



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### School Email

[shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### Pinterest:

[pinterest.com.au/sacredheartl](https://pinterest.com.au/sacredheartl)

### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning

Green Day  
Today  
September 14th

Athletics Carnival  
Friday Sept 15th

Speak Up Stay Chatty  
Shorts Day  
Friday Sept 22nd

Instrumental Strings  
Soiree Sept 28th  
5pm St Pats

Last Day of Term  
Sept 29

Colour Run  
Friday, October 27th

Save the Date  
Grandparent's Day  
Wed, November 1st

## Celebrating Nano Nagle.....

Today we celebrate Green Day at Sacred Heart. Green Day is an opportunity to honour Nano Nagle and give thanks for all she has done.

Nano Nagle was born into a wealthy family in Ireland, in 1718. At this time the leaders didn't like Catholics and they made it illegal for Catholic children to go to school. Fortunately, Nano and her sister came from a wealthy family that was able to smuggle them to Paris for a full Catholic education.

When Nano Nagle came back from her school, she saw how poor the Catholic people and children of Ireland were. She opened a secret school to teach them, hoping that this would help them be able to live better lives. Nano Nagle was always helping. Her motto of 'Not words, but deeds' describes how she lived her life. By seeing something and doing it. By helping, educating, praying and sharing God's word. Other ladies came to help Nano Nagle. They too lived out her motto and went all around the world, helping and teaching children. These ladies who did God's work were the Presentation Sisters of the Blessed Virgin Mary. The Presentation Sisters even came to Launceston and began teaching girls here at Sacred Heart in 1873.

Sacred Heart Catholic School is indebted to these remarkable women who had the foresight and ongoing commitment to educate children in our Catholic faith with the intent of accepting children regardless of their needs and background.

It is our responsibility, as the current custodians of SHS, to continue their mission. Our current cohort of 465 children is made up from 300 families. We are blessed by the individualism and uniqueness of each and every child. We know that each one of these children will behave in different ways at different times. It is our responsibility to challenge ourselves to continue to look for ways we can support children as they grow closer to being the person that Jesus intended them to be. At times you may hear children described in a negative light, remember it is our responsibility to look for the good in each child.

Let us all take the time to give thanks to the Presentation Sisters for establishing the community we are all the beneficiaries of.

*'Not words but deeds.'* (Nano Nagle)

## Building Update

In 2017 our school developed a Sacred Heart Master Plan for our outdoor playgrounds. We consulted widely with a parent, staff and student community. We used the expertise of PlayStreet to develop the Master Plan.

The first phase of the Master Plan was the development of the playground and landscaping between Kindergarten and our current Grade 5 Block (Block G).

Phase 2 was the development of the all weather court.

Phase 3 is due for completion in the Term 3 holidays.

Phase 3 of our project includes

- A re-developed playspace below the Block C
- Addressing the 'aging' pathways and walkways around Block B and C
- Landscaping the spaces around Block C and below

Our building and playground works are continuing to make steady progress. The inground trampolines and slide have now been installed, more than half of the pathways have been completed and the musical instruments were installed this week. The project is now due for completion at the end of the first week of the holidays.

A few changes with spaces....

- The Music Room will takeover the Grade 5 Classrooms (upstairs) in Block C
- Downstairs in Block C will become The Hub
- Grade 5 will stay in Block G. We will be working on improving the space in the Christmas break
- Before and After School Care will be working out of the Old Hall

We look forward to opening these spaces for our children to enjoy in Term 4.

## Principal Meetings

I will attending Principal meetings with Northern Catholic Principals in Rosebery. I will be leaving Thursday and away for the remainder of the week. Adele Murphy is available for questions.



## COVID Update:

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Public Health recently raised the COVID-19 risk level to moderate.

When the COVID-19 risk level in Tasmania is moderate it means cases of COVID-19 per day are increasing which indicates that the virus is circulating widely in our communities.

TCEO offices and schools continue to adhere to the settings in our COVID-19 Safety Plan. At a personal level Public Health advise:

- Be up to date with your COVID-19 vaccines (including boosters) and annual flu vaccination
- Stay home and get tested for COVID-19 if you have any cold or flu-like symptoms, no matter how mild
- If you test positive by RAT, register your result
- Stay at home while you still have symptoms
- Wear a mask in indoor public places for 7 days after your positive test
- If you have COVID-19 or cold or flu-like symptoms do not visit high risk settings or people at higher risk from respiratory illness for at least 7 days
- If you have been in close contact with a person who tests positive to COVID-19 – be alert for symptoms
- Cover coughs and sneezes and keep your hands clean by washing with soap and water, or by using alcohol-based hand sanitiser
- Public Health recommends wearing a face mask in crowded indoor spaces, on Public Transport, and when visiting people who may be at risk of severe illness.

For more information on COVID-19 including information relating to testing, COVID@homeplus healthcare advice and access to antiviral medications visit: [www.health.tas.gov.au/covid19](http://www.health.tas.gov.au/covid19)

With the COVID-19 risk recently raised to moderate level, we encourage you to collect RATs from our school office for your family.

