

# Sacred Heart School Newsletter



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Please visit our website for more detailed information, video and photo galleries of our school:

[www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

## OUR P.B.S. VALUES ARE:

Respect for Ourselves

Respect for Others

Respect for our Learning

### From the Principal:

Father, bless me with the wonderful power of forgiveness, give me the grace to unconditionally forgive those who have done me wrong,

Give me the strength to let go of all ill-will, the strength to forgive myself of my own failings, knowing you have already forgiven me,

Free me of all anger, bitterness, hate and unforgiveness.

In Australia the shake of the hand to welcome or say goodbye has been part of our culture. The use of 'G'day' also a form of welcome. The handshake is thought by some, to have originated as a gesture of peace by demonstrating that the hand holds no weapon. That the person by holding out their hand comes in peace and goodwill.

The Greeks used the expression "Grace", which again was a speaking of "blessing" into a person's life. If you read the writing of Paul, you will find that as he often wrote to an audience of both Jews and Gentiles, he begins each of his letters with the phrase "Grace and Peace".

In Hebrew the word '*Shalom*' is understood around the world to mean "peace." However, peace is only one small part of the meaning. "Shalom" is used to both greet people and to bid them farewell, meaning much more than "peace, hello or goodbye". *Shalom* is more than just simply peace. It is a feeling of contentment, completeness, wholeness, well being and harmony. It is implied in the word and means so much more than just the surface level meaning of '*peace, welcome or farewell.*'

Last night some of our students celebrated the Sacrament of Reconciliation. Origins of the word in Old French and Latin can be interpreted as 're-establishing'. The idea of saying sorry or asking for forgiveness is not quite the same thing as reconciling or being at peace within yourself and with others. One involves words and a process, or act to say or be sorry. The other is a physical, emotional and mental response to being ok, truly forgiving or forgiven; reconciling and 're-establishing' what has been missing, or our out of alignment.

It is one of the hardest things I grapple with, truly forgiving myself or others for things that have happened. We can move on, we can maintain the relationships and on the surface appear to be back to how things are, yet underneath there can still be the memory, the physical frustration or anger, the resentment or jealousy that has never left. This can go back years, having never really dealt with the emotions and what is at the heart of the conflict.

We need the true sense of '*Shalom*' or '*Grace*' or the '*Peace be with you*' that is said at any Catholic Mass. The Sacrament of Reconciliation offers this chance. The time and space to 're-establish' either spiritually, emotionally or mentally.

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## From the Principal:

We all need greater self awareness and willingness to reconcile, re-establish and be emotionally literate enough to embrace 'shalom' for others and more importantly for ourselves. Living a worthwhile, purposeful and content life requires all of these qualities, mindsets and capacities. Being part of a Catholic community that embraces reconciliation, gratitude, peace and forgiveness certainly helps. Being part of a Catholic School that supports our students by including conversations and experiences around these things as part of their 'educational' approach, I believe is fundamental not something that is an added bonus.

## PRIMARY SCHOOL BASKETBALL TOURNAMENT : POSSIBLE COACHES

The tournament is in October. Our school historically has a large number of students and teams participating. Any parents wanting to help coach one of our many teams will need to have WWCC (Working with Children Check) registration. Information about this has been included in previous newsletters and is part of the newsletter today as well.



## S.H.S CANTEEN

I would like to acknowledge and thank Deb Scott who manages our Canteen and John Anderson who is coordinating our school to be accredited as a Move Well Eat Well School. We are currently working with Tasmanian School Canteen Association to achieve Bronze status by the end of Term 3 this year. With a focus of Silver and possibly Gold into next year and beyond that. Our school continues to focus on the concepts of Move Well Eat Well. Water bottles in classrooms, fruit breaks, daily fitness, Health specialist lessons and our canteen all focusing on supporting our students in their physical wellbeing.



## KINDER ENROLMENTS 2016 - CLOSE FRIDAY 29TH MAY

**Kindergarten interviews close tomorrow for all Catholic Primary Schools.** Interviews have already started. Our school has had over 70 applications for Kindergarten in 2016. Our school continues to be regarded highly within the community. The feedback from Kinder interviews already is the 'word of mouth' of existing parents in what our school offers influences the choice of prospective parents. Our Grade 6 students who take tours of new families - with little or no preparation, are outstanding ambassadors to our school. The impression they leave on prospective new families, before I meet them also I believe influences the preference that families have to attend our school. It is a huge commitment of my time to meet with all applicants, but something that I believe is critically important when making the decision of which school you would like your children to attend.

