



## Online Content:

### Website:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

### School Email

[shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)

### Facebook:

[facebook.com/sacredheartl](https://facebook.com/sacredheartl)

### P & F email

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

## Our P.B.S. Values are:

Respect for Ourselves  
Respect for Others  
Respect for our Learning

Gala Day  
Friday Nov 17th

ECE Athletics Carnival  
Monday, Nov 20th

All Schools Triathlon  
Friday Nov 24th

Orientation Day  
Thursday Nov 30th

Carols on the Oval  
Mon Dec 4th

Grade 6  
Leaver's Dinner  
Tuesday Dec 5th  
5:30pm - 8:00pm

Last Day for  
Lunch Orders  
Thursday Dec 7th

Graduation Mass  
Mon Dec 11th  
6-7pm

## God Moments at Sacred Heart.....

'Be the reason someone believes in the goodness of people.' (Karen Salmanshon)

I recently was enjoying dinner with friends I have known for more than 45 years. Our conversations were many and varied. We were sharing the aspects of our work life that we enjoy. I found myself bursting with pride as so many things that take place at Sacred Heart are positive and memorable. It is timely to share some of the many 'God Moments' that we live at SHS on a daily basis. Many of you would remember a 'God Moment' is when we see goodness around us or an occasion when we see people doing positive things for the good of others.

In the first 4 weeks of Term 4 here are just a few examples of 'God Moments' at SHS

- The Blessing and Opening of the 'Our Story' panels in Founders Corner
- Watching the children of SHS enjoying the opportunities the Music Playground provides
- Observing 12 SHS Basketball teams playing for our school. Seeing parents, staff, former students, family members and interested onlookers cheering for the 'Red and Green'.
- Watching Koby Broadhurst, Santino Ramirez, Logan Bradford and Lucas Chapple, all injured or sick players, still turn up to support their classmates at the basketball championships.
- Watching Archie and Ollie, former students of SHS, coach one of our teams, the third time these young men have given up their time and wisdom to give back to SHS.
- Hearing about Isabella and Sophie sharing their tent with a Grade 6 girl from Our Lady of Mercy on the ATSI Camp.
- Watching SPC perform for our school at a Band Roadshow performance. Seeing so many former SHS students share their musical talents with our school is a delight.
- Watching our Grade 6 captains share their love of SHS at the Kinder 2024 Orientation, thanks Addie and Johan.
- Watching our Grade 6 captains share their love of the Music Playground with the Examiner newspaper, thanks Trixie and Sam.
- Watching and listening to the hundreds of Grandparents enjoy spending time with their grandchildren on Grandparents Day.
- Listening to our teachers celebrating the progress of the children in their class when analysing student data.
- Supporting Grade 4 children on camp. In particular seeing some children overcome anxiety about being away from home.
- Watching all of the Grade 4 children thoroughly enjoy their camp.
- Watching the Chess Club evolve.
- Hearing from Marty Ogle, a MJR Values teacher, about how impressive our Grade 5 and 6 students were at the MJR day in reflecting leadership skills.
- Watching our NIJSSA Team perform and support each and every athlete. Watching the staff, parents and children deriving pleasure from the performances.
- Watching our First Aid staff demonstrate the care and compassion they undertake on a daily basis when they attend to the needs of sick or injured students.
- Observing Grade 2 Red looking on in wonder at the chickens hatching in their classroom.
- Watching Kinder 2024 students begin their journey at SHS at Orientation Day.

And there are many others that could also be shared. God Moments are a wonderful reminder that there are so many good things that are happening around us when we are switched on. What will we notice in the weeks ahead?

## Child Safety

The National Office for Child Safety recently launched 'One Talk at a Time', a national awareness raising and behavioural change campaign on child sexual abuse.

One Talk at a Time aims to protect children and young people from sexual abuse by helping adults understand that child sexual abuse is preventable and encouraging them to have ongoing, proactive, preventative conversations with children, young people and other adults in their lives.

