



Online Content:

Website:

www.sacredheartl.tas.edu.au

School Email

shsl@catholic.tas.edu.au

Facebook:

facebook.com/sacredheartl

P & F email

shsl.pnf@catholic.tas.edu.au

Our P.B.S. Values are:

Respect for Ourselves
Respect for Others
Respect for our Learning

Good Friday

March 29th

Student Free Day
Friday April 12

Mother's Day
Celebration
Wed May 8th
Save the Date

School Disco
Friday 16th August
5-6pm & 6:30-7:30pm

ECE Cross Country
Friday May 10th

Great Minds....

"Great minds discuss ideas, Average minds discuss events and small minds discuss people...." (Eleanor Roosevelt)

"The positive thinker sees the invisible, feels the intangible and achieves the impossible" (Anonymous)

A keynote speaker from a conference I attended shared research that supported the importance of teaching staff working collaboratively to develop learning experiences that enabled students to achieve positive outcomes. He shared a quote from Eleanor Roosevelt that resonated well with me so much that I did what we ask students not to do, I grabbed my phone and texted it to two colleagues. Almost immediately one of them responded with "and the brilliant combine ideas, events and people power to create change in the world...."

The response helped me reflect on the thoughts of Roosevelt. How many times do we find ourselves being narrow-minded or being critical of the way others do things? I think we know that sometimes we can all be quick to criticise and condemn others. And yet there are few people who enjoy being criticised inappropriately. Early in your teaching career you are taught to praise students in public and when necessary correct students in private. Children, and adults, need assistance with behaviours and actions. When they/we make mistakes advice and discussion will assist us in making better decisions when faced with future challenges. The critical action is how we can deliver a message when it challenges someone's behaviour. Respectful people will be emotionally intelligent when and how they deliver messages.

"It takes a whole village to raise a child..." (African proverb).

This quote takes Roosevelt's comments one-step further. Villages/communities/schools need a variety of people with a broad range of ideas and talents to be successful. Just imagine the chaos if your rubbish wasn't collected each week, or if the milkman wasn't able to deliver the milk, or if all of our teachers stayed in the staffroom drinking coffee each and every day. Equally the most productive communities are the ones that work collaboratively as opposed to working as individuals.

When collaboration is "done well" everyone benefits and everyone wins. Just watch ants or bees build their communities. They rely on one another to create, collect and construct. When I think of our school I know there are a broad range of staff with a vast range of talents in many different areas. Each one of us relies on each of us to provide the best possible conditions for student learning. If we work in isolation we are far less effective than when we collaborate. Just as importantly we need parental support and ideas to enable the children of Sacred Heart to have role models that motivates and inspires their learning. When we do this well our children will sense a comfortable and uplifting atmosphere and environment that allows them to be relaxed and optimistic about life. Our children might even agree with the comment,

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"Your actions speak so loudly, I can't even hear what you are saying." (Author Unknown).

Pupil Free Day

Families are reminded that Friday 12th April is a Pupil Free Day. This means that the final day for Term 1 is Thursday 11th April. Our staff will be working with Dr Dan White, former Director of Catholic Education Tasmania. All Tasmanian Catholic Schools spend this day enhancing our faith. Dan will be leading us on an 'Encounter with Pope Francis'.

SHS Athletics Carnival Date Change

Families are advised that our Grade 3-6 Athletics Carnival will now be held on Thursday 19th September at St Leonard's, please make the change on your calendar.

EASTER MASS TIMES 2024

HOLY THURSDAY 28th March

7.30pm: Mass of the Lord's Supper, Church of the Apostles

GOOD FRIDAY 29th March

10.30am: Stations of the Cross, Church of the Apostles

3pm: Commemoration of the Passion, Church of the Apostles

HOLY SATURDAY 30th March

7.30pm: Easter Vigil Church of the Apostles

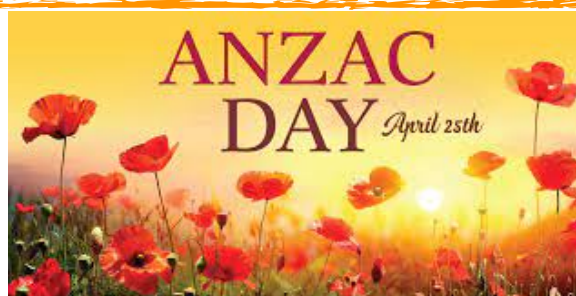
EASTER SUNDAY 31st March

9am: St Finn Barr's Church, 247 Invermay Road, Invermay

9am: St Patrick's College Chapel, Westbury Road, Prospect

10.30am: Church of the Apostles

Brent Wilson
Principal



ANZAC Day March
Thursday 25th April 2024
(2nd week of the school holidays)

On ANZAC Day students are invited to participate in the ANZAC Day March.

