

# SACRED HEART SCHOOL

## NEWSLETTER



Phone: 63 311011

227 York Street, Launceston. Tas. 7250

Email: [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au)

Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at:

**@shslton**

### From the Principal:

*"It is not enough to be busy. So are the ants. The question is: What are we busy about?"*

- Henry David Thoreau

### German Measles:

There have been 3 confirmed cases of German Measles (Rubella) reported to the school. This is a **CONTAGIOUS VIRAL INFECTION** that usually starts with a fine rash on the body, the child is unwell and there may be some swelling of the glands in the neck. The child may not attend school for four days after the rash appears. It is also a danger for pregnant women.

**If your child is unwell please monitor and be overly cautious and see your doctor if unsure or concerned.**

### Cyber Safety Workshop: DATE CLAIMER:

Wednesday 3<sup>rd</sup> July at 7 p.m. the school has organised a Parent Workshop on Cyber Safety. The importance of developing these skills and understandings in our students is an increasingly crucial need and for us as parents we need to be aware of the realities of this also. Please look to claim this date and make an effort to attend.

Our Grade 3-6 classes will have a performance during the day focusing on CyberSafety, our staff will attend a staff meeting that night as well as the parent session mentioned above.

### CALENDAR

Term 2: 07/05/13 - 05/07/13

### JUNE

#### Friday 7th

- Sacred Heart Feast Day
- 9.00am Assembly
- Gr 5 Life Education
- Gr 5/6 Friday Sport
- 7.00pm Old Collegians Dinner

#### Monday 10th

- Long Weekend
- 10.00am - 12.00pm Art Room move

#### Tuesday 11th

- 8.00am Interschool Cross Country training - Brickfields
- School Photos

#### Wednesday 12th

- 8.00am Interschool Cross Country Training - Brickfields
- School Photos
- 10.30am Class Liturgy 5I
- PBS Day - Matt

#### Friday 14th

Sacred Heart Feast Day Activities

- 9.00am Assembly
- 10.00am Feast Day Mass

**From the Principal: (cont.)****Long Service Leave:**

Mr. John Hood will be taking Long Service Leave for all of Term 3 this year returning for Term 4 until the end of the year. Melissa Heathorn will be covering Grade 3 Hood while John is on leave.

Melissa has already covered relief on John's class on several occasions. Melissa will also be coming in on 2 - 3 occasions to observe while John is teaching to get a hands on understanding of the routines and approach that is already in place in the class. Melissa will also be attending Parent/ Teacher Interviews, towards the end of this term, with John to make sure she is aware of any and all needs of the students for Term 3.

Mrs. Carol Wright will be taking Long Service Leave from 27<sup>th</sup> June until the 21<sup>st</sup> November this year. Mr. John Anderson who is our 3-6 P.E. Teacher will be covering Carol's Long Service Leave during this time.

**Uniform Changes:**

On behalf of our School Board I want to reassure parents that we will be putting into place a variety of strategies to support families in the transition to new elements in our school uniform.

At our next Board meeting in June we will finalise our plan for transitioning of new elements of St. Patrick's College uniform into our School Uniform.

With St. Patrick's having already changed their uniform and looking at the financial costs associated with uniforms at primary and secondary school, it was clear that, whether we wanted to or not, the right decision to make was to transition into the same elements of their uniform.

If we decided to stay with our current uniform it would create real tension for parents and the school when students were in Grade 5 and 6. It would create additional costs in purchasing a uniform for only a year or, in fact, only a few terms. Experience in other school settings has reinforced that in these instances often parents are reluctant to purchase the primary school uniform, which is totally understandable.

We will make sure that no families are overly impacted in these transitions. We will draft recommendations as a Board for brief consultation with parents before finalising plans. By the end of this month we should be able to have draft recommendations to parents for feedback.

**Birth - 4 Program: Playgroup at Sacred Heart**

From early Term 3 our school will be trialling a Birth to 4 years playgroup. This is for families from our school, parish and local area. It will be held every Monday afternoon in Mrs Nas' Kindergarten room. Further information will be available in coming weeks. Any queries around this can be directed to Jane Hills via email - jane.hills@catholic.tas.edu.au

**Old Collegians Dinner:**

This **Friday, 7<sup>th</sup> June at 7.00pm**, the school is hosting S.H.S. Old Collegians Dinner in our Presentation Gym. Our school is in its 140<sup>th</sup> year and the dinner is a fantastic opportunity for ex students to get together and share a meal as well as stories from their time at Sacred Heart. Please feel free to contact our office to be provided with more information if you are interested or know of someone who would be interested in attending.