The campaign is a key measure under the National Strategy to Prevent and Respond to Child Sexual Abuse 2021-2030 and fulfils a recommendation of the Royal Commission into Institutional Responses to Child Sexual Abuse.

## Classing Arrangements for 2024

Families are reminded that we will be sharing 2024 class teachers with parents via COMPASS tomorrow afternoon. Please re read the details about this before emailing any requests to Brent.

## Principal Meetings

Tasmanian Catholic Principals are meeting in Hobart this week for the fourth time this year. I will be at these meetings on Thursday and Friday. Please contact Adele Murphy if you have any questions.

## Grade 3/4 Northern Basketball Championships

Our school performed exceptionally well again on the weekend. 6 Teams represented Grades 3 and 4. Once again the weekend was highly successful because of the support the SHS community continues to provide for the children of SHS. Thanks to the large number of parents, staff, students, former students and friends of SHS who came along to support and encourage the children of SHS.

Congratulations to Grade 3/4 Division 1 Girls Reeve

Madeliene, Paige, Molly, Zoe, Ellie, Hunter, Arlie and Zoe Crowned Grade 3/4 Northern Champions.

Congratulations to Grade 3/4 Division 2 Girls Cleaver

Caitlin, Ruby, Raphaella, Tillie, Heidi, Presley and Alice Crowned Grade 3/4 Division 2 Runners Up

A big thanks to our coaches - Shontelle Reeve, Laine Cleaver, Tarnya Frost, Ollie Viney, Archie Cooper, Scott Brown, James Madden

Managers - Jane Gamble, Melissa Adams, Tiffany Lynch, Emma Matthews, Katrina Spencer and Suzi Fogarty

And thanks to our referees for umpiring and parents and staff who came along and supported teams.

Thanks to Karen Cettolin, Sarah Viney, John Anderson, Lidia Tulk, Rebecca Millwood and Suze Chapple for the planning and preparation prior to the tournament.

Thanks to Suze who had to do a huge amount for two weekends organising referees and answering questions from parents. Thanks Suze the children of SHS are indebted to you for your efforts.

## Early Childhood Athletics Carnival

Prep - Grade 2 children will be participating in the Early Childhood Athletics Carnival at Sacred Heart on Monday 20th November. The carnival commences at 1pm and will conclude by 2.50pm

## Blessing and Opening of the Music Playground

We will be formally Blessing and Opening our Music Playground on Wednesday 29th November at 9am. Parents are welcome to join us for the occasion.



### SCHEDULE OF FEES 2024

<b>Capital levy</b>	\$290.00	per family per year
<b><u>Tuition fees and levies</u></b>		
<b>Kindergarten – Grade 6</b>	\$2302.00	per student per year
<b>P&amp;F Levy (optional)</b>	\$63.00	per family per year
<b>Interest on overdue fees</b>	5.00%	per annum where applicable
<b>Uniform costs</b>		See website
<b>Camp/extra-curricular costs</b>		Incorporated in levies component of fees

### FAMILY DISCOUNT

A family discount can be claimed by families with multiple children at Tasmanian Catholic schools or colleges, in accordance with the Catholic Education Commission Tasmania School Fees Assistance Policy. The discount rate is:

3 children	10% discount on tuition fees for each child
4 children	20% discount on tuition fees for each child
5+ children	30% discount on tuition fees for each child

If claiming the family discount, please provide details of siblings at Tasmanian Catholic schools or colleges **other than** [school name]. Enrolment may be verified with the named school or college.