## PRINCIPAL WELLBEING

Increasing research paints a bleak picture across the nation and no doubt the world, in terms of wellbeing in the short and long term of people involved in principalship within schools. The demands of the role from within and from outside, still using historic models of leadership that do not necessarily support the needs of our schools and education system in 2015 do place genuine stress on leaders. From Wednesday and for the remainder of next week, Catholic Principals around Tasmania are gathering for a retreat with Fr. Richard Ross, around the importance of our own wellbeing in helping enhance the wellbeing of our school communities.

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## From the Principal:

### PREP - GR.2 CROSS COUNTRY

Last Friday we held our P-2 Cross Country, for the second time at Royal Park. We had a great day for our students and a fantastic turn out by parents also. Thanks to Mr. Anderson and our P-2 team for their engagement and encouragement of our students. Congratulations to Young House for their win on the day.

### GR.3-6 CROSS COUNTRY -NEW DATE

With the Cross Country cancelled today due to the weather,  
It will now be held on Thursday 4th June at Royal Park

Grade 3 : 12.10pm (1.5km)

Grade 4 : 12.40pm (1.5km)

Grade 5 : 1.10pm (2.2km)

Grade 6 : 1.50pm (2.2km)

Lots of parent help is required for the carnival, if you are able to help please email

[john.anderson@catholic.tas.edu.au](mailto:john.anderson@catholic.tas.edu.au)

~ June 2015						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31st	1st	2nd 3.10pm Art Club	3rd	4th 10am Strings program 1.30pm Band program <b>Gr 3-6 Cross Country</b>	5th 9am Assembly 12.30 Gr 5/6 Winter Sport	6th
7th	8th	9th 6pm Board Meeting	10th	11th 10am Strings program 1.30pm Band program	12th 9am Assembly 12.30 Gr 5/6 Winter Sport	13th

**We encourage parents to let us know if you have any issues regarding WHS, please contact the school office.**

### Student absences

Please remember to call the School office on 63311011 or email [shsl@catholic.tas.edu.au](mailto:shsl@catholic.tas.edu.au) if your child will be absent from school.

### CATHOLIC SCHOOLS 2015

**TERM 1** Thursday 5.2.15 to Thursday 2.4.15

**TERM 2** Monday 20.4.15 to Friday 3.7.15

**TERM 3** Monday 20.7.15 to Friday 25.9.15

**TERM 4** Monday 12.10.15 to Wednesday 16.12.15

**Webpage:** [www.sacredheartl.tas.edu.au](http://www.sacredheartl.tas.edu.au)

**Twitter:** @shslton

**Facebook:** [www.facebook.com/sacredheartl](http://www.facebook.com/sacredheartl)

**Pinterest:** Sacred Heart Catholic Primary School

**S.H.S. Parents and Friends email** [shsl.pnf@catholic.tas.edu.au](mailto:shsl.pnf@catholic.tas.edu.au)

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## "Lets Celebrate a C"

### Reporting –Mid Year

Mid year reports will be sent home with your child on Wednesday July 1st. We will conduct Parent, Student and Teacher Interviews in week 2 of the 3<sup>rd</sup> term. Information regarding making appointments with your child/children's teacher will be sent home in Week 1 of the 3<sup>rd</sup> term.

### Rating Scales

An A-E rating will appear on Grade 3 - 6 Reports.

A descriptor will be used for Prep to Grade 2 as below.



"C" RATING or SOUND ACHIEVEMENT indicates that a student has sound knowledge, skills and understanding at this year level.

### GRADE 5/6 FRIDAY SPORT

We would like parents and students to be supportive of the following points regarding [Friday Sport](#):

1. We have provided students with access to the roster and they can check where their games are each week.
2. Students are expected to remember their shin pads and mouth guards every week. It is part of our focus on being responsible. If they forget, they will unable to play that day. Gear is not to be dropped off at the office.
3. We depart school no later than 12.45 each week and games begin at 1pm. If parents intend to take their child home from the venue, please write a note to your child's teacher in the diary that morning.

Thanks 5 /6 team

Date		Sport	Venue
29th May	SHS1	Football Div 1	SOC
	SHS2	Football Div 1	Broadland Park
	SHS1	Netball Div 1	SOC
	SHS1	Netball Div 2	Hoblers Bridge
	SHS	Hockey	St Leonards
	SHS1	Soccer Div 1	SOC
	SHS2	Soccer Div 1	STM
	SHS1	Soccer Div 2	STM
	SHS2	Soccer Div 2	SOC
	SHS3	Soccer Div 2	SOC



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## R.E NEWS

### Pilgrimage Tour of 750 year old relic of St Anthony of Padua

A special mass will be celebrated at the Church of Apostles at noon and 6.30 pm on Wednesday, 17<sup>th</sup> June in celebration for this occasion. All are welcome to attend.

