

SACRED HEART SCHOOL

NEWSLETTER



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Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton**

From the Principal:

"The best way to have a good idea is to share lots of ideas"

Linus Pauling

"The way I see it, if you want the rainbow, you gotta put up with the rain!"

Dolly Parton

In Australia in 2011, more than 45,000 young people aged 11-24 took part in the Mission Australia National Survey of Young Australians. As part of this survey they were asked questions about what they valued and what they were concerned about.

What young people value (top 10 things for students age 11-24) in no specific order:

- ✓ **Family relationships**
- ✓ **Friendships other than family**
- ✓ **School or study satisfaction**
- ✓ **Physical and mental health**
- ✓ **Getting a job**
- ✓ **Being independent**
- ✓ **Feeling needed and valued**
- ✓ **Financial security**
- ✓ **Spirituality / faith**
- ✓ **Making a difference in the community**

Last term our Grade 6 students lead conversation in small groups with our students from P - 6. The focus was on what they like about our school and what they would like to see different or improved.

The key messages (feedback) they gave us is below:

CALENDAR

Term 3: 23/07/13 - 27/09/13

AUGUST

Thursday 22nd

First Eucharist/Confirmation
fun day

Friday 23rd

- Plain clothes Care for Africa Day
- 9.00am Assembly
- 6.00pm Rock and Roll night
- Principal's meeting - Matt away

Monday 26th

1.30pm Birth - 4 playgroup

Tuesday 27th

- ATWTP - Givers not Takers
- Gr 6 AMC Excursion
- Kinder Halley - Dad's Breakfast and Stay and Play

Wednesday 28th

- Matt Spirituality Retreat
- 10.30am Class Liturgy Gr2

Thursday 29th

- Matt Spirituality Retreat
- Percussion students performance St Ailbes

Friday 30th

- Matt Spirituality Retreat
- Father's Day activities

From the Principal: (cont.)

Playground, Recess, Lunch	Play equipment for older grades/court time for each class More play equipment – swings, soccer/basketballs, cricket sets Longer lunch/recess & more time to eat Healthier things in tuckshop/better food
PE, Camps, Excursions Music, Drama, Art, Sign Language	Longer camps – start grade 3 More excursions More drama/art/sign language/music – better instruments/less recorder Longer PE lessons with different activities
Classroom Design School Design	Brighter colours Reading pillows/cushions, Couches Better desks
Literacy and Numeracy work	Use Ipads/computers More games for literacy & numeracy More story writing
RE, prayer, Liturgies, Masses, Buddies, Peer support, Circle Time	More time with buddies More/longer Circle Time More peer support
I.C.T.	All grades have Ipads, More time on computers, More games /YouTube
Other, Resources, Uniform, Positive Behaviour, Homework	Better uniform/house colour sport t-shirt Cleaner toilets/more soap Good decision box – different prizes

It is interesting in looking at the national survey and the feedback from our students at S.H.S. There are some consistent themes through both:

- ✓ Our students understand and value social and emotional development (whether they understand that this is what it is or not). The importance of connections with buddies and peer support and the opportunity through Circle Time to learn about themselves and others.
- ✓ The importance and influence of a positive and engaging (physically and emotionally) learning space for them through classroom design, furniture and the approach teachers take with them.
- ✓ The importance of relationships with each other but also the wider community through excursions and the use of I.C.T.

Some of these suggestions are already being developed or implemented, some will go into our strategic planning for coming years and, unfortunately for the students, some, like longer lunchtimes, won't happen.

House Competition:

As mentioned in other newsletters students who make good decisions are given raffle tickets that they place in their House Team box in their class.

At assembly each week the House with most raffle tickets wins the competition for that week. The Winning House at the end of a term goes on an excursion to celebrate their achievement.

We are now adding another element with each House team having an area of the playground that they are responsible for keeping clean. Each week, at Assembly, a House will be chosen as the best for that week in keeping their area of the playground tidy.

Our expectations need to be higher with what we expect of ourselves with the rubbish that is in the playground. We hope this positive approach will encourage students to take greater care and responsibility for our grounds and equipment.

Communication survey:

We have had over 140 responses from parents to our survey on improving communication within S.H.S. We have collated the data and developed percentages around different responses. We will be discussing the feedback at our Board meeting and with staff to determine some suggested ways forward that you, as parents, have identified would help improve communication.

