them to choose rough emotions. We have also explored what happens to our amygdala and prefrontal cortex when we are faced with a TEP. The fun was had, when we matched these TEPs with appropriate tools (PETs) to help us to stay in control or choose a different emotion - regaining access to our pre frontal cortex.

Overall our goal here at Sacred Heart is to take away judgement, blame and comparison when it comes to our emotional health. Instead, we endeavour to replace that with empathy and compassion for ourselves and those around us.

Here you can see some grade 3 students taking responsibility for their own emotional intelligence by planning some appropriate PETs that they could use if they encounter a TEP.

Suze Chapple
Pastoral Care



The Spirit of Jesus is Alive in:

Prep Red	Maggie Sutton - for her increase in confidence with sharing her thinking and for the wonderful questions she shares with the group	Lachlan Bowen - for the fantastic way he has demonstrated kindness and helped others in class this week
Prep Green	Jasper Reynolds - trying really hard with learning taught letters and sounds	Elvie Russell - Great participation during literacy mat times
Grade 1 Red	Rory Luttrell - For always living out the 'Spirit of Jesus' by being a helpful, kind and inclusive member of Grade One.	Caleb Knight - For always being an enthusiastic learner who is keen to share his thought and ideas in class discussions.
Grade 1 Green	Saige Mansell for an informative and attractive insect report	Logan Dow - welcome to Grade 1 Green Oliver Warren for outstanding progress with your reading.
Grade 2 Red	Savio Joseph for his detailed and descriptive writing.	Robbie Watts for his increasing participation in class discussions
Grade 2 Green	Eloise Osborne - For fantastic focus during maths. Well done Eloise!	Riley Boucher - For amazing focus with handwriting. Well done Riley!
Grade 3 Red	Leah-Rose Duddy - for consistently being ready to learn and on task.	Archer McCauley - for his commitment to learning tasks this week.
Grade 3 Green	Elexis Barker - Applying a range of techniques to create tension filled scenes in her story writing. Fantastic work, Elexis!	Billie Kedey - Being a giver in the classroom and demonstrating impressive teamwork skills. Well done, Billie!
Grade 4 Red	Oliver Soper - for demonstrating an increasing confidence in new and unfamiliar situations and facing most challenges with a positive attitude.	Maddie Macri - for always enjoying school and for demonstrating the correct way to behave in all situations.
Grade 4 Green	Travis Calabro for having a healthy dose of humility to go with the amazing work you do!	Arlie Reeve for always being a proactive and productive member of our classroom
Grade 5 Red	Jack Turner - For being a considerate and responsible member of our class. Thank you!	Ella Jones - For being respectful and responsible for the relief teachers this week.
Grade 5 Green	Maddison Smith for working hard and being respectful with the relief teachers this week.	Campbell Woodgate for working hard and being respectful with the relief teachers this week.
Grade 6 Red	Byron Digney - For his thoughtful contributions to class discussions.	Charu Sivadas - For her fantastic film cover analysis. Well done!
Grade 6 Green	Koby Broadhurst - For his outstanding performance in HASS and Technology - your binary skills are fabulous.	Flynn Cowan - For outstanding performance in all areas. Your effort and application have been excellent.

SACRAMENTAL DATES for CONFIRMATION

And FIRST EUCHARIST

Welcome Rites

All mass centres

Saturday 3rd and Sunday 4th June

FAITH SHARING @ Church of Apostles

Session 4

WHEN: 11th and 12th September 3.30pm - 7pm

****Celebration of Confirmation
(Church of Apostles - 24th August)***

****Faith and Fun Day
(St Ailbe's Hall - 25th August)***

****Warm up Reflection
(Pastoral Centre - 7.30pm 5th September)***

****Presentation of the Lord's Prayer
(All Masses 9th and 10th September)***

****Sacrament of the First Eucharist
(all Masses - 23rd and 24th September)***



Sacred Heart will be supplying a morning tea celebration for our First Eucharist recipients after the 10.30am Mass on the 24th of September, in the Presentation Gym.