## PAYMENT PLANS

Please return your payment plans to the office before Wednesday, 13th of December

November 2023						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
12th	13th	14th	15th	16th Dev Band & Dev Strings workshop 9:00 - 2:30	17th <b>Assembly 2:05pm</b> <b>Gala Day</b>	18th
19th	20th <b>ECE Athletics</b> <b>Carnival</b>	21st <b>Board Meeting</b> 6:30-8:30pm	22nd Instrumental Band And Strings Rehearsal Day @SPC 9:30am-2:30pm	23rd Instrumental Band And Strings Concert 6-8pm @ SPC	24th <b>Assembly 2:05pm</b> <b>Triathlon</b>	25th
					December 2023	
26th	27th	28th	29th	30th Instrumental Band Party 8:30am-9:30am  Instrumental Strings Party 11:30am-1pm <b>Orientation Day</b>	1st <b>Assembly 2:05pm</b>	2nd
<b>Swimming Lessons - Gr 2-3</b>					<b>SL G2-3</b>	
December 2023						
3rd	4th <b>Carols on the Oval</b> 5:30 - 7:30pm	5th <b>Leaver's Liturgy</b> 5:30pm <b>Leaver's Dinner</b> 6:30pm- 8:00pm	6th	7th <b>Last Day for Lunch</b> <b>Orders</b>	8th <b>Grade 6 Awards</b> <b>Assembly</b> 1:45-3:00pm	9th
<b>Swimming Lessons - Gr 2-3</b>						

**2023 Dates****November**

Gala Day  
Friday 17th  
ECE Athletics Carnival  
Monday 20th  
Triathlon  
Friday 24th  
Orientation Day  
Thursday 30th

**2023 Dates****December**

Carols on the Oval  
Monday 4th  
Grade 6 Leaver's Dinner  
Tuesday 5th (5:30-8:00 pm)  
EOY Assembly  
Friday 8th  
Graduation Mass  
Monday 11th (6-7pm)

**2023 Term Dates****Term Four:**

17 October - 13 December

**2024 Term Dates****Term One:**

Wed 7 February - Thur 11 April

**Easter Break**

Fri 29 March - Tue 2 April

**Term Two:**

Mon 29 April - Fri 5 July

**Term Three:**

Tue 23 July - Fri 27 September

**Term Four:**

Tue 15 October - Tue 17 December

# Grade 6 Vinnies

## Christmas Hampers 2023

Grade 6 is super keen to support the Vinnies Christmas Hamper Appeal this year and has a great team ready to sort and pack hampers for those in need.

Each grade has been given a basket to fill. Vinnies has asked us to make up Treat bags with specific items, so we are asking each grade to collect different things to allow us to fill the bags.

All items must be non-perishable and in-date

Grade	DONATION ITEMS
Kinder	Christmas pudding or cake
Prep	Instant gravy tins, tinned vegetables
Grade 1	Sweet biscuits, long-life custard 1 litre
Grade 2	Fruit mince pies, Chocolates
Grade 3	Instant gravy tins, tinned vegetables
Grade 4	Sweet biscuits, long-life custard 1 litre
Grade 5	Savoury treats - crackers, chips, pretzels etc
Grade 6	Fruit mince pies, Chocolates
Other donations appreciated by all Grades	<ul style="list-style-type: none"> <li>• Woolworths Gift cards (\$10-20)</li> <li>• Kmart Gift cards (for families to purchase gifts for their children)</li> </ul>