The tour of this Relic is occurring in our Archdiocese from 16<sup>th</sup> to 18<sup>th</sup> June. We may be fortunate to have the Franciscan Priest visit our school and speak about the life of St Anthony.

He is especially invoked and venerated all over the world as the patron saint for the recovery of lost items, and is credited with many miracles involving lost people, lost things and even lost spiritual goods.



### Walk with Christ

Feast of Corpus Christi, Sunday 7th of June, Commencing from St Joseph's Church (Hobart) at 1.15 pm, processing to St Mary's Cathedral, where our prayer intentions will be presented and our veneration concludes (3pm).

Experience our rich Catholic heritage, as we join in solidarity with Catholics from all over the world, and through the ages, in this Walk with Christ.

Can't join us in person? Prayer intentions can be added to the 'Book of Life'. Please see or email Helen Halley if you have any special intentions you would like to add to our school 'Book of Life'.

[helen.halley@catholic.tas.edu.au](mailto:helen.halley@catholic.tas.edu.au)

The Walk with Christ is now in its 10<sup>th</sup> year in Sydney and last year 6000 people turned out in a sense of prayerful solidarity to bring Christ to the world.

<https://www.youtube.com/watch?v=1rDmmW-YOSk>



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## The Spirit of Jesus is Alive in:

Prep Hills	<b>Roma Martin</b> For fantastic listening skills	<b>Amelia Lowe</b> For excellent work in learning her first 100 sight words
Prep Best	<b>Macy Watts</b> For a huge improvement in her listening. great work with the 5L's Macy!	<b>Callum McNeair</b> For outstanding use of the 5L's of listening
Grade 1 Crawford	<b>Sienna Walker</b> For fantastic preparation and performance at the Launceston Competitions.	<b>Max Matthews</b> For fantastic preparation and performance at the Launceston Competitions.
Grade 1 Underlin	<b>Sam Agelopoulos</b> For never giving up	<b>Lana Rice</b> For her awesome reading
Grade 2 Reid	<b>Isabella Spencer</b> For great poetry writing	<b>Chinalle Miller</b> For always taking pride in her work
Grade 2 van Ryn	<b>Isabella Olding</b> For writing a great Autumn poem	<b>Cassidy Bowman</b> For being kind and caring to all
Grade 3 Hood	<b>Annaliese McNeair</b> For always ready to learn	<b>Summer Alexander</b> For working hard in reading groups
Grade 3 Symons	<b>Thomas Page</b> For great public speaking <b>Oliver Hughes</b> For a terrific character voice in our poem in the Launceston Competitions	<b>Ruby Dawkins</b> For an excellent character voice in our poem in the Launceston Competitions
Grade 4 Wood	<b>Isobel Steven</b> For your excellent progress in reading	<b>Louisa Zupan</b> For your great work in counting and reading
Grade 4 Hegarty	<b>Leah Ellings</b> For always having a positive attitude	<b>Ryan Leonard</b> For always being a great helper to others
Grade 5 McLeod	<b>Cameron Spencer</b> For being more organised and completing tasks	<b>Jamie Duffy</b> For showing care and concern to all in our class
Grade 5 Viney/Sydes	<b>Ebonie Agostini</b> For having a fantastic, positive attitude towards all areas of school	<b>Ava Dowde</b> For the level of effort she puts into all tasks
Grade 6 Davie	<b>Jade Nichols</b> For being a Go kart - a self motivated student	<b>Jesse Madden</b> For being more conscientious and organised with all areas of his school work. Keep up the good work Jesse!
Grade 6 Claessens	<b>Campbell Newman</b> For being a 'team player' and being prepared to take advice	

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## P-2 Cross Country Carnival

Last Friday the Prep, Gr. 1 and Gr. 2 students participated in the SHS Cross Country Carnival at Royal Park. It was a lovely day for running and all students should be congratulated for their efforts. Thank you to all the parents and grandparents that came to Royal Park to watch the running... your support and encouragement is greatly appreciated. Congratulations to Young house who are the 2015 Junior Cross Country Champions.



## Making Jesus Real

### MJR AT SACRED HEART

Our grade 3, 4 and 5 classes have been making Jesus real with Mr Davie. We were focusing on having a positive attitude towards life. We were told that our attitude is like a cars motor and if we have good attitude (good motor) we will go places in life, but if we approach things with a bad attitude we will not go anywhere.