**Mini Vinnies:**

On Tuesday 18th June Mini Vinnies will be holding a plain clothes day to support Winter Woollies. Instead of a gold coin donation we ask all students to bring in a 2nd hand piece of clothing or food item to support the event. These food and clothing items will be collected, bagged and presented to St Vinnies by our team. Thanks for your support,

Emily Withington, President

**From the Principal: (cont.)****School Photos: Tuesday 11th June & Wednesday 12th June**

Online ordering is now available

🕒 Logon to **www.msp.com.au** and click Order ONLINE

🕒 Place your order using the online system

Record your Reference Number on your child's envelope

Family/sibling photos cannot be ordered online

Family discount cannot be claimed for online orders

Family envelopes and family discount forms (3 or more children) are available at the school office upon request.

Please enclose correct money as change is unable to be issued. Cash, cheque and money orders are accepted. Credit cards can only be used for payment when ordering online

**ALL ENVELOPES NEED TO BE RETURNED TO THE SCHOOL OFFICE ASAP**

**Photo Schedule:****Tuesday 11th**

Kinder Halley

Prep Hills

Prep Reid

Gr 2 van Ryn

Gr 2 Sydes/Weir

Gr 5 McLeod/Viney

Gr 5 Illingworth

Gr 4 Underlin

Gr 6 Davie

Gr 6 Claessens

Gr 1 Crawford

Gr 4 Smith

Family Photos

**Wednesday 12th**

Staff

Kinder Nas

Gr 1 Best

Gr 3 Symons

Gr 3 Hood

**Vision & Hearing Screening - Prep & Grade One:**

The consent forms from the Child Health and Parenting Service for the Vision and Hearing Screening have been sent home this week. Please return this form to school **as soon as possible** as the nurse will be collecting them on Monday 17th June. They will be visiting the school on the 25<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup> of June and the 2<sup>nd</sup> and 4<sup>th</sup> of July 2013.

**Art Room:**

We are asking for volunteers to help move art supplies and equipment out of the art room on Monday 10th June (long weekend) between 10.00am and 12.00pm. This is a part of the school redevelopment and all help will be greatly appreciated, thank you.

**School Banking:**

Please note there will be no school banking next Wednesday 12th June.



**From the Principal: (cont.)****ATWTP - Take the Next Step:****Grade 3 - 6 Cross Country Carnival:**

Congratulations to the following students who have made the S.H.S. Cross Country team to compete in the Interschool Carnival in a few weeks time. They are continuing training two mornings a week before school.

Grade 3	Grade 4	Grade 5	Grade 6
Sophie Illingworth Mia Baldock Ella Digney Isabella Johnston Amelia Lewis Haylie Lehner Emergency: Ebonie Agostini	Mia Titmus Isabella Tys Evie Dawkins Jade Nichols Kaitlyn Rice Kara Hennessy Emergency: Esmae Morrow	Olivia Roney Alessia Kirk Ava Drew Remi Gardner Ela Iezzi Amelia Hoyland Emergency: Sophie Petrack	Emily Withington Rebecca Von Samorzewski Ella Boxhall Myneika Morrow Madison Johnston Alicia Williams Emergency: Ella McKenzie
Connor Leeflang Liam Jones Josh Gillow William Fox Parker Shea Hamish McKenzie Emergency: Mitchell Nicholas	Jack Ross Stefan Tantari Samuel O'Shea Matthew Saunders Lachlan Pearn Bradley Morgan Emergency: Oscar Mansell	Bailey Gillow Mason Gardner Jordan Iramu Lachlan Mudge Benjamin Hyatt Nathan Cairns Emergency: Daniel Nicholas	Isaac Nicholson Ronan Filgate Cohen Reaburn Cameron Illingworth Manoa Ciantar Conor Healey Emergency: Joshua Rigby

Congratulations also go to Rebecca Von Samorzewski on her selection to the Tasmanian Primary Track & Field Team that will compete in Brisbane in November.