Please bring in all items by **Monday November 27.**

Thanks for your help and support





## The Spirit of Jesus is Alive in:

<b>Prep Red</b>	<b>Evie Kuka</b> - for her fantastic effort and focus during guided reading	<b>Sulli Lovatt</b> - for his growth in independence and positive attitude towards all learning tasks
<b>Prep Green</b>	<b>Daisy Laskey</b> - for fantastic work with our Science Unit - Living Things	Zara Hall - for always striving to do your best in all aspects of school
<b>Grade 1 Red</b>	<b>Marlee Barnard</b> - For trying hard with her writing tasks.	<b>Inuki Parana Hewage</b> - For always being a kind and caring friend.
<b>Grade 1 Green</b>	<b>Evie Richardson</b> : for your positive attitude and great work	<b>Oscar Wheeler</b> : for your calm, hardworking attitude <b>Logan Dow</b> : for your positive attitude towards completing your class tasks
<b>Grade 2 Red</b>	<b>Emily Liddell</b> - for her hard work and progress in Literacy.	<b>Cora Williams</b> - for being a role model during class discussions.
<b>Grade 2 Green</b>	<b>Lewis Baker</b> - For great understanding in maths.	<b>Bethany Bowen</b> - For consistent focus and effort in mathematics.
<b>Grade 3 Red</b>	<b>Grace Woodgate</b> - for using feedback to improve her learning.	<b>Jack Cowan</b> - for engagement and participation in learning.
<b>Grade 3 Green</b>	<b>Loken McGlinn</b> - Using persuasive devices to present engaging arguments. Keep up the great work, Loken!	<b>Zoe Gamble</b> - Using persuasive devices to present engaging arguments. Keep up the great work, Zoe!
<b>Grade 4 Red</b>	<b>Jasper Stagoll</b> - for consistently demonstrating a diligent work ethic and believing that he can always improve his work.	<b>Grace Polley</b> - for displaying a positive and responsible attitude to her learning.
<b>Grade 4 Green</b>	<b>Eddie Leake</b> - For a perfect 10 out of 10 in your weekly spelling test. Congratulations Eddie!	<b>Tahlia Knight</b> - For a great result in spelling, and for diligent reading during <i>Daily 5</i> .
<b>Grade 6 Red</b>	<b>Santino Ramirez</b> - For creating a fantastic to scale diagram of our Solar System	<b>Caleb McMahon-Keys</b> - For working extremely hard all week, especially during maths.

PHIL HUGHES' **OFFICE SOLUTIONS****Sacred Heart****Catholic Primary School**

## 2024 Booklist

Orders Can Be Placed Online At: <https://www.booklists.com.au/phos/>

Ordering Opens: **November 27th**

- \$12 Charge for delivery
- Free Pick up from shop

Or select your items and pay at our

**Back To School Shop: 77 Elizabeth Street**

Open: **January 16th– February 15th**

- Enter **SAC.HEA** into the school code text box.
- Select the year from the dropdown box.
- Select your required items and follow the prompts to finalise your order.
- If you have more than one student you can add another booklist after completing the first order.

DELIVERY- it is recommend that you place your order by **31st December 2023** to guarantee your pack prior to the commencement of the 2024 school year.

After this date, delivery is not guaranteed by the beginning of the school year

**Thank you**

# Wellbeing Lessons



## GROUNDING IN NATURE

It has been said to me on numerous occasions recently that we are blessed with stunning outdoor spaces here at Sacred Heart. This week, students have taken full advantage of the beautiful Spring weather as well as our lush oval that is incredibly well maintained by Mr Illingworth. We have been grounding in nature.

The technique of grounding simply involves engaging with the environment and focusing on our senses while breathing deeply to promote a sense of calmness.

Grounding activities can benefit children by promoting self regulation, reducing stress and improving overall wellbeing. By practising mindfulness outside in nature, children can connect with the present moment and even develop resilience.

Well done to the students pictured here, for developing healthy habits and enjoying some timeout on the oval.

Suze Chapple  
Pastoral Care





## Project Manager: Speech Pathology Application Package



# Develop the Catholic education approach to Speech Pathology

Applications close Friday 17th November 2023 at 11:00am





# MOVIE CONCERT

**SUNDAY THE 26TH  
NOVEMBER**

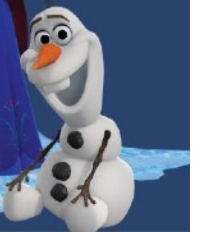
**1:30PM AND 3:30PM**

**ORANA HALL: CROAGH PATRICK**

**ST PATRICK'S COLLEGE YR 9 CAMPUS**

**251 PEEL ST**

**ENTRY: GOLD COIN DONATION**





Setup for Success is Catholic Education Tasmania's early years program promoting learning for life for both young children (Birth -5) and their families.