From the Principal: (cont.)**L.S.L.:**

For the last three weeks of this term Mrs. Jane Hills and Mr. Tony Claessens will be taking long service leave. The replacement teacher arrangements for these three weeks are outlined below:

Grade 6 Claessens	Mon-Tues: Sarah Viney Wed-Fri: Lauren Thompson	Begins from 5 th September until the end of term
Prep Hills	Mon-Thurs: Sophie Fowler Friday: Teresa McLeod	Begins from 9 th September until the end of the term

Mrs. Adrienne McIntee is also taking long service leave from her learning support and library technician roles for the last three weeks of this term.

Noodles:

If students are bringing noodles to school to eat as part of their lunch they will need to have them in a thermos (or equivalent) container that allows them to stay warm until they are eaten.

Teachers or the canteen will not be able to heat up noodles for students for their lunch.

Care For Africa Colours For All Day:

This Friday, 23rd August we are holding a plain clothes day to raise money for the Care for Africa Foundation. To participate, bring a gold coin donation and wear **REALLY COLOURFUL** clothes.

Rock and Roll Night: This Friday 23rd August, 6.00pm-8.00pm, St Ailbes Hall:**The P & F are requesting help with setting up on Friday 1.45pm - 3.00pm**

Any parents who are available to assist with setting up tables, chairs and covering the tables on Friday, your help would be greatly appreciated.

Meet at St Ailbes (via. Margaret St entrance) from 1.45pm.

Any enquires please contact Kelly mob: 0400 128 200

FATHERS DAY ACTIVITIES FRIDAY 30TH AUGUST

WHO? All Sacred Heart School Dads

WHY? To share our work and spend some special time with our dads before Father's Day.

WHAT? Assembly in the Presentation Hall followed by a short activity in your child's class. Can't make the assembly? You are welcome to drop in any time up until 1:00pm.

**SHS Athletics Carnival:**

The Athletics Carnival for grades 3 - 6 will be held on Monday 2nd September from 9.00am - 2.30pm at St Leonards. A note was sent home last week asking for parent help on the day to enable the carnival to run smoothly. If you are able to help please return the note to the class teacher or contact John Anderson on email: john.anderson@catholic.tas.edu.au.

From the Principal: (cont.)**Move Well Eat Well School:**

We have registered as a Move Well Eat Well School. Mr. John Anderson has volunteered to take up being contact person for this.

To be recognised as a Move Well Eat Well School there are different 'pillars' that we need to focus on or have in place. These are:

1. Tap into water everyday
2. Plant fruit and veg in your lunchbox
3. Limit 'occasional' foods
4. Move Play and Go
5. Turn Off, Switch to Play.
6. Stride to Ride.

There are some elements of the program that the school has already started to develop or encourage. There will be a workshop for staff in term 4 that outlines the program and approach the school can take to highlight the short and long term support of our student's physical wellbeing.



R E NEWS

"God gave you a gift of 86,400 seconds today. Have you used one to say 'thank you?'"

Catholic Education Week

Thank you to everyone involved in helping celebrate Catholic Education Week. As you know our theme has been "A time for giving thanks". Gratitude Journals are continuing in classes and will soon be making their way home to you. When they do please take the opportunity to ask your child if they would like to share their Journals and you may like to encourage them to continue it at home or to offer to make or buy a new Journal book to do at home.

Care for Africa – Colours for All!

On **this Friday 23rd** we are holding a **plain clothes day** to raise money for the Care For Africa Foundation. To participate, bring a **gold coin donation** and wear **REALLY COLOURFUL clothes**. The simple act of donating money to wear colourful clothes will allow much 'COLOUR' into the lives of those helped through this organisation. Wendy Dalton from Care For Africa Foundation will be coming to our assembly on Friday morning (9am) so please come along and hear all about the wonderful work they do and how our donations of money and goods really do help.



Helen Halley APRE

RECENT STUDENTS OF THE WEEK

Prep Reid	Max Powell For listening to his sounds and trying hard with his journal writing	Abbey Berlese For wonderful listening and always presenting her work neatly
Prep Hills	Georgia Millwood For making good progress with all her literacy work	Lucy van Zetten For working well to develop her reading skills
Grade 1 Crawford	Max Maloney For an excellent week in maths	Piper van Emmerick For a great improvement in reading
Grade 1 Best	Anaiya Madden For excellent progress with her reading	Phoebe Martin For excellent progress with her reading
Grade 2 Sydes/Weir	Sienna Foster For trying hard to include speech marks in her writing	Evan Pereira For improved effort with producing quality work
Grade 2 van Ryn		
Grade 3 Hood	Josh Gillow For making a conscious effort to improve his behaviour	Amelia Duffy For applying herself to her school work
Grade 3 Symons	Ella Digney For excellent participation in our marine biology excursion	Emmanuel Lockley For detailed science drawings
Grade 4 Smith	Ella Millwood For conscientious work in science	Thomas Geale For spelling endeavour and improvement
Grade 4 Underlin	Esmae Morrow For her excellent thinking	Nick Collins For an excellent effort in english!
Grade 5 McLeod/Viney	Daniel Nicholas For effort in creating a balloon rocket	Caitlin Stewart For concerted effort in meeting deadlines in Term 3
Grade 5 Illingworth	Mikaela Petty For being a friendly and helpful person all the time	Ava Drew For being caring and considerate of others and for being a great worker
Grade 6 Claessens	Grace Jones For slowing down and trying much harder with her work	Madison Sweeney For showing a lovely caring attitude towards others and working extremely hard
Grade 6 Davie		

