



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### School Email

[shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning

Instrumental Band  
Soiree, Tue Sept 5th  
5pm-6pm

Nude Food Day  
Wed, September 6th

Athletics Carnival  
Friday Sept 15th

Green Day  
Thursday  
September 14th

Instrumental Strings  
Soiree Sept 21st  
5pm St Pats

Grandparent's Day  
Wed, November 1st

Save the Date  
Colour Run  
Friday, October 27th

## Master Planning.....

In 2017 we at Sacred Heart underwent a significant investigation of our outdoor environment. We surveyed our school community, staff, students and parents to inform our thinking and develop a Master Plan. Play Street was employed to design new playspaces informed by the opinions of our school community.

In the past 6 years we have achieved the following

- Established a playspace which includes gardens and landscaping between Kinder and Grade 5. The playspace cost in excess of \$350,000. Our P and F contributed \$90,000. Our school contributed the remainder.
- Built an all weather court. The space cost our school approximately \$40,000. Our P and F contributed \$10,000. Our school funded \$30,000.
- Beautified the main entrance to our school with new paving and landscaping.
- Almost completed 'Sacred Heart Avenue', outside the Music Block, which includes new play equipment and improved pathways and landscaping. This project has cost in excess of \$650,000. Our school has contributed \$300,000, our P and F \$15,000 and the remainder from a grant.
- Redeveloped our oval, including redesigning and replacing our drainage system and re turfing the oval.
- Several minor landscaping projects in Kinder, Loose Parts play and in many other areas around our school.

We share this information as a way to remind our community that we are continually looking at ways to improve, both indoors and outdoors, and with this we need the continued support of our community by way of contributing to fundraisers, helping where possible, staying actively involved by reading our communications and contributing ideas.

This week representatives from the Board, P and F and some staff members along with 12 students from Grades 3-6 worked with Vision Well to share thinking, ideas and develop a plan for the future of our outdoor and indoor facilities. All Tasmanian Catholic Schools are undergoing this process.

Village Well propose to:

- Unite and inspire participants around aspirations for your school
- Speak to place context, your people and experience
- Provide a compelling vision for your school and school community
- Specify unique place experience narratives
- Provide an authentic and compelling future direction that guides development and is embedded in future decision making and speaks to the overall masterplan development

<https://www.villagewell.org/>

We will share the outcomes with our community when this becomes available.

## September 2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
27th	28th	29th	30th	31st Instrumental Band 8:30am-9:30am  Instrumental Strings 11:30am-1pm <b>Father's Day Stall</b>	1st <b>Assembly</b> <b>2:00pm</b>	2nd
3rd	4th <b>Dance Fit Gr3-6</b>	5th <b>Instrumental Band</b> <b>Soiree 5pm-6pm</b>	6th <b>Maths Olympiad</b> <b>12:30pm-1:30pm</b>	7th Instrumental Band 8:30am-9:30am  Instrumental Strings 11:30am-1pm	8th <b>No Assembly</b> <b>Gala Day</b>	9th
10th	11th <b>Dance Fit Gr3-6</b>	12th <b>P&amp;F Meeting</b> <b>7:30pm-9pm</b>	13th	14th Instrumental Band 8:30am-9:30am  Instrumental Strings 11:30am-1pm <b>Green Day</b>	15th <b>No Assembly</b> <b>Athletics Carnival</b> <b>Gr3-6</b>	16th
17th	18th <b>Dance Fit Gr3-6</b>	19th <b>Board Meeting</b> <b>6:30pm-8:30pm</b> <b>Prep Excursion</b> <b>Gr6 Movie Night 6-8pm</b>	20th	21st Instrumental Band 8:30am-9:30am  Instrumental Strings 11:30am-1pm  Instrumental Strings Soiree 5pm (St Pats)	22nd <b>Assembly 2:10pm</b>	23rd

2023 Dates**September**

Instrument Band Soiree  
Tuesday 5th 5-6pm  
Gala Day  
Friday 8th  
Green Day  
Thursday 14th  
Grade 3-6 Athletics Carnival  
Friday 15th  
Subway Lunch  
Friday 29th

