

Sacred Heart School Newsletter



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Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton** (122 families following)

Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

Facebook is now live, to find our correct page you must search for Sacred Heart Catholic School Launceston

'The single biggest problem with communication is the illusion it has taken place'.

George Bernard Shaw

On Tuesday night our Prep team held a Parent Information Evening. There were parents who have a child in Prep for the first time, others experienced campaigners! There were plenty of questions on a variety of topics. I am sure parents have a little more confidence about what the Prep year is going to involve.

At the same time our school has been experiencing problems with email communication with parents. Emails are being sent out but not all families have been receiving these emails. We are working on these issues and hopefully have them addressed.

We have sent out a calendar of key events for this Term and the other three terms in paper form. We hope that this helps parents in planning for some of the key events. We have Twitter @shslton that provides photos and comments of what our students are doing each day at school that many parents would not be aware of or know was happening.

We are organizing to have a community Facebook page that parents can then access information and news feeds relating to the S.H.S. As a community Facebook page it will not have the option of leaving comments. This is not its purpose. Its purpose is to share information with parents in a way that parents can access this in mobile form.

Some grades have a class blog, parent emails for class news, brochures being sent out providing key information. Parents have access to teachers before school and after school in their classrooms. There is the option of phone calls and appointments booked. We have diaries for most classes and options with iPad to communicate with our school.

Enhancing communication within a school will always be an ongoing process, never reaching a point of perfection. You can have all the tools, options and avenues for effective communication but it still relies on human beings to access these and use these options effectively.

What communication does a school need from parents to help it run smoothly and for a school to provide the best care it can? Some of these in no particular order are:

- ✓ If students (on occasion not as a regular option) cannot be collected by parents before 3:30 p.m. that our school office is contacted so as a matter of providing care and supervision for your child, as well as a matter of courtesy.
- ✓ If a child is walking home from school daily that a note is provided so we are comfortable in letting the student leave the school grounds. If on a once off occasion a child is going to walk from school – it is even more important that we have communication, as this is not the usual form of transport for that child.
- ✓ If students are sick to contact our office and let them know.
- ✓ If there is a reason that a child cannot wear the correct school uniform a note is provided, or an email etc as a matter of courtesy.
- ✓ If there is something that you are not sure of ask the school. There is no such thing as a 'silly question'. It is sometimes better to go to the source and ask, getting the right information than asking other parents who may or may not give the right advice.

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From the Principal:

B-4 Program

Our Birth to 4 year old program will continue this year. This year the program will run on a Tuesday. It will begin in week 4, Tuesday 24th February. There is a B-4 flyer attached as part of this newsletter.

Co-Teachers 2015

A notice regarding co-teachers was emailed to parents yesterday. If you have any queries around the role of the co-teachers please speak to your class teacher or the office staff.

School Expectations before 8.30am

The school does not have staff on duty before 8:30am – the school is not officially open before 8:30am. If students need to be dropped off on occasion before 8:20a.m. they currently need to wait in the area outside the Grade 3 /4 classrooms.

We are currently revising and reviewing our before school policy and will share changes in next week's newsletter.

School Wide Positive Behaviour Support - P.B.S

P.B.S. – Positive Behaviour Schools is an approach our school has been implementing for the last two years. It is a framework that includes a variety of strategies and approaches that helps support students in their social and emotional development, through explicit instruction and positive recognition of choices. I have outlined below the key elements and components of the broad approach that is P.B.S.

| | | |
|---|--|--|
| Each class has a PBS focus each term and time is given in class to explicitly teach this. - our teachers have linked these areas of focus with the personal and social capabilities that are part of the Australian Curriculum (self awareness, recognising emotions, personal qualities and understanding themselves as learners) | At the start of each year students have 'Orientation' where the class walks around key areas and – staff talk with students around what is expected and what it would look like eg. Walking in and out of Assembly, use of toilets, lining up for buses, eating times, use of school resources etc | M.J.R. Language helps support students about the right behaviours and actions through the vocabulary we use and that Mr. Davie discusses with classes when he visits e.g. attitude of gratitude, W.E.S.T., defusers and escalators |
| When there are behaviour choices | 3 core values of RESPECT OTHERS, RESPECT OURSELVES AND RESPECT OUR LEARNING | Coloured cards different for each of the 3 Respect values are given to students when they model these – students add these to their House Team with a winning House announced for the school each week at Assembly. |
| With the new polo tops we can further support the Respect cards easily identifying which House students are from | Good Decision Boards | Afternoon tea with the Principal |

We hope that parents can see that there is a clear and distinct connection to this approach not just a variety of strategies and ideas that through luck rather than planning work together.

