

Sacred Heart School Newsletter



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Keep up to date with what is happening in the school, reminders of events and any news as it happens through the school Twitter feed at: **@shslton** (122 families following)

Please visit our website for more detailed information, video and photo galleries of our school:

www.sacredheartl.tas.edu.au

From the Principal:

OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

'The goal is not to turn kids into your kind of adult, but rather better adults than you have been.'
Unknown

Prayer from Ash Wednesday Liturgy yesterday:

During Lent we want to grow more like Jesus

We want to share God's gift of love in our school and our homes.

We want to look and see how we can help others,

We want to use gentle hands,

We want to speak with kind and caring words and

We want to show love in actions and words.

Today we will think about how we can do that

Lent is a religious observance in the liturgical calendar of many Christian denominations that begins on Ash Wednesday and covers a period of approximately six weeks before Easter Sunday. The traditional purpose of Lent is the preparation through prayer, penance, repentance of sins, almsgiving and atonement. This event is observed by Christians in the Anglican, Calvinist, Lutheran, Methodist, and Roman Catholic traditions. There are traditionally forty days in Lent, often marked by fasting, both from foods and festivities, and by other acts of penance. The three traditional practices to be taken up during Lent are prayer (justice towards God), fasting (justice towards self), and almsgiving (justice towards neighbour).

In more modern times, the act of 'giving up' something considered to be a vice (chocolate and lollies popular choices) was considered to be able to bring those of faith closer to God.

In the last decade the experience in primary schools has been more on positive actions, using Lent to sharpen our focus on self improvement. Like the concept of a New Year's Resolution it is a calendarised time to stop, reflect and look in on how we are travelling as people.

It appears to have almost become a 21st Century habit to obsessively view, gossip, critique, ridicule and openly judge the actions and behaviours of others. Just see the rise in reality television as evidence of this. As we place the 'blow torch' on others and their actions we appear as a society comfortable to ignore the same scrutiny on ourselves.

Lent could be a great time, perhaps for all of us (metaphorically) to stop peering over the '*Neighbours fence and worry about our own backyard*' for a little while. To have a holiday of the usual fodder and see what this 'space' creates and leads to for the quality of life we have day to day.

Personally, I am going to try to stop being as frustrated about some actions of others and just try and focus on doing a better job with these specific things myself. As teachers and parents we need to be the change we want in our children. During Lent we could all focus on being the change that we often critique in others but not as rigorously in ourselves.

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From the Principal:

B-4 Program

Our Birth to 4 year old program will continue this year. This year the program will run on a Tuesday. It will begin in week 4, Tuesday 24th February. There is a B-4 flyer attached as part of this newsletter.

Parent / Student / Teacher Goal Setting

Thank you to nearly all parents/guardians who found the time to meet with their child's teacher. This conversation is valuable for all in meeting the teacher and the teacher getting to know more about your child from you.

Before and After School Expectations

A letter has been emailed out **today** around the School's reviewed approach to before and after school supervision.

The key point in the letter is the School being genuinely concerned of not being aware –as parents have not informed us – of students staying on grounds outside the 8:30-3:30 p.m. opening hours. There is no formal supervision of students outside of these times. I would be devastated if a child was hurt or injured or something worse even though the school was not aware the child was on grounds.

It is important that all parents read this and contact the school if there is anything that you want to discuss further.

Co-Teachers 2015

Our Co-teachers pilot program has begun and I hope students have been sharing with parents some of their experiences. Please speak with your child's teacher if you have queries or questions. I am also happy to discuss anything around this with parents. The letter we sent out last week provides specific detail around the program. We will be reviewing the program all through the year. *The key message is having additional teachers working with students on these days supports all students to have enhanced time with teachers helping their learning.*

Welcome Mass

This coming Thursday 26/2 our school will celebrate the beginning of the school year with our Welcome Mass at 10am in the Church of the Apostles. All are welcome to attend.

Parents & Friends Meeting

This Tuesday 24/2 at 7pm we have our first Parents and Friends meeting. It would be great to see as many parents as possible attend. We can promise that attendance does not mean being given a 'job' or role for the *'term of your natural life'* rather a chance to give feedback, ideas and support to the school in the forum of parents and friends.