Our program at Sacred Heart is named 'Happy Hearts'. Children aged Birth - 5 years old, including Kindergarten children, are welcome to join us in the Kinder Green room.

We have a choice of two sessions each Thursday:

**10:00 - 11:30 or 12:30 - 2:00**

Bring along a hat, water bottle and own individual fruit.

Weekly updates can be found at our

['2023 Happy Hearts SETUP for Success @ Sacred Heart Launceston'](#) Facebook group. It is a great way to stay connected to 'Happy Hearts' and with each other.

Please feel free to email us too [beth.rickerby@catholic.tas.edu.au](mailto:beth.rickerby@catholic.tas.edu.au)

We look forward to seeing you at Happy Hearts!  
Beth & Rebecca

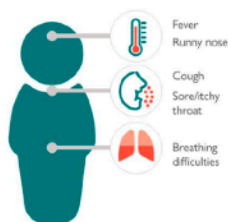
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

## COVID-19 testing for all Tasmanian residents

### Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough,  
sore/itchy throat or shortness of breath.

Call your GP or the Public  
Health Hotline 1800 671 738  
to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you  
can travel outside your municipality to have a test.

After being tested, you must self-isolate at home  
until you receive your results.

For more information visit  
[www.coronavirus.tas.gov.au](http://www.coronavirus.tas.gov.au)



## KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance.  
Remember, don't shake hands or exchange physical greetings.  
Wherever possible stay 1.5 metres apart and practise good  
hand hygiene, especially after being in public places.

**TOGETHER WE CAN HELP STOP  
THE SPREAD AND STAY HEALTHY.**

Advice regarding **Coronavirus (COVID-19)**  
will change regularly. Keep up to date.  
Visit [health.gov.au](http://health.gov.au)

Coronavirus  
(COVID-19)

HELP  
**STOP**  
THE  
**SPREAD**  
AND STAY HEALTHY



### Clothing Pool Info

Orders can be emailed to

[shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au)

and will be left at the school office for collection.

### A reminder of School Uniform for 2023

Kinder, Prep and Grade 1 wear sports uniform all year

Grade 2 to Grade 6 wear full school uniform - Summer and Winter

Hats are available to buy at the office.



**Absentees**

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

**Uniform shop open Thursdays 2-4pm**

Orders can be emailed to [shs.clothingpool@catholic.tas.edu.au](mailto:shs.clothingpool@catholic.tas.edu.au) , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

**Sports Days**

Kinder, Prep Grade 1 - Sports Uniform All Year

Grade 2 and 3 (Sports Uniform Thur and Fri )

Grades 4 (Sports Uniform Tuesday and Friday)

Grades 5 (Sports Uniform Wednesday and Friday)

Grades 6 (Sports Uniform Tuesday and Friday)

**School Times**

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

**Canteen**

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

**Webpage:**

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Facebook:**

[www.facebook.com/sacredheartl](https://www.facebook.com/sacredheartl)

**Pinterest:**

[www.pinterest.com.au/sacredheartl/](https://www.pinterest.com.au/sacredheartl/)

*S.H.S. Parents and Friends email*

[shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

**2023 Term Dates**

**Term 4 Tuesday 17.10.23 to Wed 13.12.23**

**2024 Term Dates**

**Term 1 Wednesday 7.2.24 to Thursday 11.4.24**

**Easter - Fri 29th March - Tue 2nd April**

**Term 2 Monday 29.4.24 to Friday 5.7.24**

**Term 3 Tuesday 23.7.24 to Friday 27.9.24**

**Term 4 Tuesday 15.10.24 to Tuesday 17.12.24**

**WORKING WITH VULNERABLE PEOPLE REGISTRATION**

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

**How to apply for a WWVP and Number**

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**