The first thing we did was watch a few videos of some positive, inspirational people. These people did not have much, but they were still very happy and they never gave up. We watched the videos so that we could see how much we have, because we are very lucky and should be grateful for all the things we have.

As one of our activities Mr D got us to make some posters on Pic Collage. On these posters we had a goal set for the term, our name, a picture and a Mjr saying that we would like to get better at. We are using these posters as our screensavers on our iPads so that each time we go on our iPads we can see what we would like to get better at.

Sophie Illingworth & Will Fox.



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**Bookmark this Date**

**Wednesday July 1<sup>st</sup> @ 7:00pm**

A fantastic opportunity for all Sacred Heart parents to attend the Cybersmart Program - a national cybersafety education program.

The online world is powerful and engaging for young people and adults alike, offering a wealth of opportunity. The Cybersmart program aims to inform parents about cybersafety issues and help us to empower our children to be safe online.

Put this date in your calendar - a great opportunity for all parents.

Have a look at the ACMA site online: [www.cybersmart.gov.au](http://www.cybersmart.gov.au)



## Move Well Eat Well



### Get out and about!

Leave the car at home and travel on foot or by bike

Walking and riding allows children to:

- Be more active
- Learn how to find their way around the neighborhood
- Understand and learn about road and pedestrian safety



For more information and for family ideas on healthy eating and physical activity visit:  
[www.movewelleatwell.tas.gov.au](http://www.movewelleatwell.tas.gov.au)

Department of Health and Human Services  
Last reviewed 2012

The Tasmanian Move Well Eat Well Award Program is adapted from the Kids - 'Go for your life' Program. © State of Victoria, Australia. It is a joint Australian and State Government initiative under the National Partnership Agreement on Preventive Health.



## Move Well Eat Well



### Teach road safety from an early age

Walking and cycling helps children learn how to be safe around roads.

- Help your child learn about road safety by:
- Using pedestrian crossings, traffic lights and footpaths.
- Teaching road and pedestrian rules.
- Supervising children at pedestrian crossings.
- Making sure that protective gear such as helmets are worn when riding.
- Holding hands to cross roads.



For more road safety ideas visit:  
[www.movewelleatwell.tas.gov.au](http://www.movewelleatwell.tas.gov.au)

Department of Health and Human Services

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## 2015 Grammar Challenge!!

Last weekend two Grade 6 teams represented our school at the Grammar Challenge. The participants were: Kara Hennessy, Isabella Tys, Eleanor March, Matthew Carins, Kate McLeod, Ally Brown, Emma Madden and Brad Morgan.

The theme for the weekend was 'On This Day' and involved historical events that had happened on the 23<sup>rd</sup> and the 24<sup>th</sup> of May.

Some of the challenges were: film production, drama, mathematics, science, model making and creative writing. The challenges were spread over two days, which meant that the teams stayed over night at Launceston Church Grammar School.

We all had an amazing experience and represented the school with pride. The reason the experience was amazing was because we worked together as a team and it gave us a goal to achieve. Congratulations goes to Mr Claessens team who came third in the Major Challenge on day two.

The teams would like to thank Mr Claessens, Mr Davie, Mrs Illingworth, Mr Jones and Mr Hood for giving up their time over the weekend to support us.



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## "Walking God Moment"

Isla Cooper  
Alice Mathers  
Torie Mansell  
Charlotte Cox

For : raising money for Mini Vinnie's by  
selling loom bands in their own time



Art club will be held next week.

Date: Tuesday 2nd June

Time: 3.10pm - 4.10pm

Room: Art room (Below the Office)

Pick up from the York St gate.

## Parents and Friends News

The 2015/2016 Entertainment Book or Digital Membership is now available. Books are selling for \$65.00 each and our school receives \$13.00 from every membership sold.

To order your Book or your Digital Membership securely online visit: [www.entbook.com.au/24037x7](http://www.entbook.com.au/24037x7). Cash payments can be made at the school office.



OR



New Entertainment™  
Digital Membership

## The Commonwealth Bank School Banking program is coming!

The School Banking program includes an exciting Rewards Program designed to encourage children to get into the habit of making regular saving. Every time your child makes a deposit at school they receive a silver coloured Dollarmites token. The first token will be received upon the first deposit at school. Once your child has individually saved 10 tokens they can redeem them for an exclusive Dollarmites reward item. Students will have lots of fun saving their tokens for these cool rewards items.

School Banking is also a great fundraiser for our school. The school receives \$5 when children make their first deposit at school and a commission on every deposit made through the School Banking program.

Taking part in School Banking is easy.

- If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week using their Dollarmites deposit wallet. If your child has misplaced their Dollarmites deposit book or deposit wallet, they can request a new one from either the local branch or contact the School Banking Co-ordinator.