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Parent / Student / Teacher Goal Setting

Next week we will conduct our Parent/Student/Teacher meetings. The focus will be on parents identifying and naming what you hope and aspire for you child to achieve in the 2015 year. Where comfortable, we would encourage you to bring your child along.

We strongly encourage all parents to organise a time and our school office will contact parents if we have not received a reply and meeting time request.

Parents of students in Prep to Grade 2 will also have opportunities for meeting with the grade teachers around more general grade information.

Structure of the School Day

| Time | Session |
|------------|--|
| 8:45am | Mon- Wed Daily Fitness –run in House teams. |
| 9- 10:50am | 1 st session – primarily literacy focus during this time |
| 10:50am | Eating time 1 st Lunch |
| 11:30-1:20 | 2 nd session – primarily numeracy focus along with specialist classes on some days |
| 1:20pm | Eating time 2nd lunch |
| 2pm | 3 rd session of the day – specialist lessons and other learning areas primarily during this time. |



Lunch orders will be eaten at first lunch 11am starting **next week**. If students are ordering their lunch they will need to either bring a snack for 2nd lunch or purchase a snack from the canteen at 2nd lunch.

Please Note:

Help will now be required in the canteen on a Friday from 9-11.30am instead of the traditional 11am-1.15pm. Please let the office know if you are able to assist.

New Polo tops a hit in the warmer weather



Student Updates & Terms and Conditions forms need to be returned to the office as soon as possible. Only pages 7 & 8 of the Terms & Conditions forms need to be signed and returned, pages 1-6 are for your information.

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Sacred Heart Catholic Primary School

Birth to 4 Program 2015

Come along to discover, learn and investigate with your child each **Tuesday** during school term.

Sessions will be held in our Kindergarten room from:

9:15am - 11:15am

or

12:45pm - 2:45pm

Sessions will commence on **Tuesday 24th February**.

Please bring along a hat, a water bottle, a spare set of clothes (so we can have lots of fun) and a piece of fruit to share at snack time.



Sacred Heart Family BBQ & Movie Night

Come along and welcome in the New School Year for 2015

Please come & join all school families to enjoy a BBQ tea and a children's Movie session featuring

The SMURFS 2

on

Friday 20th February 2015

BBQ from 6.00pm on the oval

Sausage Sizzle Tea provided

Movie showing from approx. 6.30pm in the Presentation Hall

BYO Drinks, picnic blanket or chairs

Proudly Supported by your Parents & Friends Assoc.

SHS School Fair

20th of March, 2015

Fair preparations are well underway. Thank you to those parents and businesses who have sponsored stalls, made donations or committed to convene a stall on the night. There are still some stalls available if you would like to oversee (convene) a stall on fair night, with helpers from your child's grade rostered to assist you. If you can help please contact Kelly asap.

We are seeking donations/prizes for the Fair raffle and Chocolate Wheel if you have any suggestions or able to assist with prizes please contact us or donations can be left at the school office.

For any enquiries or suggestions about the SHS Fair please contact

Kelly Cox

Phone : 0400 128200

Email : coxk13@gmail.com

Sacred Heart School Newsletter

What is the Tuning In To Kids program?

Tuning in to Kids™ is a parenting program that helps children learn to understand and regulate their emotions. Previous research has found that parenting styles can influence a child's emotional intelligence. Emotional intelligence is the ability to understand and control your emotions, as well as being able to communicate to others about how you feel. Children with good emotional intelligence often have better emotional, social, and physical functioning, as well as fewer behavioural difficulties.