Structure of the School Day

Time	Session
8:45am	Mon- Wed Daily Fitness –run in House teams.
9- 10:50am	1 st session – primarily literacy focus during this time
10:50am	Eating time 1 st Lunch
11:30-1:20	2 nd session – primarily numeracy focus along with specialist classes on some days
1:20pm	Eating time 2nd lunch
2pm	3 rd session of the day – specialist lessons and other learning areas primarily during this time.

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SHS School Fair

Friday the 20th of March, 2015 - 5pm – 8pm

White Elephant Stall

We want your Trash!!! Now is a great time to clear out your cupboards and empty your sheds. The White Elephant Stall will sell most things that you no longer want. Suggested items are books, games, toys, kitchen items, CD's, DVD's, computer games, sports equipment etc, anything that someone else may like to use. **No clothing items please.** Soon you will be able to drop your donations at the school. Please start thinking about what you can clean out and donate to the stall. For further information see Maree at the School office (W/Th/F) or Natasha Brewer 0427958038

Chocolate Wheel

Mr. Barry Nas will be spinning the chocolate wheel again in 2015. We would like to give away some great prizes. **If you know of a business that may be able to donate goods and/or a voucher for services please ask them.** The prizes do not have to be elaborate and all donations will be greatly appreciated. Donations can be left at the school office. Enquiries please contact Kelly on 0400 128200

Fair Night Volunteer Rosters

We need everyone's help to make the fair a fun and enjoyable night for all to enjoy. We kindly ask that parents who will be attending the fair commit to help for 45mins with their child's class stall. Rosters will be going up in the classrooms soon and a preference sheet to nominate your favored times will be coming home to assist parents who are unable to come into school and sign up on the classroom rosters.



Lunch orders will be eaten at first lunch 11am starting **next week**. If students are ordering their lunch they will need to either bring a snack for 2nd lunch or purchase a snack from the canteen at 2nd lunch.

Please Note:

Help will now be required in the canteen on a Friday from 9-11.30am instead of the traditional 11am-1.15pm. Please let the office know if you are able to assist.

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House Captains for 2015



Mackillop

Harry Tsakirellis
Evie Dawkins

Rice

Ella Millwood
Blade Sulzberger

Young

Jade Nichols
Stefan Tantari

Nagle

Kate McLeod
Harrison Mills



Sacred Heart Catholic Primary School

Birth to 4 Program 2015

Come along to discover, learn and investigate with your child each **Tuesday** during school term.

Sessions will be held in our Kindergarten room from:

9:15am - 11:15am
or
12:45pm - 2:45pm

Sessions will commence on **Tuesday 24th February**.

Please bring along a hat, a water bottle, a spare set of clothes (so we can have lots of fun) and a piece of fruit to share at snack time.



GIRLS WINTER DRESSES TO BE ORDERED NOW

To ensure winter dresses are available for term 2 orders are now required. Winter dresses are only available by pre order and late orders cannot be filled.

Please leave your order at the school office or uniform shop no later than **February 27th.**

Tunic Size (Prep- Gr 2) \$129.00

Skirt (Gr 3-6) \$120.00

Minimum of \$50.00 deposit to be paid at time of ordering.

For enquires phone Kelly Cox 0400 128 200 or Rebecca Millwood 0418 721 952.

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TOMORROW NIGHT



Sacred Heart Family BBQ & Movie Night

Come along and welcome in the New School Year for 2015

Please come & join all school families to enjoy a BBQ tea
and a children's Movie session featuring

The SMURFS 2

on

Friday 20th February 2015

BBQ from 6.00pm on the oval

Sausage Sizzle Tea provided

Movie showing from approx. 6.30pm in the Presentation
Hall

BYO Drinks, picnic blanket or chairs

Proudly Supported by your Parents & Friends Assoc.

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R.E News



We mark ourselves with ashes, which reminds us that we believe Jesus is the source of all life; that just as a bush burns and ash falls to the ground and in time seeds of new life are sown, so too does our new life come from God.

Yesterday was Ash Wednesday marking the beginning of the church's season of Lent. We mark our foreheads with the sign of the cross showing our commitment to engaging again on the Lenten journey in becoming more loving towards others.

