



Online Content:

Website:

www.sacredheartl.tas.edu.au

School Email

shsl@catholic.tas.edu.au

Facebook:

facebook.com/sacredheartl

Pinterest:

pinterest.com.au/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves

Respect for Others

Respect for our Learning

Speak Up Stay Chatty

Shorts Day

Friday Sept 22nd

Instrumental Strings

Soiree Sept 28th

5pm St Pats

Last Day of Term

30th September

Footy Colours Day

Student Free Day

Monday

October 16th

Band And All Strings

Workshop Oct 26th

9am-2:30pm

Colour Run

Friday, October 27th

Save the Date

Grandparent's Day

Wed, November 1st

Responding to the Archbishop's Charter.....

'Catholic Schools are a vital expression of the mission of the Church in the Archdiocese of Hobart. They are the means by which not only students, but also families and the staff experience the richness and beauty of the Christian life.'

Julian Porteous DD, Archbishop of Hobart

Tasmanian Catholic Schools are provided direction and guidance from the Archbishop's Charter. All Tasmanian Catholic schools are required to develop their own response to the charter as a means to identify what it is that they aspire to develop and build upon. Our school responded to the charter in 2021 and was presented with an acknowledgement of this last year.

Our response was developed from survey data collected from parents, students and staff. We shaped our response from the information collected and from what we were aware of.

The charter is broken up into four sections. We developed statements under each of these areas in response to the Archbishop's Charter.



- **Catholic Identity**

At Sacred Heart Catholic School, we strongly believe that the person of Christ is at the heart of Catholic Education. We strive to carry out the charism of the Presentation Sisters and Christian Brothers by nurturing hearts and minds, through the love, courage and generosity of the sacred heart of Jesus. We are committed to nurturing our students to proclaim and be witnesses to a distinctively Catholic identity. At Sacred Heart Catholic School we are called to have a personal relationship with Jesus and strive to give witness through all our words and actions. Christ's teachings through the Gospel and the charism of our founders, permeate our Catholic school life. At Sacred Heart we are living witness to the evangelising mission of the Church.

- **Learning**

At Sacred Heart Catholic School all our learning programs provide students opportunities to hear and live out the Gospel message and instil Christian values that enable our whole community to become disciples of Jesus. Our programs support students' growth in faith and their personal relationship with Jesus. At Sacred Heart Catholic School we aim for our programs to permeate the charism of the Presentation Sisters and the Christian Brothers.

At Sacred Heart we embed experiences for students to understand their Catholic faith. We utilise Good News for Living and our learning teams plan meaningful, faith filled, engaging, accessible elements for all learners. We aim to engage each child in faith and understanding with the support of their families, developing their potential and instilling the values of Jesus. At Sacred Heart Catholic School we engage our students in Catholic celebrations, through Mass, prayer, liturgical singing, liturgies, MJR programs, as well as opportunities to help those in need.

- **Leadership**

Leadership at Sacred Heart Catholic School is lived out through mission and service. We lead our community of faith living out the charisms of The Presentation Sisters and the Christian Brothers: 'Educating Hearts and Minds' and 'Not Words but Deeds'. Our leadership respects the dignity of each person, we respond to the call to be disciples of Jesus.

At Sacred Heart our Catholic leadership commits to Christ's command, "go into the world and preach the Gospel to the whole creation" (Mark 16:15). It is our baptismal call to evangelise through the proclamation of the world, by caring and nurturing others with the power of the Holy Spirit in our hearts.

- **Mission**

At Sacred Heart Catholic School we promote and enhance the evangelising mission of the Catholic Church. We are a school where faith, culture and life are brought into harmony.

We are committed to supporting the disadvantaged and marginalised. We welcome families who desire a Catholic education for their child. We call on our community to be disciples of Christ, serving others, providing support and proclaiming the Word of the Lord.

We share these statements as reminders for all of our community. As Sacred Heart Catholic School we are challenged to continue to consider what it is that makes our school unique, to consistently reflect on what we aspire to be as members of this community.

Consider this week how each one of us can continue to reflect these statements as members of the Sacred Heart community.

Uniform Transition:

Next week is the final week of Term 3. Children in Grades 2 - 6 are able to transition into Summer Uniform if they wish. By the beginning of Term 4 all Grade 2-6 must be wearing Summer Uniform.

Kinder - Grade 1 children will continue to wear their Sports Uniform all year round.

Grade 3-6 Athletics Carnival

Congratulations to the children of SHS for your team spirit and sportsmanship at the Athletics Carnival.