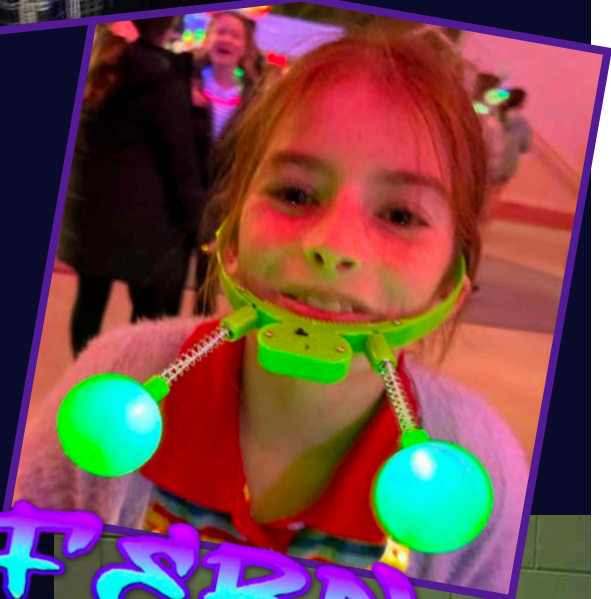
********Please could all our candidates receiving their First Eucharist provide a plate - and deliver to the Presentation Gym prior to Mass********

For further information please contact Rosie Caelli
pltn-sacraments@AOHTAS.ORG.AU





DISCO



INTERNO





Dear families,

Our Religious curriculum has been filled with shared prayer, learning, Mass, Red Day, Religious Literacy Assessment, parish Masses and MJR.

Our teachers have undergone professional development already this term, where we gathered together to moderate work samples from our Sacramental units. The quality of work presented, and the rich conversation had by our teachers definitely shows the commitment and high level of teaching and assessing that occurs at our school.

There is nothing more beautiful than singing in praise and praying together as a whole school. How blessed we are to share our faith and grow together. On Red Day we gathered together to celebrate our co-founder Edmund Rice. Our children heard about the passion of Edmund Rice.

Edmund Rice was born in Ireland in 1762. He was a lucky man, who had a nice life. He was a successful businessman, but realised that there were so many poor children in Ireland who needed help. He left his job and wealth and set up schools to feed and educate the poor boys in Ireland. He taught them about God and how to be good people. He said his calling from God was to EDUCATE HEARTS and MINDS.

Soon other men came to help Edmund Rice and that is how the Christian Brothers were formed. This organisation of Catholic men spread all over the world. They came to Tasmania too and started little St Patrick's boys school in 1919, which we now call Sacred Heart Catholic School.

Last week our Year 4 classes went and celebrated Mass with our Parishioners at the Friday weekly Mass. All Grades will have the opportunity to share mass with our parish members this term.

Marty has returned to our school to share, inspire us to live like Jesus. We are so fortunate to be an MJR school - where we are constantly reminded of Jesus' love for us, but how we can share his love with others, here at school, at home and in our world.

Last Wednesday our Year 6 students and Year 5 choir members attended the Catholic Education Week Mass. We prayed and gave thanks for Saint Mary of the Cross. Our students in the choir were exceptional, and received rave reviews from many. Our Year 6's not only looked immaculate but their participation and leadership were also exceptional.

This week our Year 4 students have undergone the annual Religious Literacy assessment. Where the system gathers data to inform their planning. We also use this information to inform us of what we do well and what we can improve here at Sacred Heart. Thanks to our teachers and children who underwent this process.

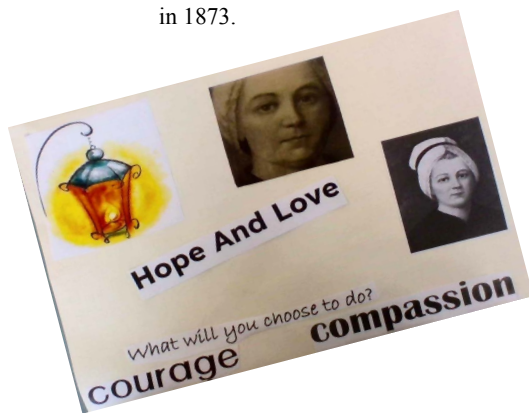
This term our students are engaging in their Christian Life element of the Good News for Living curriculum. Living out the teachings of Jesus, considering their role, how we can help others and how Jesus inspired us.