It is a time when we prepare for the greatest feast of the church's year, Easter, by sharing God's gift of love with others to make our world a better place. Lent is a time of renewal: to begin again; to make new again.

This Lent we again have the opportunity to support the work of Caritas in their Project Compassion appeal. Their focus this year is Food for life. You will be receiving a Project Compassion box, which you may like to donate to by making a financial contribution. These can be returned to your classroom teacher or office just before Easter time. Project Compassion boxes are also in the classrooms.

More details at the office or by visiting caritas.org.au/projectcompassion

Loving God, in Jesus you show us the way to live. During this time of Lent, help us to open our hearts to Jesus' way, so that we may grow to be more loving, living life to the full and helping others to live life to the full. Amen



Helen Halley – Faith, Mission and Wellbeing

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~ February 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
22nd	23rd	24th	25th	26th	27th	28th
		<ul style="list-style-type: none"> • 3.15pm Gr 5/6 Bookclub • 7pm P & F Meeting 		<ul style="list-style-type: none"> • 10am Welcome mass • 10am Strings program • 1.30pm Band Program 	<ul style="list-style-type: none"> • 9am Assembly • 12.30pm Gr 5/6 Summer Sport 	

~ March 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1st	2nd	3rd	4th	5th	6th	7th
				<ul style="list-style-type: none"> • 10am Strings program • 1.30pm Band Program 	<ul style="list-style-type: none"> • 9am Assembly • 12.30pm Gr 5/6 Summer Sport 	
8th	9th	10th	11th	12th	13th	14th
	<ul style="list-style-type: none"> • PUBLIC HOLIDAY 	<ul style="list-style-type: none"> • 6pm Board Meeting 		<ul style="list-style-type: none"> • 10am Strings program • 1.30pm Band Program 	<ul style="list-style-type: none"> • 9am Assembly • 12.30pm Gr 5/6 Summer Sport 	

SCHOOL
BANKING



School banking is every Wednesday, please hand bankbooks to your class teacher.

Application forms are available at the office.

S.H.S. Parents and Friends email
shsl.pnf@catholic.tas.edu.au

SHS School Fair - Friday 20th March

CATHOLIC SCHOOLS 2015

TERM 1 Thursday 5.2.15 to Thursday 2.4.15

TERM 2 Monday 20.4.15 to Friday 3.7.15

TERM 3 Monday 20.7.15 to Friday 25.9.15

TERM 4 Monday 12.10.15 to Wednesday 16.12.15

Student absences

Please remember to call the School office on 63311011 or email shsl@catholic.tas.edu.au if your child will be absent from school.

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We live in the Spirit of Jesus @ SHS

Prep Hills	Kirri Piper Welcome to Sacred Heart!	Ben Berlese For making a great start to the Prep year
Prep Best	Sylvain deClouet-Cooper For a big welcome to Sacred Heart	Benjamin Hiscox For a big welcome to Sacred Heart Joan Thomas For a big welcome to Sacred Heart
Grade 1 Crawford	Abby Wines For making an excellent start at her new school	Ava Boyle For her wonderful attitude towards school
Grade 1 Underlin	Luwanna Beeton For being an amazing friend	Jasmine Graham For her honest learning reflection
Grade 2 Reid	Jackson Radley For great enthusiasm and class participation	Abbey Berlese For a wonderful beginning to the year - great listening
Grade 3 Hood	Alice Mathers For excellent attitude towards learning	Oliver Baldock For always trying your very best
Grade 3 Symons	Mackenzie Bowman For a great WEST attitude	Sam Dick For a confident start to the year
Grade 4 Hegarty	Kaleb Watts For being an inclusive and kind class member	Cayley Quill For great contributions to all our class discussions
Grade 4 Wood	Corey Guiver For his great persuasive writing Nickolai Miller For your quiet, busy work habits	Jorja Rayner For being such a quiet and busy worker Liliana Ercole For excellent work on 4 digit numbers
Grade 5 McLeod	Ewen Cooper For a fantastic start to Grade 5	Lily Heather For being a great helper in our classroom
Grade 5 Viney/Sydes	Gabriel Kirk For his outstanding effort at the swimming trials	Holly Clark For a fantastic start at our school Reece Crocket For a fantastic start at our school
Grade 6 Davie	Grade 6 Davie For a conscientious and hardworking start to Gr. 6	
Grade 6 Claessens	William Reilly For being a team player and thinking of others	Thomas Feely For giving his work his best shot and making a fine start to the school year

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What are we doing at Sacred Heart at the moment?