Tuning in to Kids™ is a parenting program that aims to give you helpful ways of teaching your child the skills of emotional intelligence. The program teaches you about how you, as a parent, can help your child develop good emotional skills. It teaches parents:

- awareness and regulation of their own emotions
- awareness of their children's emotions
- to use children's emotional experiences as an opportunity for closeness and teaching
- skills in assisting children to verbally label and manage their emotions
- skills in assisting children in problem solving
- to guide children's behaviour with appropriate limits

Tuning in to Kids™ involves watching video material, group discussions and exercises, role plays, reading information, and home activities where you try out different ways of responding to your child's emotions. Parents are encouraged to share experiences and ideas within the group and group leaders may use these as examples to explain and teach the skills of emotion coaching.

The Tuning In Program is here at Sacred Heart!

Who : Parents of Kinder's to Grade 3

When : Wednesdays the 11th, 18th, 25th March and 1st April *

Time : 9am – 11 am.

Where : School Library (tbc)

Lead by : Fiona Labuschagne from the CEO

* Please note : you need to attend all sessions.

RSVP or further information : helen.halley@catholic.tas.edu.au

by 6th March

Sacred Heart School Newsletter

| ~ February 2015 | | | | | | |
|---------------------------------------|--|---|--|--|--|------|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 15th | 16th | 17th | 18th | 19th | 20th | 21st |
| | <ul style="list-style-type: none"> • SHS Gr 3-6 Swimming Carnival | | <ul style="list-style-type: none"> • ASH WEDNESDAY -beginning of Lent | | <ul style="list-style-type: none"> • 9am Assembly • 12.30pm Gr 5/6 Summer Sport • 6pm P & F Welcome BBQ & Movie Night | |
| Parent / Student / Teacher Interviews | | | | | | |
| 22nd | 23rd | 24th | 25th | 26th | 27th | 28th |
| | | <ul style="list-style-type: none"> • 7pm P & F Meeting | | <ul style="list-style-type: none"> • 10am Welcome mass • 10am Strings program • 1.30pm Band Program | <ul style="list-style-type: none"> • 9am Assembly • 12.30pm Gr 5/6 Summer Sport | |

| ~ March 2015 | | | | | | |
|--------------|-----|-----|-----|---|---|-----|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 1st | 2nd | 3rd | 4th | 5th | 6th | 7th |
| | | | | <ul style="list-style-type: none"> • 10am Strings program • 1.30pm Band Program | <ul style="list-style-type: none"> • 9am Assembly • 12.30pm Gr 5/6 Summer Sport | |

SCHOOL BANKING



School banking is every Wednesday, please hand bankbooks to your class teacher.

Application forms are available at the office.

S.H.S. Parents and Friends email

shsl.pnf@catholic.tas.edu.au

SHS School Fair - Friday 20th March

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

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SHS Grade 3-6 Swimming Carnival Monday 16th February

-Program of events

9.30am 66 Freestyle

10.15am 33 Freestyle

11.15am 33 Backstroke

12.00pm 33 Breaststroke

1.00pm Relay Events

1.45pm Across the Pool Events

Please note these times are a guideline only as the carnival may run a little behind or ahead of schedule



Traffic & students safety

The school urges all parents to support road safety by obeying signage displayed and also ask you remind your child/ren to be very aware of potential traffic related dangers around the school.

Sometimes for example, motorists do not abide by road laws, and if students are crossing inappropriately (with or without you), or just not aware of their surrounds by always looking either way, we could have an accident.

The education and care of our students is a partnership between the staff and parents and we all need to do our bit by acting appropriately and not showing a disregard for road laws, even if only to demonstrate your support to children watching of appropriate behaviour.



PBS - SAFE LINING UP


Sacred Heart School Newsletter


Tennis Coaching Term 1

Coach - Mathew Carswell Tennis Australia Club Professional and Talent Development Coach School, Group, Semi Private and Private lessons available.

Wilson pee Wee (4-7 yrs) and ANZ Hotshots Provider


Enquiries/Enrolments phone Carswell Coaching 63261020 or [0417390261](tel:0417390261) or e matcarswell@yahoo.com.au



tennis4all.launceston 

Riverside Tennis Club
0418 788 369
martyhowell@bigpond.com
www.tennis4alllaunceston.wordpress.com

For all your tennis needs:
ANZ Tennis Hot Shots, Development Squads, Private Lessons, Cardio Tennis, Get.on.court Adult sessions, Challenge Days, Tournaments, Social events.....