Thanks to the St Patrick's College students, parents and staff for your support and assisting with the carnival.

A very big thanks to John Anderson for organising another memorable carnival.

Congrats to Young House... Champion House 2023

Brent Wilson
Principal



Insight

As a system, Catholic Education Tasmania is implementing *Insight* based upon *The Science of Learning*. As a part of this process, in classrooms at Sacred Heart Catholic School, we have been implementing research based strategies aimed at achieving high engagement of students, strategies designed to assist students in remembering and retrieving information and teachers constantly checking for understanding in order to respond to the needs of students. Each classroom has a seating plan, either on the mat or at their desks for Maths and English to optimise learning conditions. Below are some photos of our Prep Green class displaying how they use whiteboards to assist with their learning. You may have heard the students, from any grade, using the following terms;

- Hover - whiteboards sideways with answers non visible
- Chin it - place whiteboard under your chin so the teacher can check your answer
- Bin it - wipe the answer out
- Park it - put the whiteboard and marker on the floor

It's exciting to walk around the school and see these processes in action!



Adele Murphy
Deputy Principal



September 2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
17th	18th	19th	20th	21st Instrumental Band 8:30am-9:30am Instrumental Strings 11:30am-1pm	22nd Assembly 2:10pm Shorts Day	23rd
24th	25th Dance Fit Gr3-6	26th	27th	28th Instrumental Band 8:30am-9:30am Instrumental Strings 11:30am-1pm Instrumental Strings Soiree 5pm (St Pats)	29th Assembly 2:10pm Last Day of Term 3 Footy Colours Day Subway Day	30th
1st	2nd	3rd	4th	5th	6th	7th
School Holidays						
8th	9th	10th	11th	12th	13th	14th
School Holidays						

2023 Dates**September**

Strings Soiree
Thursday 28th 5pm St. Pats
Subway Lunch & Footy Colours Day
Friday 29th

October

Colour Run
Friday 27th
Student Free Day
Monday 16th
Term 4 Begins
Tuesday 17th
P&F AGM
Tuesday 7:30- 9pm
Band & All Strings Workshop
Thursday 26th 9am- 2:30pm

November

Grandparent's Day
Wednesday 1st

2023 Term Dates**Term Three:**

25 July - 29 September

Term Four:

17 October - 13 December

2024 Term Dates**Term One:**

Wed 7 February - Thur 11 April

Easter Break

Fri 29 March - Tue 2 April

Term Two:

Mon 29 April - Fri 5 July

Term Three:

Tue 23 July - Fri 27 September

Term Four:

Tue 15 October - Tue 17 December



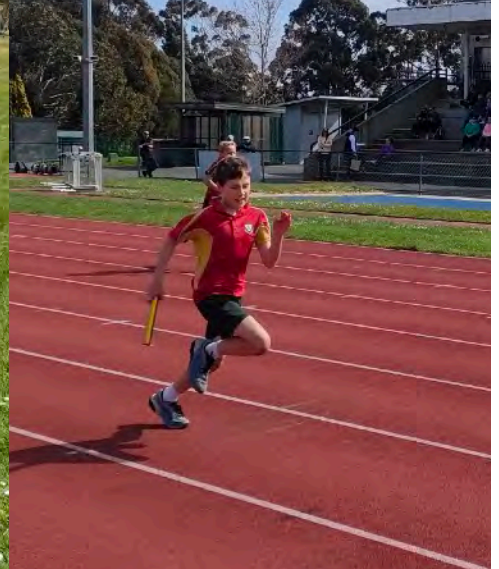
2023 Sacred Heart Athletics Carnival

Last Friday our students in Grades 3-6 participated at our annual athletics carnival at the Northern Athletics Centre. It was a memorable day and all of our students are to be congratulated for the wonderful sportsmanship and enthusiasm displayed. Thanks to our wonderful staff and St Patrick's students who assisted in making sure the carnival ran smoothly. A big thank you also to the following parents who volunteered on the day: Fleur Broadhurst, Tracey Matthews, Cadice Gale, Jodi Vinar, Jane Gamble, Kelly Franks, Anne Jordan, Alex Clear, Brent Pendrey, Stacey Pendrey, Amy Schulz, Linda Hailey, Hali Mahar, Lauren Liddell, Lauren Innes, Jackie McKibben, Chris Barrett, Reannah Douglas, Todd Medwin and Andrea Hampton.

Congratulations to Young House for winning the athletics carnival again. Young has now won the swimming, cross country and athletics in the same year!