Grade 4S Flower Power

Grade 4 and Care for Africa are selling daffodils for \$4 a bunch (20 blooms) and knitted scarves, headbands and beanies for \$5. The sellers can be found in the schoolyard before school or orders can be placed with Mrs Smith.

We would like to thank those generous people who have already bought. You have made a great contribution for our fundraising. We have donated \$50 to Rhay, our school sponsor child, and \$27 to St Patricks College Tanzania school. We have already raised \$215 but are hoping for more than \$500.



A.T.W.T.P. FOR AUGUST

A.T.W.T.P

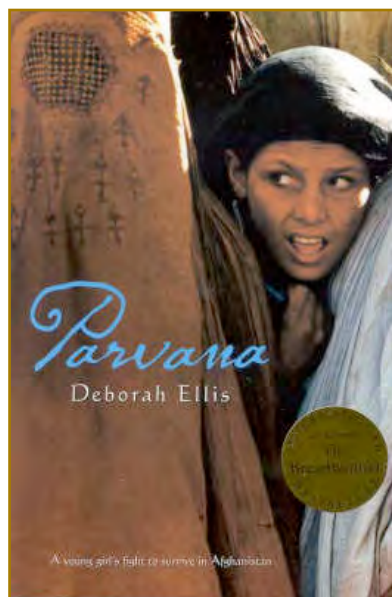
Givers not Takers



Givers not Takers

- ✓ Do you share what you know with others in class discussions?
- ✓ Do you help others when they need it?
- ✓ Do you give positive compliments to your classmates?

SCHOOL NOTICES



Tuesday Book Club

Parvana

by Deborah Ellis

Imagine living in a country where women and girls are not allowed to leave the house without a man. Imagine having to wear clothes that cover every part of your body, including your face, whenever you go out. This is the life of Parvana, a young girl growing up in Afghanistan under the control of an extreme religious military group.

When soldiers burst into her home and drag her father off to prison, Parvana is forced to take responsibility for her whole family, dressing as a boy to make a living in the marketplace of Kabul, risking her life in the dangerous and volatile city.

By turns exciting and touching, *Parvana* is a story of courage in the face of overwhelming fear and repression."

The next meeting will be **Tuesday 3rd September** from 3.15pm - 4.30pm.

We meet upstairs in the Grade Five area.

If you are interested in joining then see Mrs Illingworth or Mrs McLeod.

Everyone welcome from Grades 5 and 6.

2013 TERM DATES

TERM 3 Tuesday 23.07.2013 to Friday 27.09.2013

TERM 4 Monday 14.10.2013 to Thursday 19.12.2013

REMINDER

A reminder to all parents when entering the school between 9.15am and 2.45pm that they are required to sign in at the office

BEGINNING AND ENDING TIMES OF THE SCHOOL DAY

First bell	8.55am	Lunch begins	12.50pm
Recess begins	11.00am	Lunch ends	1.30pm
Recess ends	11.25am	School finishes	3.00pm

2014 TERM DATES

TERM 1 Thursday 06.02.14 to Thursday 17.04.14

TERM 2 Monday 05.05.14 to Friday 04.07.14

TERM 3 Monday 21.07.14 to Friday 26.09.14

TERM 4 Monday 13.10.14 to Wednesday 17.12.14

EASTER Friday 18.04.14 to Monday 21.04.14

Canteen Price Increases

Raspberry Twists 20c ea

or

3/50c

Ice Mony (icypole) 60c ea

COMMUNITY NEWS



In support of St Giles Launceston.

Where: Brisbane St Mall. Walking to City Park

When: 11 am 31 August

Registration from 9am

Our daughter Orla is in Kinder Nas. We will be walking this year to raise funds towards St Giles to help with all the work they do providing support to children with disabilities. St Giles have provided an amazing level of support to our family. Our two year old son, Ryan, has Down Syndrome, a cleft palate, hearing and vision loss, and has recently completed treatment for leukaemia. Ryan receives physio, speech, occupational therapy and hydrotherapy regularly. He has been attending St Giles since he was 7 weeks old. We receive all of this support for a minimal cost (eg. a speech and language course that costs \$2000 on the mainland was provided to us for \$40, therapy fees are \$20 a year compared to \$200 an hour charged by many private providers).