## R E NEWS

### Praying with the The Holy Trinity in mind

On the weekend I attended mass. During the homily Fr Richard asked the congregation “why were we there (at mass)?” He said before we answer the question he would suggest it was for one or more of three reasons – because of self (reflection), because of others (community), because of God. I would like to ask you a similar question before you read on. “Why do you pray or why do you think about God?” Upon thinking about your answer in terms of the three options, none being better than the other, Fr Richard then went on to explain perhaps where our thoughts about God were, in terms of getting to know God. He said that God loves us deeply just like us when we are deeply in love, and want to know the other person more deeply and for them to know us more deeply, God is like this with us. God wants us to know Godself more deeply. Sometimes we may limit our ‘experience’ with God in terms of our prayer or thinking of God.

So where is our thinking ...

If when we pray or think of God (or go to mass etc) we are there for ourselves, then we are probably reflecting inwardly, in our inner hearts, where our spirit dwells. Fr Richard likened this to our connection with God as Holy Spirit.

If when we pray or think of God and in that setting we like the feeling of community, of thinking of others, this is likened to our connection to Jesus the Son, who came to live among us, to be our friend, our companion on our journey.



If when we pray or think about God we do so in praying to God the Creator, the Loving Parent, the Supreme Almighty, this is likened to God the Father.

It's not that one way is better than another, or that these may not vary on different days or different circumstances or even different moments, but it might be good to be aware of the way we pray or think about God and open our heart to the possibility of coming to know God more deeply – as Our Father, as Son and as Holy Spirit. This is my prayer for each of us.

(With thanks to Fr Richard for his inspirational homily ☺)

Helen Halley APRE

# CROSS COUNTRY

## S.H.S. Cross Country Carnival:

The Sacred Heart Cross Country Carnival held at Heritage Forest last Friday was a huge success. It was terrific to see so many families come down to support our students. Without the wonderful help from parents and staff the event would not be possible... thank you!

Congratulations go to Rice who won this year's carnival. The final scores were :

**Rice:** 396  
**Nagle:** 225  
**Young:** 192  
**MacKillop:** 166

Well done to all the students who have made the SHS NIJSSA squad. These students will be travelling to Scotch Oakburn on Thursday 20<sup>th</sup> June. Overall I was really happy with everyone's endeavour, persistence and stamina. The great thing about running is that if you have put in 100% you are a winner, regardless of what place you finished.

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Grade 3 girls	Sophie Illingworth	Mia Baldock	Ella Digney
Grade 3 boys	Connor Leeflang	Liam Jones	Josh Gillow
Grade 4 girls	Mia Titmus	Isabella Tys	Evie Dawkins
Grade 4 boys	Jack Ross	Stefan Tantari	Samuel O'Shea
Grade 5 girls	Olivia Roney	Alessia Kirk	Ava Drew
Grade 5 boys	Bailey Gillow	Mason Gardner	Jordan Iramu
Grade 6 girls	Emily Withington	Rebecca Von Samorzewski	Ella Boxhall
Grade 6 boys	Isaac Nicholson	Ronan Filgate	Cohen Reaburn

John Anderson,  
Physical Education Teacher





# CROSS COUNTRY



## Early Childhood Cross Country 2013

"I don't know where to go" and "Can we climb through the tunnel first?" were comments made on the starting line at the Cross Country Race on Friday 24th May.

The children were keen to show their friends and family how fast they could run.

Around the course, balls were bounced, bean bags were caught and dropped, children cheered and, of course, the tunnels were a big attraction.

It was great to see so many parents and grandparents cheering the students on. Parents and Grade 6 children were a great help around the course. Thankyou

Carol Wright  
PE Teacher





Grade 1 Crawford taking part in the grade 1-6 Cyber Safety sessions with Mr van Ryn.

## Winter's Mine

by Jade Nicholls  
Gr 4 Smith

Some people don't like winter  
Some people think it's too cold  
I think they just like to complain  
or maybe they're just too old

I like bundling up  
In coat with boots on my feet  
I like it when my breath fogs up  
In the rain, snow or sleet

I like to break off icicles  
And break them for a drink  
In the winter the world goes quiet I like to listen and think

Some people don't like winter  
I say they just don't get it  
You might want sunshine all day  
But I say you can forget it.



## Please Help Us Support “Running Jack”

Jaimee and Xavier Duffy are in training for the Ross Marathon. They are going to run the 1.5km section of the race with many of their family and friends on the 1<sup>st</sup> of September. Jaimee and Xavier are excited about this huge event because they are trying with their mum and dad, Erin and Chris, to raise money for their younger brother Jack. Many of you would remember Kayak Jack from his kayaking fund raising event in 2009, where he with his Dad, Chris, raised \$70,000 for St Giles by kayaking from Launceston to Hobart.