These will be available until our stocks run out and we will not be replenishing our supply.

## Primary Athletics Carnival

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Tomorrow Grade 3 to 6 children will participate in our annual Primary School Athletics Carnival at St Leonard's. We look forward to a positive day.

Our focus is on children enjoying

- Participating
- Enjoying physical exercise
- Competing against classmates
- Enjoying team spirit

We look forward to hearing every child being encouraged to do and be their best regardless of the position they finish when they cross the finishing line.







## September 2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
10th	11th	12th	13th	14th Instrumental Band 8:30am-9:30am  Instrumental Strings 11:30am-1pm <b>Green Day</b>	15th <b>No Assembly</b> <b>Athletics Carnival</b> <b>Gr3-6</b>	16th
17th	18th <b>Dance Fit Gr3-6</b>	19th <b>Board Meeting</b> <b>6:30pm-8:30pm</b> <b>Prep Excursion</b> <b>Gr6 Movie Night 6-8pm</b>	20th	21st Instrumental Band 8:30am-9:30am  Instrumental Strings 11:30am-1pm	22nd <b>Assembly 2:10pm</b> <b>Shorts Day</b>	23rd
24th	25th <b>Dance Fit Gr3-6</b>	26th	27th	28th Instrumental Band 8:30am-9:30am  Instrumental Strings 11:30am-1pm  Instrumental Strings Soiree 5pm (St Pats)	29th <b>Assembly 2:10pm</b> <b>Last Day of Term 3</b> <b>Footy Colours</b> <b>Day</b> <b>Subway Day</b>	30th
1st	2nd	3rd	4th	5th	6th	7th
<b>School Holidays</b>						

2023 Dates**September**

Green Day  
Thursday 14th  
Grade 3-6 Athletics Carnival  
Friday 15th  
Subway Lunch & Footy Colours Day  
Friday 29th

**October**

Colour Run  
Friday 27th  
Term 4 Begins  
Tuesday 17th

**November**

Grandparent's Day  
Wednesday 1st

2023 Term Dates**Term Three:**

25 July - 29 September

**Term Four:**

17 October - 13 December

2024 Term Dates**Term One:**

Wed 7 February - Thur 11 April

**Easter Break**

Fri 29 March - Tue 2 April

**Term Two:**

Mon 29 April - Fri 5 July

**Term Three:**

Tue 23 July - Fri 27 September

**Term Four:**

Tue 15 October - Tue 17 December





GALA DAY





# GALA DAY







Last week the Grade 2 classes went on an excursion to the QVMAG to visit the Planetarium and learn more about the Solar System and Planets.

There were so many wonderful things to see and do but the biggest highlight of our trip was sitting in the planetarium and watching a story about some children who built a cardboard rocket which then took us on an amazing journey through the Solar System.

We had a wonderful time and learnt so much about the Solar System and planets.





# Wellbeing Lessons



## WELLNESS

Over the last couple of weeks, our Grade 6 School Captains and House Captains have been preparing for our Fundraising Event on Friday September 22nd. On this day, all students will be invited to participate in Shorts Day and you can see the details of this day here on our newsletter.

Shorts Day is to raise funds for SPEAK UP! Stay ChatTY which works to promote positive mental health by normalising conversations about any struggles we may be experiencing. Here at Sacred Heart, we would like to encourage all of our students to be brave in instigating conversations by asking for help when needed.

Here you can see our Grade 6 Leaders visiting our Early Childhood classes to run Circle Time. The senior students posed health and wellbeing related questions and supported the younger students in being brave enough to have a talking turn.

Thank you to our Grade 6 Captains for leading this initiative here at Sacred Heart.

Suze Chapple  
Pastoral Care





# SACRAMENTAL DATES for CONFIRMATION And FIRST EUCHARIST

## ***Welcome Rites***

All mass centres

Saturday 3rd and Sunday 4th June

## ***FAITH SHARING @ Church of Apostles***

### **Session 4**

WHEN: 11th and 12th September 3.30pm - 7pm



***\*Celebration of Confirmation  
(Church of Apostles - 24th August)***

***\*Faith and Fun Day  
(St Ailbe's Hall - 25th August)***

***\*Warm up Reflection  
(Pastoral Centre - 7.30pm 5th September)***

***\*Presentation of the Lord's Prayer  
(All Masses 9th and 10th September)***

***\*Sacrament of the First Eucharist  
(all Masses - 23rd and 24th September)***

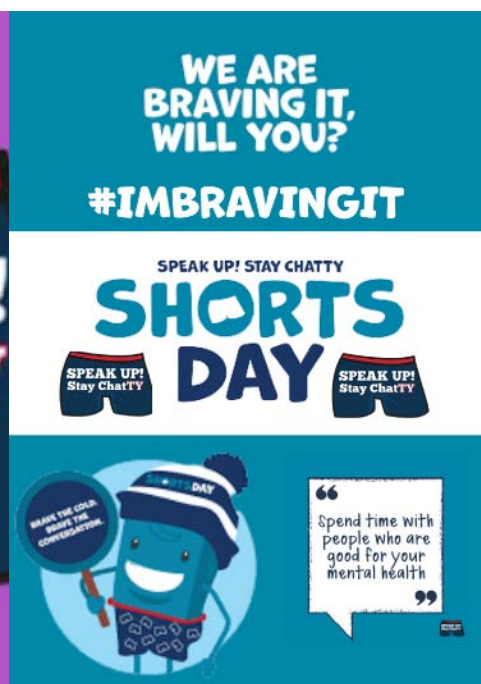


Sacred Heart will be supplying a morning tea celebration for our First Eucharist recipients after the 10.30am Mass on the 24th of September, in the Presentation Gym.