Anna Davie (REC)

NANO'S CORNER



Nano Nagle is one of the most important person to ever live with changing education and founded the presentation sisters. Nano Nagle lived in Cork, Ireland and walked around the streets at night starting many schools to give the poor children who couldn't go. After this the presentation sisters travelled to Launceston and opened catholic schools. Our school was in 1873.



*"In the face of fear, she chose to be daring,
In the face of anxiety, she chose to trust,
In the face of impossibility, she chose to begin.
What will you choose to do?"*

By Archie Matthews and Harry Oliver

Come & Try 2023

If you wish to get involved with Little Athletics you can do so at any of the nineteen Centres Statewide.

Little Athletics Tasmania accepts the Tasmanian Government Ticket to Play vouchers.

Little Athletics Tasmania are hosting Come & Try days at three locations this September!
Bring your friends for a fun and **FREE** introduction to Little Athletics.

Domain Athletic Centre, Hobart
Saturday 16th September
10:00am - 11:30am

Penguin Athletic Track, Penguin
Sunday 17th September
10:00am - 11:30am

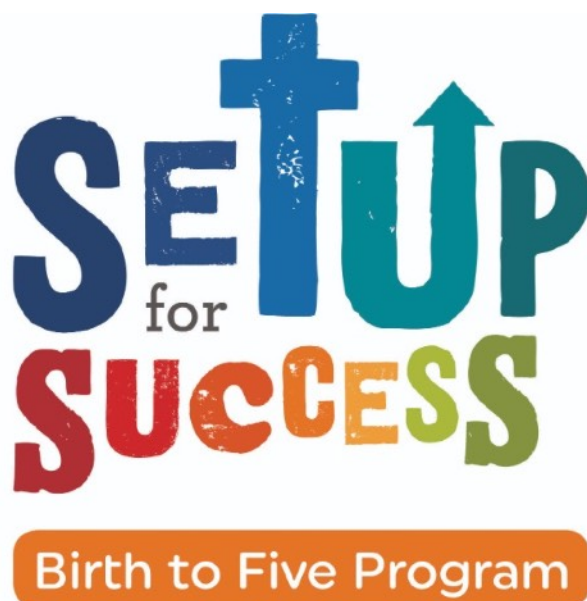
Northern Athletic Centre, St Leonards
Sunday 17th September
2:30pm - 4:00pm

To register for any of our Come & Try Days, please click this link

<https://forms.office.com/r/R55rccy5bP>



Phone: 1300 888 713
office@taslittleathletics.com.au
taslittleathletics.com.au



Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'. Children aged Birth - 5 years old, including Kindergarten children, are welcome to join us in the Kinder Green room.

We have a choice of two sessions each Thursday:

10:00 - 11:30 or 12:30 - 2:00

Bring along a hat, water bottle and own individual fruit.

Weekly updates can be found at our

['2023 Happy Hearts SETUP for Success @ Sacred Heart Launceston'](#) Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

We look forward to seeing you at Happy Hearts!
Beth & Rebecca

PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit www.coronavirus.tas.gov.au

Tasmanian Government

Coronavirus (COVID-19)

KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY



Australian Government

Clothing Pool Info

Orders can be emailed to

shs.clothingpool@catholic.tas.edu.au

and will be left at the school office for collection.

A reminder of School Uniform for 2023

Kinder, Prep and Grade 1 wear sports uniform all year

Grade 2 to Grade 6 wear full school uniform - Summer and Winter

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Days

Kinder, Prep Grade 1 - Sports Uniform All Year

Grade 2 and 3 (Sports Uniform Thur and Fri)

Grades 4 (Sports Uniform Monday and Friday)

Grades 5 (Sports Uniform Wednesday and Friday)

Grades 6 (Sports Uniform Tuesday and Friday)

School Times

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

Canteen

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

Pinterest:

www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2023 Term Dates

Term 3 Tuesday 25.7.23 to Friday 29.9.23

Term 4 Tuesday 17.10.23 to Wed 13.12.23

2024 Term Dates

Term 1 Wednesday 7.2.24 to Thursday 11.4.24

Easter - Fri 29th March - Tue 2nd April

Term 2 Monday 29.4.24 to Friday 5.7.24

Term 3 Tuesday 23.7.24 to Friday 27.9.24

Term 4 Tuesday 15.10.24 to Tuesday 17.12.24

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.