Wellbeing Lessons



SHARK FIN BREATHING

A quick breathing exercise that our students here at Sacred Heart enjoy is Shark Fin Breathing.

Bring one hand to your forehead, pointing your fingers up like a shark fin. Slowly move your hand down to your chest as you breathe out, making a 'shhhh' sound. Move your hand back up again and take a slow breath in. Repeat.

Regulating your breathing can help manage emotions by calming your mind and reducing the effects of stress. This is critical to enable us to function effectively in our day to day life.

Ask your child to teach you this one at home.

Suze Chapple
Pastoral Care





Last Day of Term Subway Orders

On our last day of Term, Friday September 29, we will be having a whole school lunch picnic at first lunch.

Students are able to either bring their own lunch or they can order Subway.

A few important details:

All orders need to be completed online - the website address is app.canteenhub.com.au

Please make sure you **update your child's class for 2023** if you have not already done this. It causes a lot of confusion when distributing several hundred orders if the classes aren't correct.

The process is quite easy, just follow the attached instructions.

Online orders can be completed up until **11pm on Thursday September 28**

If you have any trouble ordering, please email emma@canteenhub.com or contact@subsforu.com

for assistance.

Please do not contact our school office staff with Subway issues and enquiries.

This term for every \$100 of orders, Canteen Hub will donate \$150 worth of sports gear to our school



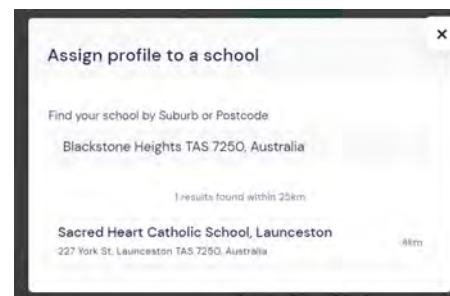
HOW TO ORDER:

Go to: app.canteenhub.com.au and create a new account or login to your existing account.

To order you will need to create a profile for each child and assign the profile to our school as per below:

You will need to search by postcode - 7250 - rather than 'Launceston' for Sacred Heart to show up.

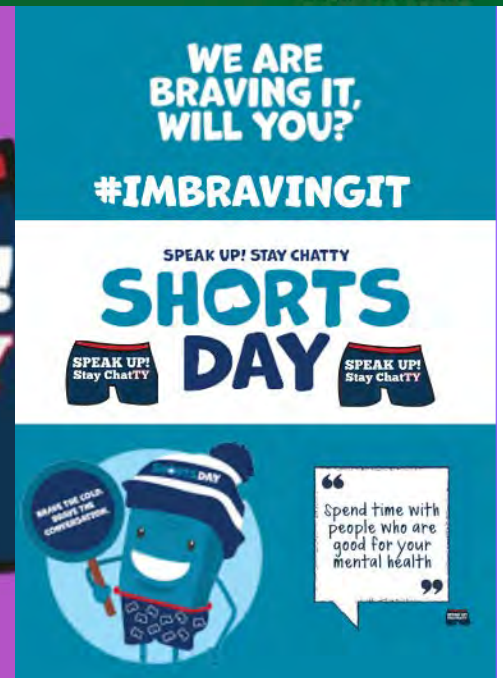
Click on Blackstone Heights then Sacred Heart will show up as a nearby school.



Select a classroom

☐ Search Mode

Grade 1 Green (Reid)	CLASSROOM
Prep Red (Prosser)	CLASSROOM
Prep Green (Wells)	CLASSROOM
Grade 1 Red (McHarg)	CLASSROOM
Grade 2 Green (Romein)	CLASSROOM
Grade 2 Red (Luttrell/Gregg)	CLASSROOM
Grade 5 Green (Williams)	CLASSROOM
Grade 3 Green (Bailey)	CLASSROOM
Grade 4 Green (Lovatt)	CLASSROOM
Grade 6 Green (Davie)	CLASSROOM
Grade 6 Red (Munro)	CLASSROOM
Grade 4 Red (Mason)	CLASSROOM
Staff	CLASSROOM
Grade 3 Red (Reid)	CLASSROOM



WEAR COLOURFUL SHORTS!!

Make sure to wear P.E uniform but with colourful shorts not P.E shorts.



BRING \$1 FOR SHORTS AND \$1 FOR A TREAT

SEPTEMBER 22ND FRIDAY

Junior Spring Roster

Monday Afternoons from 4:30pm

Commencing 16th October

EVERYBODY WELCOME

You don't need to belong to a club

Do you have a child aged 7 yrs - 13 yrs who would love to play and learn the game of netball?