***\*\*\*\*\*Please could all our candidates receiving their First Eucharist provide a plate - and deliver to the Presentation Gym prior to Mass\*\*\*\*\****

For further information please contact Rosie Caelli  
[pltn-sacraments@AOHTAS.ORG.AU](mailto:pltn-sacraments@AOHTAS.ORG.AU)





**WEAR COLOURFUL SHORTS!!**

**Make sure to wear P.E uniform but with colourful shorts not P.E shorts.**



**BRING \$1 FOR SHORTS AND \$1 FOR A TREAT**

**SEPTEMBER 22ND FRIDAY**



# Junior Spring Roster

**Monday Afternoons from 4:30pm**

**Commencing 16th October**

**EVERYBODY WELCOME**

**You don't need to belong to a club**

**Do you have a child aged 7 yrs - 13 yrs who would love to play and learn the game of netball?**

**Children will be allocated into teams.  
Please register using the link provided**

**For more information**

**Email: [admin@ntna.org.au](mailto:admin@ntna.org.au)**

**Phone: 6334 2099**

**\$10 weekly from round 2 payable at the game**

**Hobblers Bridge, Newstead**

**6 Week Roster**

**\$50 Roster Fee**

**First Round Free**







## ST PATRICK'S SHAMROCKS JUNIOR CRICKET CLUB

**2023-24 SEASON  
REGISTRATIONS NOW OPEN**



St Patrick's Shamrocks are looking forward to building a strong junior program this year and would like to welcome old and new players to fill Under 12s, 14s and 16s as well as Girls Under 14s and 17s. Further details about training dates and times to be advised.

Cricket Blast will continue again Tuesday nights at St Patrick's College. For more information on the program visit <https://play.cricket.com.au/play/cricket-blast/woolworths-cricket-blast>

Registrations now open for Cricket Blast and junior teams  
[australia.org/westbury-shamrocks-cricket-club/d5fcda6e/register](https://australia.org/westbury-shamrocks-cricket-club/d5fcda6e/register)

Any enquiries please contact Nick Spencer (St Pat's Shamrocks Junior Co-Ordinator) on 0407 097 011 or email: [nick@jbb.com.au](mailto:nick@jbb.com.au)

## LAUNCESTON HOME RUN HEROES IS BACK IN OCTOBER 2023

Tee Ball is returning to Launceston this year and we are looking for players for the upcoming season.

We cater for kids from 5-10 years old. Do a short skills session followed by a game. We run for approx. an hour

We play Saturday mornings down at Churchill Park. The season will start on October 21<sup>st</sup>. Registrations Friday 15/09.

No Equipment required and we are a Ticket to Play Provider. To stay up today on all things Tee ball, scan our QR code and follow our Facebook Page.





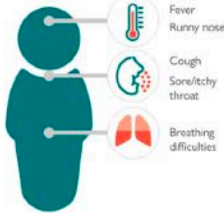
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

## COVID-19 testing for all Tasmanian residents

### Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit [www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)

Tasmanian Government

Coronavirus (COVID-19)

## KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit [health.gov.au](http://health.gov.au)

HELP STOP THE SPREAD AND STAY HEALTHY



Australian Government

### Clothing Pool Info

Orders can be emailed to

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

and will be left at the school office for collection.

### A reminder of School Uniform for 2023

Kinder, Prep and Grade 1 wear sports uniform all year

Grade 2 to Grade 6 wear full school uniform - Summer and Winter



**Absentees**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Days**

Kinder, Prep Grade 1 - Sports Uniform All Year

Grade 2 and 3 (Sports Uniform Thur and Fri )

Grades 4 (Sports Uniform Monday and Friday)

Grades 5 (Sports Uniform Wednesday and Friday)

Grades 6 (Sports Uniform Tuesday and Friday)

**School Times**

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

**Canteen**

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:**

[www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

**Pinterest:**

[www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

*S.H.S. Parents and Friends email*

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**2023 Term Dates**

**Term 3 Tuesday 25.7.23 to Friday 29.9.23**

**Term 4 Tuesday 17.10.23 to Wed 13.12.23**

**2024 Term Dates**

**Term 1 Wednesday 7.2.24 to Thursday 11.4.24**

**Easter - Fri 29th March - Tue 2nd April**

**Term 2 Monday 29.4.24 to Friday 5.7.24**

**Term 3 Tuesday 23.7.24 to Friday 27.9.24**

**Term 4 Tuesday 15.10.24 to Tuesday 17.12.24**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**