BASKETBALL SKILLS SESSIONS

Burnie - Devonport - Hobart - Launceston

Open to all juniors.
Every player must bring a ball.


Once a week in school terms for all juniors wanting to improve their game with skill development and fun.

Highly experienced BTAS regional coaches and other guest coaches in attendance.


2 x 1 hour sessions categories:

5, 6, 7, 8 and 9 years of age
Boys and Girls
Saturdays 9am - 10am

10, 11, 12 and 13 years of age
Boys and Girls
Saturdays 10am - 11am



All session details, costs and registration forms can be found on the BTAS website
www.tas.basketball.net.au



Hook in2 Hockey 2015

Hook in2 Hockey

- When: Thursday 5th March – 26th March
- Time: 5 - 6pm
- Suitable for children age 5 -12 years
- Learn the hockey skills, play modified games and have fun.
- Cost: \$20 for four week program
- Free bbq on the last session

For more information and to register, please contact:
Helen@hockeytasmania.com.au or 0448 808 985

Learn all the skills and play games in a fun and safe environment.

Participates Pack

Option 1: You can order the 2014 participant pack now at \$30.00 which includes the stick, ball, shin guards, mouth guard and replica Australian singlet. Once you have lodged your order form these packs can be delivered to you within 1-2 weeks. In most circumstances you will receive these packs within a week.

Option 2: You can order the 2015 participant packs now at \$40.00 and have your order part fulfilled. The stick, ball, shin guards and mouth guard will be delivered with 1-2 weeks and the second delivery which will include the stick bag, reversible singlet, whistle and wallet with umpire cards will be delivered in March as soon as Kookaburra receive the stock from their supplier.



TRY FREE Invitation



NEXT WEEK.
Check out a **DANCE "Try it" session For Free @ PCYC!**

Hip-Hop | Commercial Jazz | Broadway Jazz | Jazz Intro | KinderDance

Phone 6344 2411 to book*

*as spaces are limited

Hip Hop
Jazz
KinderDance

Sacred Heart School Newsletter



positive partnerships

supporting school age students on the autism spectrum

**Free two day workshop and information sessions
for parents and carers of school age children on the autism spectrum**

Workshop: 2015TASPC1

Location: Launceston

Like all school-age students, children with autism spectrum disorder benefit from strong, positive relationships between the home and school. Positive Partnerships uses evidence based materials and practical resources to help support these relationships by facilitating workshops for parents and carers.

What will you learn?

When you come along to a Positive Partnerships workshop, you will:

- Develop a greater understanding of the impact of autism on your child, both at school and at home
- Understand how to develop effective parent, school and teacher partnerships
- Learn specific strategies that will help you:
 - advocate for your child
 - support your child's participation at school
 - develop an awareness of ongoing learning needs
- Receive information about your local school system's processes
- Have the opportunity to network and share strategies with other parents/carers and key community members
- Have the opportunity to discuss a range of topics relevant to students with ASD and their families

People who work to support families living with autism in your community will also be invited to take part with the goal that there is an ongoing community focus beyond the workshop.

Workshop details

Venue: The Tramsheds Function Centre
4 Invermay Road, Inveresk TAS 7248

When: **Two day workshop – Wednesday 11 & Thursday 12 March 2015**

Day 1: 9.00 am - 4.30 pm (Registration from 8.15 am)

Day 2: 9.00 am - 3.30 pm

Registration available from Wednesday 28 January 2015 and closes two days prior.

We strongly recommend you register as soon as possible to secure your place. You will receive confirmation of your registration.

Online registrations are preferred directly through our secure website www.positivepartnerships.com.au

Only complete the following form if you do not have access to the Internet. Return the completed form to:

Email: parentcarer@autismspectrum.org.au

Mail: Positive Partnerships, ASPECT, PO Box 361, Forestville NSW 2087

Fax: 02 9451 9661

Phone the Positive Partnerships Infoline if you have any enquiries: 1300 881 971

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Partnerships between
Education and the
Autism Community

Autism Spectrum Australia (Aspect)
Autism SA
Autism Queensland
Flinders University SA
www.positivepartnerships.com.au