Grade 4 's have been using MAB blocks to represent numbers up to tens of thousands.

Students worked on building an object and then naming the number of blocks used. Grade 4's also used their iPads to take photos of their buildings and then used Pic Collage to create these photos.

A great way to practice making and naming numbers.

All the Prep - Grade 2 students have started their year in math's doing a Math's interview with their teacher. These are great fun and a brilliant way for teachers to see how each child thinks and solves math's problems.



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2015 SHS Swimming Carnival

On the 16th February all of the Sacred Heart grade 3 to 6 students went to the Riverside Pool for our swimming carnival. There were many individual races including the 66m freestyle, 33m freestyle, breaststroke and backstroke.

After the individual races the relays started. Everyone had fun because it was a team event and we got to earn points for our house.

At the end of the swimming carnival the points were announced. Here are the results:

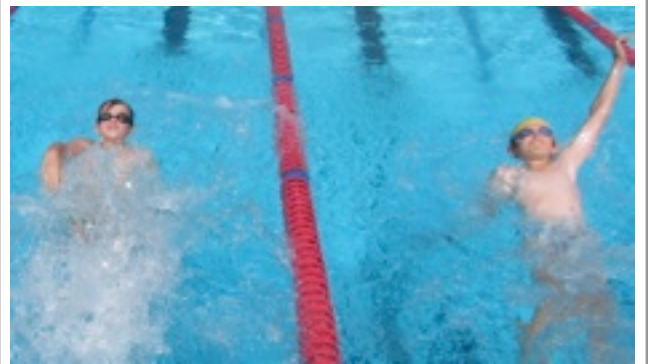
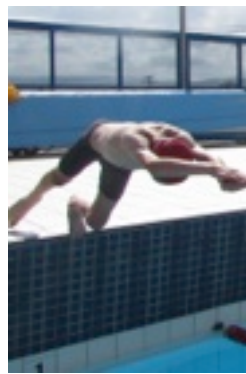
4th place: Young
3rd place: MacKillop
2nd place: Nagle
1st place: Rice

Thank you to all the parents and staff who volunteered and helped make the day so much fun!

By Blade Sulzberger and Ella Millwood
(Rice House Captains)



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What is the Tuning In To Kids program?

Tuning in to Kids™ is a parenting program that helps children learn to understand and regulate their emotions. Previous research has found that parenting styles can influence a child's emotional intelligence. Emotional intelligence is the ability to understand and control your emotions, as well as being able to communicate to others about how you feel. Children with good emotional intelligence often have better emotional, social, and physical functioning, as well as fewer behavioural difficulties.

Tuning in to Kids™ is a parenting program that aims to give you helpful ways of teaching your child the skills of emotional intelligence. The program teaches you about how you, as a parent, can help your child develop good emotional skills. It teaches parents:

- awareness and regulation of their own emotions
- awareness of their children's emotions
- to use children's emotional experiences as an opportunity for closeness and teaching
- skills in assisting children to verbally label and manage their emotions
- skills in assisting children in problem solving
- to guide children's behaviour with appropriate limits

Tuning in to Kids™ involves watching video material, group discussions and exercises, role plays, reading information, and home activities where you try out different ways of responding to your child's emotions. Parents are encouraged to share experiences and ideas within the group and group leaders may use these as examples to explain and teach the skills of emotion coaching.

The Tuning In Program is here at Sacred Heart!

Who : Parents of Kinder's to Grade 3

When : Wednesdays the 11th, 18th, 25th March and 1st April *

Time : 9am – 11 am.

Where : School Library (tbc)

Lead by : Fiona Labuschagne from the CEO

* Please note : you need to attend all sessions.

RSVP or further information : helen.halley@catholic.tas.edu.au

by 6th March