**Children will be allocated into teams.
Please register using the link provided**

For more information

Email: admin@ntna.org.au

Phone: 6334 2099

\$10 weekly from round 2 payable at the game

Hobblers Bridge, Newstead

6 Week Roster

\$50 Roster Fee

First Round Free





Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'. Children aged Birth - 5 years old, including Kindergarten children, are welcome to join us in the Kinder Green room.

We have a choice of two sessions each Thursday:

10:00 - 11:30 or 12:30 - 2:00

Bring along a hat, water bottle and own individual fruit.

Weekly updates can be found at our

['2023 Happy Hearts SETUP for Success @ Sacred Heart Launceston'](#) Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

We look forward to seeing you at Happy Hearts!
Beth & Rebecca

LAUNCESTON HOME RUN HEROES IS BACK IN OCTOBER 2023

Tee Ball is returning to Launceston this year and we are looking for players for the upcoming season.

We cater for kids from 5-10 years old. Do a short skills session followed by a game. We run for approx. an hour

We play Saturday mornings down at Churchill Park. The season will start on October 21st. Registrations Friday 15/09.

No Equipment required and we are a Ticket to Play Provider. To stay up today on all things Tee ball, scan our QR code and follow our Facebook Page.



ST PATRICK'S SHAMROCKS JUNIOR CRICKET CLUB

**2023-24 SEASON
REGISTRATIONS NOW OPEN**



St Patrick's Shamrocks are looking forward to building a strong junior program this year and would like to welcome old and new players to fill Under 12s, 14s and 16s as well as Girls Under 14s and 17s. Further details about training dates and times to be advised.

Cricket Blast will continue again Tuesday nights at St Patrick's College. For more information on the program visit <https://play.cricket.com.au/play/woolworths-cricket-blast>

Registrations now open for Cricket Blast and junior teams

<https://www.playhq.com/cricket-australia/org/westbury-shamrocks-cricket-club/d5fcda6e/register>

Any enquiries please contact Nick Spencer (St Pat's Shamrocks Junior Co-Ordinator) on 0407 097 011 or email: nick@jbb.com.au

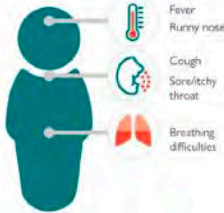
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

**COVID-19 testing
for all Tasmanian
residents**

**Do you have any cold
or flu-like symptoms?**

This includes fever, runny nose, cough,
sore/itchy throat or shortness of breath.

Call your GP or the Public
Health Hotline 1800 671 738
to request a COVID-19 test



You must have a referral to be tested.
If there is no testing clinic in your local area, you
can travel outside your municipality to have a test.
After being tested, you must self-isolate at home
until you receive your results.

For more information visit
www.coronavirus.tas.gov.au

Tasmanian
Government

Coronavirus (COVID-19)


**KEEPING
YOUR DISTANCE.**

Help stop the spread of coronavirus by keeping your distance.
Remember, don't shake hands or exchange physical greetings.
Wherever possible stay 1.5 metres apart and practise good
hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP
THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)**
will change regularly. Keep up to date.
Visit health.gov.au

**HELP
STOP
THE
SPREAD
AND STAY HEALTHY**



Australian Government

Clothing Pool Info

Orders can be emailed to

shs.clothingpool@catholic.tas.edu.au

and will be left at the school office for collection.

A reminder of School Uniform for 2023

Kinder, Prep and Grade 1 wear sports uniform all year

Grade 2 to Grade 6 wear full school uniform - Summer and Winter

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Days

Kinder, Prep Grade 1 - Sports Uniform All Year

Grade 2 and 3 (Sports Uniform Thur and Fri)

Grades 4 (Sports Uniform Monday and Friday)

Grades 5 (Sports Uniform Wednesday and Friday)

Grades 6 (Sports Uniform Tuesday and Friday)

School Times

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

Canteen

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

Pinterest:

www.pinterest.com.au/sacredheartl/

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2023 Term Dates

Term 3 Tuesday 25.7.23 to Friday 29.9.23

Term 4 Tuesday 17.10.23 to Wed 13.12.23

2024 Term Dates

Term 1 Wednesday 7.2.24 to Thursday 11.4.24

Easter - Fri 29th March - Tue 2nd April

Term 2 Monday 29.4.24 to Friday 5.7.24

Term 3 Tuesday 23.7.24 to Friday 27.9.24

Term 4 Tuesday 15.10.24 to Tuesday 17.12.24

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.