Now the Duffy family are hoping to raise \$15,000 so they can buy a communication device for Jack, so that he can easily communicate with his family and friends. We, as a school community, would like to help the Duffy family with their marathon quest by holding our own fundraising event.

We have made two huge footprints and would like all of our students to bring a gold coin donation to school on Sacred Heart Feast Day, which is Friday the 14<sup>th</sup> of June. Students will then place their coins on the huge footprints.

The Duffy family are also encouraging their family and supporters to join them on their marathon. There is a 1.5km children's challenge, 10km, 21.1km and 42.2 km challenge. Please think about dusting off your running shoes, stretching your limbs and joining them for this great event.



## SCHOOL NOTICES



### PLEASE NOTE: CENTACARE FAMILY LIFE PROGRAM

The follow up Family Life Sessions for Grades 5 & 6 have been changed from Tuesday 4th June to FRIDAY 7TH JUNE for Grade 5 and FRIDAY 21st JUNE for Grade 6.

Parents are welcome to attend.

**If parents do not want their child to attend or be part of these discussions they need to let their class teacher know.**

## SCHOOL PHOTOS

TUESDAY 11TH JUNE & WEDNESDAY 12TH JUNE

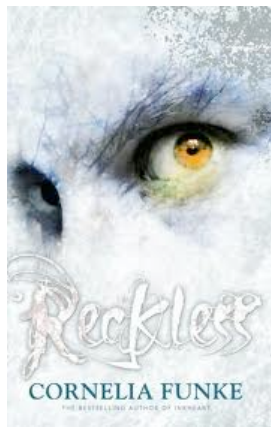
PLEASE RETURN ALL PHOTO ENVELOPES TO  
THE SCHOOL OFFICE ASAP



### Tuesday Book Club

*Reckless*

by Cornelia Funke



Jacob Fearless, has for years, escaped through a mirror to another world - one that is dangerous. One day his younger brother follows him. Can Jacob save him before it is too late and will he live to tell the tale?

The next meeting will be 25th June from 3.15pm - 4.30pm.  
We meet upstairs in the Grade Five area.

If you are interested in joining then see Mrs Illingworth or Mrs McLeod.

Everyone welcome from Grades 5 and 6.

### 2013 TERM DATES

**TERM 1** Wednesday 06.02.2013 to Friday 19.04.2013  
**TERM 2** Tuesday 07.05.2013 to Friday 05.07.2013  
**TERM 3** Tuesday 23.07.2013 to Friday 27.09.2013  
**TERM 4** Monday 14.10.2013 to Thursday 19.12.2013

### Beginning and Ending Times of the School Day

First bell	8:55 am	Lunch begins	12:50 pm
Recess begins	11:00 am	Lunch ends	1:30pm
Recess ends	11:25 am	School finishes	3:00 pm

### REMINDER

**A reminder to all parents when entering the school between 9.15am and 2.45 pm that they are required to sign in at the office.**

## COMMUNITY NEWS

### CARE FOR AFRICA FOUNDATION

We are writing to you about an upcoming raffle for the Care for Africa Foundation. This foundation was established by the late Dr Peter Hewitt and Diana Butler, both from Launceston, in 2004.

The Foundation's aim is to assist the people of Tarime, Tanzania, in Africa, in becoming a self-sufficient society.

Care for Africa is working towards giving people in Tarime the basic rights of life:

- \* Supply and access to clean water
- \* Health care and medical facilities
- \* Education for all children

The far reaching benefits of this project are truly amazing!

The Care For Africa charity is an organisation that the school has supported for the past eight years. We have been collecting backpacks, school equipment, linen and toiletries etc throughout the years.

The raffle is to help raise funds for the 2014 container project. Containers are sent every year, filled with medical and educational supplies and they cost around \$10,000 to ship. A team of volunteers also travel to Tanzania, to coincide with its arrival, and supervise the distribution of all our donated goods.

So this is what we need from you! We are seeking prizes for the raffle. These could be prizes from businesses, services eg a haircut, donations from families or money donations to buy suitable prizes. We would like to finalise the raffle by end of June (just in time for tax time).

Please give this your generous consideration as we know that you are often called upon to give but this is something truly worthwhile. You can be rest assured that all donations go directly to those who need it most. "Helping others is not only good for you but makes us happier and healthier too."