- Meet S.H.C.S. Staff and the School Captains at Princes Square at 9.15 am. The Sacred Heart school banner will be at the Frederick and St John Street entrance. **The students will need to wear their full school winter uniform. (Grade 3-6) Sports Uniform (Kinder - G2)**
- The March form up commences at 9:45 am.
- The Civic Service will start at 10:30am and finish at approximately 11:30 am.
- **Parents must collect their child from the teachers, as we cannot let students leave without seeing their parent or guardian**

Sacred Heart Catholic School			God is always with us.			2024 Newsletter	
March 2024							
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
24th	25th	26th	27th	28th Instrumental Band & Strings 10am-1pm	29th Good Friday	30th	
	April 2024						
31st	1st Easter Monday	2nd Easter Tuesday	3rd	4th Instrumental Band & Strings 10am-1pm	5th Assembly 2:05pm-2:50pm	6th	
7th	8th	9th	10th	11th Instrumental Band & Strings 10am-1pm	12th Student Free Day	13th	
14th	15th	16th	17th	18th	19th	20th	
School Holidays							
21st	22nd	23rd	24th	25th	26th	27th	
School Holidays							

2024 Term Dates**Term One:**

Wed 7 February -
Thur 11 April

Easter Break

Fri 29 March -
Tue 2 April

Term Two:

Mon 29 April -
Fri 5 July

Term Three:

Tue 23 July -
Fri 27 September

Term Four:

Tue 15 October -
Tue 17 December

2024 Term Dates**March**

Gala Day Gr5-6 - Friday 22nd

April

Student Free Day - Friday 12th

May

Mother's Day Celebration - Wed 8th
ECE Cross Country - Friday 17th
Grade 5 Camp - Mon-Wed 20th-22nd
Gr3-6 Cross Country - Friday 24th

June

Instrumental Band Soiree - Tues 4th
SHS Feast Day - Friday 7th
NIJSSA Cross Country - Wed 12th
Gala Day Gr5-6 - Friday 14th

Easter Celebration

Dear families,

Please join us over the next two weeks to commemorate Holy Week and celebrate Easter. This year, as Easter falls during term time, we are able to be able to celebrate Jesus' Resurrection together at school.

- Holy Week re-enactment: **Thursday 28 March** (starting at 9:15 am)
- Easter Sunday celebration: **Wednesday 3 April** (starting at 9:15am)

We hope you can join us on one or both days to celebrate the true meaning of Easter.

Farewell and Welcome

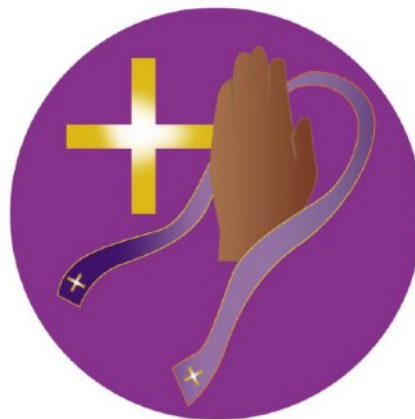
Save the date! All are welcome.

The Launceston Parish Pastoral Committee has organised a farewell party for Fr's Chatty and Ben, who have served our parish and a welcome to Fr Leonard as our new Parish Priest.

Date: Friday 5 April

Time: from 6:30 pm onwards

Where: Croagh Patrick campus at St Patrick's College, Launceston (251 Peel St West, Prospect).



FAITH SHARING SESSION - TWO

Monday 8th or Tuesday 9th April
Church of the Apostles 3-7 pm

FAITH SHARING SESSION - THREE

Monday 6th or Tuesday 7th May
Church of the Apostles 3-7 pm

UPCOMING DATES





Ivy Gordijn, Flynn White, Zanna Cearley, Fraser Pendrey,
 Layla Black, Oscar Clark, Edward Brown, Lachlan Bowen,
 Brydie Russell, Tate Schulz, Isabelle Underhill, Rory Luttrell,
 Mikayla Brimble, Finn Price, Hazel Hyde, Toby Johnson,
 Annie Jordan, Jackson Hayes, Cruz Robinson,
 Addison Russell, Flynn Williams, Raphaella Rossilli-Morrison,
 Mason Lionetti, Heidi Philpott, Lillian Frappell, Sawyer Hart

GTS
Greet, Treat & Speak

CONGRATULATIONS!