**October**

Colour Run  
Friday 27th  
Term 4 Begins  
Tuesday 17th

2023 Term Dates**Term Three:**

25 July - 29 September

**Term Four:**

17 October - 13 December

2024 Term Dates**Term One:**

Wed 7 February - Thur 11 April

**Easter Break**

Fri 29 March - Tue 2 April

**Term Two:**

Mon 29 April - Fri 5 July

**Term Three:**

Tue 23 July - Fri 27 September

**Term Four:**

Tue 15 October - Tue 17 December



Wally Blazely-Wrankmore, Isobel Pintarich, Venna Flynn, Chester Hampton, Chloe McIntyre, Joseph Hateley, Mia Brown, Oscar Wheeler, Florence Aram, Ciara Kelly, Amelia Reid, Riley Boutcher, Zoe Christie-Johnston, Felix Stagoll, Avneet Sandhu, Annie Jordan, Caitlyn Jones, Flynn Williams, Tillie Pendergast, Riley McNeil, James Lynch, Zara Cearley, Isobel Zegveld, Jacob Smith, Charu Sivadass, Layla Wesley, William Cackett, Addison Frerk.

## Sacrament of Confirmation



Congratulations to all students who received the Sacrament of Confirmation last Thursday. May they all know and feel the presence of God with them as they prepare to receive their First Holy Communion in the weeks ahead.

# Wellbeing Lessons



## EMOTIONAL WELLNESS

If I held a glass of water for a little while, it wouldn't feel heavy. Perhaps I could hold it for a few hours, without feeling like it was too much. But if I continued to hold a glass of water for days, weeks, months or even years, it would eventually become so heavy that it would be impossible to hold.

The emotions we hold within us can be compared to holding a glass of water. Our glass gets filled up day by day by little events and triggers that 'drip' into it; running late, having a lot to get done, friendship fires, changes of plans.

While we navigate each trigger, emotionally it is like the filling of our glass and if we don't use strategies to empty our glass, it will eventually overflow. Likewise if we hold on to our glass for too long, it will become impossible to continue carrying.

At Sacred Heart, we are constantly exploring strategies and tools that can support our emotional wellness. Understanding the power of these little habits, teaches us the importance of emptying our glass and putting it down every now and then.

Here you can see our Grade 6 students exploring this analogy.

Suze Chapple  
Pastoral Care



## The Spirit of Jesus is Alive in:

<b>Prep Red</b>	<b>Charlotte Fox</b> - for consistent effort and improvement in reading	<b>Archie Steers</b> - for consistent effort and improvement in reading
<b>Prep Green</b>	<b>Ruby Douglas</b> - for a fantastic effort with your writing, when using conjunctions	<b>Finneus Hart</b> - For your fantastic participation during our Math Daily Review
<b>Grade 1 Red</b>	<b>Lucian Tynan</b> - For your entertaining creative writing and growth across all areas of Literacy. Keep up the great work Lucian.	<b>Frankie Macdonald</b> - For your positive attitude towards Literacy groups this week. Well done Frankie. Keep up the great work.
<b>Grade 1 Green</b>	<b>Oliver Whitmore</b> for great work in Literacy this week	<b>Abigail Edmunds</b> for being a kind and helpful classmember
<b>Grade 2 Red</b>	<b>Ciara Kelly</b> for her perseverance and positive attitude towards reading.	<b>Axel Carswell</b> for his impressive reading skills and ability to draw meaning from a text.
<b>Grade 2 Green</b>	<b>Payton Doddy</b> - For displaying a sustained focus during our measurement activities.	<b>Eddie Hart</b> - For displaying a great attitude towards his school work.
<b>Grade 3 Red</b>	<b>Cruz Robinson</b> - for providing insightful feedback to his partner during fluency pairs this week.	<b>Grace Woodgate</b> - for reading with accuracy, expression and at the right pace during fluency pairs this week.
<b>Grade 3 Green</b>	<b>Louis Gul</b> - Providing thoughtful and constructive feedback to his partner in fluency pairs. Well done, Louis!	<b>Alex Reid</b> - Providing thoughtful and constructive feedback to his partner in fluency pairs. Well done, Alex!
<b>Grade 4 Red</b>	<b>Leo Matthews</b> - for his effort and improvement in reading fluency, and his encouraging feedback to his classmates.	<b>Buddy Gonzy</b> - for his effort and improvement in reading fluency, and his encouraging feedback to his classmates.
<b>Grade 4 Green</b>	<b>Presley Burrows</b> - For her incredible energy and enthusiasm towards her learning tasks, particularly in HASS, Health & Wellbeing.	<b>Bentley Sulzberger</b> - For holding himself to high standards, and always striving to be the best version of himself.
<b>Grade 5 Green</b>	<b>Charlie Bennett</b> for your impeccable manners and respect, you are amazing! <b>Sophia Cackett</b> for your amazing work ethic and persistence in our division unit. I am so proud of you!	<b>Bayani Beeton</b> for your fantastic fluency and reading ability. <b>Isobel Zegveld</b> For your fantastic confidence and persistence to read aloud during class. Keep it up!
<b>Grade 6 Red</b>	<b>Sarah McMullen</b> - For her commitment to creating a fantastic silent film.	<b>Izzy Walsh</b> - For her outstanding commitment to her learning