The CFA Foundation facilitators at school are: Annie Lee (Kinder), Helen Halley (Kinder, APRE) and Alison Smith (Grade 4). Please contact any of us regarding donations.

[annie.lee@catholic.tas.edu.au](mailto:annie.lee@catholic.tas.edu.au)

[alison.smith@catholic.tas.edu.au](mailto:alison.smith@catholic.tas.edu.au)

[helen.halley@catholic.tas.edu.au](mailto:helen.halley@catholic.tas.edu.au)

Kind regards,

Annie, Alison and Helen ☺



### Prep and Grade One Vision and Hearing Screening

The Child Health and Parenting Service will be visiting Sacred Heart Primary School to perform the vision and hearing screening program for Prep and Grade 1 children on the **25<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup> of June and the 2<sup>nd</sup> and 4<sup>th</sup> of July 2013.**

All children in Prep and Grade 1 have received a consent form to be filled in and signed by their parents/guardians. **Please return this form to school as soon as possible** to ensure that your child is tested as the nurse will not be able to return to the school after the screening day/s. I will be collecting the consents on Monday the 17<sup>th</sup> of June.

Results will be sent home to parents on the day of screening.

Jenna Bayes (Child & Family Health Nurse)



# COMMUNITY NEWS

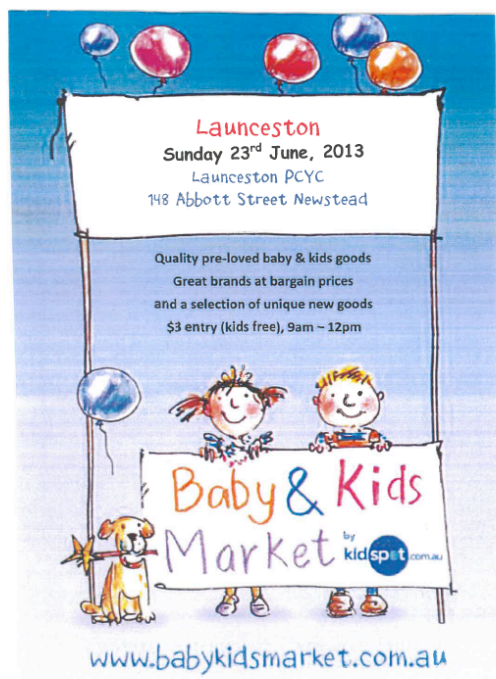


## Woolworths Earn & Learn program - concludes on Sunday 9th June.

We are again taking part in the 2013 Woolworths Earn & Learn program. Last year the school benefited greatly with a big range of products for the whole school.

For every \$10 you spend at Woolworths you will receive a sticker which is then placed on a special sticker card. Once the card is completed, it can be returned to the box at the school office and we can forward all completed cards on to Woolworths.

The more points we earn, the more we can redeem from a choice of educational resources including Mathematics and English resources, art & crafts materials and much, much more!  
Thanks to all in anticipation.



Health and Fitness World Launceston is excited to announce the launch of KIDS GYM! A class designed for kids' ages between 2 – 12 years old. Focusing on movement to music, learning new skills and making fitness fun in a non-competitive setting!

The FREE launch will be held Thursday 13th June at 4 pm at Health and Fitness World, 69 William Street Launceston, in our aerobics room and run for 40 minutes.

**ACTIVE LAUNCESTON** is excited to announce the start of two new programs that will be running over the winter months!

## ACTIVE WALK RUN

Active Walk Run is a program comprised of three groups; walking, jogging and running. This is a great program to attend if you would like to improve your fitness or stay motivated over the cooler weather whilst in a safe and fun group environment.

Tuesday 4 June – Tuesday 6 August, 2013

Royal Park 5:54pm FREE

## ACTIVE & INCLUSIVE

Active & Inclusive is designed for people with or without a disability to get involved in various types of physical activity that are enjoyable and fun for everyone. This is a great program to attend if you would like to try new activities or meet new people.

Wednesday 19 June – Wednesday 7 August, 2013

Session #1 10:00am – 10:45am

Session #2 11:00am – 11:45am

Elphin Sports Centre FREE

For more information please do not hesitate to email

[active.launceston@utas.edu.au](mailto:active.launceston@utas.edu.au) or call 6324 4027

**MOVE MORE, LIVE MORE!**