**TO OUR
EASTER RAFFLE
WINNERS** 🐣

WE WOULD LIKE TO
THANK OUR SCHOOL
COMMUNITY FOR
THEIR SUPPORT FOR
THIS FUNDRAISER.

WE RAISED A MASSIVE
\$1,758.00
WELL DONE SHS 🙏

WE WISH EVERYONE
A SAFE & HAPPY EASTER....



THE PARENTS &
FRIENDS ASSOCIATION



The Spirit of Jesus is Alive in:

Prep Red	Louis Whitmore - for his wonderful effort during our Initialit program this week	Harriet Milbourne - for being a kind and helpful member of our class
Prep Green	Harvey Aram - positive attitude towards recognising and adapting to changes in our routine	Sutton McGlinn - For wonderful participation during our whole class Initialit program
Grade 1 Red	Oscar Stackhouse - For a great effort across all areas of Literacy	Zara Hall - For always giving her best during our Maths Daily Review.
Grade 1 Green	Alessia Reid : for taking pride in her writing	Reuben Baker for his eagerness to learn and fantastic participation
Grade 2 Red	Inuki Parana Hewage for demonstrating pride in her Religion work.	Adam Williams for his increased resilience this week.
Grade 2 Green	Abigail Edmunds for her persistence and determination with her learning.	Frankie McDonald for being a positive and friendly class member.
Grade 3 Red	Lucas Barrett - for his exceptional work ethic. Lucas is always ready to learn. Keep up the great work Lucas!	Esther Jones - for her outstanding commitment to all learning tasks. Well done Esther!
Grade 3 Green	Ethan Lewis - Living out our class values by being a respectful learner and kind friend to others.	Cora Williams - Living out our class values by being a respectful learner and kind friend to others.
Grade 4 Red	Georgia Frost For her efforts in Maths this week	Oscar Hodge For his perseverance and calmness during weaving this week
Grade 4 Green	Grace Woodgate - For her outstanding effort, focus and output during maths daily review.	Jack Cowan - For showing maturity and a friendly disposition towards others, and for being an absolute workhorse in all areas of
Grade 5 Red	Flynn Williams - For listening attentively to instructions during our YMCA Leadership Day. Riley McNeil - For your improved focus during learning times over the past week. Well done!	Patrick Neighbour - For challenging yourself to be outside your comfort zone and participate in new things. Alexis Brimble - For being a ray of sunshine in our classroom.
Grade 5 Green	Phoebe Spencer for excellent use of words and writing strategies in narratives.	Jacob Blyth for continuing to find positives in all learning areas and be committed.
Grade 6 Red	Freya Pearce - For the amazing level of detail you have put into your Solar System diagram.	Jonny Radin - For always striving to be the best version of yourself, both academically and personally.
Grade 6 Green	Lexi Johnston for the care and effort you put into all of your school work. Your work ethic is fabulous!	Harmony Munroe for your amazing work on your narrative. The detail, description and imagination is phenomenal. I cannot wait to read it when it is fully complete.

Wellbeing Lessons



HEALTHY EATING FOR STUDENTS

It's no secret that students need quality nutrition in order to learn and perform well at school. A balanced diet is essential for their physical and mental development. Nutritious lunches and snacks help to provide energy your child needs to concentrate, learn and play throughout the day.

Try to include a variety of foods from each of the food groups. The key parts to a healthy lunchbox include fruit, vegetables, yoghurt, cheese, meat and grains. Freshly prepared, unprocessed and unpackaged foods provide higher levels of nutrition. Water is always the best choice for a drink.

Encourage your child to be involved in their own lunch preparation, discuss choices with them and include food they like. Having a rainbow of colours in a lunch box, increases the range of essential nutrients that your child needs to grow and thrive. Working together to pack healthy and nutritious lunch boxes not only shares the load for busy parents, but it sets our children up with healthy habits for life!

Suze Chapple
Pastoral Care





Birth to Five Program

Happy Hearts 2024

We have a choice of two sessions each Thursday

10:00 - 11:30

or

12:30 - 2:00

Please join our new 2024 Facebook group to receive weekly updates.

[2024 Happy Hearts Setup for Success. SHCS Launceston](#)

Please feel free to email us too beth.rickerby@catholic.tas.edu.au

We look forward to seeing you at Happy Hearts in 2024!
Beth & Rebecca



KINDER ENROLMENTS
2025
Now Open

Enrolments close 31st May 2024.



Sacred Heart
Catholic
Primary School

Clothing Pool Info

Orders can be emailed to
shs.clothingpool@catholic.tas.edu.au
 and will be left at the school office for collection.