# SACRAMENTAL DATES for CONFIRMATION

## And FIRST EUCHARIST

### ***Welcome Rites***

All mass centres

Saturday 3rd and Sunday 4th June

### ***FAITH SHARING @ Church of Apostles***

#### **Session 4**

WHEN: 11th and 12th September 3.30pm - 7pm

***\*Celebration of Confirmation  
(Church of Apostles - 24th August)***

***\*Faith and Fun Day  
(St Ailbe's Hall - 25th August)***

***\*Warm up Reflection  
(Pastoral Centre - 7.30pm 5th September)***

***\*Presentation of the Lord's Prayer  
(All Masses 9th and 10th September)***

***\*Sacrament of the First Eucharist  
(all Masses - 23rd and 24th September)***



Sacred Heart will be supplying a morning tea celebration for our First Eucharist recipients after the 10.30am Mass on the 24th of September, in the Presentation Gym.

***\*\*\*\*\*Please could all our candidates receiving their First Eucharist provide a plate - and deliver to the Presentation Gym prior to Mass\*\*\*\*\****

For further information please contact Rosie Caelli  
[pltn-sacraments@AOHTAS.ORG.AU](mailto:pltn-sacraments@AOHTAS.ORG.AU)



## *Celebrating Nano Nagle*



## *Green Day*



**14th September, 2023**

*Parents are invited to*

*celebrate a*

*Liturgy with us at*

**9.30am @ Founders  
Corner.**



**WEAR  
YOUR PE  
Uniform**



We will have a ZOOPER DOOPER Sale to raise funds for the Presentation Sisters charities.

U14 BOYS NORTH

# CAR WASH



SATURDAY 9TH SEPTEMBER  
12PM - 3PM

SACRED HEART CAR PARK  
MARGARET STREET



Come and meet the boys as they wash your car for a donation. All funds raised will support the costs of their upcoming trip to Victoria for the Club Nationals.





Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'. Children aged Birth - 5 years old, including Kindergarten children, are welcome to join us in the Kinder Green room.

We have a choice of two sessions each Thursday:

**10:00 - 11:30 or 12:30 - 2:00**

Bring along a hat, water bottle and own individual fruit.

Weekly updates can be found at our ['2023 Happy Hearts SETUP for Success @ Sacred Heart Launceston'](#) Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too [beth.rickerby@catholic.tas.edu.au](mailto:beth.rickerby@catholic.tas.edu.au)

We look forward to seeing you at Happy Hearts!  
Beth & Rebecca

PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

## COVID-19 testing for all Tasmanian residents

### Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit [www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)

Tasmanian Government

Coronavirus (COVID-19)


## KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit [health.gov.au](http://health.gov.au)

**HELP STOP THE SPREAD AND STAY HEALTHY**



Australian Government

### Clothing Pool Info

Orders can be emailed to

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

and will be left at the school office for collection.

### A reminder of School Uniform for 2023

Kinder, Prep and Grade 1 wear sports uniform all year

Grade 2 to Grade 6 wear full school uniform - Summer and Winter

**Absentees**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Days**

Kinder, Prep Grade 1 - Sports Uniform All Year

Grade 2 and 3 (Sports Uniform Thur and Fri )

Grades 4 (Sports Uniform Monday and Friday)

Grades 5 (Sports Uniform Wednesday and Friday)

Grades 6 (Sports Uniform Tuesday and Friday)

**School Times**

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

**Canteen**

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:**

[www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

**Pinterest:**

[www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

*S.H.S. Parents and Friends email*

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**2023 Term Dates**

**Term 3 Tuesday 25.7.23 to Friday 29.9.23**

**Term 4 Tuesday 17.10.23 to Wed 13.12.23**

**2024 Term Dates**

**Term 1 Wednesday 7.2.24 to Thursday 11.4.24**

**Easter - Fri 29th March - Tue 2nd April**

**Term 2 Monday 29.4.24 to Friday 5.7.24**

**Term 3 Tuesday 23.7.24 to Friday 27.9.24**

**Term 4 Tuesday 15.10.24 to Tuesday 17.12.24**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**