- If your child does not have a Youthsaver account, you can open one at any Commonwealth Bank branch, no forms to fill in! Alternatively, if you are an existing Commonwealth Bank customer with access to NetBank you can apply online. Another option is to download a paper-based application form from [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking), or attend an account opening session at the school.

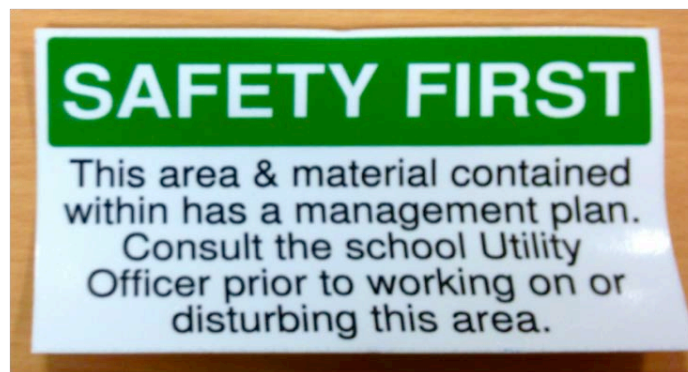
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## SAFETY UPDATE

The school has an asbestos register that lists all known asbestos containing material on-site. This includes a process for a competent person to regularly check this material is in the expected condition. As a proactive step we affix labels to these materials, to lessen the potential for inappropriate contact by trades people, etc.

If any queries contact our Safety Officer Simon Natoli on 0400 105 476



## STUDENTS CLIMBING TREES

At present this is only for students up to & including Grade 1. We DON'T have suitable trees for older students.

**From 1 June** - We will formally support younger children extending their development via those who wish to, being able to climb selected **Kinder play area** trees, when staff or your adult supervision is offered.

We advise: Trees with our YELLOW PAINT markings on their limbs, indicate that this is an approved tree, and those markings show the maximum height for a child's feet. i.e. The rest of their body can be higher.

TWO trees in the Kinder area are ok to climb.

Know we have a periodic process to inspect tree condition; reapply paint; and remind of expectations.

If you child wishes to participate, please discuss with them the below. Feedback is welcome to the Principal.

- Limit the number of kids climbing a tree together to 3 at any time;
- Students in trees are to 'climb down', not jump out; and
- To assist kids get into trees, DON'T put items underneath (to stand on). If needing help, kids have another give a 'hand grasp' boost.



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## WORKING WITH CHILDREN CHECK (WWCC)

In July 2014 Tasmanian State Government legislation for Working with Vulnerable People was enacted and all Schools and Colleges must comply with the new legislation. The purpose of the legislation was to significantly improve the safeguards and child protection processes to help keep children safe from harm.

No volunteer will be able to commence until they have received a satisfactory WWCC. There are no exceptions under any circumstances. If you wish to help in any of the school, classrooms or camps please make sure you complete the WWCC in plenty of time.

There are many differences between screening processes that occur at the moment in Tasmania and the new WWCC. The WWCC is based on the broadest possible information available to Government to assess risk of harm to children. Previous screening processes were not able to access the information now available to screen people to work with children. The WWCC can be used across multiple child-related activities. It is an ongoing monitoring process for the full period of registration.

The application can be accessed from the website

[www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children) the process is online and must be completed by the applicant.

Once you have submitted the form, you will receive an application reference number. This must be taken, along with 100 point proof of identity (listed on the web site fact sheet) and payment (\$17.60) to a Service Tasmania shop. All forms of identity must be original and current (copies are not acceptable) with the same name and address.

Generally, applicants will receive their results within six weeks of completing the application process. Once you receive your WWCC you will be subject to ongoing monitoring for relevant new records for the 3 years of your registration. The Department of Justice will notify you 3 months before the expiry date of your WWCC registration.

All previous Police Check registrations will be voided as of 30th September 2015 and everyone who volunteers in the school must have a WWCC in place by the 1st October 2015.

### How to apply for a WWCC and Number

1. Complete the online application form [www.justice.tas.gov.au/working\\_with\\_children](http://www.justice.tas.gov.au/working_with_children)
2. Print the "Application Receipt" which is generated when the application has been completed in full
3. Take the "Application Receipt" to a Service Tasmania shop, pay the fee (\$17.60) and have your 100 point check to confirm identity

**Once your registration has been approved and you receive your WWCC card, please bring it to the school office so your name, registration number and expiry date can be recorded and verified.**

*"Thank you for your continued support to the children of Sacred Heart School"*