We've seen great gains in his development as a result of all their hard work. We'd really appreciate your support so they can continue helping families like ours.

You can sponsor our team, the Kelly Gang, at:

<https://wwmlaunceston2013.everydayhero.com/au/KellyGang>

We would love it if people would like to join our team and walk with us on the day to show their support for St Giles and all the people in our community living with disability. You can sign up using the link above.

Thanking you, Rebecca and Paul Kelly

NIDA

National Institute of Dramatic Art

The National Institute of Dramatic Art (NIDA) is Australia's leading institute for education and training in theatre, film and television. NIDA's offerings are designed around a unique conservatoire approach with graduate and undergraduate courses available in Acting, Music Theatre, Design, Costume, Production, Properties and Staging.

This year NIDA Open will be running a range of short courses in the next school holidays. Our short courses are a great opportunity for your students to learn key techniques that are core to NIDA's training in a fun and supportive environment.

[Spring Holiday Courses](#)

Venue: Newstead College

Dates: 8 to 13 October

Courses for 8 - 11 years:

Drama School

Courses for 12 - 15 years:

Drama School

Acting Boot Camp

Courses for 16 years+:

NIDA Acting Techniques

Acting: An Introduction

Audition Essentials

For more information contact Mr Simon Wood at school.

COMMUNITY NEWS



Raising Boys---An Evening with Steve Biddulph

Staff, parents and friends are invited to the next St Patrick's College Parents & Friends Forum – an evening with Steve Biddulph on 'Raising Boys' to be held on Tuesday September 17th from 7.30 – 9pm in the Guilford Theatre at St Patrick's College.

For further information and bookings please access the following website,

<http://aneveningwithstevebiddulph.yolasite.com/>

or go to the St Patrick's College website and find the link in the P & F section under the Community tag.

Three or more is very poor.

Get control.

National Asthma Week 1st – 7th September

If you're using your blue reliever puffer three times or more a week, your Asthma is out of control. Most people with out-of-control asthma don't have to put up with it. Gone are the days when people with asthma had to rely on reliever medication all the time. Now we have medication that will prevent asthma flaring up in the first place.

Contact the Asthma Foundation of Tasmania on **1800 278 462** to have a free chat about controlling your asthma and also receive your FREE brochure:

'Ten things to ask and tell your doctor'.



Would \$500 assist with your child's school costs?

Join Saver Plus and match your savings, dollar for dollar, up to \$500 for education costs including uniforms, text books, laptops, sports equipment and music tuition.

You may be eligible if you:

- have a Health Care Card or Pensioner Concession Card
- are 18 or over and
- have some paid income from work (you or your partner).

Contact Verity Tunevitsch, your local Saver Plus Worker:
03 6326 7716 / 0457 715 248 or
verity.tunevitsch@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Northern Tasmania by The Smith Family.
Saver Plus is funded by ANZ and the Australian Government.

Last month I had 9 participants who completed the program. Each participant saved \$500, and was matched \$500. This is a total of \$4,500 just in one month, that has been provided to families for education costs.

This month participants have chosen to spend their matched money on: School Trips, iPads, Uniforms, Tutoring and Swimming lessons.

Funding from this program comes from the Commonwealth Government and has been provided until June 2015, so this means we have ongoing recruitment during this period. There is not a limit to how many people join the program, so the more people who sign up, the more money is given out to help families.

ESK VALLEY ORIENTEERING CLUB PRESENTS

SATURDAY ORIENTEERING TRAINING

Training most weeks will be at 2.30pm on a Saturday. Beginners to the more experienced are all welcome!!

Debbie Gale Email jadgale@dodo.com.au

Christine Brown Mobile: 0439 443367

Ph: 6344 5333 Email christine.brown@education.tas.gov.au

NORTHERN SPRING TWILIGHT SERIES

The 2013 Northern Twilight Series kicks off on Wednesday October the 16th at Punchbowl Park from 4pm. For additional information contact the President, Ken Saunders, (03) 6396 6096, 0427595131, kpsaunders@activ8.net.au or the Orienteering Tasmania website tasorienteeing.asn.au/ and go to the events page

'LANDFALL' DILSTON - NORTHERN CLASSIC

Sunday 01 September 2013, 10:00am - Contact Information

Peter Hoban 6331 7147 or 0402 648 786 or evoc@tasorienteeing.asn.au