A reminder of School Uniform for 2024

Kinder to Grade 2 wear sports uniform all year
 Grade 3 to Grade 6 wear full school uniform - Summer and
 Winter

Uniform Shop News

New SHS Jackets have arrived and ready to purchase

Size 4-8 \$75.00
 Size 10-16 \$80.00

This is a soft shell style jacket containing the SHS logo.
 The current green raincoat style jacket is still available to
 purchase.
 Both jackets are an optional item and will not replace the
 current woollen and rugby jumpers

Please see the Uniform Policy for further information.



- The uniform shop is fully stocked for all your uniform needs.
- Thank you for the second hand uniform donations which are passed onto families or available to purchase in the preloved section of the shop.
 - *Please note that we can only use formal uniform items from size 8 upwards.*
- The updated [SHS Uniform Policy](#) is now available to view on the schools website.
- School hats can be purchased from the office at \$12.00 each.
- Thank you for your continued support throughout 2024

Orders can be emailed or left at the school office.
 Email- shs.clothingpool@catholic.tas.edu.au

For further enquiries please contact
 Kelly Cox 0400 128 200
 Rebecca Millwood 0418 721 952



SCHOOL SERIES CROSS COUNTRY COMPETITION

Interschool, Team and Individual competitions

Open to all Primary and Secondary School aged Students

1.5km & 3km Races

27th April	Carrick Park Pacing Club
4th May	Hadspen Recreation Ground
11th May	Scotch Oakburn College
18th May	Hagley Farm School
25th May	Heritage Forest
8th June	Trevallyn Reserve

Including the Northern All Schools Cross Country Championships
at Carrick Park on April 27th

Races start at 1pm

\$15 per Student

More information available online at

newsteadathletics.org.au



KEEPING YOUR DISTANCE.

Coronavirus
(COVID-19)

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit **health.gov.au**

HELP
STOP
THE
SPREAD
AND STAY HEALTHY

1.5M

Australian Government

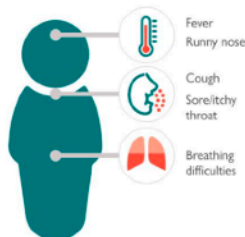
PROTECTING YOURSELF AND OTHERS FROM CORONAVIRUS

COVID-19 testing for all Tasmanian residents

Do you have any cold or flu-like symptoms?

This includes fever, runny nose, cough, sore/itchy throat or shortness of breath.

Call your GP or the Public Health Hotline 1800 671 738 to request a COVID-19 test



You must have a referral to be tested.

If there is no testing clinic in your local area, you can travel outside your municipality to have a test.

After being tested, you must self-isolate at home until you receive your results.

For more information visit
www.coronavirus.tas.gov.au

Tasmanian
Government

Absentees

Please use the Compass App to notify the school if your child will be absent.

If your child is arriving to school late they must report to the office when they arrive at school.

Please note: only the York St gate is unlocked after 9am

Uniform shop open Thursdays 2-4pm

Orders can be emailed to shs.clothingpool@catholic.tas.edu.au , and then collected from the school office once you are notified your order has been completed.

For enquiries please contact

Kelly Cox (0400 128 200) and Rebecca Millwood(0418 721 952)

Sports Uniform Days (2024)

Kinder to Grade 2 - Sports Uniform All Year

Grades 3&4 (Sports Uniform Thur and Fri)

Grade 5 (Sports Uniform Wednesday and Friday)

Grade 6 (Sports Uniform Tuesday and Friday)

School Times

8.55am Classes commence

11.00am First Lunch Break

11.30am Classes recommence

1.30pm Second Lunch Break

2.00pm Classes recommence

2.55pm Classes dismissed

Canteen

Lunch orders are available Tuesdays & Thursdays.

Order through the Flexischools app.

If you have used the Flexischools app before you will need to update your child's grade.

Webpage:

www.sacredheartl.tas.edu.au

Facebook:

www.facebook.com/sacredheartl

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

2024 Term Dates

Term 1 Wednesday 7.2.24 to Thursday 11.4.24

Easter - Fri 29th March - Tue 2nd April

Term 2 Monday 29.4.24 to Friday 5.7.24

Term 3 Tuesday 23.7.24 to Friday 27.9.24

Term 4 Tuesday 15.10.24 to Tuesday 17.12.24

WORKING WITH VULNERABLE PEOPLE REGISTRATION

If parents do not have registration or registration is pending you will not be able to volunteer and attend the excursion or school event. This is something that we do not want to have to do but as legislation and system policy we need to adhere to.

How to apply for a WWVP and Number

1. Complete the online application form www.justice.tas.gov.au/working_with_children
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

Once your registration has been approved and you receive your WWVP card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.